



CALTAf welcomes you to Foothills Track

Cheetah Invitational

2021 Provincial Championships U10, U12 & U14

June 26, 2021 - 12:00 – 5:00 p.m.

Sanctioned by Athletics Alberta

DIVISIONS

U10 – BORN 2012-2013
U12 – BORN 2010-2011
U14 - BORN 2008-2009

Venue: Foothills Track - 2431 Crowchild Trail N.W.

Meet Director: Samantha Read caltafjd@gmail.com, (403) 690-4212

Assistant Meet Director: Paula McKenzie paula@caltaf.com

General Inquiries: caltafjd@gmail.com or paula@caltaf.com

Registration Link: www.trackie.com/online-registration/register/

FEES & DEADLINES

Athletes must be registered with Athletics Alberta

<https://athleticsalberta.com/aa-membership/#1503691636262-737ebef3-ca72>

Entry Deadline: **Sunday, June 20th at 11:59 p.m.**

Entry Fee: **\$40**

Late Entry: **Tuesday, June 22nd at 9:00 a.m.**

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

GENERAL INFORMATION

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 15 min before the event begins

FIELD EVENT Marshalling takes place at the event, 30 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 6mm in length and only pyramid type spikes are permitted

Scratches during the competition are to be submitted at the Finish Line Shed

Spectators are to be in the bleachers and outside of the track. The infield is only open to competitors

Results will be posted at: calgarytrackcouncil.com and www.ellistiming.ca

EVENTS

DIVISION	EVENTS
U10	60m, Long Jump, Ball Throw, 400m
U12	100m, Long Jump, Shot Put, 600m
U14	100m, Long Jump, Shot Put, 600m

SPECIFICATIONS

U10	U12	U14	EVENT
Y	--	--	Ball Throw
--	--	750g	Discus
--	2kg	3kg	Shot Put

MODIFICATIONS

Long Jump – U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff.

Throws and Long Jump – Athletes will receive 3 attempts



Introduction to Racing to Zero - YYC

Racing to Zero - YYC (RTZ) is going live this 2021 track season at Foothills Athletic Park! This project is a sport and environmental sustainability initiative founded by two-time Olympian and former Calgary Warriors sprinter Oluseyi (Seyi) Smith with support from the Canadian Olympic Committee (COC) and International Olympic Committee (IOC).

Seyi and his team have partnered with the Calgary Track Council (CTC) and Athletics Alberta (AA) to share tips, sustainability event hosting best practices, and a tool to measure the carbon footprint baseline for all the CTC meets.

RTZ will be objectively comparing how the New Balance Series, CALTAF, Cheetahs and Summer Challenge all stand up to each other based on the waste the events produce; and how much carbon dioxide is emitted due to transportation to and from the meets.

What can you do to help us?

Racing to Zero - YYC knows there is a lot of goodwill in our sport community towards all of us collectively doing our parts to help be more environmentally sustainable. Here are (3) starting actions everyone attending the Calgary Cheetah Meet can do.

1. Bring Your Own Reusable Water Bottle

Racing to Zero installed a new permanent water fountain by the 300m start at Foothills and also purchased a mobile fountain for the CTC and Athletics Alberta to use at events. We did this to reduce the use of plastic water bottles

2. Track Your Travel

Racing to Zero is measuring how much carbon dioxide is emitted due to travel. For athletes and coaches registering for events, be as accurate as you can when you answer the (2) questions we have shared with the meet directors.

- - What mode of transportation will you use to get to the track
- - What is the approximate distance you'll travel to get to the track (one way)

3. Take the Sustainability Quiz & Tell your Friends about Us!

Racing to Zero has created an online quiz as a tool for everyone in our community to learn more about sport sustainability and what different things we can do to help with the world's #ClimateComeback. If you get 100% you'll get a Canadian Olympic Committee water bottle and lapel pins. Try out the quiz and tell your friends and family about Racing to Zero - YYC! The quiz will be live on June 11, 2021. Click [HERE](#) to play.

For more information visit racingtozero.ca or watch our YouTube video [HERE](#)



Introduction to Racing to Zero - YYC for Coaches, Volunteers, & Sport Administrators

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What can you do as a Coach, Volunteer or Sport Administrator

In addition to our general tips like bringing reusable bottles and taking part in the RTZ Sustainability Passport Quiz, we are hoping the team behind athletes and hosting events can help RTZ with our data integrity and event communications

Data Integrity

We have shared (2) questions with the meet directors that need to be answered accurately for our carbon dioxide emission calculations

- - What mode of transportation will you use to get to the track
- - What is the approximate distance you'll travel to get to the track (one way) -

The answers will be multiple choice. Our ask to you is to encourage your athletes and coaches registering for athletes to enter this information as accurately as possible. Use Google Maps to calculate the one way distance from your homes to Foothills.

Communications

Secondly, we have purchased an industrial scale to track the total waste produced for each event. Our ask to you is to communicate with your athletes and colleagues the importance of disposing of waste in the proper bins. RTZ will be including a URL to the City's "What Goes Where" website during the events. Link ---> rebrand.ly/RTZ-WGW

Lastly, we encourage everyone to share the initiative with others in your community. Knowledge of our efforts is just as effective as our carbon calculator at achieving our end

goals. More tips and tricks will follow throughout the season.