

# St. Mary's University Lightning Cross Country ACAC Grand Prix #2/Open Race





In Support of the "Jordan Fish Memorial Scholarship at SAIT"

Saturday, September 15, 2018 14500 Bannister Road SE, Calgary, AB

#### **Event Overview:**

St. Mary's is excited about the opportunity to be hosting this upcoming ACAC Grand prix and extending this race day to our local area High Schools and community. This is the first ACAC athletic event to be hosted on St. Mary's Campus. One Cross Country event is awarded to Calgary each year. Due to St. Mary's hosting the event this year, the SAIT Jordan Fish Cross Country open will not be held. St. Mary's is grateful for the opportunity to host an event and has always been a supportive partner of the ACAC member institutions. We are proud to announce that St. Mary's will be supporting the Jordan Fish Memorial Scholarship at SAIT.

Jordan Fish was a member of the SAIT Trojans cross country and indoor track teams. Jordan suddenly passed away on January 4<sup>th</sup> 2015. Subsequently SAIT renamed its Cross Country race to the Jordan Fish Cross Country open and started the Jordan Fish Memorial Scholarship. The SAIT Trojans define a Trojan as a SAIT Student athlete with courage, determination and a fighting spirit. There is nobody that exhibited those attributes more than Jordan.

### **Race Distances and Descriptions**:

Kids Race (Jr. High and younger) High	2km race	10:00am
School Girls (Gr 10-12)	4km (2x2km Loop)	10:20am
High School Boys (Gr. 10-12)	4km (2x2km Loop)	10:45am
ACAC Women / Open	6km (3x2km Loop)	12:00pm
ACAC Men /Open	8km (4x2km Loop)	1:00pm

\*High School Races have been submitted to ASAA for sanctioning and can only be run by High School team members\*

\*High School Racers are required to wear team uniforms\*

All races will be held on the campus of St. Mary's University -14500 Bannister Road SE

### Course:

- 2km loop Course Primarily on grass and trails, four sections will cross campus roadway and pathways, each crossing will be covered with carpet runners. Course will be marked with flags and ribbons throughout the 2km route. Marshalls will be distributed throughout the course to provide direction to runners.
- Parking campus parking is free for all cars and trucks, recommendation for parking in the lot in front of McGivney Hall, Bus parking to be on Providence Blvd (146 Ave) adjacent to start and finish lines.



- Campus entrance from Bannister Road will be closed for the race event, all entry to campus on Sept 15<sup>th</sup> will be redirected to Providence Blvd (146 Ave) entrance.
- See inserted map for course route and details

#### First Aid:

• Athletic Therapists will be on site for the event day.

## **Facilities:**

- Washroom facilities be located in the LeFort, Heritage and McGivney buildings.
- Optional Bag drop location will be located in the H100 Classroom in the Heritage building. Will have volunteers in H100 to protect bags
- St. Mary's Bistro in the LeFort building will be open for food, snacks and beverages
- Showers and change facilities are available in the LeFort Centre (Lower level)

## Categories:

- Kids Race Club teams and Junior High School
- High Schools Grade 10-12 runners \*Runners need to wear team uniform\*
- ACAC Men, ACAC Women, Open Men and Open Women
- Team Event (ACAC)

## **Registration**:

- Individuals and Teams, please send an e-mail to Nathan Ruff <u>Nathan.ruff@stmu.ca</u> or by phone at 403-254-3770 for further details. Early registration would be preferred by September 12<sup>th</sup> -5pm.
- Registration form can be found attached to this email, or contact Nathan for a form. On race day there will be a tent to accept race day registrations for participants that have not registered yet.

## **Contact Info:**

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