

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 50 Girls 9 & Under 60 Meter Dash Tykes

Meet Record: 10.39 * 2016 Tinsae Stern

Name	Team	Finals
1 #436 Dhanoa, Navleen	Indo-Canadian At	12.04 10

Event 51 Boys 9 & Under 60 Meter Dash Tykes

Meet Record: 9.79 * 7/29/2017 Tayemak Kelsick

Name	Team	Finals
1 #540 Onyekonwu, Chibum	Non Registered	9.82 10
2 #431 Angral, Soham	Indo-Canadian At	10.26 9
3 #167 Saran, Harjan	Indo-Canadian At	10.91 8
4 #536 Sangha, Jaskaran Singh	Indo-Canadian At	11.36 7
5 #516 Diluzio, Matteo	Caltaf Athle	11.64 6
6 #420 Pelia, Simarpreet	Indo-Canadian At	12.41 5

Event 53 Boys 9 & Under Other Standing L J Tykes

Meet Record: 1.91m * 7/29/2017 Tayemak Kelsick

Name	Team	Finals
1 #431 Angral, Soham	Indo-Canadian At	1.69m 10
2 #167 Saran, Harjan	Indo-Canadian At	1.65m 9
3 #540 Onyekonwu, Chibum	Non Registered	1.64m 8
4 #516 Diluzio, Matteo	Caltaf Athle	1.49m 7
5 #536 Sangha, Jaskaran Singh	Indo-Canadian At	1.37m 6
6 #531 Holait, Japjit Singh	Indo-Canadian At	1.31m 5

Event 55 Boys 9 & Under Other Ball Throw Tykes

Meet Record: 23.52m * 2016 Sehaj Singh Sidhu

Name	Team	Finals
1 #431 Angral, Soham	Indo-Canadian At	28.50m* 10
2 #531 Holait, Japjit Singh	Indo-Canadian At	22.95m 9
3 #167 Saran, Harjan	Indo-Canadian At	21.73m 8
4 #536 Sangha, Jaskaran Singh	Indo-Canadian At	16.07m 7
5 #516 Diluzio, Matteo	Caltaf Athle	15.83m 6

Event 57 Boys 9 & Under Long Jump Tykes

Meet Record: 3.18m * 7/30/2017 Sehaj Grewal

Name	Team	Finals
1 #536 Sangha, Jaskaran Singh	Indo-Canadian At	2.67m 10
2 #167 Saran, Harjan	Indo-Canadian At	2.65m 9
3 #531 Holait, Japjit Singh	Indo-Canadian At	2.19m 8
4 #431 Angral, Soham	Indo-Canadian At	2.13m 7
5 #516 Diluzio, Matteo	Caltaf Athle	1.95m 6

Event 59 Boys 9 & Under Shot Put 2 kg Tykes

Meet Record: 6.46m * 7/30/2017 Jonathan Urquhart

Name	Team	Finals
1 #531 Holait, Japjit Singh	Indo-Canadian At	5.46m 10
2 #431 Angral, Soham	Indo-Canadian At	5.29m 9
3 #167 Saran, Harjan	Indo-Canadian At	4.60m 8
4 #536 Sangha, Jaskaran Singh	Indo-Canadian At	3.95m 7

5 #516 Diluzio, Matteo	Caltaf Athle	3.71m 6
------------------------	--------------	---------

Event 61 Boys 9 & Under 600 Meter Run Tykes

Meet Record: 2:01.03 * 7/30/2017 Ephrem Fischer

Name	Team	Finals
1 #536 Sangha, Jaskaran Singh	Indo-Canadian At	2:17.33 10
2 #167 Saran, Harjan	Indo-Canadian At	2:43.59 9
3 #516 Diluzio, Matteo	Caltaf Athle	2:46.91 8
4 #420 Pelia, Simarpreet	Indo-Canadian At	2:59.87 7

Event 101 Girls 11 & Under 60 Meter Dash Pee Wee

Meet Record: 9.33 * 2016 Prabnoor Kaur Benipal

Name	Team	Finals
1 #515 Diluzio, Isabella	Caltaf Athle	10.14 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	10.26 9

Event 102 Boys 11 & Under 60 Meter Dash Pee Wee

Meet Record: 9.37 * 7/29/2017 Roenen Chase

Name	Team	Finals
1 #491 Kelsick, Tayemak	Airdrie Aces	9.54 10
2 #526 Dhami, Sartaj	Indo-Canadian At	9.81 9
3 #490 Grewal, Sehaj	Airdrie Aces	9.87 8
4 #487 Bath, Uday Singh	Airdrie Aces	10.03 7
5 #533 Pelia, Jasmit	Indo-Canadian At	10.05 6
6 #518 Fischer, Ephrem	Caltaf Athle	10.19 5
7 #464 Uppal, Armaan	Indo-Canadian At	10.27 4
8 #529 Dhillon, Irshan Singh	Indo-Canadian At	10.53 3
9 #435 Dhanoa, Manreep	Indo-Canadian At	10.56 2
10 #447 Bahia, Jashandeep	Indo-Canadian At	11.39 1
11 #492 Urquhart, Jonathan	Airdrie Aces	11.46 1
12 #412 Saran, Gurman	Indo-Canadian At	11.78 1

Event 103 Girls 11 & Under Long Jump Standing Pee Wee

Meet Record: 1.88m * 7/29/2017 Aja Turner

Name	Team	Finals
1 #515 Diluzio, Isabella	Caltaf Athle	1.68m 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	1.56m 9

Event 104 Boys 11 & Under Long Jump Standing Pee Wee

Meet Record: 2.03m * 7/29/2017 Roenen Chase

Name	Team	Finals
1 #491 Kelsick, Tayemak	Airdrie Aces	2.08m* 10
2 #533 Pelia, Jasmit	Indo-Canadian At	1.86m 9
3 #529 Dhillon, Irshan Singh	Indo-Canadian At	1.76m 8
4 #464 Uppal, Armaan	Indo-Canadian At	1.70m 7
5 #518 Fischer, Ephrem	Caltaf Athle	1.65m 5.5
5 #526 Dhami, Sartaj	Indo-Canadian At	1.65m 5.5
7 #490 Grewal, Sehaj	Airdrie Aces	1.63m 4
8 #487 Bath, Uday Singh	Airdrie Aces	1.59m 3
9 #492 Urquhart, Jonathan	Airdrie Aces	1.57m 2
10 #412 Saran, Gurman	Indo-Canadian At	1.41m 1

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 105 Girls 11 & Under Other Ball Throw Pee Wee

Meet Record: 24.79m * 7/29/2017 Aja Turner

Name	Team	Finals
Finals		
1 #515 Diluzio, Isabella	Caltaf Athle	16.38m 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	12.39m 9

Event 106 Boys 11 & Under Other Ball Throw Pee Wee

Meet Record: 28.97m * 7/29/2017 Roenen Chase

Name	Team	Finals
Finals		
1 #518 Fischer, Ephrem	Caltaf Athle	31.67m* 10
2 #492 Urquhart, Jonathan	Airdrie Aces	29.79m* 9
3 #526 Dhami, Sartaj	Indo-Canadian At	27.09m 8
4 #412 Saran, Gurman	Indo-Canadian At	27.03m 7
5 #491 Kelsick, Tayemak	Airdrie Aces	26.22m 6
6 #447 Bahia, Jashandeep	Indo-Canadian At	24.98m 5
7 #529 Dhillon, Irshan Singh	Indo-Canadian At	23.52m 4
8 #490 Grewal, Sehaj	Airdrie Aces	22.35m 3
9 #464 Uppal, Armaan	Indo-Canadian At	22.24m 2
10 #533 Pelia, Jasmit	Indo-Canadian At	22.02m 1
11 #487 Bath, Uday Singh	Airdrie Aces	19.08m 1

Event 107 Girls 11 & Under Long Jump Pee Wee

Meet Record: 3.71m * 7/30/2017 Aja Turner

Name	Team	Finals
Finals		
1 #515 Diluzio, Isabella	Caltaf Athle	3.07m 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	2.99m 9

Event 108 Boys 11 & Under Long Jump Pee Wee

Meet Record: 4.03m * 2016 Joshua Read

Name	Team	Finals
Finals		
1 #491 Kelsick, Tayemak	Airdrie Aces	3.71m 10
2 #490 Grewal, Sehaj	Airdrie Aces	3.47m 9
3 #518 Fischer, Ephrem	Caltaf Athle	3.40m 8
4 #526 Dhami, Sartaj	Indo-Canadian At	3.32m 7
5 #529 Dhillon, Irshan Singh	Indo-Canadian At	3.18m 6
6 #492 Urquhart, Jonathan	Airdrie Aces	3.08m 5
7 #412 Saran, Gurman	Indo-Canadian At	2.51m 4

Event 109 Girls 11 & Under Shot Put 2 kg Pee Wee

Meet Record: 6.30m * 7/30/2017 Aja Turner

Name	Team	Finals
Finals		
1 #515 Diluzio, Isabella	Caltaf Athle	6.42m* 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	4.74m 9

Event 110 Boys 11 & Under Shot Put 2 kg Pee Wee

Meet Record: 7.34m * 2016 Kadin Rowe

Name	Team	Finals
Finals		
1 #492 Urquhart, Jonathan	Airdrie Aces	7.52m* 10
2 #412 Saran, Gurman	Indo-Canadian At	6.88m 9
3 #518 Fischer, Ephrem	Caltaf Athle	6.62m 8

4 #533 Pelia, Jasmit	Indo-Canadian At	6.49m 7
5 #529 Dhillon, Irshan Singh	Indo-Canadian At	6.36m 6
6 #490 Grewal, Sehaj	Airdrie Aces	5.89m 5
7 #526 Dhami, Sartaj	Indo-Canadian At	5.57m 4

Event 111 Girls 11 & Under 600 Meter Run Pee Wee

Meet Record: 1:56.66 * 2016 Mandeep Kaur Sangha

Name	Team	Finals
Finals		
1 #538 Sangha, Simran Kaur	Indo-Canadian At	2:12.90 10
2 #515 Diluzio, Isabella	Caltaf Athle	2:22.99 9

Event 112 Boys 11 & Under 600 Meter Run Pee Wee

Meet Record: 1:54.94 * 7/30/2017 Roenen Chase

Name	Team	Finals
Finals		
1 #518 Fischer, Ephrem	Caltaf Athle	2:02.80 10
2 #526 Dhami, Sartaj	Indo-Canadian At	2:05.40 9
3 #529 Dhillon, Irshan Singh	Indo-Canadian At	2:15.93 8

Event 114 Boys 11 & Under 4x100 Meter Relay Pee Wee

Meet Record: 1:10.37 * 2016

Team	Relay	Finals
Finals		
1 Unattached Alberta	A	1:05.42*
1) #518 Fischer, Ephrem	2) #431 Angral, Soham	
3) #540 Onyekonwu, Chibum	4) #526 Dhami, Sartaj	
2 Airdrie Aces	A	1:06.27*
1) #487 Bath, Uday Singh	2) #492 Urquhart, Jonathan	
3) #490 Grewal, Sehaj	4) #491 Kelsick, Tayemak	

Event 201 Girls 12-13 80 Meter Hurdles .76m/30" Bantams

Meet Record: 14.73 * 2016 Verona Valero Sanchez

Name	Team	Finals
Finals		
1 #517 Ewa, Elisabeth	Caltaf Athle	19.11 10

Event 202 Boys 12-13 80 Meter Hurdles .76m/30" Bantams

Meet Record: 15.29 * 2016 Harsh SinghKhalon

Name	Team	Finals
Finals		
1 #521 Poulin, Max	Caltaf Athle	14.67* 10
2 #513 Chase, Roenen	Caltaf Athle	15.12* 9

Event 203 Girls 12-13 High Jump Bantams

Meet Record: 1.40m * 2016 Verona Valero Sanchez

Name	Team	Finals
Finals		
1 #537 Sangha, Mandeep Kaur	Indo-Canadian At	1.30m 10
2 #517 Ewa, Elisabeth	Caltaf Athle	1.00m 9

Event 204 Boys 12-13 High Jump Bantams

Meet Record: 1.35m * 7/29/2017 Jaxon Turner

Name	Team	Finals
Finals		
1 #513 Chase, Roenen	Caltaf Athle	1.35m* 10
2 #521 Poulin, Max	Caltaf Athle	1.25m 9

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Finals ... (Event 204 Boys 12-13 High Jump Bantams)

Name	Team	Finals
3 #546 Kreer, Jasjot	Indo-Canadian At	1.10m 8
4 #544 Malhi, Lobjot	Indo-Canadian At	J1.10m 7

Event 205 Girls 12-13 Discus Throw 750g Bantams

Meet Record: 16.94m * 2016 Verona Valero Sanchez

Name	Team	Finals
------	------	--------

Finals

1 #517 Ewa, Elisabeth	Caltaf Athle	15.98m 10
2 #537 Sangha, Mandeep Kaur	Indo-Canadian At	10.53m 9
3 #486 Bath, Jind	Airdrie Aces	9.53m 8

Event 206 Boys 12-13 Discus Throw 750g Bantams

Meet Record: 28.18m * 2016 Harsaab Singh Holait

Name	Team	Finals
------	------	--------

Finals

1 #521 Poulin, Max	Caltaf Athle	28.24m* 10
2 #488 Good, Liam	Airdrie Aces	24.78m 9
3 #513 Chase, Roenen	Caltaf Athle	19.57m 8
4 #328 Sandhu, Quinn	Indo-Canadian At	18.64m 7
5 #518 Fischer, Ephrem	Caltaf Athle	14.57m 6

Event 207 Girls 12-13 800 Meter Run Bantams

Meet Record: 2:39.22 * 7/29/2017 Mandeep Kaur Sangha

Name	Team	Finals
------	------	--------

Finals

1 #537 Sangha, Mandeep Kaur	Indo-Canadian At	2:31.61* 10
2 #538 Sangha, Simran Kaur	Indo-Canadian At	3:07.77 9
3 #524 Benipal, Prabhnoor Kau	Indo-Canadian At	3:22.74 8
4 #482 Dhaliwal, Rammeet Kau	Indo-Canadian At	4:37.39 7

Event 208 Boys 12-13 800 Meter Run Bantams

Meet Record: 2:54.94 * 7/29/2017 Jaxon Turner

Name	Team	Finals
------	------	--------

Finals

1 #513 Chase, Roenen	Caltaf Athle	2:37.62* 10
2 #488 Good, Liam	Airdrie Aces	2:44.78* 9
3 #521 Poulin, Max	Caltaf Athle	2:51.02* 8
4 #536 Sangha, Jaskaran Singh	Indo-Canadian At	3:06.77 7

Event 209 Girls 12-13 80 Meter Dash Bantams

Meet Record: 11.20 * 2016 Hannah Saver

Name	Team	Finals
------	------	--------

Finals

1 #517 Ewa, Elisabeth	Caltaf Athle	11.17* 10
2 #485 Bath, Jasman	Airdrie Aces	11.68 9
3 #537 Sangha, Mandeep Kaur	Indo-Canadian At	11.74 8
4 #524 Benipal, Prabhnoor Kau	Indo-Canadian At	12.79 7

Event 210 Boys 12-13 80 Meter Dash Bantams

Meet Record: 10.60 * 2016 Matthew Subryan

Name	Team	Finals
------	------	--------

Finals

1 #513 Chase, Roenen	Caltaf Athle	11.61 10
2 #521 Poulin, Max	Caltaf Athle	12.02 9
3 #328 Sandhu, Quinn	Indo-Canadian At	15.18 8

4 #553 Bizi, Schillo	Indo-Canadian At	18.62 7
----------------------	------------------	---------

Event 211 Girls 12-13 Long Jump Bantams

Meet Record: 4.10m * 2016 Verona Valero Sanchez

Name	Team	Finals
------	------	--------

Finals

1 #517 Ewa, Elisabeth	Caltaf Athle	3.99m 10
2 #537 Sangha, Mandeep Kaur	Indo-Canadian At	3.65m 9

Event 212 Boys 12-13 Long Jump Bantams

Meet Record: 4.75m * 2016 Harsaab Singh Holait

Name	Team	Finals
------	------	--------

Finals

1 #513 Chase, Roenen	Caltaf Athle	4.29m 10
2 #521 Poulin, Max	Caltaf Athle	3.98m 9
3 #546 Kreer, Jasjot	Indo-Canadian At	3.10m 8
4 #544 Malhi, Lobjot	Indo-Canadian At	2.93m 7
5 #328 Sandhu, Quinn	Indo-Canadian At	2.47m 6
6 #553 Bizi, Schillo	Indo-Canadian At	2.01m 5

Event 213 Girls 12-13 Shot Put 3 kg Bantams

Meet Record: 6.75m * 2016 Verona Valero Sanchez

Name	Team	Finals
------	------	--------

Finals

1 #517 Ewa, Elisabeth	Caltaf Athle	5.89m 10
2 #537 Sangha, Mandeep Kaur	Indo-Canadian At	5.55m 9

Event 214 Boys 12-13 Shot Put 3 kg Bantams

Meet Record: 8.84m * 2016 Harsaab Singh Holait

Name	Team	Finals
------	------	--------

Finals

1 #488 Good, Liam	Airdrie Aces	8.62m 10
2 #521 Poulin, Max	Caltaf Athle	8.30m 9
3 #513 Chase, Roenen	Caltaf Athle	7.33m 8
4 #328 Sandhu, Quinn	Indo-Canadian At	6.72m 7
5 #546 Kreer, Jasjot	Indo-Canadian At	5.65m 6
6 #544 Malhi, Lobjot	Indo-Canadian At	5.31m 5
7 #553 Bizi, Schillo	Indo-Canadian At	4.29m 4

Event 215 Girls 12-13 600 Meter Run Bantams

Meet Record: 1:51.91 * 7/30/2017 Mandeep Kaur Sangha

Name	Team	Finals
------	------	--------

Finals

1 #537 Sangha, Mandeep Kaur	Indo-Canadian At	1:49.25* 10
2 #517 Ewa, Elisabeth	Caltaf Athle	2:12.47 9
3 #524 Benipal, Prabhnoor Kau	Indo-Canadian At	2:23.83 8

Event 216 Boys 12-13 600 Meter Run Bantams

Meet Record: 1:51.49 * 2016 Harsaab Singh Holait

Name	Team	Finals
------	------	--------

Finals

1 #513 Chase, Roenen	Caltaf Athle	1:54.80 10
2 #521 Poulin, Max	Caltaf Athle	1:59.85 9

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 217 Girls 12-13 4x100 Meter Relay Bantams

Meet Record: 1:14.97 * 2016 Indo Canadian

Team	Relay	Finals
Finals		
1 Indo-Canadian At	A	1:06.95*
1) #524 Benipal, Prabhnoor Kaur	2) #537 Sangha, Mandeep Kaur	
3) #538 Sangha, Simran Kaur		

Event 218 Boys 12-13 4x100 Meter Relay Bantams

Meet Record: 1:10.51 * 7/29/2017 Indo-Canadian Athletics Assoc.

G Gill, I Dhillon, G Nijjar, T Gill

Team	Relay	Finals
Finals		
1 Indo-Canadian At	B	1:09.19*
1) Gill, Tanveer	2) #464 Uppal, Armaan	
3) Dhaliwal, Ravneet		

Event 301 Women 14-15 100 Meter Dash Midget

Meet Record: 12.87 * 7/29/2017 Adesola Esan

Name	Team	Finals
Finals		
1 #504 Onyekonwu, Oga	Calgary Spar	13.36 10
2 #503 Mendez-Jimenez, Ivana	Calgary Spar	14.53 9
3 #528 Dhillon, Bavneet Kaur	Indo-Canadian At	15.72 8

Event 302 Men 14-15 100 Meter Dash Midget

Meet Record: 11.95 * 2016 Mitchell Moore

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	12.16 10
2 #489 Grewal, Hartik	Airdrie Aces	12.26 9

Event 303 Women 14-15 200 Meter Dash Midget

Meet Record: 27.83 * 7/30/2017 Adesola Esan

Name	Team	Finals
Finals		
1 #504 Onyekonwu, Oga	Calgary Spar	27.79* 10
2 #512 Zaldivar, Alicia	Calgary Warr	28.93 9
3 #528 Dhillon, Bavneet Kaur	Indo-Canadian At	33.58 8
--- #503 Mendez-Jimenez, Ivana	Calgary Spar	DQ -0.5

Event 304 Men 14-15 200 Meter Dash Midget

Meet Record: 24.59 * 2016 Hadis Geleto

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	25.28 10
2 #544 Malhi, Lobjot	Indo-Canadian At	36.85 9

Event 305 Women 14-15 300 Meter Dash Midget

Meet Record: 45.57 * 7/29/2017 Adesola Esan

Name	Team	Finals
Finals		
1 #512 Zaldivar, Alicia	Calgary Warr	46.12 10
2 #537 Sangha, Mandeep Kaur	Indo-Canadian At	48.94 9

Event 307 Women 14-15 800 Meter Run Midget

Meet Record: 2:37.07 * 7/30/2017 Alicia Zaldivar

Name	Team	Finals
Finals		
1 #512 Zaldivar, Alicia	Calgary Warr	2:35.87* 10

Event 308 Men 14-15 800 Meter Run Midget

Meet Record: 2:06.16 * 7/30/2017 Winston Clarke

Name	Team	Finals
Finals		
1 #508 Shannon, Tyson	Calgary Spar	2:22.71 10

Event 309 Women 14-15 1200 Meter Run Midget

Name	Team	Finals
Finals		
1 #499 Khalid, Sihaam	Calgary Spar	4:19.19 10

Event 310 Men 14-15 1200 Meter Run Midget

Meet Record: 3:22.63 * 7/29/2017 Winston Clarke

Name	Team	Finals
Finals		
1 #508 Shannon, Tyson	Calgary Spar	3:53.87 10

Event 311 Women 14-15 2000 Meter Run Midget

Name	Team	Finals
Finals		
1 #537 Sangha, Mandeep Kaur	Indo-Canadian At	8:15.51 10

Event 313 Women 14-15 80 Meter Hurdles .76m/30" Midget

Meet Record: 12.63 * 2016 Lisa Cozma

Name	Team	Finals
Finals		
1 #510 Bliss, Reagan	Calgary Warr	13.36 10

Event 321 Women 14-15 High Jump Midget

Meet Record: 1.40m * 7/29/2017 Verona Valero

Name	Team	Finals
Finals		
1 #510 Bliss, Reagan	Calgary Warr	1.25m 10

Event 322 Men 14-15 High Jump Midget

Meet Record: 1.60m * 2016 Oren Bachand

Name	Team	Finals
Finals		
1 #466 Kahlon, Harsh	Indo-Canadian At	1.40m 10

Event 325 Women 14-15 Long Jump Midget

Meet Record: 4.35m * 7/29/2017 Laila Laratta

Name	Team	Finals
Finals		
1 #510 Bliss, Reagan	Calgary Warr	4.34m 10
2 #528 Dhillon, Bavneet Kaur	Indo-Canadian At	3.49m 9

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 326 Men 14-15 Long Jump Midget

Meet Record: 5.07m * 7/29/2017 Harsaab Singh Hollait

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	5.21m* 10

Event 328 Men 14-15 Triple Jump Midget

Meet Record: 10.60m * 7/30/2017 Tristan Remus-Arevalo

Name	Team	Finals
Finals		
1 #522 Read, Joshua	Caltaf Athle	9.36m 10

Event 330 Men 14-15 Shot Put 4kg Midget

Meet Record: 10.41m * 7/29/2017 Cameron Kuziak

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	10.61m* 10
2 #489 Grewal, Hartik	Airdrie Aces	10.47m* 9

Event 332 Men 14-15 Discus Throw 1 kg Midget

Meet Record: 31.68m * 2016 Sukham Singh Viridi

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	25.39m 10

Event 333 Women 14-15 Javelin Throw 500g Midget

Meet Record: 19.90m * 7/30/2017 Ivana Mendez-Jimenez

Name	Team	Finals
Finals		
1 #503 Mendez-Jimenez, Ivana	Calgary Spar	18.12m 10

Event 334 Men 14-15 Javelin Throw 600g Midget

Meet Record: 36.78m * 7/30/2017 Cameron Kuziak

Name	Team	Finals
Finals		
1 #530 Holait, Harsaab Singh	Indo-Canadian At	32.31m 10

Event 401 Women 16-17 100 Meter Dash Youth

Meet Record: 12.36 * 7/29/2017 Princess Roberts

Name	Team	Finals
Finals		
1 #497 Esan, Adesola	Calgary Spar	12.85 10

Event 402 Men 16-17 100 Meter Dash Youth

Meet Record: 11.08 * 2016 Keaton Kottick

Name	Team	Finals
Finals		
1 #532 Kreer, Nav	Indo-Canadian At	13.21 10
2 #545 Malhi, Lovdeep	Indo-Canadian At	13.39 9

Event 403 Women 16-17 200 Meter Dash Youth

Meet Record: 25.39 * 7/30/2017 Princess Roberts

Name	Team	Finals
Finals		
1 #497 Esan, Adesola	Calgary Spar	26.60 10
2 #543 Laratta, Laila	Calgary Spar	30.28 9

Event 404 Men 16-17 200 Meter Dash Youth

Meet Record: 22.70 * 2016 Keaton Kottick

Name	Team	Finals
Finals		
1 #545 Malhi, Lovdeep	Indo-Canadian At	28.05 10
2 #532 Kreer, Nav	Indo-Canadian At	28.31 9

Event 406 Men 16-17 400 Meter Dash Youth

Meet Record: 53.21 * 2016 Josiah Davis

Name	Team	Finals
Finals		
1 #545 Malhi, Lovdeep	Indo-Canadian At	1:04.78 10
2 #532 Kreer, Nav	Indo-Canadian At	1:05.95 9

Event 408 Men 16-17 800 Meter Run Youth

Meet Record: 2:02.08 * 2016 Liam Hamm

Name	Team	Finals
Finals		
1 #1 Chatha, Ekamjyot	Indo-Canadian At	2:16.55 10

Event 411 Women 16-17 3000 Meter Run Youth

Meet Record: 16:11.00 * 2016 Saroor Virk

Name	Team	Finals
Finals		
1 #511 Cunniam, Erika	Calgary Warr	11:04.48* 10

Event 415 Women 16-17 100 Meter Hurdles .76m/30" Youth

Meet Record: 14.93 * 7/29/2017 Alexandra Carruthers

Name	Team	Prelims
Preliminaries		
1 #497 Esan, Adesola	Calgary Spar	15.76Q-0.3
2 #500 Kinsman, Maeve	Calgary Spar	16.91Q-0.3
3 #543 Laratta, Laila	Calgary Spar	18.60Q-0.3

Event 415 Women 16-17 100 Meter Hurdles .76m/30" Youth

Meet Record: 14.93 * 7/29/2017 Alexandra Carruthers

Name	Team	Finals
Finals		
1 #497 Esan, Adesola	Calgary Spar	15.86 10
2 #500 Kinsman, Maeve	Calgary Spar	16.75 9
3 #543 Laratta, Laila	Calgary Spar	18.21 8

Event 423 Women 16-17 High Jump Youth

Meet Record: 1.45m * 7/29/2017 Lauren Perizzolo

Name	Team	Finals
Finals		
1 #543 Laratta, Laila	Calgary Spar	1.35m 10

Event 424 Men 16-17 High Jump Youth

Meet Record: 1.70m * 2016 Charlie Kambata

Name	Team	Finals
Finals		
1 #548 Singh, Harjap	Indo-Canadian At	1.40m 10
2 #532 Kreer, Nav	Indo-Canadian At	1.35m 9
3 #549 Viridi, Sukhman Singh	Indo-Canadian At	J1.35m 8

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 428 Men 16-17 Long Jump Youth

Meet Record: 5.71m * 2016 Carter Lane

Name	Team	Finals
Finals		
1 #532 Kreer, Nav	Indo-Canadian At	3.95m 10
2 #548 Singh, Harjap	Indo-Canadian At	3.66m 9
3 #549 Viridi, Sukhman Singh	Indo-Canadian At	3.65m 8

Event 430 Men 16-17 Triple Jump Youth

Meet Record: 11.17m * 2016 Gurvansh Parmar

Name	Team	Finals
Finals		
1 #548 Singh, Harjap	Indo-Canadian At	8.85m 10
2 #549 Viridi, Sukhman Singh	Indo-Canadian At	8.50m 9

Event 432 Men 16-17 Discus Throw 1.5 kg Youth

Meet Record: 26.80m * 7/29/2017 Sukhman Singh Viridi

Name	Team	Finals
Finals		
1 #532 Kreer, Nav	Indo-Canadian At	12.58m 10

Event 435 Women 16-17 Javelin Throw 600g Youth

Name	Team	Finals
Finals		
1 #543 Laratta, Laila	Calgary Spar	23.32m 10

Event 436 Men 16-17 Javelin Throw 700 g Youth

Meet Record: 44.03m * 7/30/2017 Paul Linek

Name	Team	Finals
Finals		
1 #549 Viridi, Sukhman Singh	Indo-Canadian At	26.74m 10
2 Subaig, Lally	Indo-Canadian At	24.84m 9
3 #548 Singh, Harjap	Indo-Canadian At	17.73m 8

Event 437 Women 16-17 Shot Put 3 kg Youth

Meet Record: 11.46m * 7/29/2017 Catherine Carruthers

Name	Team	Finals
Finals		
1 #543 Laratta, Laila	Calgary Spar	9.23m 10

Event 438 Men 16-17 Shot Put 5 kg Youth

Meet Record: 13.51m * 7/29/2017 Kurt Schulz

Name	Team	Finals
Finals		
1 #532 Kreer, Nav	Indo-Canadian At	5.56m 10

Event 601 Women 18-99 100 Meter Dash Open

Meet Record: 13.83 * 2016 Sarah McManus

Name	Team	Finals
Finals		
1 #509 Varghese, Olivia	Calgary Spar	13.03* 10
2 #502 McManus, Sarah	Calgary Spar	13.80* 9
3 #547 Katsabanis, Ananna	Calgary Spar	13.87 8
4 #505 Randhawa, Gurleen	Calgary Spar	14.72 7
5 #507 Seulean, Angela	Calgary Spar	15.08 6

Event 602 Men 18-99 100 Meter Dash Open

Meet Record: 11.09 * 7/29/2017 Dalton Winkworth

Name	Team	Finals
Finals		
1 #514 Davis, Josiah	Caltaf Athle	11.15 10
2 #496 Chung, Avery	Calgary Spar	12.38 9
3 #156 Singh, Jagtar	Indo-Canadian At	15.54 8

Event 603 Women 18-99 200 Meter Dash Open

Meet Record: 26.20 * 2016 Sarah Hughes

Name	Team	Finals
Finals		
1 #509 Varghese, Olivia	Calgary Spar	26.79 10
2 #505 Randhawa, Gurleen	Calgary Spar	30.36 9
3 #507 Seulean, Angela	Calgary Spar	30.89 8
4 #520 Loewen, Leanne	Caltaf Athle	43.72 7

Event 604 Men 18-99 200 Meter Dash Open

Meet Record: 23.47 * 2016 Robert Colling

Name	Team	Finals
Finals		
1 #514 Davis, Josiah	Caltaf Athle	22.48* 10
2 #428 Judge, Chetaan	Indo-Canadian At	23.31* 9
3 #519 Lauweryssen, Brant	Caltaf Athle	23.56 8
4 #496 Chung, Avery	Calgary Spar	25.62 7

Event 606 Men 18-99 400 Meter Dash Open

Meet Record: 52.45 * 7/29/2017 Brant Lauweryssen

Name	Team	Finals
Finals		
1 #519 Lauweryssen, Brant	Caltaf Athle	52.57 10
2 #428 Judge, Chetaan	Indo-Canadian At	55.27 9

Event 607 Women 18-99 800 Meter Run Open

Meet Record: 2:21.86 * 2016 Shari Boyle

Name	Team	Finals
Finals		
1 #498 Gould, Rebecca	Calgary Spar	2:31.91 10

Event 611 Women 18-99 3000 Meter Run Open

Meet Record: 10:55.26 * 2016 Anushree Patel

Name	Team	Finals
Finals		
1 #498 Gould, Rebecca	Calgary Spar	11:46.73 10

Event 622 Men 18-99 High Jump Open

Meet Record: 1.50m * 2016 Ranvir Dhaliwal

Name	Team	Finals
Finals		
1 #494 Brar, Mansimran	Calgary Spar	1.60m* 10
2 Sidhu, Baldeep	Indo-Canadian At	1.35m 9

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Event 625 Women 18-99 Long Jump Open

Meet Record: 5.16m * 2016 Sarah McManus

Name	Team	Finals
Finals		
1 #547 Katsabanis, Ananna	Calgary Spar	4.85m 10
2 #502 McManus, Sarah	Calgary Spar	4.68m 9

Event 629 Women 18-99 Discus Throw 1 kg Open

Meet Record: 51.10m * 7/29/2017 Rachel Andres

Name	Team	Finals
Finals		
1 #484 Andres, Rachel	Airdrie Aces	56.82m* 10

Event 630 Men 20-34 Discus Throw 2 kg Open

Meet Record: 38.99m * 2016 Liam Banks

Name	Team	Finals
Finals		
1 #494 Brar, Mansimran	Calgary Spar	36.01m 10

Event 632 Men 20-34 Hammer Throw 7.26kg Open

Meet Record: 37.92m * 7/30/2017 Mohamed Asiff

Name	Team	Finals
Finals		
1 #494 Brar, Mansimran	Calgary Spar	26.90m 10

Event 634 Men 18-99 Javelin Throw 800g Open

Meet Record: 50.77m * 7/30/2017 Mansimran Brar

Name	Team	Finals
Finals		
1 #494 Brar, Mansimran	Calgary Spar	44.61m 10
2 Singh, Gurlopreet	Indo-Canadian At	22.87m 9

Event 635 Women 18-99 Shot Put 4 kg Open

Meet Record: 13.09m * 7/29/2017 Rachel Andres

Name	Team	Finals
Finals		
1 #484 Andres, Rachel	Airdrie Aces	14.39m* 10

Event 636 Men 18-99 Shot Put 7.26 kg Open

Meet Record: 12.31m * 7/29/2017 Mohamed Asiff

Name	Team	Finals
Finals		
1 #494 Brar, Mansimran	Calgary Spar	11.24m 10

Event 640 Men 18-99 4x100 Meter Relay Open

Meet Record: 51.33 * 2016

Team	Relay	Finals
Finals		
1 Indo-Canadian At	A	50.09* 10
1) #466 Kahlon, Harsh	2) #489 Grewal, Hartik	
3) #1 Chatha, Ekamjyot	4) #530 Holait, Harsaab Singh	

Event 642 Men 18-99 4x200 Meter Relay Open

Meet Record: 4:30.36 * 7/30/2017 Indo-Canadian Athletics Assoc.

Team	Relay	Finals
Finals		
1 Indo-Canadian At	D	1:49.60*
1) #1 Chatha, Ekamjyot	2) #466 Kahlon, Harsh	
2 Indo-Canadian At	A	1:54.95*
1) #532 Kreer, Nav	2) #535 Sangha, Hukam Singh	
3 Indo-Canadian At	B	2:16.38*
4 Indo-Canadian At	E	2:42.77*
5 Indo-Canadian At	C	3:00.78*
1) #536 Sangha, Jaskaran Singh	2) #412 Saran, Gurman	
3) Saran, Harjan Singh		

Event 702 Men 35-99 100 Meter Dash Masters

Meet Record: 11.90 * 7/29/2017 Alex Gbaguidi

Name	Team	Finals
Finals		
1 Dhami, Charles	Indo-Canadian At	14.08 10
2 #156 Singh, Jagtar	Indo-Canadian At	14.99 9
3 Banwait, Puma	Indo-Canadian At	15.02 8
4 #534 Sandhu, Jasvir	Indo-Canadian At	16.81 7
5 Angral, Rajesh	Indo-Canadian At	16.88 6

Event 703 Women 35-99 200 Meter Dash Masters

Meet Record: 31.13 * 2016 Evelyn Burnett

Name	Team	Finals
Finals		
1 #542 Lauridsen, Susanne	Calgary Spar	37.37 10

Event 704 Men 35-99 200 Meter Dash Masters

Meet Record: 29.99 * 7/30/2017 Vincent Chan

Name	Team	Finals
Finals		
1 #535 Sangha, Hukam Singh	Indo-Canadian At	29.39* 10
2 #534 Sandhu, Jasvir	Indo-Canadian At	35.19 9

Event 706 Men 35-99 800 Meter Run Masters

Meet Record: 2:34.49 * 7/30/2017 Hukam Singh Sangha

Name	Team	Finals
Finals		
1 #535 Sangha, Hukam Singh	Indo-Canadian At	2:49.46 10
2 #534 Sandhu, Jasvir	Indo-Canadian At	3:13.18 9

Event 707 Men 35-99 1500 Meter Run Masters

Meet Record: 5:31.53 * 2016 Hukam Singh Sangha

Name	Team	Finals
Finals		
1 #535 Sangha, Hukam Singh	Indo-Canadian At	6:03.55 10

Event 712 Men 35-99 Shot Put 7.26kg Masters

Meet Record: 12.60m * 2016 Eric Koo

Name	Team	Finals
Finals		
1 #329 Sandhu, Harpal	Indo-Canadian At	7.81m 10

2018 Indo Canadian Athletic T and F Meet - 7/21/2018 to 7/22/2018

Calgary Rotary Challenger Park

Results

Finals ... (Event 712 Men 35-99 Shot Put 7.26kg Masters)

Name	Team	Finals
2 #483 Gill, Sukha Singh	Indo-Canadian At	6.55m 9

Event 712A Men 35-99 Shot Put 6kg Masters

Name	Team	Finals
------	------	--------

Finals

1 #458 Sekhon, Balvir	Indo-Canadian At	6.91m 10
-----------------------	------------------	----------

Event 714 Men 35-99 Long Jump Masters

Meet Record: 4.46m * 2016 Navpreet Singh Waraich

Name	Team	Finals
------	------	--------

Finals

1 #535 Sangha, Hukam Singh	Indo-Canadian At	3.84m 10
2 #534 Sandhu, Jasvir	Indo-Canadian At	2.81m 9

Event 716A Men 35-99 Discus Throw 1 kg Masters

Name	Team	Finals
------	------	--------

Finals

1 #458 Sekhon, Balvir	Indo-Canadian At	19.78m 10
2 #483 Gill, Sukha Singh	Indo-Canadian At	19.13m 9
3 #329 Sandhu, Harpal	Indo-Canadian At	17.79m 8
4 #535 Sangha, Hukam Singh	Indo-Canadian At	13.82m 7

Event 717 Women 35-99 Javelin Throw Masters

Meet Record: 18.51m * 2016 Susanne Lauridsen

Name	Team	Finals
------	------	--------

Finals

1 #542 Lauridsen, Susanne	Calgary Spar	20.18m* 10
---------------------------	--------------	------------

Event 718 Men 35-99 Javelin Throw Masters

Meet Record: 30.97m * 2016 Harmeet Shoker

Name	Team	Finals
------	------	--------

Finals

1 #535 Sangha, Hukam Singh	Indo-Canadian At	25.88m 10
----------------------------	------------------	-----------

Event 720 Men 35-99 Hammer Throw Masters

Meet Record: 45.35m * 7/30/2017 Eric Koo

Name	Team	Finals
------	------	--------

Finals

1 #458 Sekhon, Balvir	Indo-Canadian At	28.70m 10
2 Angral, Rajesh	Indo-Canadian At	18.95m 9
3 #329 Sandhu, Harpal	Indo-Canadian At	10.14m 8

Event 722 Men 35-99 High Jump Masters

Meet Record: 1.10m * 7/29/2017 Jasbir Singh Sandhu

Name	Team	Finals
------	------	--------

Finals

1 #535 Sangha, Hukam Singh	Indo-Canadian At	1.20m* 10
2 #534 Sandhu, Jasvir	Indo-Canadian At	1.15m* 9

Event 729 Men 35-99 400 Meter Dash Masters

Meet Record: 1:05.55 * 7/29/2017 Hukam Singh Sangha

Name	Team	Finals
------	------	--------

Finals

1 #535 Sangha, Hukam Singh	Indo-Canadian At	1:05.39* 10
2 #534 Sandhu, Jasvir	Indo-Canadian At	1:19.33 9

Event 731 Men 35-99 300 Meter Hurdles Masters

Name	Team	Finals
------	------	--------

Finals

1 #534 Sandhu, Jasvir	Indo-Canadian At	1:13.27 10
-----------------------	------------------	------------

Event 732 Men 35-99 4x100 Meter Relay Masters

Team	Relay	Finals
------	-------	--------

Finals

1 Indo-Canadian At	B	1:01.74 10
2 Indo-Canadian At	A	1:04.47 8
1) Angral, Rajesh	2) #534 Sandhu, Jasvir	
3) Banwait, Puma	4) Dhami, Charles	