

# 2015 Calgary Indoor Track Series

**Location:** Jack Simpson Track, Kinesiology Building, U of Calgary

**SPIKE LENGTH: Must be Cones or Christmas Trees, Maximum length 6mm**

Map of Campus: <http://www.ucalgary.ca/map/>

**Hosted by:** Calgary Track Council and University of Calgary Track & Field Program

**Sanctioned by:** Athletics Alberta

**Websites:** [www.calgarytrackcouncil.com](http://www.calgarytrackcouncil.com) or [www.uofcathletics.ca](http://www.uofcathletics.ca) “Calgary Indoor Track Series”

**Categories:** **Ages as of December 31 the year of Competition**

10 years and under

11-15 years (will compete in one year divisions)

**Open:** age 16 and over

**Masters:** 35+ years old on day of meet

**Invitational events:** Field sizes will be limited. Athletes are required to submit legitimate performances for consideration of entry by the entry Deadline.

**Invitational events will not be scored for the Series Championship**

## Events Offered:

	<b>Dino Opener</b>	<b>Dino Classic</b>	<b>Jack Simpson Open</b>	<b>Dino Indoor Challenge</b>
	<b>Sat/Sun, December 6-7, 2014</b>	<b>Saturday, January 3, 2015</b>	<b>Sunday, January 18, 2015</b>	<b>Sunday February 1, 2015</b>
	10:00am – 7:00pm	10:00am – 5:00pm	10:00am – 5:00pm	10:00am – 5:00pm
60m	All ages	All ages	All ages	All ages
150m	13 & under	15 & under	13 & under	13 & under
200m	14 & older			
300m		16 & older	14 & older	16 & older
400m				15 & under
600m		All ages		16 & older
800m	All ages			
1000m			All ages	
1200m		14-15 years		13 & under
1500m		16 & older		
2000m				14-15 years
3000m	16 & older			16 & older
60m Hurdles	14 & older (Invitational)	14 & older (Invitational)	14 & older (Invitational)	14 & older (Invitational)
4x200m	All ages		13 & under	All ages
4x400m			14 & older	
High Jump	Invitational			
	<b>Invitational Field Events</b>			
	<b>Sunday December 7, 2014</b>			
	10:00am-5:00pm			
Long Jump	Invitational			
Triple Jump	Invitational			
Shot Put	Invitational			

**Schedules:** Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

**Awards:**

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- **Series Championship:** top 3 total point winners in each age group will receive medals.
  - 10&under/11yrs/12yrs/13yrs/14yrs/15yrs/16-17yrs/Open/Masters
  - Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

**Series T-Shirts**

- Series T-shirts will be awarded to every athlete who completes 4 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

**ENTRIES:**

**Entry information** should include:

Name and club/school

Male/Female, Birthdate and Tshirt size

Events and seed performance or expected performance.

**Entry deadline:** Entries must be received by the Tuesday prior to the meet.

**Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.**

a) Email to lamont@ucalgary.ca

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

**Entry Fee** is \$10 per athlete per event  
\$10 per Relay team (Day of meet entries are OK)

**Make cheques payable** to "University of Calgary Athletics Club"

**Athletics Alberta Membership**

- **All participants must be a members of Athletics Alberta. To register with Athletics Alberta go to:**  
<http://www.athleticsalberta.com/about-us/membership>
- **"Day of Meet" Membership is available for one meet only (Cost \$5.00). Forms at:**  
<http://www.athleticsalberta.com/about-us/registration-membership/registration-forms>

**T-SHIRT SIZE** – be sure to include your T-shirt size with your first entry, if you expect to **complete 4 Individual** events during the series.

**Initial Entry lists** will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- **Youth Girls & Boys 60m** –: will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.
- **RESULTS:** Results will be posted at the main entrance as soon as possible and Saturday night on the series website.