

2015 Calgary All-Schools Track & Field Fest

April 28 FINAL

DATE: Saturday May 30th, 2015

PLACE: Foothills Athletic Park

TIME: 10:00 AM – 4:00 PM



Hosted by: The Calgary Track Council

Meet Directors: Mike and Brenda Van Tighem (email: mvantighem@gmail.com)

ELIGIBILITY:

This is an all-comers meet open to any child attending a Junior High or Middle School in a Calgary based school board. We hope to see participation from the Public, Separate, Charter, Private and Francophone schools.

This is not a school sanctioned event! Participants must pre-register themselves and parents must complete the Athletics Alberta day-of-meet membership form which is both a waiver and an insurance policy.

REGISTRATION FEE:

\$10 per athlete

CASH ONLY at the track

AGE CATEGORIES:

Grade 7 or Grade 6 and in Middle School

Grade 8

Grade 9

EVENTS:

100m, 800m, Long Jump, Shot Put, 4x100m Relay

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ENTRY PROCEDURE:

AT LEAST ONE WEEK PRIOR TO THE MEET:

All athletes must pre-register for this meet by submitting the following information:

Name, Grade, School, Event to be entered and Best Performance (if known)

Entries are to be submitted using the web form on the Track Council website:

<http://www.calgarytrackcouncil.com/meets.asp>

The entry deadline is Monday May 25th @ 4:00 pm.

Late entries will NOT be accepted at the track on the day of the event.

The Final Schedule and Performance Lists will be posted online by the evening of Wednesday May 27th..

Relay team entries will be accepted up until noon on the day of the meet.

All members of a relay team must be registered and have a competitor number.

Event entries will be capped at the following limits:

100m 80 athletes per age group

800m 64 athletes per age group

LJ and SP 32 athletes per age group

Entries are accepted on a first-come-first-served basis.

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ENTRY PROCEDURE:

ON THE DAY OF THE MEET:

Arrive at the track at least one hour prior to your event.

Go to the registration table in the tent near the entrance to Foothills Athletic Park.

Hand in your signed Athletics Alberta Day-of-Meet membership form.

Pay the registration fee of \$10 (CASH ONLY)

Get your competitor number and pin it onto your shirt.

You cannot compete without a number!

MEET PROTOCOL:

Track Events:

Athletes must check in with the Marshall at the start line at least 10 minutes before the scheduled start time of a track event.

In the 100m there will be two rounds (max 8 per race)

Everyone runs in the Heats, then the top qualifiers advance to one Final race.

The starter will give two commands: 1) On your mark, 2) Set and then the gun.

In the 800m there will be one round of timed Finals (max 16 per race)

If multiple races are needed then athletes will be grouped by ability.

The starter will give one command: 1) On your mark and then the gun.

Field Events:

Athletes must check in with the Official at the event area at least 20 minutes before the scheduled start time of a field event.

In the Long Jump and Shot Put each athlete will get three attempts.

There will be one official practice round.

If there is a scheduling conflict, track events take priority over field events. An athlete at a field event is to notify the field event judge that they must leave to go to a track event. Attempts missed in a field event cannot be made up.

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AWARDS:

“2015 Calgary All-Schools Champion” t-shirts for 1st place.

Ribbons for 1st to 8th place.

There will be a podium ceremony (top 8) ASAP after the end of each event.

OFFICIALS:

Officiating is by Athletics Alberta registered officials and students from the University of Calgary track and field team.

Finishlynx photo-timing will be used.

TECHNICAL SPECS

Shot Put

All Girls 3 kg

Junior Boys 3 kg

Intermediate Boys 4 kg

Senior Boys 4 kg

Starting blocks will be available but their use is optional.

Shoes with spikes are allowed.

The “old” false start rule will be used. That is, each athlete in the race is allowed one false start but a second false start will result in disqualification.

OTHER INFORMATION

This meet goes rain or shine!

Parents are required to supervise their children.

Competitor numbers supplied by The Running Room.

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TENTATIVE SCHEDULE May 30th

	G7 Girls	G7 Boys	G8 Girls	G8 Boys	G9 Girls	G9 Boys
10:00am	100m Heats		Long Jump	Long Jump	Shot Put	Shot Put
		100m Heats				
11:00am			100m Heats			
				100m Heats		
12:00pm	Long Jump	Long Jump	Shot Put	Shot Put	100m Heats	
						100m Heats
1:00pm	800 Finals					
		800 Finals				
			800 Finals			
2:00pm	Shot Put	Shot Put		800 Finals	Long Jump	Long Jump
					800 Finals	
						800 Finals
3:00pm	100 Final					
		100 Final				
			100 Final			
				100 Final		
					100 Final	
						100 Final
3:30pm	4x100 Relay					
		4x100 Relay				
			4x100 Relay			
				4x100 Relay		
					4x100 Relay	
						4x100 Relay
4:30pm	END OF MEET					