

2016 Calgary Indoor Track Series

Location: Jack Simpson Track, Kinesiology Building, U of Calgary

SPIKE LENGTH: Must be Cones or Christmas Trees, Maximum length 6mm

Map of Campus: <http://www.ucalgary.ca/map/>

Hosted by: Calgary Track Council and University of Calgary Track & Field Program

Sanctioned by: Athletics Alberta

Websites: www.calgarytrackcouncil.com or www.uofcathletics.ca “Calgary Indoor Track Series”

Categories: **Ages as of December 31 the year of Competition**

10 years and under

11-15 years (will compete in one year divisions)

Open: age 16 and over

Masters: 35+ years old on day of meet

Invitational events: Field sizes will be limited. Athletes are required to submit legitimate performances for consideration of entry by the entry Deadline.

Invitational events will not be scored for the Series Championship

Events Offered:

	Dino Opener	Dino Classic	Jack Simpson Open	Dino Indoor Challenge Non Scoring Meet
	Sunday, December 6, 2015	Sunday, January 10, 2016	Sunday, January 31, 2016	Saturday April 30, 2016
	10:00am – 7:00pm	10:00am – 5:00pm	10:00am – 5:00pm	10:00am – 5:00pm
60m	All ages	All ages	All ages	Events
150m	13 & under	15 & under	13 & under	To
200m	14 & older			Be
300m		16 & older	14 & older	Determined
400m				
600m		All ages		
800m	All ages			
1000m			All ages	
1200m		14-15 years		
1500m		16 & older		
Mile			Open/Masters	
2000m				
3000m	16 & older			
60m Hurdles	14 & older (Invitational)	14 & older (Invitational)	14 & older (Invitational)	
4x200m	All ages		13 & under	
4x400m			14 & older	
High Jump	Invitational			
	Invitational Field Events			
	Saturday December 5, 2015			
	10:00am-5:00pm			
Long Jump	Invitational			
Triple Jump	Invitational			
Pole Vault	Invitational			
Shot Put	Invitational			

Schedules: Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

Awards:

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- **Series Championship:** top 3 total point winners in each age group will receive medals.
 - 10&under/11yrs/12yrs/13yrs/14yrs/15yrs/16-17yrs/Open/Masters
 - Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

Series T-Shirts

- Series T-shirts will be awarded to every athlete who completes 4 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

ENTRIES:

Entry information should include:

Name and club/school

Male/Female, Birthdate and Tshirt size

Events and seed performance or expected performance.

Entry deadline: Entries must be received by the Tuesday prior to the meet.

Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.

a) Email to uofcathleticsentries@gmail.com

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

Entry Fee is \$12 per athlete per event
\$12 per Relay team (Day of meet entries are OK)

Make cheques payable to "University of Calgary Athletics Club"

Athletics Alberta Membership

• **All participants must be a members of Athletics Alberta. To register with Athletics Alberta go to:**
<http://www.athleticsalberta.com/about-us/membership>

• **“Day of Meet” Membership is available for one meet only (Cost \$5.00). Forms at:**
<http://www.athleticsalberta.com/about-us/registration-membership/registration-forms>

T-SHIRT SIZE – be sure to include your T-shirt size with your first entry, if you expect to **complete 4 Individual** events during the series.

Initial Entry lists will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- **Youth Girls & Boys 60m –:** will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.
- **RESULTS:** Results will be posted at the main entrance as soon as possible and Saturday night on the series website.