

ACAC RUNNING ROOM INDOOR GRAND PRIX #2 - 2/18/2023

Gary W. Harris Canada Games Centre
Performance List - Saturday Track

Event 41 Women 3000 Meter Run Open

Name	Yr	Team	Seed Time
1	Becky Ross	87 Medicine Hat Col	11:15.00
2	Madison Scrimger	04 Medicine Hat Col	11:15.00
3	Taylor Chamberlin	02 Concordia	11:15.00
4	Sydney Zissos	01 St. Mary's U	11:49.28
5	Myah Cota	98 Red Deer Col	12:20.00
6	Pyper Gill	02 Medicine Hat Col	12:36.00
7	Jill Stewart	03 SAIT	12:40.00
8	Holly Kelly	03 SAIT	13:00.00
9	Hanna Smith	Lethbridge T	13:41.52
10	Sarah Foscarini	84 St. Mary's U	13:49.28
11	Georgia Sawchuk	04 Red Deer Col	14:48.00
12	Lydia Steinke	03 Northwestern Pol	NT
13	Josephine Bennett	03 Prairie College	NT

Event 42 Men 3000 Meter Run Open

Name	Yr	Team	Seed Time
1	Cooper Williams	Lethbridge T	8:56.15
2	Yahye Jama	03 SAIT	8:58.90
3	Keiran Marchand	03 SAIT	9:00.00
4	Leonard Chesoo	97 Concordia	9:00.00
5	Ben House	04 Red Deer Col	9:34.00
6	Ben Higham	04 Red Deer Col	9:40.00
7	Cole Herbert	Lethbridge T	10:12.81
8	Jaiden Romanuik	01 Medicine Hat Col	10:15.00
9	Gage Smith	04 Medicine Hat Col	10:20.00
10	Brian Rono	03 SAIT	10:45.00
11	Jamin Fraser	97 The King's Unive	10:51.87
12	Kaysan Mohamed	Lethbridge T	10:54.50
13	Jared Gourley	04 U of A Augustana	12:47.00
14	Camilo Paez	03 SAIT	13:00.00
15	Colton Michel	03 Northwestern Pol	NT
16	Elijah Miller	03 Prairie College	NT

Event 21 Women 1000 Meter Run Open

Name	Yr	Team	Seed Time
1	Jenica Swartz	03 Red Deer Col	3:11.00
2	Jasmin Salmon	03 SAIT	3:18.30
3	Justine Larson	03 Red Deer Col	3:25.00
4	Maria Fox	93 St. Mary's U	3:27.54
5	Kammy Park	03 Red Deer Col	3:30.00
6	Hannah Clarke	02 The King's Unive	3:33.00
7	Chloe Funnell	04 U of A Augustana	3:35.00
8	Emily Barritt	04 Red Deer Col	3:40.00
9	Jenna Schnare	95 Unattached	3:41.00
10	Brandy Nicholson	03 Northwestern Pol	NT

Event 22 Men 1000 Meter Run Open

Name	Yr	Team	Seed Time
1	Tofik Said	03 SAIT	2:40.50
2	Michael Schnare	92 Unattached	2:44.00
3	Moktar Said	03 SAIT	2:45.00
4	Ethan Duret	03 Red Deer Col	2:45.00
5	Daniel Szucs	00 Red Deer Col	2:46.00
6	Brock Jensen	Lethbridge T	2:50.00

7	Ben Nawrot	01 U of A Augustana	2:52.00
8	Jordan Coen	04 Red Deer Col	2:53.00
9	Jesse Loiselle	03 Northwestern Pol	2:56.00
10	logan Danyluk	Lethbridge T	2:59.30
11	Daniel Quibell	99 St. Mary's U	2:59.60
12	Chase Chambers	Lethbridge T	3:00.00
13	Jayce Soley	04 Red Deer Col	3:03.00
14	Shintaro Iwata	03 Medicine Hat Col	3:03.00
15	Justin Fisher	Lethbridge T	3:03.21
16	Clinton Owusu	03 Northwestern Pol	3:10.00
17	Harrison Lawson	02 Medicine Hat Col	3:10.00
18	Felix Barraza Acosta	98 Red Deer Col	3:10.00
19	Rylan Matthews	03 SAIT	3:10.00
20	Jack Herron	99 St. Mary's U	3:35.23
21	Kurt Caballo	97 Lethbridge T	3:37.99
22	Dorian Richardson	00 The King's Unive	NT
23	Dave Tshilolo	02 Prairie College	NT
24	Jamin Fraser	97 The King's Unive	NT

Event 255 Women 4x200 Meter Relay Open

Team	Relay	Seed Time
1	Red Deer Col	1:58.00
	1) Myah Cota 98	2) Emily Barritt 04
	3) Kammy Park 03	4) Loami Rautenbach 04
2	St. Mary's U	2:00.49
	1) Cherise Carter 00	2) Brianne Dangerfield 00
	3) Maria Leonard 02	4) Sydney Lockhart 01
3	Medicine Hat Col	2:05.00
	1) Madison Scrimger 04	2) Cheldynn Molar 02
	3) Raya Grover 03	4) Annika Marshall 02
4	Lethbridge T	2:05.95
	1) Rosie Bouchard	2) Mika Brant
	3) Rayanne Hoeflicher	4) Jenna Klok
5	SAIT	2:06.00
	1) Jasmin Salmon 03	2) Kerigan Frampton 03
	3) Danna Degagne 03	4) Meaghan Wiebe 03
6	U of A Augustana	NT
	1) Chloe Funnell 04	2) Sidney Cusack 04
	3) Aman Leung 03	4) Hannah Taplin 03
7	Concordia	NT
	1) Emma Derbyshire 99	2) Tanish Cronin 98
	3) Taylor Chamberlin 02	4) Magdelyn MacDougall 98
8	The King's Unive	NT
	1) Hannah Clarke 02	2) Rachel Stang 95
	3) Nicole Pylypchuk 96	4) Josephine Bennett 03

Event 254 Men 4x200 Meter Relay Open

Team	Relay	Seed Time
1	Lethbridge T	1:37.84
	1) Gunnarr Gibb	2) Jonah Hennig
	3) Ethan Lizotte	4) Orin May
2	Red Deer Col	1:40.00
	1) Axsivier Lawrence 95	2) Ethan Duret 03
	3) Jordan Coen 04	4) Jayce Soley 04

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Event 254 ... (Men 4x200 Meter Relay Open)

Event	Team	Relay	Seed Time
3	SAIT		1:42.00
	1) Moktar Said 03	2) Tofik Said 03	
	3) Yahye Oteng Frampong 03	4) Kevin Seiny 03	
4	Medicine Hat Col		1:43.00
	1) Carson Schiller 00	2) Justin Jager 04	
	3) Jaiden Romanuik 01	4) Brannon Sumner 03	
5	Thunder Athletic		1:46.57
	1) Emilian Dumec 02	2) Domenico Marchese 03	
	3) Leonard Chesoo 97		
6	St. Mary's U		1:47.51
	1) Conor Cuthbertson 02	2) Sergio Esparza 00	
	3) Nathan Kelba 03	4) Daniel Quibell 99	
7	Lethbridge T	B	1:48.76
	1) Brantly Berry	2) Cole Guilbert	
	3) Real Landry	4) Favour Ogor	
8	SAIT	B	2:00.00
	1) Brian Rono 03	2) Odley Jean 03	
	3) Camilo Paez 03	4) Rylan Matthews 03	
9	U of A Augustana		NT
	1) Emmanuel Okusanya 05	2) Ben Nawrot 01	
	3) Sam Nawrot 01	4) James Saly 03	
10	Prairie College		NT
	1) Oliver Azeredo 02	2) Patrick Rody 00	
	3) Jonathan Copeland 00	4) Elijah Miller 03	
11	Northwestern Pol		NT
	1) Tylan Stang 03	2) Daniel Stephenson 03	
	3) Jordan Rappel 03	4) Ryland Sharp 03	

Event 11 Women 600 Meter Run Open

Event	Name	Yr	Team	Seed Time
1	Jasmin Salmon	03	SAIT	1:48.40
2	Kerigan Frampton	03	SAIT	1:50.80
3	Meaghan Wiebe	03	SAIT	1:50.80
4	Jenica Swartz	03	Red Deer Col	1:51.00
5	Cheldynn Molar	02	Medicine Hat Col	1:52.00
6	Kammy Park	03	Red Deer Col	1:57.00
7	Raya Grover	03	Medicine Hat Col	1:57.00
8	Danna Degagne	03	SAIT	1:57.40
9	Sidney Cusack	04	U of A Augustana	1:58.00
10	Maria Boix-frias		Lethbridge T	1:58.37
11	Myah Cota	98	Red Deer Col	1:59.00
12	Rosie Bouchard		Lethbridge T	2:00.00
13	Emily Barritt	04	Red Deer Col	2:01.00
14	Jenna Klok		Lethbridge T	2:06.26
15	Maria Leonard	02	St. Mary's U	2:07.85
16	Naomi Zwiygart	03	Northwestern Pol	2:10.00
17	Rayanne Hoeflicher		Lethbridge T	2:10.03
18	Brianne Dangerfield	00	St. Mary's U	2:11.93
19	Annika Marshall	02	Medicine Hat Col	2:25.00
20	Mika Brant		Lethbridge T	2:30.00
21	Rachel Stang	95	The King's Unive	NT
22	Josephine Bennett	03	Prairie College	NT
23	Sophia Steinke	03	Northwestern Pol	NT
24	Emma Derbyshire	99	Concordia	NT

25	Magdelyn MacDougall	98	Concordia	NT
26	Nicole Pylpchuk	96	The King's Unive	NT

Event 12 Men 600 Meter Run Open

Event	Name	Yr	Team	Seed Time
1	Ethan Duret	03	Red Deer Col	1:26.00
2	Yahye Oteng Frampong	03	SAIT	1:27.50
3	Brannon Sumner	03	Medicine Hat Col	1:28.00
4	Kevin Seiny	03	SAIT	1:28.80
5	Owen Stewart		Lethbridge T	1:30.00
6	Jonah Hennig		Lethbridge T	1:31.41
7	Sam Nawrot	01	U of A Augustana	1:32.00
8	Carson Schiller	00	Medicine Hat Col	1:33.00
9	Justin Jager	04	Medicine Hat Col	1:33.00
10	Gunnarr Gibb		Lethbridge T	1:36.36
11	Axsivier Lawrence	95	Red Deer Col	1:37.00
12	Orin May		Lethbridge T	1:37.29
13	Ethan Lizotte		Lethbridge T	1:38.60
14	Jayce Soley	04	Red Deer Col	1:39.00
15	James Saly	03	U of A Augustana	1:40.00
16	Joe Mwatha	03	U of A Augustana	1:42.00
17	Shintaro Iwata	03	Medicine Hat Col	1:43.00
18	Odley Jean	03	SAIT	1:43.30
19	Cole Guilbert		Lethbridge T	1:45.97
20	Favour Ogor		Lethbridge T	1:49.31
21	Brantly Berry		Lethbridge T	1:51.10
22	Felix Barraza Acosta	98	Red Deer Col	1:52.00
23	Tylan Stang	03	Northwestern Pol	1:55.00
24	Real Landry		Lethbridge T	1:55.29
25	Kurt Caballo	97	Lethbridge T	1:58.04
26	Dave Tshilolo	02	Prairie College	NT
27	Patrick Rody	00	Prairie College	NT
28	Jonathan Copeland	00	Prairie College	NT
29	Oliver Azeredo	02	Prairie College	NT
30	Jordan Rappel	03	Northwestern Pol	NT
31	Daniel Stephenson	03	Northwestern Pol	NT
32	Ikenna Onyeagolu	01	The King's Unive	NT
33	Ryland Sharp	03	Northwestern Pol	NT
34	Jared Gourley	04	U of A Augustana	NT
35	Domenico Marchese	03	Concordia	NT
36	Riley Payeur	03	Northwestern Pol	NT
37	Hamza Sakr	02	St. Mary's U	NT
38	Nathan Kelba	03	St. Mary's U	NT
39	Thomas Wong	02	St. Mary's U	NT
40	Conor Cuthbertson	02	St. Mary's U	NT
41	Jamin Fraser	97	The King's Unive	NT
42	Sergio Esparza	00	St. Mary's U	NT

Event 31 Women 1500 Meter Run Open

Event	Name	Yr	Team	Seed Time
1	Becky Ross	87	Medicine Hat Col	5:15.00
2	Taylor Chamberlin	02	Concordia	5:21.66
3	Justine Larson	03	Red Deer Col	5:31.00
4	Sydney Zissos	01	St. Mary's U	5:37.74
5	Chloe Funnell	04	U of A Augustana	5:40.00
6	Jill van der Giessen	03	Northwestern Pol	6:00.00

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Performance List - Saturday Track**Event 31 ... (Women 1500 Meter Run Open)**

Name	Yr	Team	Seed Time
7 Jill Stewart	03	SAIT	6:00.00
8 Holly Kelly	03	SAIT	6:10.00
9 Elizabeth Krueger	97	St. Mary's U	6:10.03
10 Georgia Sawchuk	04	Red Deer Col	6:14.00
11 Aman Leung	03	U of A Augustana	6:39.00

Event 32 Men 1500 Meter Run Open

Name	Yr	Team	Seed Time
1 Keiran Marchand	03	SAIT	4:09.30
2 Leonard Chesoo	97	Concordia	4:10.00
3 Daniel Szucs	00	Red Deer Col	4:13.00
4 Tofik Said	03	SAIT	4:15.00
5 Yahye Jama	03	SAIT	4:15.70
6 Moktar Said	03	SAIT	4:17.80
7 Ben House	04	Red Deer Col	4:40.00
8 Ben Higham	04	Red Deer Col	4:42.00
9 Jordan Coen	04	Red Deer Col	4:43.00
10 Brian Rono	03	SAIT	4:50.00
11 Harrison Lawson	02	Medicine Hat Col	5:05.00
12 Kade Singer	03	Northwestern Pol	5:18.00
13 Camilo Paez	03	SAIT	6:30.00

Event 51 Women 4x400 Meter Relay Open

Team	Relay	Seed Time
1 SAIT		4:30.90
	1) Jasmin Salmon 03	2) Kerigan Frampton 03
	3) Jill Stewart 03	4) Holly Kelly 03
2 Red Deer Col		4:39.00
	1) Justine Larson 03	2) Jenica Swartz 03
	3) Myah Cota 98	4) Emily Barritt 04
3 Medicine Hat Col		4:45.00
	1) Pyper Gill 02	2) Madison Scrimger 04
	3) Cheldynn Molar 02	4) Raya Grover 03
4 St. Mary's U		4:46.49
	1) Cherise Carter 00	2) Brianne Dangerfield 00
	3) Sarah Foscarini 84	4) Maria Fox 93
5 Lethbridge T		5:06.75
	1) Maria Boix-frias	2) Rosie Bouchard
	3) Hanna Smith	4) Jenna Klok
6 U of A Augustana		NT
	1) Chloe Funnell 04	2) Sidney Cusack 04
	3) Aman Leung 03	4) Hannah Taplin 03
7 Concordia		NT
	1) Emma Derbyshire 99	2) Tanish Cronin 98
	3) Taylor Chamberlin 02	4) Magdelyn MacDougall 98
8 Northwestern Pol		NT
	1) Lydia Steinke 03	2) Naomi Zwygart 03
	3) Jill van der Giessen 03	4) Sophia Steinke 03

Event 52 Men 4x400 Meter Relay Open

Team	Relay	Seed Time
1 Lethbridge T		3:39.17
	1) logan Danyluk	2) Brock Jensen
	3) Owen Stewart	4) Cooper Williams

2 SAIT		3:43.80
	1) Moktar Said 03	2) Tofik Said 03
	3) Yahye Jama 03	4) Kevin Seiny 03
3 Red Deer Col		3:48.00
	1) Axsivier Lawrence 95	2) Ethan Duret 03
	3) Ben House 04	4) Ben Higham 04
4 Medicine Hat Col		3:55.00
	1) Carson Schiller 00	2) Justin Jager 04
	3) Brannon Sumner 03	4) Gage Smith 04
5 Lethbridge T	B	3:56.50
	1) Chase Chambers	2) Justin Fisher
	3) Cole Herbert	4) Kaysan Mohamed
6 Thunder Athletic		4:01.46
	1) Emilian Dumec 02	2) Domenico Marchese 03
	3) Leonard Chesoo 97	
7 St. Mary's U		4:10.50
	1) Sergio Esparza 00	2) Jack Herron 99
	3) Nathan Kelba 03	4) Daniel Quibell 99
8 SAIT	B	4:25.00
	1) Brian Rono 03	2) Odley Jean 03
	3) Camilo Paez 03	4) Rylan Matthews 03
9 U of A Augustana		NT
	1) Ben Nawrot 01	2) Sam Nawrot 01
	3) Emmanuel Okusanya 05	4) Joe Mwatha 03
10 Medicine Hat Col	B	NT
	1) Jaiden Romanuik 01	2) Shintaro Iwata 03
	3) Harrison Lawson 02	4) Becky Ross 87
11 Northwestern Pol		NT
	1) Jesse Loiselle 03	2) Kade Singer 03
	3) Colton Michel 03	4) Clinton Owusu 03