

## 2022 Alberta Cross-Country Championships - 2022-11-05

Alberta Cross Country Provincials  
St. Marys, Calgary

## Results - Alberta Cross Country Championship 2022

## Girls 9 &amp; Under 1000 Meter Run CC U10

Name	Yr	Team	Finals
<b>Results - Women 9 &amp; Under</b>			
1	#3030	Aspen Boire suntan 13	Caltaf Athle 5:53
2	#3009	Alyx Glemser sunta 13	Calgary Spar 6:17
3	#3167	Marlea Drebert suni 14	Leduc Track 6:18
4	#3201	Olivia McWilliams 13	Medicine Hat 6:23
5	#3055	Lucy Jardine suntar 14	Caltaf Athle 6:31
6	#3223	Eliora Vandersteen 13	Passtrak 6:44
7	#3060	Chloe Kovacs sunta 13	Caltaf Athle 6:52
8	#3205	Tessa Vis peterwrig 13	Medicine Hat 7:03
9	#3220	Norah Smith peterw 13	Passtrak 7:06
10	#3199	Isabelle McWilliam 14	Medicine Hat 7:18
11	#3165	Lexi Drebert suntan 16	Leduc Track 8:09
12	#3143	Brianna Van Haren 16	GO Athletics 9:18
13	#3088	Bailey Trowbridge j 13	Caltaf Athle 9:19

## Girls 11 &amp; Under 1200 Meter Run CC U12

Name	Yr	Team	Finals
<b>Results - Women 11 &amp; Under</b>			
1	#3166	Maele Drebert suni 11	Leduc Track 6:33
2	#3232	Avery Cooper sunta 11	St. Albert M 7:07
3	#3200	Lily McWilliams su 11	Medicine Hat 7:19
4	#3041	Kate Drever suntan: 11	Caltaf Athle 7:29
5	#3034	Isla Coghlan suntan 12	Caltaf Athle 7:36
6	#3084	Fern Sparrow peter 11	Caltaf Athle 7:44
7	#3039	Sarah De Walle sun 12	Caltaf Athle 7:55
8	#3002	Myra Murray F00;T 12	Bulldogs Tra 8:00
9	#3063	Erica Lea suntana@ 11	Caltaf Athle 8:07
10	#3076	Meghan Seipert pet 11	Caltaf Athle 8:48
11	#3211	Cambryn Hay sunta 11	Passtrak 8:49
12	#3016	Inga Parlov peterwr 11	Calgary Spar 9:46
13	#3209	Nelly Cockrell sunt 12	Passtrak 10:20

## Girls 13 &amp; Under 2000 Meter Run CC U14

Name	Yr	Team	Finals
<b>Results - Women 13 &amp; Under</b>			
1	#3259	Esme Sinke peterwr 09	Unattached A 8:54
2	#3174	Abiola Omoyayi pe 09	Leduc Track 9:05
3	#3142	Holly Tonnos peter 09	GO Athletics 9:10
4	#3138	Gweneth Richardso 09	GO Athletics 9:35
5	#3082	Emilia Smith peterv 10	Caltaf Athle 9:57
6	#3267	Kara Wright F00;T 10	GO Athletics 10:09
7	#3025	Chelsey Shillingfor 09	Calgary Warr 10:10
8	#3134	Kendra Hiller sunta 09	GO Athletics 10:15
9	#3248	Hannah Gregory su 10	Unattached A 10:18
10	#3058	Katie Kavanagh sur 10	Caltaf Athle 10:27
11	#3045	Elizabeth Funnell si 10	Caltaf Athle 10:29
12	#3072	Noelle Pols peterwr 10	Caltaf Athle 10:32
13	#3008	Molly Gallivan suni 10	Calgary Spar 10:43
14	#3052	Nylah Huq suntana@ 09	Caltaf Athle 10:53
15	#3085	Imogen Stevenson j 10	Caltaf Athle 11:08
16	#3141	Olivia Switzer peter 10	GO Athletics 11:11
17	#3038	Julie De Meersman 10	Caltaf Athle 11:20

18	#3003	Navada Murray F00 10	Bulldogs Tra 11:40
19	#3218	Ella Peebles peterw 10	Passtrak 12:54
20	#3083	Sophie Spanglet pet 10	Caltaf Athle 13:32

## Girls 15 &amp; Under 4k Run CC U16

Name	Yr	Team	Finals
<b>Results - Women 15 &amp; Under</b>			
1	#3177	Kyra Sheppard pete 07	Leduc Track 18:50
2	#3111	Nico Knoll suntana@ 07	Cochrane End 18:59
3	#3243	Nathalie Toledo pet 07	U OF C Athle 19:05
4	#3120	Kayley Torrie peter 07	Cochrane End 19:14
5	#3024	Arianna Williams p 08	Calgary Spar 20:11
6	#3091	Jadyn Watson peter 08	Caltaf Athle 20:36
7	#3032	Bromley Causton st 08	Caltaf Athle 21:02
8	#3108	Mila Kirk suntana@ 07	Cochrane End 21:11
9	#3011	Lucy Govender sun 08	Calgary Spar 21:29
10	#3249	London Harris sunt 07	Unattached A 21:50
11	#3180	Allison McDonald s 07	Lethbridge T 22:49
12	#3014	Mireia Llorca Simó 07	Calgary Spar 23:03
13	#3154	Sydney Molstad sur 07	Grizzly Endu 23:26
14	#3043	Uwa Ehirhieme sun 08	Caltaf Athle 24:00
15	#3193	Megan Klein suntar 08	Medicine Hat 24:09
16	#3189	Ember Jacober sunt 08	Medicine Hat 24:17
17	#3005	Lexine Rodriguez v 07	Bulldogs Tra 24:34
18	#3042	Katie Earl-King sur 07	Caltaf Athle 24:58
19	#3217	Bella Moller suntan 07	Passtrak 26:27
20	#3053	Zaria Huq suntana@ 07	Caltaf Athle 26:47

## Girls 17 &amp; Under 4k Run CC U18

Name	Yr	Team	Finals
<b>Results - Women 17 &amp; Under</b>			
1	#3020	Charlotte Sinke pet 05	Calgary Spar 18:12
2	#3050	Kate Hos suntana@ 06	Caltaf Athle 18:25
3	#3023	Naja Weiler peterwr 05	Calgary Spar 18:41
4	#3149	Jamie Gladdish sun 05	Grizzly Endu 19:01
5	#3161	Julianna Chipiuk su 05	Leduc Track 19:11
6	#3036	Mackenzie Cummir 05	Caltaf Athle 19:31
7	#3151	Ella Heinrich sunta 05	Grizzly Endu 19:37
8	#3069	Olivia Meller sunta 05	Caltaf Athle 20:01
9	#3260	Morgan Tiede peter 05	Unattached A 20:02
10	#3097	Grace Beach suntan 06	Cochrane End 20:05
11	#3131	Kiera Greidanus sui 06	GO Athletics 20:14
12	#3140	Aelyn Switzer peter 06	GO Athletics 20:18
13	#3168	Meadow Drebert su 06	Leduc Track 20:43
14	#3046	Jean Funnell suntan 05	Caltaf Athle 20:50
15	#3147	Ashlee Walker peter 06	GO Athletics 20:53
16	#3105	Csenia Irvin suntan 06	Cochrane End 21:29
17	#3096	Ellie Barlow suntan 07	Cochrane End 21:38
18	#3135	Raelynn Hiller sunt 06	GO Athletics 21:52
19	#3059	Danika Kneller sunt 06	Caltaf Athle 21:58
20	#3182	Maria Norton peter 05	Lethbridge T 22:14
21	#3196	Hannah Kozakewic 05	Medicine Hat 22:52
22	#3093	Sadie Wilcox peter 06	Caltaf Athle 22:55
23	#3129	Deandra Dewitt sun 06	GO Athletics 23:02
24	#3070	Alexis Newell peter 05	Caltaf Athle 23:28

## 2022 Alberta Cross-Country Championships - 2022-11-05

## Alberta Cross Country Provincials

## St. Marys, Calgary

## Results - Alberta Cross Country Championship 2022

## Results - Women 17 &amp; Under ... (Girls 17 &amp; Under 4k Run CC U17)

Name	Yr	Team	Finals
25 #3095 Aggie Baker	suntan 05	Cochrane End	23:59
26 #3054 Sydney Hyndman	si 06	Caltaf Athle	25:02
27 #3231 Samantha Lothrop	s 06	Split City S	27:18
28 #3191 Bethany Klein	sunt 05	Medicine Hat	29:15

## Women 16-19 6k Run CC U20

Name	Yr	Team	Finals
------	----	------	--------

## Results - Women 16-19

1 #3256 Katrina Michel	sunt 04	Unattached A	30:04
2 #3062 Julia Kuipers	suntar 03	Caltaf Athle	32:09

## Women 16-34 8k Run CC Senior

Name	Yr	Team	Finals
------	----	------	--------

## Results - Women 16-34

1 #3099 Courtney Brohart	st 90	Cochrane End	34:41
2 #3117 Bridget Pyke	peterw 91	Cochrane End	35:00
3 #3107 Jessica Kaiser	sunta 87	Cochrane End	35:07
4 #3102 Makenna Fitzgerald	00	Cochrane End	36:00
5 #3116 Sophia Nowicki	pet 99	Cochrane End	36:34
6 #3228 Vanessa Trofimenko	94	Running Room	37:32
7 #3061 Lauren Kryschuk	st 98	Caltaf Athle	38:41
8 #3094 Elyssa Leedahl	sunt 02	Capital City	46:53

## Women 35+ 8k Run CC Master

Name	Yr	Team	Finals
------	----	------	--------

## Results - Women 35+

1 #3262 Chantell Widney	pe 79	Unattached A	41:52
2 #3184 Heather Tuckova	pe 74	Lethbridge T	45:09
3 #3115 Pam Moores	suntan 68	Cochrane End	50:58
4 #3224 Rosanne Vanderstec	85	Passtrak	1:02:27

## Boys 9 &amp; Under 1000 Meter Run CC U10

Name	Yr	Team	Finals
------	----	------	--------

## Results - Men 9 &amp; Under

1 #3048 Simon Geldart	sunt: 13	Caltaf Athle	5:35
2 #3056 Matthew Jarman	su: 15	Caltaf Athle	5:59
3 #3067 Joshua McLean	sun 13	Caltaf Athle	6:07
4 #3261 Kaleb Verrier	peterw 14	Unattached A	6:16
5 #3187 Oliver Fichter	sunta 13	Medicine Hat	6:20
6 #3079 Evan Sharpe	peterw 13	Caltaf Athle	6:24
7 #3028 Lennox Bishop	sun 13	Caltaf Athle	6:28
8 #3214 Holden Lach	suntar 13	Passtrak	6:51
9 #3001 Gw Murray	F00;T0 14	Bulldogs Tra	6:55
10 #3035 Simon Cull	suntana 13	Caltaf Athle	8:05
11 #3213 Finnley Hay	suntan. 15	Passtrak	8:18
12 #3216 Tristen McKerrache	13	Passtrak	9:24

## Boys 11 &amp; Under 1200 Meter Run CC U12

Name	Yr	Team	Finals
------	----	------	--------

## Results - Men 11 &amp; Under

1 #3206 Aiden Aasen	suntan 12	Passtrak	6:28
2 #3065 Oscar Magdich	sunt 11	Caltaf Athle	6:40
3 #3068 Andrew McMorris	: 12	Caltaf Athle	6:40
4 #3204 Andrew Vis	peterw 11	Medicine Hat	6:45

5 #3089 Fabian Vataman	pet 12	Caltaf Athle	6:55
6 #3047 Charlie Galbraith	su 11	Caltaf Athle	7:04
7 #3064 Lachlan Macphie	su 11	Caltaf Athle	7:05
8 #3222 Declan Sutherland	12	Passtrak	7:10
9 #3219 Jasper Smith	peterw 11	Passtrak	7:35
10 #3225 William Vanderstee	11	Passtrak	7:45
11 #3077 Garrett Serl	peterwr 12	Caltaf Athle	8:05
12 #3007 Omar Elhanbouly	si 12	Calgary Spar	8:16
13 #3186 Emmett Fichter	sun 12	Medicine Hat	8:52

## Boys 13 &amp; Under 2000 Meter Run CC U14

Name	Yr	Team	Finals
------	----	------	--------

## Results - Men 13 &amp; Under

1 #3190 Odin Jordet	suntana 09	Medicine Hat	8:54
2 #3221 Colton Sutherland	10	Passtrak	9:13
3 #3163 Blake Drebert	sunta 09	Leduc Track	9:25
4 #3049 David Goldring	sun 09	Caltaf Athle	9:26
5 #3234 Nathan Varga	peterw 10	St. Albert M	9:33
6 #3210 Cohen Folkard	sunt 09	Passtrak	9:40
7 #3019 Nishant Sharma	pet 09	Calgary Spar	9:42
8 #3164 Elijah Drebert	suntæ 10	Leduc Track	10:00
9 #3100 Ryden Bruce	suntar 10	Cochrane End	10:11
10 #3078 Weston Serl	peterw 09	Caltaf Athle	10:14
11 #3122 Benjamin Boiciuc	s 10	Edmonton Col	10:24
12 #3215 Nate Lach	suntana@ 10	Passtrak	10:42
13 #3004 Finnegan Pasco	pet 10	Bulldogs Tra	11:02
14 #3080 Ryan Sharpe	peterw 10	Caltaf Athle	11:14
15 #3207 Eli Bailey	suntana@ 10	Passtrak	11:34
16 #3212 Carson Hay	suntana 09	Passtrak	11:34

## Boys 15 &amp; Under 4k Run CC U16

Name	Yr	Team	Finals
------	----	------	--------

## Results - Men 15 &amp; Under

1 #3074 Nolan Rosenegger	10	Caltaf Athle	16:09
2 #3022 Oakley Stephenson	07	Calgary Spar	16:33
3 #3012 Evan Kingsmith	sur 08	Calgary Spar	16:42
4 #3239 Dane Logan	suntan: 08	U OF C Athle	16:45
5 #3118 Raimo Sollitt	peterw 07	Cochrane End	17:17
6 #3021 Samuel Skilnick	pet 08	Calgary Spar	17:21
7 #3252 Noah Heuver	suntar 08	Unattached A	17:29
8 #3018 Aarush Sathawane	10	Calgary Spar	17:43
9 #3175 Ty Secker	peterwrig 08	Leduc Track	18:07
10 #3119 Eli Torrie	peterwrig 07	Cochrane End	18:20
11 #3162 Rylan Chipiuk	sunt: 08	Leduc Track	18:33
12 #3145 Brendon Versteeg	p 08	GO Athletics	18:43
13 #3092 Mack Weber	peterw 07	Caltaf Athle	18:52
14 #3251 Nathan Heuver	sunt 07	Unattached A	18:58
15 #3179 Zachary Hillier	sunt 07	Lethbridge T	19:33
16 #3010 Luis Gonzalez	suntæ 07	Calgary Spar	21:17
17 #3044 Rowan Engelhardt	s 08	Caltaf Athle	21:31
18 #3181 Gavin McIntyre	sun 08	Lethbridge T	22:30
19 #3114 Brady Malley	sunta: 07	Cochrane End	22:50
20 #3081 Grayson Shaw	petæ 08	Caltaf Athle	23:51
21 #3132 Norman Greidanus	08	GO Athletics	24:59

## 2022 Alberta Cross-Country Championships - 2022-11-05

## Alberta Cross Country Provincials

## St. Marys, Calgary

## Results - Alberta Cross Country Championship 2022

## Boys 17 &amp; Under 6k Run CC U18

Name	Yr	Team	Finals
<b>Results - Men 17 &amp; Under</b>			
1 #3146 Tyson Versteeg pete	05	GO Athletics	24:14
2 #3013 Kaden Kingsmith st	05	Calgary Spar	24:55
3 #3238 Ibrahim Khalid suni	05	U OF C Athle	25:04
4 #3106 Caden Jones suntan	06	Cochrane End	25:09
5 #3133 Shawn Gunnink sur	05	GO Athletics	25:20
6 #3255 Ethan Meyer suntar	05	Unattached A	25:36
7 #3242 Adam Stang peterw	06	U OF C Athle	25:44
8 #3241 Jonah Salvatore pet	05	U OF C Athle	25:51
9 #3185 Seth West peterwrig	06	Lethbridge T	25:56
10 #3250 Joshua Heuver sunt	05	Unattached A	26:00
11 #3103 Clay Grattidge sunt	05	Cochrane End	26:02
12 #3136 Andrew Leffers sun	05	GO Athletics	26:03
13 #3159 Carson Young	05	Grizzly Endu	26:36
14 #3113 Brendan Maguire st	05	Cochrane End	27:19
15 #3244 Nathan Woyessa pe	05	U OF C Athle	27:49
16 #3155 Adam Stadt peterw	06	Grizzly Endu	27:52
17 #3237 Ryan Chen suntana	06	U OF C Athle	28:10
18 #3015 Yale O'Connor pete	05	Calgary Spar	28:15
19 #3130 Daniel Geusebroek	07	GO Athletics	28:34
20 #3183 Lukash Tucek peter	05	Lethbridge T	28:41
21 #3152 Kendall Li suntana	06	Grizzly Endu	29:10
22 #3157 Aidan Undheim pet	05	Grizzly Endu	29:28
23 #3203 Askia Tahirou peter	06	Medicine Hat	29:48
24 #3040 Leith Dewalt suntar	06	Caltaf Athle	30:00
25 #3153 Luka Michl suntana	06	Grizzly Endu	30:52
26 #3101 Branson Cote sunta	06	Cochrane End	31:16
27 #3202 Tristan Scrimger pe	06	Medicine Hat	31:17
28 #3208 Jack Bailey suntana	05	Passtrak	31:19
29 #3123 Guy Karl Ntirampel	05	Edmonton Oly	32:03
30 #3137 Aehsan Orfani pete	07	GO Athletics	39:36

## Men 35+ 8k Run CC Master

Name	Yr	Team	Finals
<b>Results - Men 35+</b>			
1 #3127 Brian Torrance pete	76	Fast Trax Ru	32:30
2 #3230 Brandon Wladyko f	86	Running Room	32:38
3 #3110 Mark Knoll suntana	76	Cochrane End	35:33
4 #3265 Darryl Smith	68	Medicine Hat	36:20
5 #3253 Wiebe Hos suntana	68	Unattached A	41:34

## Men 16-19 8k Run CC U20

Name	Yr	Team	Finals
<b>Results - Men 16-19</b>			
1 #3258 Russell Pearson pet	04	Unattached A	32:38
2 #3263 Dylan Leadlay sunt	04	Wolves Athle	37:33
3 #3128 Abdiqani Abdullahi	04	GO Athletics	41:05
4 #3266 Hafeez Orfani	04	GO Athletics	41:31

## Men 16-34 8k Run CC Senior

Name	Yr	Team	Finals
<b>Results - Men 16-34</b>			
1 #3257 Robert Mitchell sur	98	Unattached A	31:04
2 #3226 Gareth Hadfield sur	92	Running Room	31:53
3 #3031 Jonah Brown suntar	98	Caltaf Athle	32:04
4 #3144 Roger Van Haren pe	88	GO Athletics	33:08
5 #3264 Maria Bernard-Gale	93	U OF C Athle	33:24
6 #3254 Alex Mason suntan	00	Unattached A	35:23
7 #3245 Felix Junior Barraz	98	Unattached A	48:04