

Calgary 2017 Alberta 55 Plus Summer Games

Glenmore Park – 50th Avenue & 19th Street S.W

ATHLETICS SCHEDULE

THURSDAY, AUGUST 10th, 2017

TIME	TRACK EVENTS
-------------	---------------------

- 9:15 AM - Registration/Check In Begins. Pick up numbers, etc.
- 10:00 AM - Women's 3000 meters
- 10:30 AM - Men's 3000 meters
- 11:00 AM - Women's 400 meters Time Predicted
- 11:15 AM - Men's 400 meters Time predicted
- 11:30 AM - Women's 100 meters
- 11:45 AM - Men's 100 meters
- 12:00 PM - Awards/Medal Presentation
- 12:15 PM - LUNCH BREAK
- . 1:00 PM - Women's 1000 meter Time Predicted
- . 1:30 PM - Men's 1000 meter Time Predicted
- . 2:00 PM - Women's 800 meters
- . 2:15 PM - Men's 800 meters
- . 3:00 PM - Awards/Medal Presentation

FIELD EVENTS

- 10:00 AM - Men's Discus (55/60/65) - 9 competitors
- 10:30 AM - Men's Discus (70/75/80/85) - 13 competitors
- 11:15 AM - Women's Discus - 13 competitors
- . 1:00 PM - Men's Javelin (55/60/65) - 9 competitors
- . 1:30 PM - Men's Javelin (70/75/80/85) - 12 competitors
- . 2:15 PM - Women's Javelin - 9 competitors
- . 3:00 PM - Awards/Medal Presentation

Calgary 2017 Alberta 55 Plus Summer Games

ATHLETICS SCHEDULE – Day Two

FRIDAY, AUGUST 11th, 2017

TIME	TRACK EVENTS
------	--------------

- 9:30 AM - Participants Arrive/Check In
- 10:00 AM - Women's 1500 meters
- 10:30 AM - Men's 1500 meters
- 11:00 AM - Women's 400 meter Time Predicted – part 2
- 11:30 AM - Men's 400 meter Time Predicted – part 2
- 11:45 AM - Awards/Medal Presentation
- 12:00 PM - LUNCH BREAK
- 12:45 PM - Women's 1000 meter Time Predicted – part 2
- . 1:15 PM - Men's 1000 Time Predicted – part 2
- . 1:45 PM - Women's 200 meters
- . 2:15 PM - Men's 200 meters
- . 2:45 PM - Women's 4 x 100 meter Relay
- . 3:00 PM - Men's 4 x 100 meter Relay
- . 3:15 PM - Awards/Medal Presentation

FIELD EVENTS

- 10:00 AM - Men's Shot Put (55/60/65) - 8 competitors
- 10:30 AM - Men's Shot Put (70/75/80/85) - 11 competitors
- 11:15 AM - Women's Shot Put - 12 competitors
- . 1:00 PM - Men's Long Jump (55/60/65) - 6 competitors
- . 1:30 PM - Men's Long Jump (70/75/80/85) - 9 competitors
- . 2:30 PM - Women's Long Jump - 4 competitors
- . 3:15 PM - Awards/Medal Presentation

Note: All Track Competitors marshal at the starting line of their event. All Field Competitors marshal at their event.

Lawrence King, Meet Director