

2024 -25 Calgary Indoor Track Series
Jack Simpson U of Calgary
Tentative Schedule

Jack Simpson Open - January 5, 2025

Starts at 9:30 AM

Event	Round
9:30 AM Men 18+ 60 Meter Hurdles 42"/13.72m Open	Finals
Men 18-19 60 Meter Hurdles 39"/13.72m U20	Finals
Men 16-17 60 Meter Hurdles 36"/13.72m U18	Finals
Boys 14-15 60 Meter Hurdles 33"/13m/8.5m 15 yrs	Finals
9:50 AM Women 18+ 60 Meter Hurdles 33"/13m/8.5m Open	Finals
Women 16-17 60 Meter Hurdles 30"/13m/8.5m U18	Finals
Girls 14-15 60 Meter Hurdles 30"/12m/8m 15 yrs	Finals
10:05 AM Men 16+ 60 Meter Dash Open Top 12 times advance to a Two section final Inform RESULTS Table if not running the FINAL	Prelims
Men 35+ 60 Meter Dash Masters	Finals
10:25 AM Women 16+ 60 Meter Dash Open Top 12 times advance to a two-section final Inform RESULTS Table if not running the FINAL	Prelims
Women 35+ 60 Meter Dash Masters	Finals
Boys 16-17 60 Meter Dash U18	Finals
Girls 16-17 60 Meter Dash U18	Finals
11:15 AM Boys 15 Year Olds 60 Meter Dash 15 yrs	Finals
Girls 15 Year Olds 60 Meter Dash 15 yrs	Finals
Boys 14 Year Olds 60 Meter Dash 14 yrs	Finals
Girls 14 Year Olds 60 Meter Dash 14 yrs	Finals
Boys 13 Year Olds 60 Meter Dash 13 yrs	Finals
Girls 13 Year Olds 60 Meter Dash 13 yrs	Finals
Boys 12 Year Olds 60 Meter Dash 12 yrs	Finals
Girls 12 Year Olds 60 Meter Dash 12 yrs	Finals
Boys 11 Year Olds 60 Meter Dash 11 yrs	Finals
Girls 11 Year Olds 60 Meter Dash 11 yrs	Finals
Boys 10 & Under 60 Meter Dash 10 yrs	Finals
Girls 10 & Under 60 Meter Dash 10 yrs	Finals
12:00 PM Boys 9 & Under 60 Meter Dash 9 and Under	Finals
Girls 9 & Under 60 Meter Dash 9 and Under	Finals

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12:15 PM	Men 16+ 60 Meter Dash Open Top 12 times advance to a Two section final Inform RESULTS Table if not running the FINAL	Finals
12:20 PM	Women 16+ 60 Meter Dash Open Top 12 times advance to a two-section final Inform RESULTS Table if not running the FINAL	Finals
12:30 PM	Boys 14-15 4x200 Meter Relay	Finals
	Girls 14-15 4x200 Meter Relay	Finals
	Boys 12-13 4x200 Meter Relay	Finals
	Girls 12-13 4x200 Meter Relay	Finals
1:00 PM	Lunch	
1:55 PM	Boys 15 Year Olds 150 Meter Dash	Finals
	Girls 15 Year Olds 150 Meter Dash	Finals
	Boys 14 Year Olds 150 Meter Dash	Finals
	Girls 14 Year Olds 150 Meter Dash	Finals
	Boys 13 Year Olds 150 Meter Dash	Finals
	Girls 13 Year Olds 150 Meter Dash	Finals
	Boys 12 Year Olds 150 Meter Dash	Finals
	Girls 12 Year Olds 150 Meter Dash	Finals
	Boys 11 Year Olds 150 Meter Dash	Finals
	Girls 11 Year Olds 150 Meter Dash	Finals
	Boys 10 & Under 150 Meter Dash	Finals
	Girls 10 & Under 150 Meter Dash	Finals
	Boys 9 & Under 150 Meter Dash	Finals
	Girls 9 & Under 150 Meter Dash	Finals
3:00 PM	Men 16+ 1500 Meter Run Open	Finals
	Men 35+ 1500 Meter Run Masters	Finals
	Women 16+ 1500 Meter Run Open	Finals
	Women 35+ 1500 Meter Run Masters	Finals
3:20 PM	Boys 15 Year Olds 1200 Meter Run	Finals
	Boys 14 Year Olds 1200 Meter Run	Finals
	Boys 13 Year Olds 1200 Meter Run	Finals
	Boys 12 Years Old 1200 Meter Run	Finals
	Boys 11 Years Old 1200m	Finals

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	Boys 10 Years Old 1200m	Finals
	Girls 15 Year Olds 1200 Meter Run	Finals
	Girls 14 Year Olds 1200 Meter Run	Finals
	Girls 13 Year Olds 1200 Meter Run	Finals
	Girls 12 & Under 1200 Meter Run	Finals
	Girls 11 Year Olds 1200 Meter Run	Finals
	Girls 10 Years Old 1200 Meter Run	Finals
3:45 PM	Men 16+ 600 Meter Run Open	Finals
	Men 35+ 600 Meter Run Masters	Finals
	Women 16+ 600 Meter Run Open	Finals
	Women 35+ 600 Meter Run Masters	Finals
4:20 PM	Boys 15 Year Olds 400 Meter Dash	Finals
	Girls 15 Year Olds 400 Meter Dash	Finals
	Boys 14 Year Olds 400 Meter Dash	Finals
	Girls 14 Year Olds 400 Meter Dash	Finals
	Boys 13 Year Olds 400 Meter Run	Finals
	Girls 13 Year Olds 400 Meter Run	Finals
	Boys 12 Year Olds 400 Meter Run	Finals
	Girls 12 Year Olds 400 Meter Run	Finals
4:40 PM	Boys 11 Year Olds 300 Meter Run	Finals
	Girls 11 Year Olds 300 Meter Run	Finals
	Boys 10 & Under 300 Meter Run	Finals
	Girls 10 & Under 300 Meter Run	Finals
	Boys 9 & Under 300 Meter Dash	Finals
	Girls 9 & Under 300 Meter Dash	Finals
5:00 PM	Men 16+ 300 Meter Run Open	Finals
	Men 35+ 300 Meter Run Masters	Finals
	Women 16+ 300 Meter Run Open	Finals
	Women 35+ 300 Meter Run Masters	Finals
5:30 PM	Women 16+ High Jump Open	Finals
	Opening Height - 1.44m	
	Up by 5cm to 1.54m then by 3cm	
6:30 PM	Men 16+ High Jump Open	Finals
	Opening Height - 1.61m	
	Up by 5cm to 1.81m and then by 3cm	