



**CALTAF welcomes you to Rotary Challenger Park Track**

**2023 Cheetah Invitational ~ Athletics Alberta Provincial Championships**

**U10, U12 & U14**

**Rotary Challenger Park ~ 3688 48 Ave N.E.**

**June 24 & 25, 2022**

**10:00 a.m. to 5:00 p.m.**

**Sanctioned by Athletics Alberta**

**U14 – Born 2010 & 2011**

**U12 – Born 2012 & 2013**

**U10 – Born 2014 & 2015**

**Meet Director:** Samantha Read [sam.trackandfieldcoach@gmail.com](mailto:sam.trackandfieldcoach@gmail.com)

**Assistant Meet Director:** Paula McKenzie [paula@caltaf.com](mailto:paula@caltaf.com)

**Meet Information:** <https://www.caltaf.com/>

**Entry Fee:** \$45 per Day

**Entry Deadline:** Thursday, June 15th at 11:59 p.m.

**Late Entry:** Sunday, June 18th at 11:59 p.m.

**Registration:**

<https://www.trackie.com/event/CheetahInvitational>

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

## GENERAL INFORMATION

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 10 min before the event begins

FIELD EVENT Marshalling takes place at the event, 30 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 7mm in length and only pyramid type spikes are permitted.

Scratches during the competition are to be submitted at the Timing Crew

NO Spectators on the track surface. The infield is open to competitors, coaches, and officials ONLY. Spectators must stay in the bleachers.

	<b>SATURDAY, June 24, 2023</b>
U10	60m, Long Jump, Turbo Javelin, 300m
U12	80m, Turbo Javelin, Long Jump, 400m
U14	100m, Shot Put, Long Jump, 800m, *200m Hurdles

	<b>SUNDAY, June 25, 2023</b>
U10	150m, Standing Long Jump, Shot Put, 600m
U12	150m, Shot Put, Discus, 800m
U14	200m, Discus, High Jump, 1200m, *Javelin

\*\*All Categories: 4x100m Relay on Sunday

\*200mH – Exhibition event for U14's

\*Javelin exhibition event for U14's

Throws Tetrathlon but must do all three (3) Throws – Shot Put, Discus, Javelin

### SPECIFICATIONS

U10	U12	U14	EVENT
2kg	2kg	3kg	Shot Put
--	--	750g	Discus
300g	400g	--	Turbo Javelin
--	--	400g	Javelin

### MODIFICATIONS

Long Jump: U10, U12 - 1m Takeoff area. Distance will be measured from takeoff. All Jumpers will have three attempts.

High Jump: U14: starting height of .80m with 3cm increments.

Throws: Athletes will receive three attempts

### AWARDS

Provincial Medals for Top 3 in individual events for each division, Ribbons for 4<sup>th</sup> – 8<sup>th</sup> place.

Medals for Top 3 teams in each relay

Medals for Top 3 U14 in the Throws Tetrathlon

### RESULTS

<https://calgarytrackcouncil.com/outdoormeets.php>

## **ATHLETICS ALBERTA AWARDS**

### **Athletics Alberta Provincial Multi-Event Annual Award Points**

The **Top 10 Registered Athletics Alberta Athletes** in each category will be recognized at the Athletics Alberta

Annual Awards, held in 2024

#### **Criteria for Consideration of AA Annual Awards:**

Member of Athletics Alberta at the time of performances.

Athletes placing at the Provincial Championships.

Participation on both days of Provincials is mandatory for awards consideration.

Points are awarded by Athletes score points for their individual events (1<sup>st</sup> = 10pts, 2<sup>nd</sup> = 9pts...10<sup>th</sup> = 1pt...).

**Questions** regarding this may be submitted to [info@athleticsalberta.com](mailto:info@athleticsalberta.com).