

**Gord's Running Store Athletics Series 2023 - 2023-07-04****Finale****Foothills Athletic Park, Calgary, Alberta****Results - GRSAS #3 - Sunday July 4, 2023****Girls 100 Meter Dash U16**

Name	Year Team	Finals	Wind	H#	Points
Finals					
1 Okemakinde, Elizabeth	09 Calgary Spartans	12.71	0.4	2	10
2 Penner, Lexi	09 Calgary Warr	13.01	1.0	1	8
3 McGillivray, Meghan	09 Calgary Warr	13.13	1.0	1	6
4 Hindle, Taylor	09 Caltaf Athle	13.28	1.0	1	5
5 Snyder, Sadie	08 Caltaf Athle	13.58	1.0	1	4
6 Blackmore, Sophia	09 Caltaf Athle	13.61	1.0	1	3
7 Reyes, Taliyah	11 Unattached Alberta	14.03	1.0	1	2
8 Emberly, Maiya	10 Unattached Alberta	14.10	1.0	1	1
9 O'Donoghue, Mya	08 Caltaf Athle	14.11	1.0	1	
10 Jang, Megan	08 Caltaf Athle	14.20	0.4	2	
11 Eremenko, Samantha	08 Calgary Warr	14.23	-0.2	3	
12 Mayr, Naomi	09 Calgary Warr	14.30	0.4	2	
13 Ballard, Amelia	08 Caltaf Athle	15.68	-0.2	3	

**Girls Long Jump U16**

Name	Year Team	Finals	Wind	Points
1 Okemakinde, Elizabeth	09 Calgary Spartans	4.75m	NWI	10
4.75m(NWI) 4.45m(NWI) FOUL				
2 Cumming, Maggie	08 Caltaf Athle	4.41m	NWI	8
4.41m(NWI) 4.34m(NWI) 4.32m(NWI)				
3 Harding, Shayla	08 Calgary Warr	4.36m	NWI	6
4.04m(NWI) 4.03m(NWI) 4.36m(NWI)				
4 Delorme, Catherine	09 Caltaf Athle	4.33m	NWI	5
4.07m(NWI) 4.33m(NWI) 4.27m(NWI)				
5 Emberly, Maiya	10 Unattached Alberta	4.08m	NWI	4
3.93m(NWI) 3.98m(NWI) 4.08m(NWI)				
6 Lazzari, Jasmine	09 Caltaf Athle	4.05m	NWI	3
FOUL 3.98m(NWI) 4.05m(NWI)				
7 O'Donoghue, Mya	08 Caltaf Athle	4.02m	NWI	2
FOUL 4.02m(NWI) FOUL				
8 Eremenko, Samantha	08 Calgary Warr	3.91m	NWI	1
3.91m(NWI) 3.31m(NWI) 3.88m(NWI)				
9 Mayr, Naomi	09 Calgary Warr	3.77m	NWI	
2.59m(NWI) 3.63m(NWI) 3.77m(NWI)				
10 Heus, Solana	09 Caltaf Athle	3.64m	NWI	
3.52m(NWI) 3.49m(NWI) 3.64m(NWI)				
11 Nagtalon, Karaelle	09 Caltaf Athle	3.59m	NWI	
3.19m(NWI) 3.59m(NWI) 3.55m(NWI)				

**Women 100 Meter Dash Senior**

Name	Year Team	Finals	Wind	H#	Points
1 Richardson Wilson, Dawn	99 Running Room	11.98	0.2	1	10
2 Reyes, Tatiana	07 Unattached Alberta	12.01	0.2	1	8
3 Hagen, Elise	07 Calgary Warr	12.41	0.2	1	6
4 Santema, Helana	01 Unattached Alberta	12.55	0.2	1	5
5 Reid, Halle	03 U OF C Athle	12.61	1.8	3	4
6 Hurtubise, Hannah	06 Calgary Warr	12.66	0.2	1	3

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7	Sowinski, Beata	03 U OF C Athle	12.72	1.5	2	2
8	Ameh, Lesley	07 U OF C Athle	12.75	1.8	3	1
9	Stevens, Hayley	04 U OF C Athle	13.08	1.5	2	
10	Ncube, Sarah	04 Calgary Warr	13.53	0.2	1	
11	Olanrewaju, Zaria	07 Calgary Spartans	13.89	1.5	2	
12	Ncube, Sandra	06 Calgary Warr	14.20	0.2	1	
13	Lee, Sammy	07 U OF C Athle	14.30	1.8	3	
14	Dominick, Crista	73 Calgary Spartans	15.95	1.5	2	
15	Lauridsen, Susanne	58 U OF C Athle	19.40	1.5	2	

**Women High Jump Senior**

Name	Year Team	Finals	Points
1 Bliss, Reagan	04 Calgary Spartans	1.56m	10
1.50 1.53 1.56 1.62 1.63			
O P O P XXX			
2 Watts, Abby	01 U OF C Athle	1.53m	5.75
1.50 1.53 1.56			
O O XXX			
2 Iyinbor, Ebinehita	06 Caltaf Athle	1.53m	5.75
1.35 1.40 1.45 1.50 1.53 1.56			
O O XO O XO XXX			
2 Edwards, Alyson	00 U OF C Athle	1.53m	5.75
1.45 1.50 1.53			
O XO XO			
2 Nsabiyeze, Ayda	07 Caltaf Athle	1.53m	5.75
1.40 1.45 1.50 1.53 1.56			
O O XXO O XXX			

**Women Discus Throw 1 kg Senior**

Name	Year Team	Finals	Points
1 Andres, Rachel	87 Caltaf Athle	51.17m	10
51.07m FOUL 51.17m 49.40m 49.17m 48.08m			
2 Johnson, Alexis	00 Caltaf Athle	37.75m	8
37.59m 34.94m 35.61m 34.75m 37.75m 36.88m			
3 Ripco, Abigail	06 Caltaf Athle	25.54m	6
19.96m 23.39m 25.54m 23.54m 21.94m 23.65m			
4 Schultz, Breanna	07 Caltaf Athle	24.61m	5
23.82m 24.61m 23.14m FOUL 22.14m 22.27m			
5 Armstrong, Claire	06 Caltaf Athle	24.50m	4
22.17m 23.59m 23.12m 24.50m 23.11m 22.77m			
6 Hennebury, Kathryn	06 Caltaf Athle	21.72m	3
21.07m 16.83m 18.61m 21.59m 18.93m 21.72m			

**Women Discus Throw Masters**

Name	Year Team	Finals
1 O'Brien, Calli	72 Caltaf Athle	17.84m
16.96m FOUL 17.84m 17.06m 14.79m FOUL		

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2 Nesterenko, Louise 50 Caltaf Athle 9.34m  
 9.34m 8.95m 8.39m 9.12m 8.79m 8.94m

**Women Long Jump Ambulatory Para**

Name	Year Team	Finals	Wind
1 Rissling, Tiana	93 Caltaf Athle	3.82m	-1.4
3.70m(-1.5) 3.82m(-1.4)			

**Boys 100 Meter Dash U16**

Name	Year Team	Finals	Wind	H#	Points
1 Fray, Shalin	08 U OF C Athle	11.60	1.4	2	10
2 Botha, Jaydon	09 Calgary Spartans	11.93	1.4	1	8
3 Quach, Jireh	09 Calgary Spartans	11.98	1.4	1	6
4 Armeneau, Emmett	09 Caltaf Athle	12.52	1.4	1	5
5 Vidler, Tyler	09 Caltaf Athle	12.96	1.4	1	4
6 Smith, Harrison	09 Calgary Spartans	13.31	1.4	2	3
7 Russell, Mateo	09 Calgary Spartans	13.32	1.4	1	2
8 Woods, Cole	09 Caltaf Athle	14.92	1.4	1	1

**Boys Long Jump U16**

Name	Year Team	Finals	Wind	Points
1 Fray, Shalin	08 U OF C Athle	5.89m	-1.4	10
5.77m(+0.0) 5.89m(-1.4)				
2 Botha, Jaydon	09 Calgary Spartans	5.09m	-0.8	8
FOUL 5.09m(-0.8)				

**Men 100 Meter Dash Senior**

Name	Year Team	Finals	Wind	H#	Points
1 Abosi, Stephen	93 U OF C Athle	10.81	0.7	1	10
2 Zuchotzki, Devon	02 Calgary Spartans	11.08	0.2	4	8
3 Oko, Joshua	05 Calgary Spartans	11.26	0.7	2	6
4 Quach, Caleb	05 Calgary Spartans	11.31	0.7	1	5
5 Nagassar, Gage	06 Unattached Alberta	11.32	0.7	1	4
6 Grattidge, Clay	05 Cochrane End	11.62	0.2	4	3
7 Tigley, Evan	03 U OF C Athle	11.69	1.2	3	2
8 Bruno-Oshiokpkehai, Sean	04 U OF C Athle	11.69	0.7	2	1
9 Quach, Olam	06 Calgary Spartans	11.71	0.7	2	
10 Kinning, William	06 Calgary Warr	11.79	0.2	4	
11 Shergill, Shaan	04 Calgary Spartans	11.87	1.2	3	
11 Viccars, Luke	01 Unattached Alberta	11.87	0.2	4	
13 Descoteau, Dawsen	07 Caltaf Athle	12.11	1.2	3	
14 Harriott, Roheem	04 Calgary Spartans	12.12	1.2	3	
15 Leleji, Enoch	05 U OF C Athle	12.16	0.7	1	
16 Setiaputra, Gavrillio	07 U OF C Athle	12.24	1.2	3	
17 Uzoka, Stephen	05 Calgary Spartans	12.58	0.7	2	
18 Gonzalez Castro, Diego	07 Calgary Spartans	13.13	1.2	3	

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19 Hellrud, Nick	00 U OF C Athle	13.22	1.2	3
20 Tigley, Allan	71 U OF C Athle	13.86	0.2	4
-- Coy, Christopher	60 Unattached Alberta	DNF	0.2	4