# 2013 Western Canadian Challenge

Host of 2013
Midget & Youth Tri Province Meet
Canada Summer Games Western Challenge
Open Provincial Challenge
Foothills Athletic Park – Calgary, AB
(updated July 17<sup>th</sup>)

July 26 -28, 2013

\_\_\_\_\_

Hosted by: Calgary Track Council

Sanctioned by: Athletics Alberta

Entry fees: Individual Events: \$20 for 1st, \$15 for subsequent

Open Age Group: Midget and older may compete in the open

category. Limited number of heats will be run. Entry

confirmations will be emailed out.

**Provincial Teams** 

Midget & Youth \$750 per Age Group

Canada Games \$750

**Cheques payable to Calgary Track Council** 

## **Eligibility:**

• All athletes must be registered with their respective Provincial Athletics Association

## **Age Categories:**

Midget: born 1998 or 1999Youth: born 1996 or 1997

• Canada Summer Games: 1991 or later

Open: born midget ages & older

(Hurdle events in the Open category will be run with the age appropriate specs eg. Midget girls will have an 80mh spec race)

## Location/Facility/ Warm Up:

- Foothills Athletic Park 2424 University Dr. NW. Calgary, AB
- Eight (8) lane 400m
- Warm Up may be done on the track where appropriate but the infield will be off bounds throughout the meet except for competition events.

#### **Contacts Info:**

- General Inquiries: Christine Laverty <u>tracknationals@gmail.com</u> 403-921-5559
- Entry Information: Jolene Dressler momfirst 2000@yahoo.com

# **Registration Packages:**

Will be available at the registration desk at the track starting at 4pm on Friday July 26, 2013.

# **Entry Deadline:**

- Entries must be received by 11:59PM Wednesday July 17, 2013.
- Late entries, if accepted, will be charged double.
- Scratches must be in by 6pm MST Tuesday July 23, 2013 to avoid charges.
- No refunds will be provided for scratches after the above deadline.
- Please send entries via Team Manager to: meetmanager@caltaftrackclassic.com

# Confirmation will be sent to you via email. No confirmation = Not Entered

# **Technical Meetings:**

A technical meeting will be held on the infield near the finish line at 4:00pm on Friday.

#### **Accommodations**

Best Western Village Park Inn 403-289-0241 (1-888-774-7716)
University of Calgary 403-220-2603 Fax: 403-284-4184 E-mail: <a href="mailto:esinitsy@ucalgary.ca">esinitsy@ucalgary.ca</a>
Use Registration code "Western Canadian Challenge"

#### **Check-in Procedure:**

- For Track evens athletes must **check in at the marshaling tent at least 30min before** scheduled time of their race. 800m+ will also receive hip numbers here. It is then the athlete's responsibility to be at the start line for their race 15 minutes before your race. **You cannot check in at the start line**. If you miss the check in at the tent, you will not race. Please ensure you follow this procedure.
- Field event athletes must check in **at their event 30min prior** to the start of the event. Exception: Pole vault to check in **1hr prior** to event.

## **Equipment:**

- Starting blocks will be provided and must be used for all events 400m or less
- Throwing implements will be provided. Pole Vaulters must provide their own poles
- Personal implements must be certified by the equipment manager (provided by the organizing committee) before they will be permitted for use during the competition. This may be done at the equipment shed up until 1 hour before the scheduled start time of their event.

#### **General Meet Information:**

- 1. Spikes are to be no longer than 6mm in length.
- 2. All athletes must wear proper competition uniforms.
- 3. Medals will be awarded to the top three finishers in all individual events.
- 4. Live results will be available on the website as well as through the Live Results App.
- 5. Meet Schedule and Performance List will be posted at <a href="https://www.calgarytrackcouncil.com">www.calgarytrackcouncil.com</a>

# **Provincial Team Competition**

• Scores will be kept for each event - 1st=10pts, 2nd=9pts, 3rd=8pts, 4th=7pts, etc. Trophies will be awarded for each team competition Midget Trophy Youth Trophy Canada Summer Games Trophy

# Friday Track

Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
200					WC	WC		
1500SC	Χ	Χ						
2K SC			Χ	Χ	Χ	Х	Χ	Χ
2000	Χ	Χ						
800					Χ	Х	Χ	Х

Friday Field

Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
SP	Χ	Χ						
HT	Χ		Х		X	Χ	Χ	Х
HJ					X		Χ	
LJ					Х	Χ	Χ	Χ

**Saturday Track** 

Jaturu	Saturday frack							
Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
80H	Χ						Χ	
100		Χ	Х		Х			
110H				Χ		Χ		Χ
100	Χ	Χ	Х	Х	X	Χ	Χ	X
1200	Χ	Χ						
1500			Х	Х	X	Χ	Χ	Х
1500					WC	WC		
300	Χ	Χ						
400			X	X	X	Χ	Χ	X
4 x 100	Χ	Χ	Χ	Χ	X	Χ		
5000m					X	Χ	Χ	Χ

Saturday Field

	,							
Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
HJ	Х			Х		X		X
PV					Х	Χ	Χ	X
IJ	X	Х	Х	Х				
TJ			Х	Х				
SP			Х	Х	Х	Х	Χ	Х
JV	Х	Х						
DT	Х	Х	Х	Х	Х	Х	Χ	Х

**Sunday Track** 

<b>Jan.</b>								
Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
800	Χ	Χ	Χ	Х				
200	Χ	Χ	Χ	Х	X	X	Х	Х
200H	Χ	Χ						
300H			Χ	Х				
400H					X	Χ	Х	Х
3000			Χ	Х				
4 X 400			Χ	Х	Х	Χ		
Medley	Χ	Χ						

**Sunday Field** 

Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
JT			Х	Х	X	Х	X	X
HT		Х		Х				
TJ	Χ	Х			Х	Х	Х	Х
HJ		Х	Х					
PV	Χ	Χ	Χ	Χ				

**Technical Specifications:** 

I CCIIIII	reclinical specifications.							
Event	MG	MB	YW	YM	CGW	CGM	Open W	Open M
80H	30"							
100H		36"	30"		33"		33"	
110H				36"		42"		42"
200H	30"	30"						
300H			30"	33"				
400H					30"	36"	30"	36"
Steepl	30"	30"	30"	33"	30"	36"	30"	36"
JV	500g	600g	600g	700g	600g	800g	600g	800g
SP	3kg	4kg	3kg	5kg	4kg	7.26kg	4kg	7.26kg
DT	750g	1kg	1kg	1.5k	1kg	2kg	1kg	2kg
HT	3kg	4kg	3kg	5kg	4kg	7.26kg	4kg	7.26kg

#### **Tentative Track Schedule**

(events will run Midget, Youth, CSG, Open Female then Male unless specified differently)

# **Friday**

6:00PM Wheel Chair 200m

2000m Midget

2K Steeplechase CSG/Open Men

2K Steeplechase Youth Men

2K Steeplechase Youth Women

2K Steeplechase CSG/Open Women

1500 Steeplechase Midget Men

1500 Steeplechase Midget Women 800m CSG / Open Women

800m CSG / Open Men

# Saturday

## Morning Session

8:30AM 1200m Midget

1500m Timed Finals

100m Heats

**Sprint Hurdles Heats** 

### Afternoon Session

1:45PM Sprint Hurdles Finals

100m Finals 300m Midget

400m

4 X 100m Relays 5000m CSG / Open

# Sunday

# **Morning Session**

8:00AM 3000m Youth

200m Heats

### Afternoon Session

1:30PM Intermediate Hurdles

800m Midget & Youth

200m Finals

Medley Relay Midget (400-200-200-800)

4 X 400m Relay

# **Tentative Field Event Schedule**

Friday

5:30 pm	Midget Women	Shot Put
5:30 pm	Canada Summer Games Women	Hammer
	Open Women	Hammer
6:00 pm	Open & CSG Men	Long Jump
6:00 pm	Open & CSG Women	High Jump
7:00 pm	Canada Summer Games Men	Hammer
	Open Men	Hammer
7:30 pm	Midget Men	Shot Put
8:00 pm	Open & CSG Women	Long Jump
8:30 pm	Midget / Youth Women	Hammer

# Saturday

8:30 am	Midget Women	Long Jump
8:30 am	Youth Women	Shot Put
8:30 am	CSG / Para / Open Women	Discus
10:00 am	CSG & Open Men	High Jump
10:30 am	Youth Men	Shot Put
10:30 am	CSG / Para / Open Men	Discus
11:00 am	Midget Men	Long Jump
11:00 am	CSG / Open Women	Pole Vault
12:30 pm	Midget Men	Discus
12:30 pm	CSG / Open Women	Shot Put
1:00 pm	Youth Women	Long Jump
1:30 pm	Midget Women	High Jump
2:00 pm	Midget Women	Discus
3:00 pm	Youth Men	Long Jump
3:00 pm	CSG / Open Men	Shot Put
3:30 pm	Para / Midget Men	Javelin
4:00 pm	Youth Men	High Jump
4:00 pm	CSG / Open Men	Pole Vault
5:00 pm	Youth Women	Triple Jump
5:00 pm	Para / Midget Women	Javelin
6:30 pm	Youth Women	Discus
6:30 pm	Youth Men	Triple Jump
8:00 pm	Youth Men	Discus

Sunday

8:00 am	Midget Women	Triple Jump
8:30 am	Youth Women	Javelin
8:30 am	Midget Men	High Jump
8:30 am	Midget / Youth women	Pole Vault
9:00 am	Para Women	Shot Put
9:30 am	Midget Men	Triple Jump
9:30 am	Youth Men	Javelin
11:00 am	Para Men	Shot Put
11:00 am	Youth Women	High Jump
11:00 am	Midget / Youth Men	Hammer
11:00 am	CSG & Open Women	Triple Jump
12:30 pm	CSG / Open Women	Javelin
12:30 pm	Midget / Youth Men	Pole Vault
1:00 pm	CSG / Open Men	Triple Jump
2:00 pm	CSG / Open Men	Javelin