



**CALTAF welcomes you to North Glenmore Park**

**7305 Crowchild Trail S.W.  
(Start Line near Park Lot B)**

**CALTAF XC Open**

**Saturday, October 14, 2023**

**Sanctioned by Athletics Alberta**

**SCHEDULE:**

11:00 a.m.	U10 Girls	1000m
11:15 a.m.	U10 Boys	1000m
11:30 a.m.	U12 Girls	1000m
11:45 a.m.	U12 Boys	1000m
12:00 p.m.	U14 Girls	2000m
12:20 p.m.	U14 Boys	2000m
12:50 p.m.	U16/High School 3x2km Relay – Single Gender or Mixed Gender	
1:30 p.m.	Women Open 5km	
2:00 p.m.	Men Open 6km	

Meet Director: Samantha Read [sam.trackandfieldcoach@gmail.com](mailto:sam.trackandfieldcoach@gmail.com) (403) 690-4212

**Entry Deadline: Wednesday, October 11th at 9:00 p.m.**

**Entry Fee: \$18 Individual events & \$25 per Relay Team**

**Registration: On Trackie: <https://www.trackie.com/event/caltaf-xc-open-2023/1000964/>**

Includes Trackie fee plus new \$1.50 Contribution to Athletics Alberta XC High Performance fund (to fund, subsidize athletes representing Alberta in International Competition, or subsidize athletes participating at AC XC Championships requiring travel – to be spent at the discretion of Athletics Alberta)

**Results** – Electronic Timing Completed by the Calgary Track Council, results to be posted on the CTC website and on Trackie within 24 hours of competition conclusion.

**AWARDS** – Swag/prizes to be given to winners of each race and the top relay team in each category (single gender, mixed) **if available at time of meet**.

Athletics Alberta Membership - All competitors must be members of Athletics Alberta.

**No exceptions:**

<https://athleticsalberta.com/membership/membership-details/>

(Note: "Day of Meet" memberships are **no longer available**. Membership must be registered before the meet entry)