

2010 new balance athletics series

may 8, 22, 30 @ glenmore athletic park

meet director: Doug Lamont (403) 220-2479 or lamont@ucalgary.ca

meet manager: Jason Lindsay (403) 680-2232 or jwlindsa@hotmail.com

sanctioned by: Athletics Alberta

offered by: Calgary Track Council

partnerships: New Balance Canada and Gord's Running Store



new balance athletics series information

Featuring the Voice of Alberta Track and Field: Gord Lindsay

Entry Cost: \$8 per event (This does not cover the \$5 Day of the Meet Insurance for Non-Athletics Alberta members). If accepted late entries charged \$20/event.

Registration Deadlines: before noon on the following dates: May 5, May 19 and May 26
By Email to Doug Lamont at lamont@ucalgary.ca phone: 403-220-2479

Checks are made payable to the CALGARY TRACK COUNCIL Payments are required to compete. We will not be billing to clubs! That includes clubs in the City of Calgary.

Day of the Meet Entries: are accepted at the meet directors discretion and or if there is space in the event. If accepted late entries will be charged an additional \$5.

Where: Glenmore Athletic Park (19th Street and 50th Avenue SW)

Facility: Versaturf surface for the oval and run-ups; 7mm maximum spike length; Concrete throwing circles.

Timing by: Finishlynx

Results by: Hytek Meet Manager - Live results at www.calgarytrackcouncil.com

Seeding: Computerized seeding the day of competition.

schedules

Schedule guidelines: Events run approximately 1/2 hour per event. The listed order of events is the order of competition.

Final Schedule: will be posted on the day before the meet at www.calgarytrackcouncil.com.

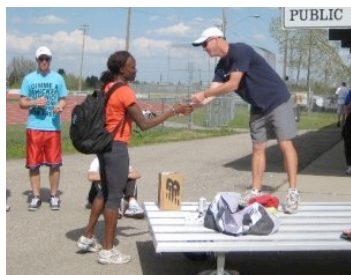
Bolded events are the only events offered for the Midget Competitors.

Open athletes will compete first then midgets (master's competitors to compete with midgets (unless otherwise specified).

We are unable to accommodate requests for additional events into our schedules.

new balance athletics series notes

- Three jump minimum for horizontal jumps, unless there is time permitting. If time permits, the top 4 male and female jumpers and throwers will be awarded an additional 3 attempts.
- Each relay will offer a prize to the winning team members – men or women (open only). The top men's result will be compared to the top women's result using the IAAF tables. You may compete with a mixed team (will then compete against men) and put relay members together using runners from different clubs.
- \$50 cash prizes will be awarded for breaking existing open records under legal conditions (new events will not be considered). Additional \$50 for breaking a senior provincial record!
- Check-in Procedure: All track athletes must check-in at the clerking area 20 minutes prior to the scheduled start time. After this time heats will be seeded and drawn. There will be no additions made at the start line. No exceptions!
- Field events competitors must check in at the event.
- Juvenile / junior / masters athletes will be accommodated for hurdle heights (hurdles and steeple-chase for Meets 1 and 2 only) and for throwing implements. These events will not be scored.

**Meet 1****Sat, May 8****From 5 - 8 PM****track events****Sprint hurdles,****100m,****2000 S/C,****800m,****200m,****Open 3000m, Midget 2000m,****4x400m****field events****LJ, DT, PV, HT (@4:00)****Meet 2****Sat, May 22****From 5 - 8 PM****track events****Open Mile, Masters Mile,****Midget 1200m,****Intermediate Hurdles****200m,****3000 S/C,****Midget 300m, Open 400m,****4x800m****field events****JT, HJ, TJ, SP****new balance finale****Meet 3: Sunday, May 30****From 5 - 8 PM****track events****Sprint Hurdles,****Open 3000m, Midget 2000m,****100m,****Steeple People 1500 S/C,****800m,****Midget 300m, Open 400m,****4x100m****field events****LJ, SP, PV****new balance athletics grand prix and finale**

Male and Female: 1st \$500, 2nd \$250, 3rd \$100

Athletes will be awarded points for overall event placing (not performance)

Scoring is as follows:

- Only your top 4 placings (open events only) count towards the point standings. You don't need to compete in all of the meets to be eligible for the prize money.
- Points are awarded for top 8 places in each open event as follows:
1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt
- You must be born before 1994 to be eligible.
- Ties will be broken based on the highest score (IAAF points tables) during the **new balance finale**
- You must be present at the **new balance finale** to win your prize money!
- Top male and female performances in the **new balance finale** will be awarded \$100 in the sprints, distance, jumps and throws.

midget grand prix notes

- For athletes aged 15 and under as of December 31, 2010. (Born in 1995 or later)
- Points are scored in each event an athlete competes in. Totals are tallied throughout the series.
- Trophies at the end of the series for the grand prix winners only.
- Please note that this series will feature the new midget events (300m, 1200m, 2000m, 1500SC (no water), 200mH).

BBQ's and door prizes upon the conclusion of the final event each evening. Volunteers, officials and athletes are all welcome!




new balance

athletics series meet records

as of May 8, 2010

Records are Open Events Only (under legal conditions)

**Men's Records**

100m.	10.27	Brad McQuaig	1999
200m.	20.82	Brian Barnett	2009
400m.	46.43	Andrew Dargie	2008
110mH.	14.51	Jonathan Hylton	2001
400mH.	51.71	Trent Ratzlaff	2007
800m.	1:52.23	Luke Ratzlaff	2000
1500m.	3:53.65	Scott Arnold	2006
3000m.	8:31.21	Kip Kangogo	2002
1500 SC	4:22.78	Ian Watts	1998
2000 SC	6:09.89	Gareth Hadfield	2009
3000 SC	9:30.93	Paul Chafe	2006
LJ	7.20m.	Scott Kimmins	1997
HJ	2.10m.	Jesse Lipscombe	2008
TJ	16.06m.	Oral O'Gilvie	1999
PV	4.95m	Derek Theodore	2008
SP	16.20m.	Matt Doherty	2008
DT	51.82m.	Kris Watson	1997
JT	55.83m.	Greg Turner	1999
HT	63.42m.	Ian Maplethorpe	1997
4x 100m.	43.55	CITC	2007
4x 400m.	3:23.40	CITC	2005
4x 800m.	8:04.51	CALTAF	2005

Women's Records

100m.	11.54	Kaltouma Nadjina	2009
200m.	23.38	Kaltouma Nadjina	2005
400m.	51.65	Kaltouma Nadjina	2001
100mH.	13.71	Jessica Zelinka	2004
400mH.	60.27	Saidat Onanuga	2002
800m.	2:07.52	Malindi Elmore	2004
1500m.	4:29.67	Shannon Slater	2004
3000m.	9:39.10	Lisa Harvey	2000
1500 SC	4:57.93	Tara Dressler	2007
2000 SC	7:07.01	Tara Dressler	2008
LJ	5.91m.	Tomi Idowu	2001
HJ	1.82m.	Whitney Evans	2007
TJ	11.68m.	Christina Livingston	1997
PV	4.35m.	Kelsie Hendry	2009
SP	15.34m.	Georgette Reed	2001
DT	50.22m.	Nicole Chimko	1998
JT	48.26m.	Stephanie Proctor	1998
HT	58.62m.	Patty Steinke	1998
4x 100m.	47.07	CITC	2005
4x 400m.	4:03.74	UCAC	2005
4x 800m.	9:20.32	UCAC	2005