

2023 Alberta Summer Games

Athletics Schedule



| DAY | TIME | EVENT | AGES | |
|-----------------|--------|--------------------------------|--------------------------|--|
| FRIDAY, July 21 | 1:00pm | 100m Heat | U16 Girls | |
| | | 100m Heat | U16 Boys | |
| | | Shot Put | U16 Girls | |
| | | Javelin | U18 Girls | |
| | | Long Jump | U16 Boys | |
| | 1:15pm | 100m Heat | U18 Girls | |
| | | 100m Heat | U18 Boys | |
| | 1:30pm | 100m (Pent) | U16 Boys (Pent) | |
| | | 100m (Oct) | U18 Boys (Oct) | |
| | 1:45pm | 1200m | U16 Girls | |
| | | 1200m | U16 Boys | |
| | | Triple Jump | U18 Girls | |
| | 2:00pm | 1500m | U18 Girls | |
| | | 1500m | U18 Boys | |
| | | Discus Throw | U16 Boys | |
| | | High Jump | U16 Girls | |
| | 2:25pm | 80m Hurdles | U16 Girls | |
| | 2:40pm | 100m Hurdles | U18 Girls | |
| | | Long Jump (Oct) | U18 Boys (Oct) | |
| | | Shot Put | U18 Boys | |
| | | 100m Hurdles (Hep) | U18 Girls (Hep) | |
| | 2:55pm | 100m Hurdles | U16 Boys | |
| | | 110m Hurdles | U18 Boys | |
| | 3:00pm | Medal Presentations # 1 | | |
| | | Long Jump (Pent) | U16 Boys (Pent) | |
| | 3:15pm | High Jump (Hep) | U18 (Hep) | |
| | 3:30pm | Discus Throw | U16 Girls | |
| | | Long Jump | U18 Boys | |
| | | Javelin | U18 Boys | |
| | 3:50pm | 110m Hurdles Final | U18 Boys | |
| | 4:00pm | 100m Hurdles Final | U16 Boys | |
| | 4:15pm | Shot Put (Pent, Oct) | U16/U18 Boys (Pent, Oct) | |
| | 4:10pm | 100m Hurdles Final | U18 Girls | |
| | 4:30pm | 80m Hurdles Final | U16 Girls | |
| | 4:40pm | Para 100m Timed Final | All Para Boys | |
| | 4:45pm | Discus Throw | U18 Girls | |
| | 4:50pm | 300m Timed Final | U16 Girls | |
| | 5:05pm | 300m Timed Final | U16 Boys | |

| | | High Jump (Pent) | U16 Boys (Pent) |
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| | 5:15pm | Shot Put (Hep) | U18 Girls (Hep) |
| | 5:20pm | 400m Timed Finals | U18 Girls |
| | | 400m Timed Finals | U18 Boys |
| | | 400m (Oct) | U18 Boys (Oct) |
| | 5:45pm | 100m Finals | U16 Girls |
| | 5:50pm | 100m Finals | U16 Boys |
| | 5:55pm | 100m Finals | U18 Girls |
| | 6:00pm | 100m Finals | U18 Boys |
| | | High Jump | U18 Girls |
| | 6:05pm | 1000m (Pent) | U16 Boys (Pent) |
| | 6:10pm | Discus Throw | U18 Boys |
| | 6:20pm | 200m (Hep) | U18 Girls (Hep) |
| | 6:45pm | Medley Relays | U16 Girls |
| | | Medley Relays | U16 Boys |
| | | Medley Relays | U18 Girls |
| | | Medley Relays | U18 Boys |
| | 7:30pm | Medal Presentations # 2 | |
| DAY | TIME | EVENT | AGES |
| SATURDAY, July 22 | 11:00am | 110m Hurdles (Oct) | U18 Boys (Oct) |
| | | Javelin | U16 Girls |
| | | High Jump | U18 Boys |
| | | Triple Jump | U16 Girls |
| | | 100m (Pent) | U16 Girls (Pent) |
| | 11:15am | 200m Heats | U16 Girls |
| | | 200m Heats | U16 Boys |
| | 11:30am | 200m Heats | U18 Girls |
| | | 200m Heats | U18 Boys |
| | 11:50am | 2000m Finals | U16 Girls |
| | | High Jump (Pent) | U16 Girls (Pent) |
| | 12:00pm | Shot Put | U18 Girls |
| | | Triple Jump | U18 Boys |
| | 12:05pm | 2000m Finals | U16 Boys |
| | 12:15pm | Javelin | U16 Boys |
| | 12:20pm | 3000m Finals | U18 Girls |
| | 12:35pm | 3000m Finals | U18 Boys |
| | 12:45pm | High Jump (Oct) | U18 Boys |
| | | 200m Hurdles Finals | U16 Girls |
| | | Long Jump (Hep) | U18 Girls |
| | 1:00pm | 200m Hurdles Finals | U16 Boys |
| | | Shot Put (Pent) | U16 Girls (Pent) |
| | | 300m Hurdles Finals | U18 Girls |
| | 1:15pm | 300m Hurdles Finals | U18 Boys |
| | 1:30pm | Javelin Throw (Oct) | U18 Boys |

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| | Long Jump | U18 Girls |
| | Medal Presentations #3 | |
| 1:40pm | High Jump | U16 Boys |
| 2:00pm | Long Jump | U16 Girls |
| 2:15pm | 200m Finals | U16 Girls |
| | 200m Finals | U16 Boys |
| 2:30pm | Para 200m Timed Final | All Para Ages and Genders |
| | 200m Finals | U18 Girls |
| | 200m Finals | U18 Boys |
| | Javelin Throw (Hep) | U16 Girls |
| 2:50pm | 800m Finals | U16 Girls |
| 3:00pm | Shot Put | U16 Boys |
| 3:05pm | 800m Finals | U16 Boys |
| 3:15pm | Long Jump (Pent) | U16 Girls (Pent) |
| 3:20pm | 800m Finals | U18 Girls |
| 3:30pm | Triple Jump | U16 Boys |
| 3:35pm | 800m Finals | U18 Boys |
| 3:50pm | 800m (Pent) | U16 Girls (Pent) |
| 4:00pm | 800m (Hep) | U18 Girls |
| 4:15pm | 1000m (Oct) | U18 Boys |
| 4:30pm | 4x100m Relay | U16 Girls |
| 4:45pm | 4x100m Relay | U16 Boys |
| 5:00pm | 4x100m Relay | U18 Girls |
| 5:15pm | 4x100m Relay | U18 Boys |
| 5:45pm | Medal Presentations #4 | |

Last Updated:

19-Jul