

**2023-24 Dinos Indoor Track Series**  
**Jack Simpson/Olympic Oval, U of Calgary**  
**Tentative Schedule**

**Dino Opener** - December 10, 2023  
Starts at 9:30 AM

<b>Event</b>	<b>Round</b>
9:30 AM Men 18+ 60 Meter Hurdles 42"/13.72m Open	Finals
Men 18-19 60 Meter Hurdles 39"/13.72m U20	Finals
Men 16-17 60 Meter Hurdles 36"/13.72m U18	Finals
Boys 14-15 60 Meter Hurdles 33"/13m/8.5m 15 yrs	Finals
10:00 AM Women 18+ 60 Meter Hurdles 33"/13m/8.5m Open	Finals
Women 16-17 60 Meter Hurdles 30"/13m/8.5m U18	Finals
Girls 14-15 60 Meter Hurdles 30"/12m/8m 15 yrs	Finals
10:45 AM Men 60 Meter Dash Open	Prelims
Top 12 Times advance to 2 Section Final	
Inform RESULTS Table if not running the FINAL	
11:00 AM Women 60 Meter Dash Open	Prelims
Top 12 Times advance to 2 Section Final	
Inform RESULTS Table if not running the FINAL	
11:15 AM Men 35+ 60 Meter Dash Masters	Finals
Women 35+ 60 Meter Dash Masters	Finals
Boys U 18 60 Meter Dash	Finals
Girls U 18 60 Meter Dash	Finals
Boys 15 Year Olds 60 Meter Dash	Finals
Girls 15 Year Olds 60 Meter Dash	Finals
Boys 14 Year Olds 60 Meter Dash	Finals
Girls 14 Year Olds 60 Meter Dash	Finals
11:45 AM Boys 13 Year Olds 60 Meter Dash	Finals
Girls 13 Year Olds 60 Meter Dash	Finals
Boys 12 Year Olds 60 Meter Dash	Finals
Girls 12 Year Olds 60 Meter Dash	Finals
Boys 11 Year Olds 60 Meter Dash	Finals
Girls 11 Year Olds 60 Meter Dash	Finals
Boys 10 Year Olds 60 Meter Dash	Finals
Girls 10 Year Olds 60 Meter Dash	Finals
Boys 9 & Under 60 Meter Dash	Finals
Girls 9 & Under 60 Meter Dash	Finals
12:15 PM Men 60 Meter Dash Open	Finals
Top 12 Times advance to 2 Section Final	
Inform RESULTS Table if not running the FINAL	
Women 60 Meter Dash Open	Finals
Top 12 Times advance to 2 Section Final	
Inform RESULTS Table if not running the FINAL	
12:25 PM Boys U 12 4x200 Meter Relay	Finals
Girls U 12 4x200 Meter Relay	Finals
Boys U 10 4x200 Meter Relay	Finals
Girls U 10 4x200 Meter Relay	Finals

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1:45 PM	Men 300 Meter Dash Open Men 35+ 300 Meter Dash Masters	Finals Finals
2:15 PM	Women 300 Meter Dash Open Women 35+ 300 Meter Dash Masters Boys 300 Meter Dash 15 years Girls 300 Meter Dash 15 years Boys 14 Year Olds 300 Meter Dash 14 yrs Girls 14 Year Olds 300 Meter Dash 14 yrs	Finals Finals Finals Finals Finals Finals
3:00 PM	Boys 13 Year Olds 150 Meter Dash 13 yrs Girls 13 Year Olds 150 Meter Dash 13 yrs Boys 12 Year Olds 150 Meter Dash 12 yrs Girls 12 Year Olds 150 Meter Dash 12 yrs Boys 11 Year Olds 150 Meter Dash 11 yrs Girls 11 Year Olds 150 Meter Dash 11 yrs Boys 10 Year Olds 150 Meter Dash 10 yrs Girls 10 Year Olds 150 Meter Dash 10 yrs Boys 9 & Under 150 Meter Dash 9 and Under Girls 9 & Under 150 Meter Dash 9 and Under	Finals Finals Finals Finals Finals Finals Finals Finals Finals Finals
4:00 PM	Men 16+ 600 Meter Run Open Women 16+ 600 Meter Run Open	Finals Finals
4:30 PM	Boys 15 Year Olds 800 Meter Run 15 yrs Boys 14 Year Olds 800 Meter Run 14 yrs Girls 15 Year Olds 800 Meter Run 15 yrs Girls 14 Year Olds 800 Meter Run 14 yrs Boys 13 Year Olds 800 Meter Run 13 yrs Boys 12 Year Olds 800 Meter Run 12 yrs Girls 13 Year Olds 800 Meter Run 13 yrs Girls 12 Year Olds 800 Meter Run 12 yrs	Finals Finals Finals Finals Finals Finals Finals Finals
5:00 PM	Boys 11 Year Olds 400 Meter Run 11 yrs Girls 11 Year Olds 400 Meter Run 11 yrs Girls 10 Year Olds 400 Meter Run 10 yrs Boys 10 Year Olds 400 Meter Run 10 yrs Boys 9 & Under 400 Meter Run 9 and Under Girls 9 & Under 400 Meter Run 9 and Under	Finals Finals Finals Finals Finals Finals
5:30 PM	Men 16+ 1000 Meter Run Open / Masters Women 16+ 1000 Meter Run Open / Masters	Finals Finals
5:45 PM	Women Shot Put Open (Invitational)	Finals
6:45 PM	Men Shot Put Open (Invitational)	Finals