

2013 Calgary Indoor Track Series

Location: Jack Simpson Track, Kinesiology Building, U of Calgary
 Map of Campus: <http://www.ucalgary.ca/map/>

Hosted by: Calgary Track Council and University of Calgary Track & Field Program

Sanctioned by: Athletics Alberta
 High School events sanctioned by ASAA

Websites: www.calgarytrackcouncil.com
www.uofcathletics.ca "Calgary Indoor Track Series"

Categories: **Ages as of December 31 the year of Competition**
 10 years and under
 11-15 years (will compete in one year divisions)
Open: age 16 and over
Masters: 35+ years old on day of meet
Invitational events: Field sizes will be limited. Athletes are required to submit legitimate performances for consideration of entry by the entry Deadline.
Invitational events will not be scored for the Series Championship

Events Offered:

	Dino Opener	Dino Classic	Jack Simpson Open
	Saturday, December 01, 2012	Saturday, January 05, 2013	Sunday, January 27, 2013
	10:00am – 5:00pm	10:00am – 5:00pm	10:00am – 5:00pm
60m	All ages	All ages	All ages
150m	13 & under	13 & under	13 & under
200m	14 & older		
300m		14 & older	14 & older
400m			
600m		All ages	
800m	All ages		
1000m			All ages
1200m		12-15 years	
1500m		16 & older	
Mile			
3000m	16 & older		
60m Hurdles	14 & older (Invitational)		14 & older (Invitational)
4x200m	All ages		13 & under
4x400m			14 & older

Non Scoring Invitational Field Meets:

Field Meets	Saturday December 15, 2012
	11:00am - 7:00pm
High Jump	Invitational
Long Jump	Invitational
Triple Jump	Invitational
Shot	Invitational

Schedules: Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

Awards:

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- **Series Championship:** top 3 total point winners in each age group will receive medals.
 - 10&under/11yrs/12yrs/13yrs/14yrs/15yrs/16-17yrs/Open/Masters
 - Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

Series T-Shirts

- Series T-shirts will be awarded to every athlete who completes 4 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

ENTRIES:

Entry information should include:

Name and club/school

Male/Female, Birthdate and Tshirt size

Events and seed performance or expected performance.

Entry deadline: Entries must be received by the Tuesday prior to the meet.

Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.

a) Email to lamont@ucalgary.ca

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

Entry Fee is \$10 per athlete per event
\$10 per Relay team (Day of meet entries are OK)

Make cheques payable to "University of Calgary Athletics Club"

Athletics Alberta Membership

- **All participants must be a members of Athletics Alberta. To register with Athletics Alberta go to: <http://www.athleticsalberta.com/about-us/membership>**
- **"Day of Meet" Membership is available for one meet only (Cost \$5.00). Forms at: http://www.athleticsalberta.com/sites/default/files/content_files/pdfs/Membership/2010/2010DOM-RegistrationForm.pdf**

T-SHIRT SIZE – be sure to include your T-shirt size with your first entry, if you expect to **complete 4 Individual** events during the series.

Initial Entry lists will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- **Youth Girls & Boys 60m** –: will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.
- **RESULTS:** Results will be posted at the main entrance as soon as possible and Saturday night on the series website.