

Jack Simpson Open

2018 Tentative Schedule

10:00am	60m Hurdles	Invitational	OM
10:10am			JRM
10:15am			YM
10:20am			OW
10:30am			MB
10:35am			YW
			MG
10:45am	60m	Heats	Open
11:00am	60m	Timed Finals	Masters
			16-17 yrs
			15 yrs
			14 yrs
			13 yrs
			12 yrs
			11 yrs
			10 & U yrs
12:00pm	60m	Finals	Open
	Lunch Break		
1:00pm	300m	Timed Finals	Open
			Masters
1:45pm	150m	Timed Finals	15 yrs
			14 & U yrs
			13 yrs
			12 yrs
			11 yrs
			10 & U yrs
2:45pm	1500m	Timed Finals	16 & older
			Masters
3:15pm	1200m	Timed Finals	15 yrs
			14 yrs
			13 yrs
			12 & U yrs
3:45pm	600m	Timed Finals	Open
			Masters
4:00pm	400m	Timed Finals	15 yrs
			14 yrs
			13 yrs
			12 yrs
			11 & U yrs
4:30pm	4x200m	Timed Finals	Open
			14-15 yrs
			12-13 yrs
			11 & U yrs