

Calgary Spring Challenge & Combined Events Meet
Alberta Championships for Combined Events (Junior, Senior, Masters)
Alberta Athletics Legion Team Trials for Combined Events
Alberta Summer Games Trials for Zone 1, 2, 3 and 4

Saturday & Sunday May 14 & 15, 2016

This is the 36th Annual Spring Combined Event meet and the 13th Annual Spring Team Challenge

Host: University of Calgary Athletics Club

Sanctioned by: Athletics Alberta

WEBSITE: <http://uofcathletics.ca/calgary-spring-challenge/>

Facilities: Foothills Athletic Park
2424 Crowchild Trail NW
Calgary, Alberta
Maximum Spike length: 6mm Christmas tree or cones

Hospitality

Volunteers / Officials / Coaches receive complimentary Lunch each day.

Combined Events **\$48.00 (Includes \$3.00 Athletics Alberta Championship Fee)**

Midget/Youth/Open **\$15.00 per event**

Pee Wee / Bantam **\$8.00 per event**

Relays **\$15.00 per relay team**

Entry Fees: **Cheques payable to: "UCAC"**

Entry Procedure

1. **Team Manager** – Team manager event file will be posted at

<http://uofcathletics.ca/calgary-spring-challenge/>

Or you can request a file to be sent to you

Email Team Manager Entry file to: uofcathleticsentries@gmail.com

2. Email entry information to uofcathleticsentries@gmail.com

Name / Gender / Birthdate / Athletics Canada # / events and seed times

Entry Deadline: Monday May 9, 2016

Late Entries: Late entries will be accepted at the Meet Director's discretion.

Accepted Late entries will have an additional \$10.00 fee/event

Meet Inquires: Email: uofcathleticsentries@gmail.com Phone: 403-220-2479

Athletics Alberta Day of Meet membership - \$5.00

Athletes who are not members of their Provincial Athletics Association will be required to fill out this form and pay the fee.

TRACK	Open Men	Open Women	Non-Scoring events	Youth Boys	Youth Girls	Midget Boys	Midget Girls	Bantam Boys	Bantam Girls	Peewee Boys	Peewee Girls
Saturday											
60m										X	X
80m								X	X		
100m	X	X		X	X	X	X				
300m						X	X				
400m	X	X	Wheelchair	X	X						
600m										X	X
1200m						X	X	X	X		
1500m	X	X		X	X						
Hurdles		100m			100m	100m	80m	80m	80m		
4x100m	X	X		X	X	X	X	X	X	X	X
Sunday											
150m								X	X	X	X
200m	X	X	Wheelchair	X	X	X	X				
800m	X	X		X	X	X	X	X	X		
1000m										X	X
2000m						X	X				
Hurdles	110m		JRM 110m	110m							
Hurdles	400m	400m		400m	400m	200m	200m	200m	200m		
4x400m	X	X		X	X	X	X				

FIELD	Open Men	Open Women	Junior Men	Youth Boys	Youth Girls	Midget Boys	Midget Girls	Bantam Boys	Bantam Girls	Peewee Boys	Peewee Girls
Pole Vault	Sat	Sat									
Inv PV (Non-S)	Sun	Sun									
High Jump	Sat	Sat		Sat	Sat	Sun	Sat	Sun	Sun		
Long Jump	Sat	Sat		Sun	Sun	Sat	Sun	Sat	Sat	Sat	Sat
Stand LJ										Sun	Sun
Triple Jump	Sun	Sun		Sun	Sun						
Shot Put	Sat	Sat	Sat	Sat	Sat	Sat	Sat	Sun	Sun	Sun	Sun
Discus	Sun	Sun	Sun	Sun	Sun	Sun	Sun	Sat	Sat	Sat	Sat
Javelin	Sat	Sat	Sat	Sat	Sat	Sat	Sat				
Hammer	Sat	Sat	Sat	Sat	Sat	Sat	Sat				

Specs	Open Men	Open Women	Junior Men	Youth Boys	Youth Girls	Midget Boys	Midget Girls	Bantam Boys	Bantam Girls	Peewee Boys	Peewee Girls
Sprint	110m	100m	110m	110m	100m	100m	80m	80m	80m		
Hurdles	1.067m 9.14m	0.84m 8.5m	0.99m 9.14m	0.91m 9.14m	0.76m 8.5m	0.84m 8.5m	0.76m 8.0m	0.76m 7.5m	0.76m 7.5m		
Long Hurdles	400m 0.914m	400m 0.76m		400m 0.84m	400m 0.76m	200m 0.76m	200m 0.76m	200m 0.76m	200m 0.76m		
Shot Put	7.26kg	4kg	6kg	5kg	3kg	4kg	3kg	3kg	3kg	2kg	2kg
Discus	2kg	1kg	1.75kg	1.5kg	1kg	1kg	1kg	750g	750g	750g	750g
Javelin	800g	600g		700g	500g	600g	500g				
Hammer	7.26kg	4kg	6kg	5kg	3kg	4kg	3kg				

Midget and older – 100m/200m/Sprint hurdles will have heats and Finals (even if there are less than 9 competitors)

Junior/Master athletes – Hurdles/Throws events with specifications different from Open, will be conducted as non-scoring events with the proper specification for their age groups.

Peewee and Bantam track races are all timed finals: no starting blocks

Peewee Long Jump: No Board – 1m Take off area

Combined Events

Decathlon Start time: 10:30am Saturday and 10:00am Sunday.

	1 st day	100m	Long Jump	Shot Put	High Jump	400m	2 nd day	Hurdle	Discus	Pole Vault	Javelin	1500m
Open Men		X	X	16lb	X	X		110m 1.07m	2kg	X	800g	x
Junior Men		X	X	6kg	X	X		110m 0.99m	1.75kg	X	800g	X
Masters Men		X	X	TBD	X	X		TBD	TBD	X	TBD	X
Youth Men		X	X	5kg	X	X		110m 0.91	1.5 kg	X	700g	X

Heptathlon Start time: 11:00am Saturday and 12:00pm Sunday.

	1 st day	Hurdles	High Jump	Shot Put	200m	2 nd day	Long Jump	Javelin	800m
Open Women		100m 0.84m	X	4kg	X		X	600g	x
Junior Women		100m 0.84m	X	4kg	X		X	600g	X
Youth Women		100m 0.76m	X	3kg	X		X	500g	X
Masters Women		TBD	X	TBD	X		X	TBD	X

Midget Pentathlon Start time: 10:30am Sunday

Boys	100m Hurdles 0.84m	Long Jump	Shot Put (4kg)	High Jump	1000m
-------------	--------------------------	-----------	-------------------	-----------	-------

Start time: 10:30am Sunday

Girls	80m Hurdles 0.76m	High jump	Shot Put (3kg)	Long Jump	800m
--------------	-------------------------	-----------	-------------------	-----------	------

Peewee and Bantam Multi Event

4 best events of the day (Awards for Saturday and Sunday)

Scoring will be based on final placing in the event. 10-8-6-5-4-3-2-1

Spring Team Challenge

Rules

1. Clubs designate a roster of athletes to score for their team.
 - a. **Roster size:** minimum 5 athletes and a maximum of 10 athletes
 - b. Teams with more than 10 athletes competing: The top 10 scorers at the end of the meet will be designated as the representative team.
 - c. Athletes must be registered with their Provincial Association and the club they are representing.
 - d. Teams can have any mix of male and female athletes.
 - e. **Relays** will be scored in addition to the designated roster. Only 1 relay team can be scored in each race.
2. Athletes can score in as many events as they wish. Non-Scoring competitors will not be removed from the results for scoring purposes.
3. Athletes can only score in one Age Category
4. Scoring will be based on final placing in the event. 10-8-6-5-4-3-2-1
5. Champions will be determined in 3 Categories:
 - 1) Open,
 - 2) Youth/Midget
 - 3) Bantam/Peewee
6. Scoring team members of the Winning Teams will receive Mugs.

Past Winners of Spring Team Challenge

Year	Open	YOUTH/MID	BAN/PW
2015	UCAC	Airdrie Aces	CALTAF
2014	UCAC	CALTAF	Edmonton Columbians
2013	UCAC	CALTAF	Edmonton Columbians
2012	UCAC	CALTAF	Edmonton Columbians
2011	UCAC	CALTAF	Edmonton Harriers
2010	UCAC	CALTAF	Calgary Spartans
2009	UCAC	CALTAF	Calgary Spartans
2008	UCAC	CALTAF	Calgary Spartans
2007	Calgary International	CALTAF	Leduc
2006	Calgary International	Not awarded	Not awarded
2005	UCAC	Not awarded	Not awarded
2004	UCAC	Not awarded	Not awarded

Awards:

Medals: Top 3 in each individual event

Mugs: each member of Top Team in Each Category

3 Categories: Open (1998 & earlier)

Youth/Midget (1999-2000 / 2001-2002)

Bantam/Peewee (2003-2004 / 2005 & later)