

ACAC RUNNING ROOM INDOOR GRAND PRIX #2 - 3/7/2020

Gary W. Harris Canada Games Centre

Performance List - Saturday Track

Event 41 Women 3000 Meter Run Open**Saturday 3/7/2020 - 9:30 AM**

Name	Yr	Team	Seed Time
1 84 Ann Danard	95	SAIT	11:32.00
2 22 Anna van der Giessen	99	Grande PrairieRC	11:40.00
3 73 Bobbie Osborne	01	Red Deer Col	11:46.00
4 51 Anna LeBlanc	87	Lethbridge T	11:46.06
5 77 Teagan Shapka	98	Red Deer Col	11:54.00
6 106 Reese Bendiksen	00	U of A Augustana	12:00.00
7 105 Catherine Alcorn	94	U of A Augustana	12:19.00
8 60 Rebecca Sweeney	99	Lethbridge T	13:04.64
9 21 Lydia Steinke	02	Grande PrairieRC	13:35.00
10 56 Vildana Rekec	99	Lethbridge T	NT

Event 42 Men 3000 Meter Run Open**Saturday 3/7/2020 - 9:45 AM**

Name	Yr	Team	Seed Time
1 16 Hayden Holowell	94	Grande PrairieRC	8:53.00
2 75 Devin Saunders	01	Red Deer Col	9:17.00
3 80 Daniel Szucs	01	Red Deer Col	9:25.00
4 87 Daryl Ross	98	SAIT	9:32.00
5 89 Reilly Singleton	02	SAIT	9:40.00
6 107 Noah Day	02	U of A Augustana	11:30.00
7 109 Braeden Kelly	99	U of A Augustana	11:55.00
8 118 Jackson Sweder	98	U of A Augustana	12:40.00
9 47 Connor Jackson	99	Lethbridge T	NT

Event 21 Women 1000 Meter Run Open**Saturday 3/7/2020 - 10:00 AM**

Name	Yr	Team	Seed Time
1 38 Ashley Tymkow	01	MACEWAN	3:13.00
2 29 Ember Large	96	MACEWAN	3:13.00
3 70 Sandra Garcia	99	Red Deer Col	3:15.00
4 78 Shayla Sklaruk	00	Red Deer Col	3:15.00
5 32 Kiana Row	02	MACEWAN	3:19.00
6 72 Shaelyn Moltzahn	98	Red Deer Col	3:20.00
7 35 Emma Steele	01	MACEWAN	3:21.00
8 67 Shayna Brower	01	Red Deer Col	3:25.00
9 31 Emma Perry	02	MACEWAN	3:28.00
10 39 Daniella Wasielewski	99	MACEWAN	3:30.00
11 54 Christine Moser	99	Lethbridge T	3:31.34
12 61 Brooklyn Vogel	99	Lethbridge T	3:36.87
13 94 Julie Boyce	94	St. Mary's U	3:45.00
14 92 Jaime Bellows	96	St. Mary's U	3:45.00
15 108 Sarah Hicks	00	U of A Augustana	4:05.00
16 113 Kylie Peake	00	U of A Augustana	4:08.00
17 116 Mia Spreen	01	U of A Augustana	4:25.00
18 96 Laura Fraser	01	St. Mary's U	4:46.00
19 65 Emily Miner	02	Prairie College	NT
20 66 Heather Ritter	02	Prairie College	NT

Event 22 Men 1000 Meter Run Open**Saturday 3/7/2020 - 10:15 AM**

Name	Yr	Team	Seed Time
1 68 Will Cebuliak	02	Red Deer Col	2:35.00

2 90 Michael Stewart	01	SAIT	2:42.00
3 80 Daniel Szucs	01	Red Deer Col	2:43.00
4 74 Stephen Rowley	00	Red Deer Col	2:43.00
5 85 Brant Lauweryssen	97	SAIT	2:45.00
6 119 Nathanael Tabert	99	U of A Augustana	2:46.00
7 44 Cooper Cheshire	99	Lethbridge T	2:47.78
8 37 James Thomson	00	MACEWAN	2:53.00
9 76 Carson Schiller	01	Red Deer Col	2:53.00
10 111 Ben Nawrot	02	U of A Augustana	2:53.20
11 91 Jakob Vollmerhaus	96	SAIT	2:55.00
12 50 Tyler Larkin	97	Lethbridge T	2:55.57
13 45 Justin Fisher	99	Lethbridge T	2:55.60
14 83 Austin Brown	96	SAIT	3:05.00
15 99 Franklin Manuana	96	St. Mary's U	3:10.00
16 88 Jonathan Samper	92	SAIT	3:10.00
17 1 Brad Agnew	90	Concordia	3:20.45
18 93 Isaac Bignell	98	St. Mary's U	3:43.00
19 117 Jonas Stoll-Pott	01	U of A Augustana	3:55.00
20 28 Owen Guenette	00	MACEWAN	NT
21 26 Mason Burtnik	98	MACEWAN	NT
22 40 Thomas Williams	01	MACEWAN	NT
23 63 Jordan Biggar	01	Prairie College	NT
24 81 Mustapha Yekini-Oladu	01	Red Deer Col	NT
25 62 Anoka Athaya	97	Prairie College	NT
26 64 Sina Hashemi	98	Prairie College	NT

Event 11 Women 600 Meter Run Open**Saturday 3/7/2020 - 11:30 AM**

Name	Yr	Team	Seed Time
1 78 Shayla Sklaruk	00	Red Deer Col	1:42.00
2 57 Jasmin Salmon	99	Lethbridge T	1:42.35
3 20 Chloe Nicholls	01	Grande PrairieRC	1:43.00
4 25 Shaunice Burgers	99	MACEWAN	1:43.00
5 70 Sandra Garcia	99	Red Deer Col	1:45.00
6 72 Shaelyn Moltzahn	98	Red Deer Col	1:47.00
7 10 Meinna Starosielski	97	Concordia	1:47.41
8 46 Janelle Graham	99	Lethbridge T	1:47.76
9 34 Bailey Stang	01	MACEWAN	1:48.00
10 54 Christine Moser	99	Lethbridge T	1:49.66
11 12 Ana Zulic	97	Concordia	1:50.00
12 103 Marissa Seegers	91	St. Mary's U	1:53.00
13 59 Millie Stafford	00	Lethbridge T	1:53.74
14 5 Emma Derbyshire	99	Concordia	1:55.00
15 14 Brittany Duvall	98	Grande PrairieRC	1:55.00
16 61 Brooklyn Vogel	99	Lethbridge T	1:55.54
17 115 Emma Sachko	02	U of A Augustana	1:58.00
18 6 Madison Masterson	97	Concordia	2:05.63
19 52 Sisley Mak	01	Lethbridge T	2:13.51
20 110 Amelia Murray	02	U of A Augustana	2:15.00
21 49 Volonte Kyamundu	02	Lethbridge T	2:20.18
22 42 Rosie Bouchard	02	Lethbridge T	NT
23 102 Samantha Salomons	99	St. Mary's U	NT

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Event 12 Men 600 Meter Run Open

Saturday 3/7/2020 - 11:45 AM

Name	Yr	Team	Seed Time
1 4 Leonard Chesco	97	Concordia	1:25.00
2 68 Will Cebuliak	02	Red Deer Col	1:25.00
3 85 Brant Lauweryssen	97	SAIT	1:27.00
4 24 Caelen Begg	00	MACEWAN	1:27.00
5 27 Thomas Crush Trush	98	MACEWAN	1:27.00
6 74 Stephen Rowley	00	Red Deer Col	1:29.00
7 53 Jamers Marriner	02	Lethbridge T	1:30.51
8 119 Nathanael Tabert	99	U of A Augustana	1:30.80
9 76 Carson Schiller	01	Red Deer Col	1:31.00
10 100 Donovan Miller	91	St. Mary's U	1:31.00
11 81 Mustapha Yekini-Oladu	01	Red Deer Col	1:32.00
12 112 Sam Nawrot	02	U of A Augustana	1:33.40
13 71 Axsivier Lawrence	95	Red Deer Col	1:34.00
14 7 Brandon Morris	01	Concordia	1:34.16
15 15 Tairas Fournier	00	Grande PrairieRC	1:35.00
16 18 Ajayi Ikponmwosa	00	Grande PrairieRC	1:35.00
17 2 Aaron Bender	02	Concordia	1:35.20
18 63 Jordan Biggar	01	Prairie College	1:36.94
19 64 Sina Hashemi	98	Prairie College	1:37.80
20 58 Kuljeet Singh	00	Lethbridge T	1:38.97
21 48 Gavin Johnson	02	Lethbridge T	1:39.40
22 41 Isaiah Bean	99	Lethbridge T	1:42.33
23 43 Kurt Caballo	98	Lethbridge T	1:44.56
24 82 Felix Barraza	99	SAIT	1:45.00
25 13 Medgar Barnes	00	Grande PrairieRC	1:50.00
26 9 Obiora Nwosu	97	Concordia	1:50.24
27 95 Quinn Demers	00	St. Mary's U	1:51.00
28 8 Jackson Murrell	97	Concordia	1:52.64
29 36 Connor Swaby	01	MACEWAN	NT
30 33 Reece Runco	95	MACEWAN	NT
31 62 Anoka Athaya	97	Prairie College	NT
32 30 Omar Medina	99	MACEWAN	NT

Event 31 Women 1500 Meter Run Open

Saturday 3/7/2020 - 12:05 PM

Name	Yr	Team	Seed Time
1 29 Ember Large	96	MACEWAN	5:01.00
2 35 Emma Steele	01	MACEWAN	5:01.00
3 32 Kiana Row	02	MACEWAN	5:08.00
4 38 Ashley Tymkow	01	MACEWAN	5:11.00
5 84 Ann Danard	95	SAIT	5:14.00
6 57 Jasmin Salmon	99	Lethbridge T	5:16.99
7 3 Taylor Chamberlin	02	Concordia	5:31.67
8 67 Shayna Brower	01	Red Deer Col	5:33.00
9 77 Teagan Shapka	98	Red Deer Col	5:34.00
10 69 Caitlin Debree	01	Red Deer Col	5:34.00
11 105 Catherine Alcorn	94	U of A Augustana	5:38.90
12 79 Mackenzie Spinks	01	Red Deer Col	5:44.00
13 11 Bailey Troccoli-Hughes	97	Concordia	5:49.76
14 106 Reese Bendiksen	00	U of A Augustana	5:50.00
15 19 Jaqueline Larocque	99	Grande PrairieRC	6:15.00
16 114 Linda Raduner	01	U of A Augustana	6:20.00

17 104 Bethany Topping	89	St. Mary's U	6:20.00
18 113 Kylie Peake	00	U of A Augustana	6:31.80
19 116 Mia Spreen	01	U of A Augustana	6:40.00
20 66 Heather Ritter	02	Prairie College	6:41.47
21 55 Kayla Munro	02	Lethbridge T	6:43.37
22 65 Emily Miner	02	Prairie College	7:14.26

Event 32 Men 1500 Meter Run Open

Saturday 3/7/2020 - 12:30 PM

Name	Yr	Team	Seed Time
1 4 Leonard Chesco	97	Concordia	3:55.00
2 80 Daniel Szucs	01	Red Deer Col	4:20.00
3 16 Hayden Holowell	94	Grande PrairieRC	4:25.00
4 44 Cooper Cheshire	99	Lethbridge T	4:27.02
5 75 Devin Saunders	01	Red Deer Col	4:30.00
6 89 Reilly Singleton	02	SAIT	4:33.00
7 37 James Thomson	00	MACEWAN	4:34.00
8 87 Daryl Ross	98	SAIT	4:35.00
9 45 Justin Fisher	99	Lethbridge T	4:36.82
10 26 Mason Burtnik	98	MACEWAN	4:37.00
11 86 Felix Rono	98	SAIT	4:45.00
12 50 Tyler Larkin	97	Lethbridge T	4:45.97
13 17 Taylor Hudak	00	Grande PrairieRC	4:53.00
14 28 Owen Guenette	00	MACEWAN	4:53.00
15 97 Carter Gilkyson	01	St. Mary's U	5:00.00
16 117 Jonas Stoll-Pott	01	U of A Augustana	6:10.00
17 118 Jackson Sweder	98	U of A Augustana	NT

Event 255 Women 4x200 Meter Relay Open

Saturday 3/7/2020 - 1:00 PM

Team	Relay	Seed Time
1 Lethbridge T		1:57.21
1) #59 Millie Stafford 00	2) #46 Janelle Graham 99	
3) #57 Jasmin Salmon 99	4) #61 Brooklyn Vogel 99	
2 Red Deer Col		1:59.00
3 MACEWAN		2:01.00
4 Concordia		2:05.00
5 MACEWAN	B	2:10.00
1) #22 Anna van der Giessen 99	2) #20 Chloe Nicholls 01	
3) #19 Jaqueline Larocque 99	4) #14 Brittany Duvall 98	
6 Grande PrairieRC		2:20.00
7 Lethbridge T	C	NT
1) #49 Volonte Kyamundu 02	2) #51 Anna LeBlanc 87	
3) #42 Rosie Bouchard 02	4) #56 Vildana Rekec 99	
8 St. Mary's U		NT
1) #92 Jaime Bellows 96	2) #94 Julie Boyce 94	
3) #96 Laura Fraser 01	4) #98 Emily Knudsgaard 95	
9 St. Mary's U	B	NT
1) #101 Leonie Quedenbaum 01	2) #102 Samantha Salomons 99	
3) #103 Marissa Seegers 91	4) #104 Bethany Topping 89	
10 Red Deer Col	B	NT
11 Lethbridge T	B	NT
1) #54 Christine Moser 99	2) #55 Kayla Munro 02	
3) #60 Rebecca Sweeney 99		

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**Gary W. Harris Canada Games Centre
Performance List - Saturday Track**

Event 255 ... (Women 4x200 Meter Relay Open)

	Team	Relay	Seed Time
12	U of A Augustana		NT
	1) #110 Amelia Murray 02	2) #115 Emma Sachko 02	
	3) #114 Linda Raduner 01		

Event 254 Men 4x200 Meter Relay Open

Saturday 3/7/2020 - 1:00 AM

	Team	Relay	Seed Time
1	MACEWAN		1:33.00
2	Red Deer Col		1:43.00
3	SAIT		1:43.00
	1) #90 Michael Stewart 01	2) #86 Felix Rono 98	
	3) #85 Brant Lauweryssen 97	4) #83 Austin Brown 96	
4	Lethbridge T		1:43.39
	1) #44 Cooper Cheshire 99	2) #50 Tyler Larkin 97	
	3) #41 Isaiah Bean 99	4) #53 Jamers Marriner 02	
5	Concordia		1:45.00
	1) #15 Tairas Fournier 00	2) #13 Medgar Barnes 00	
	3) #23 David Wokoma 99	4) #18 Ajayi Ikponmwosa 00	
6	Grande PrairieRC		1:54.00
7	MACEWAN	B	NT
8	U of A Augustana		NT
	1) #117 Jonas Stoll-Pott 01	2) #119 Nathanael Tabert 99	
	3) #111 Ben Nawrot 02	4) #112 Sam Nawrot 02	
9	St. Mary's U		NT
	1) #93 Isaac Bignell 98	2) #95 Quinn Demers 00	
	3) #97 Carter Gilkyson 01	4) #99 Franklin Manuana 96	
10	Lethbridge T	B	NT
	1) #45 Justin Fisher 99	2) #47 Connor Jackson 99	
	3) #48 Gavin Johnson 02	4) #43 Kurt Caballo 98	