

2018 Alberta U14, U16, U18 and Masters Championships - 2018-07-14 to 2018-07-1**Western Canada Tri-Province Trials****Foothills Athletic Park****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W49&U 100 Meter Dash Masters**

Name	Year Team	Finals	Wind	Age-Grading
Finals				
1 Uphill, Sue-Anne	W40 Passtrak	14.73	0.7	14.07 74.61%

W50-64 100 Meter Dash Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Burnett, Evelyn	W60 Calgary Spartans	14.59	0.7	11.88 88.35%
2 Turner, Lynda	W54 Unattached A	15.30	0.7	13.54 77.52%
3 Lauridsen, Susanne	W60 Calgary Spartans	17.47	0.7	14.23 73.78%

W49&U 200 Meter Dash Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Stilman, Shani	W49 Calgary Spartans	31.86	-1.0	28.62 74.58%

W50-64 200 Meter Dash Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Burnett, Evelyn	W60 Calgary Spartans	31.24	-1.0	24.69 86.46%
2 Turner, Lynda	W54 Unattached A	32.69	-1.0	28.19 75.71%

W65+ 400 Meter Dash Masters

Name	Year Team	Finals	Age-Grading
1 Visser, Helly	W84 Unattached A	2:12.83	1:06.77 71.30%

W50-64 800 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Dixon, Donna	W56 Calgary Phoe	2:46.64	2:18.23 81.95%

W65+ 800 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Visser, Helly	W84 Unattached A	4:53.37	2:33.14 73.97%

W49&U 1500 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Zambrano, Maria	W48 Calgary Phoe	4:52.83	4:24.78 87.80%

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W50-64 1500 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Dixon, Donna	W56 Calgary Phoe	5:51.46	4:48.62 80.55%

W49&U 3000 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Zambrano, Maria	W48 Calgary Phoe	10:19.46	9:21.92 89.23%

W50-64 80 Short Hurdles Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Lauridsen, Susanne	W60 Calgary Spartans	18.58	1.5	18.44 66.20%

W50-64 High Jump Masters

Name	Year Team	Finals	Age-Grading
1 Lauridsen, Susanne	W60 Calgary Spartans	1.20m	1.65m 78.95%
		1.10 1.15 1.20 1.25	
		O O XXO XX	

W49&U Long Jump Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Uphill, Sue-Anne	W40 Passtrak	4.09m	0.5	4.54m 60.41%
		3.84m(1.7) 3.76m(2.0) 4.09m(0.5) 3.75m(3.0) 3.92m(0.9) 3.03m(0.4)		

W50-64 Long Jump Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Lauridsen, Susanne	W60 Calgary Spartans	3.46m	2.2	4.98m 66.28%
		3.40m(3.3) 3.40m(1.9) FOUL 3.25m(1.9) 3.46m(2.2) 3.19m(1.1)		

W49&U Shot Put Masters

Name	Year Team	Finals	Age-Grading
1 Uphill, Sue-Anne	W40 Passtrak	7.80m	8.65m 38.25% 4kg
		7.20m 6.90m 5.98m 6.20m 7.80m 7.23m	

W65+ Shot Put Masters

Name	Year Team	Finals	Age-Grading
1 Hessel, Laura	W66 Unattached A	7.34m	12.18m 53.85% 3kg
		6.15m 7.21m 7.34m 6.82m 7.13m 6.99m	

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W65+ Discus Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Hessel, Laura	W66	Unattached A	21.25m	38.09m 49.60% 1 kg
			21.25m FOUL 19.91m FOUL 19.87m 18.86m	

W65+ Hammer Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Hessel, Laura	W66	Unattached A	17.05m	29.04m 37.73% 3kg
			17.05m 15.85m 16.49m 16.79m 15.51m	

W50-64 Javelin Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Lauridsen, Susanne	W60	Calgary Spartans	20.72m	33.39m 45.75% 500g
			19.29m FOUL FOUL 17.77m 19.29m 20.72m	

W65+ Javelin Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Hessel, Laura	W66	Unattached A	19.51m	35.45m 48.57% 500g
			13.55m 14.90m 19.51m 16.69m 19.44m FOUL	

M49&U 100 Meter Dash Masters

Name	Year	Team	Finals	Wind	Age-Grading
1 Hinton, Jackson	M37	Edmonton Int	11.36	+0.0	11.22 87.32%
2 Sinclair, Justin	M40	Unattached A	11.65	+0.0	11.16 87.73%

M50-64 100 Meter Dash Masters

Name	Year	Team	Finals	Wind	Age-Grading
1 Grey, Newton	M53	Edmonton Col	11.98	+0.0	10.78 90.82%
2 Ali, Declan	M50	Edmonton Col	13.82	+0.0	12.44 78.73%
3 Meyers, Darcy	M56	Edmonton Col	14.00	+0.0	12.19 80.36%
4 Brown, Dave	M60	Unattached A	14.18	+0.0	11.94 82.09%

M65+ 100 Meter Dash Masters

Name	Year	Team	Finals	Wind	Age-Grading
1 Mintz, Bruce	M72	Edmonton Masters	15.72	+0.0	12.24 80.03%
2 Koutis, Louie	M76	Unattached A	22.36	+0.0	16.57 59.08%

M49&U 200 Meter Dash Masters

Name	Year	Team	Finals	Wind	Age-Grading
1 Rolle, Antonio	M37	Edmonton Col	22.65	-0.6	22.29 86.71%

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...M49&U 200 Meter Dash Masters

2	Sinclair, Justin	M40 Unattached A	23.57	-0.6	22.48	85.96%
3	Townley-Smith, Matthew	M36 Calgary Warr	24.97	-0.6	24.57	78.65%

M50-64 200 Meter Dash Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Ali, Declan	M50 Edmonton Col	28.12	-0.6	25.13 76.92%
2 Meyers, Darcy	M56 Edmonton Col	28.69	-0.6	24.77 78.01%

M65+ 200 Meter Dash Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Mintz, Bruce	M72 Edmonton Masters	32.88	-0.6	25.13 76.89%

M49&U 400 Meter Dash Masters

Name	Year Team	Finals	Age-Grading
1 Rolle, Antonio	M37 Edmonton Col	55.11	53.21 81.16%

M50-64 400 Meter Dash Masters

Name	Year Team	Finals	Age-Grading
1 Hall, Warren	M62 Calgary Phoe	1:10.67	57.63 74.94%

M65+ 400 Meter Dash Masters

Name	Year Team	Finals	Age-Grading
1 Davies, Roger	M83 Unattached A	1:41.51	1:04.60 66.85%

M50-64 800 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Cook, Jack	M51 Fast Trax Ru	2:22.53	2:06.10 80.19%
2 Weber, Harvey	M53 Tisdale Trac	2:23.12	2:06.62 79.86%
3 Corcoran, Bill	M57 Wolves Athle	2:39.76	2:15.64 74.54%

M65+ 800 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Davies, Roger	M83 Unattached A	3:57.47	2:29.16 67.79%

M50-64 1500 Meter Run Masters

Name	Year Team	Finals	Age-Grading
1 Cook, Jack	M51 Fast Trax Ru	5:03.17	4:24.70 77.82%
2 Bickley, Ed	M60 Unattached A	5:18.62	4:12.96 81.44%

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Men 110 Short Hurdles 39" Masters

Top 8 Advance by Time

Name	Year Team	Prelims	Wind	Age-Grading
Preliminaries				
1 Hinton, Jackson	M37 Edmonton Int	14.13q	0.9	14.00 92.29%

Men 110 Short Hurdles 39" Masters

Name	Year Team	Finals	Wind	Age-Grading
Finals				
1 Hinton, Jackson	M37 Edmonton Int	13.95	0.3	13.82 93.48%

M49&U Long Jump Masters

Name	Year Team	Finals	Wind	Age-Grading
1 Townley-Smith, Matthew	M36 Calgary Warr	5.47m	1.8	5.64m 63.02%
		5.11m(0.9) 5.40m(1.5) 5.47m(1.8)		

M49&U Shot Put Masters

Name	Year Team	Finals	Age-Grading
1 Lakshmanan, Ramakrishna	M40 Edmonton Masters	12.17m	13.55m 58.62% 7.26kg
		11.28m 11.65m 12.17m 12.12m 11.43m	
2 Paterson, Scott	M35 Unattached A	11.68m	12.11m 52.40% 7.26kg
		11.21m 11.65m 11.68m	

M50-64 Shot Put Masters

Name	Year Team	Finals	Age-Grading
1 Parsons, Dan	M51 Unattached A	13.29m	15.57m 67.36% 6kg
		11.80m 13.13m 13.29m	
2 McCulloch, Gordon	M60 Unattached A	11.68m	14.57m 63.07% 5kg
		11.35m 11.39m 11.45m 11.13m 11.22m 11.68m	

M65+ Shot Put Masters

Name	Year Team	Finals	Age-Grading
1 Hessel, Patrick	M66 Spartiates Cvm	9.78m	13.30m 57.56% 5kg
		9.78m 9.24m 9.46m 9.64m 9.13m 9.71m	
2 Smolinski, Frank	M79 Unattached A	9.11m	12.74m 55.15% 4kg
		8.50m 9.01m 9.11m 8.65m 8.41m	

M49&U Discus Throw Masters

Name	Year Team	Finals	Age-Grading
1 Wilson, Kier	M47 Unattached A	27.65m	33.31m 44.97% 2 kg
		27.36m 26.98m 27.65m 26.83m 26.77m	

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....M49&U Discus Throw Masters

2 Paterson, Scott	M35 Unattached A	26.05m	26.42m	35.67%	2 kg
24.45m	26.05m				

M50-64 Discus Throw Masters

Name	Year Team	Finals	Age-Grading
1 Parsons, Dan	M51 Unattached A	49.11m	50.18m 67.74% 1.5 kg
49.11m 48.50m	45.22m 47.52m 47.99m		
2 Sze, Paul	M50 Caltaf Athle	34.54m	35.29m 47.64% 1.5 kg
34.40m 33.90m	34.54m 33.72m 33.93m		
3 McCulloch, Gordon	M60 Unattached A	33.94m	36.07m 48.69% 1 kg
33.94m	31.48m 31.89m 32.28m		

M65+ Discus Throw Masters

Name	Year Team	Finals	Age-Grading
1 Foster, Bruce	M73 Unattached A	35.22m	45.01m 60.77% 1 kg
34.10m 33.62m	33.84m 34.51m 35.22m 33.94m		
2 Hessel, Patrick	M66 Spartiates Cvm	32.47m	37.78m 51.01% 1 kg
30.34m 28.12m	32.47m 30.72m 29.57m 29.26m		
3 Smolinski, Frank	M79 Unattached A	23.96m	34.33m 46.35% 1 kg
21.78m 22.61m	21.68m 23.96m		

M49&U Hammer Throw Masters

Name	Year Team	Finals	Age-Grading
1 Paterson, Scott	M35 Unattached A	46.87m	48.27m 55.66% 7.26kg
FOUL 43.87m 45.30m	43.83m 41.59m 46.87m		
2 Wilson, Kier	M47 Unattached A	37.37m	46.32m 53.41% 7.26kg
34.62m 35.39m	36.50m FOUL 37.30m 37.37m		

M50-64 Hammer Throw Masters

Name	Year Team	Finals	Age-Grading
1 Parsons, Dan	M51 Unattached A	41.22m	48.90m 56.38% 6kg
35.89m FOUL	41.22m 39.82m FOUL 40.45m		

M65+ Hammer Throw Masters

Name	Year Team	Finals	Age-Grading
1 Hessel, Patrick	M66 Spartiates Cvm	26.96m	39.51m 45.56% 5kg
25.71m 26.46m	25.26m 24.93m 24.91m 26.96m		

M49&U Javelin Throw Masters

Name	Year Team	Finals	Age-Grading
1 Lakshmanan, Ramakrisahna	M40 Edmonton Masters	52.22m	56.72m 57.60% 800g
47.09m 49.36m	47.05m 51.73m 52.22m 48.65m		

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

....M49&U Javelin Throw Masters

2	Wilson, Kier	M47 Unattached A	40.74m	47.73m	48.47%	800g
	40.74m	39.64m	37.66m	FOUL	37.50m	40.10m
3	Paterson, Scott	M35 Unattached A	32.04m	32.44m	32.95%	800g
	FOUL	FOUL	28.98m	30.07m	32.04m	31.32m

M50-64 Javelin Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Lamont, Doug	M63	U OF C Athle	25.59m	36.18m 36.74% 600g
	24.54m	FOUL	25.59m	25.59m 24.61m PASS

M65+ Javelin Throw Masters

Name	Year	Team	Finals	Age-Grading
1 Burns, Louis	M75	Unattached A	35.44m	67.09m 68.13% 500g
	33.88m	35.01m	35.44m	34.80m 32.55m 26.41m
2 Hessel, Patrick	M66	Spartiates Cvm	24.89m	38.87m 39.48% 600g
	FOUL	FOUL	23.76m	24.31m 22.93m 24.89m