

2012 New Balance Athletic Series Meet #1 and Lethbridge Spring Meet



May 5, 2012 ▪ Community Sports Stadium, Lethbridge

Hosted By:
Lethbridge Track and Field Club

Sanctioned by: Athletics Alberta

- First chance to tune up for upcoming Middle School, Junior High and Senior High track season!
- First Open Club Meet of the spring!
- Now part of the New Balance Athletic Series!

Location & Facility

Location:	Community Sports Stadium 4401 University Drive West, Lethbridge, AB <i>(The extreme south end of University of Lethbridge Campus)</i>
Facility Specs:	8 lane synthetic track (recommended spike length is 7mm for track); Synthetic runways for all jumps and javelin; Cement circles for shot put, discus, & hammer
Photo Timing System:	Finish Lynx

Meet Enquiries

If you have any questions or inquiries to the Lethbridge Spring Meet, please contact Greg Guyn at (403) 393-3955 or gguyn@extendicare.com. For questions regarding the New Balance Athletic Series Meet #1, please refer to their technical package at the Athletics Alberta website.

Meet Hotel

Quality Inn 1-888-331-6440, 4070 2nd Ave South \$104.99 room rate; book by April 25

Registration Package

Registration packages will be available at the Community Stadium beginning at 10:00 a.m. on Saturday, May 5, 2011.

Entry Deadline

- ❑ Entries must be received by **Monday, April 30th at 12:00pm (noon)**
- ❑ Entries must be sent to Wayne Morris at crystalis@shaw.ca.
- ❑ Scratches after **Wednesday, May 2nd at 12:00pm (noon)** will still be charged.
- ❑ Entries submitted after this date will be charged double - if accepted.
- ❑ Please make all cheques to be made payable to "Lethbridge Track and Field Club"

Entry Fees and Process

Individual Events	Entry Fee:	\$10.00
PeeWee & Bantams	Entry Fee:	\$20.00 for day or \$10.00 per event
Day of Meet Membership	Entry Fee:	\$5.00(only if not registered with Athletics Alberta)

Entries from clubs MUST be done using Hy-Tek Team Manager. The event file will be available from the entry person and on www.athleticsalberta.com. Notes on using Team Manager Lite are available from <http://www3.telus.net/vschmid/notes/TeamManagerNotes.pdf>, and video assistance on Team Manager Lite is available at http://www.prathletics.com/?page_id=626

Entry information must include athlete's name, date of birth, AA registration number, club name, and event(s) with valid seed performance(s). Payment of entry fees must be made before competition numbers will be released. Entries, scratches, and questions regarding them should be sent to Wayne Morris at crystalis@shaw.ca.

- ❑ **Meet Schedule will be available on the Athletics Alberta website by Wednesday May 2nd, 2012.**

Eligibility

- ❑ Day of the Meet membership will be available for this meet.
- ❑ Out of province athletes must be registered with their respective Provincial Athletics Association.

Age categories offered:

Peewee – born 2001 or later
Bantam – born 1999-2000
Midget – born 1997-1998
Youth – born 1995-1996
Junior – born 1993-1994
Senior – born 1992-1978
Masters – Born 1977 or earlier

Pee Wee / Bantam Multi event format:

Boys and Girls Pee wee: 60m, Long Jump, Shot Put, 600m

Boys and Girls Bantam: 80m, High Jump, Shot Put, 800m, 80m hurdles

Pee Wee and Bantam athletes may miss or “scratch” an event and continue in the competition. 600 and 800m races will be a waterfall start.

Modified Rules for Pee Wee Long Jump

Pee Wee athletes will have a 1m take-off area and the officials will judge the take-off spot accordingly and measure. Bantams will use a regular take off board. For the competition, all jumpers will have 3 attempts.

Modified Rules Bantam High Jump

3 successive failures will eliminate the jumper from further competition.

Bantam: Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter.

Modified Rules for Pee Wee & Bantam Throws

Each competitor will only receive 3 attempts for all throwing events.

Awards

- ▶ For Midget through Masters Events: as per the New Balance Athletic Series technical package.
- ▶ For Pee wee & Bantam Events: Gold, Silver, and Bronze meet medals will be issued for top 3 finishers in each event and overall.

Marshalling Procedure

- ▶ For track events all athletes must check in at the declaration area up to **1 hour** before scheduled start time.
- ▶ At this time heats and sections may be reduced or combined based upon checked in athletes.
- ▶ Athletes will then report to start line 15 minutes before the scheduled start time and the start line marshal will then check them in once more, new lane, heat, and or section assignments will be given at that time if changes have been made.
- ▶ For field events athletes will check in at the event site at least 20 minutes before scheduled event start time.

Equipment

- ▶ Starting blocks will be provided and must be utilized for all events of 200m or less (with the exception that starting blocks will not be used by Peeweesees or Bantams).
- ▶ Throwing implements will be provided.
- ▶ Personal implements must be certified by the equipment manager (provided by the organizing committee) before they will be permitted for use during the competition. This may be done at the equipment shed up until 1/2 hour before the scheduled start time of their event.

2012 New Balance Athletic Series Meet #1 and Lethbridge Spring Meet – Events Offered

Event	Masters Women	Masters Men	Open Women	Open Men	Junior Women	Junior Men	Youth Women	Youth Men	Midget Girls	Midget Boys	Bantam Girls	Bantam Boys	Peewee Girls	Peewee Boys
60m													✓	✓
80m											✓	✓		
100m	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓				
200m	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓				
600m													✓	✓
800m	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓	✓	✓		
2000m	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓				
Sprint Hurdles	✓ 80m	✓ 100m	✓ 100m	✓ 110m	✓ 100m With open	✓ 110m With open	✓ 100m With open	✓ 110m With open	✓ 80m	✓ 100m	✓ 80m	✓ 80m		
High Jump	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓	✓	✓		
Long Jump													✓	✓
Triple Jump	✓ With midget	✓ With midget	✓	✓	✓ With open	✓ With open	✓ With open	✓ With open	✓	✓				
Discus	✓ ACS With midget	✓ ACS With midget	✓ 1kg	✓ 2kg	✓ 1kg With open	✓ 2kg With open	✓ 1kg With open	✓ 1.5kg With open	✓ 750g	✓ 1kg				
Shot Put											✓ 2.7kg	✓ 3kg	✓ 2kg	✓ 2kg
Hammer	✓ ACS With midget	✓ ACS With midget	✓ 4kg	✓ 7.26kg	✓ 4kg With open	✓ 7.26kg With open	✓ 3kg With open	✓ 5kg With open	✓ 3kg	✓ 4kg				

[New Balance Athletic Series Events shaded in Blue](#)

Tentative Track Schedule

❏ **Please note:** all events run 'youngest' to oldest – 'girls then boys' unless otherwise specified.

Saturday, May 5 Track Events Tentative	
Morning Session	
11:00am	60m Timed Finals PW
	80m Timed Finals Bantam
Afternoon session	
12:00pm	Sprint Hurdle Finals Senior to Bantam
	800m Timed Finals
	100m Timed Finals
	2000m Timed Finals
	200m Timed Finals
	600m Timed Finals PW
4:00pm	End of Competition

Saturday, May 5 Field Events Tentative	
11:00 am	Bantam Girls HJ
11:30 am	PW Girls Shot Put
	PW Boys LJ
12:00 pm	PW Girls LJ
	Bantam Boys HJ
	PW Boys Shot Put
	Triple Jump
	High Jump
	Hammer Throw
	Discus