

Final Schedule Overview

(as of May 8, 2025)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Friday May 9, 2025

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
5:45pm	5:45pm			U16 B	OW Discus				
6:00pm	6:00pm	OW Long Jump							
	6:45pm				U18 W Discus				
	7:00pm			U16 G					
7:30pm	7:30pm	U18M Long Jump							
	8:15pm				OM/U20M/MstM/U18B/U16B Hammer				

Calgary Spring Challenge and Combined Event  
Final Schedule Overview

(as of May 8, 2025)

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Saturday May 10, 2025

Track
9:00am
9:30am
10:00am
Decathlon 100m (OM/U20/U18/Mst)
100m Hurdles U16B
100m Hurdles OW Hts
Heptathlon 100m Hurdles
100m Hurdles U18W Hts
Heptathlon 80m Hurdles
80m Hurdles U16G Hts
80m Hurdles U14
11:30am
11:45am
1500m Timed Finals
12:00pm
12:15pm
1200m Timed Finals U16
12:30pm
80m Hurdles Final U16G
100m Hurdles Final U18W
100m Hurdles Final OW
100m Hurdles Final U16B
1:00pm
100m Timed Finals U14
1:30pm
Lunch Break
1:45pm
2:00pm
60m Timed Finals
2:15pm
100m Heats
2:30pm
2:45pm
3:15pm
Heptathlon 200m
3:30pm
3:45pm
Decathlon 400m
4:00pm
100m Finals
4:15pm
600m Timed Finals U12
4:30pm
300m Timed Finals (U16/U10)
4:45pm
5:00pm
400m Timed Finals
5:15pm
5:30pm
1200m Timed Finals U14
4x100m
6:00pm
6:15pm

Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
9:00am				Throw Pent Hammer	U18/U16 M Shot Put			
9:30am								
10:00am				U16 W Discus				
10:15am					Throw Pent Shot Put			
10:30am	Decathlon Long Jump	U12/U10 G Long Jump				U12/U10 B T.Jav		10:30am
		2 pits						
11:00am			W Heptathlon High jump					11:00am
			North - Open (10)					
11:15am			South - U20/U18/Masters (11)					11:15am
11:30am				Throw Pent Disus				11:30am
11:45am		U12/U10 B Long Jump			Decathlon Shot Put	U12/U10 G T.Jav		11:45am
		2 pits						
12:00pm				U18 W Javelin				12:00pm
12:15pm	OM Long Jump							12:15pm
12:30pm					OM/U20M/MstM Shot Put			12:30pm
								12:45pm
12:45pm			Decathlon High Jump					
1:00pm				Throw Pent Javelin			OW Pole Vault	1:00pm
1:15pm					W Heptathlon Shot Put			
1:30pm		U14 G Long Jump			1:15pm = U18/Masters	U14 B Jav		1:30pm
1:45pm		2 pits		U16 W Javelin	2:00pm - Open/U20			1:45pm
2:00pm								2:00pm
2:15pm								2:15pm
2:30pm	U18W Long Jump		OW/U18W High Jump					2:30pm
2:45pm				OW/Masters W Javelin				2:45pm
3:00pm					Throw Pent Weight			3:00pm
3:15pm		U14B Long Jump				U14 G Jav		3:15pm
3:30pm		2 pits					OM Pole Vault	3:30pm
3:45pm								3:45pm
4:00pm				OW/U16/U18/Masters W Hammer	PARA Shot Put / Javelin			4:00pm
4:15pm			OM/U18 M High Jump					
4:30pm								4:30pm
4:45pm								4:45pm
5:00pm								5:00pm
5:15pm								5:15pm
5:30pm								5:30pm
6:00pm								6:00pm
6:15pm								6:15pm

Times are approximate and may be adjusted to accommodate the Combined Events Competition

Final Schedule Overview

(as of May 8, 2025)

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Sunday May 11, 2025

Track	Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
9:00am U16 2000m	9:00am				OM/U20/U18/Mast M Discus				
9:15am Open/U18 3000m	9:15am								
9:30am	9:30am		U12/U10 B ST.Long Jump			U16 W Shot Put	U12/U10 G Shot Put		
10:00am 110m Hurdles OM M Hts	10:00am				U16 M Discus				10:00am
Decathlon 110m Hurdles									
110m Hurdles U20/U18 M Hts									
10:15am Pentathlon 100m Hurdles U16 M	10:15am								10:15am
Pentathlon 80m Hurdles U16 W									
10:30am	10:30am					U18 W Shot Put			10:30am
10:45am	10:45am				Decathlon Discus				10:45am
11:00am 110m Hurdles OM M Final	11:00am	U16 M Pentathlon Long Jump	U12/U10 G ST.Long Jump				U12/U10 G Shot Put		11:00am
110m Hurdles U20/U18 M Final	11:15am		2 pits	U16 W Pentathlon High Jump					11:15am
11:30am 200m Heats	11:30am					O/Mast W Shot Put			11:30am
	11:45am								11:45am
	12:00pm	W Heptathlon Long Jump			U18/U16/Masters M Javelin			Decathlon Pole Vault	12:00pm
12:15pm 200m Timed Finals U14	12:15pm	11:45am - Open/U20							12:15pm
	12:30pm	1:00pm - U18/Masters	U16 M Long Jump			U16 M Pentathlon Shot Put			12:30pm
12:45pm 150m Timed Finals U12/U10	12:45pm								12:45pm
1:00pm	1:00pm								1:00pm
1:15pm	1:15pm			U16 M Pentathlon High Jump	W Heptathlon Javelin	U16 W Pentathlon Shot Put			1:15pm
1:30pm LUNCH	1:30pm				1:15pm - Open/U20				1:30pm
1:45pm	1:45pm	OW/U18/U16 W Triple Jump			2:15pm - U18/Masters				1:45pm
2:00pm 200m Finals	2:00pm			U14 M High Jump		U14 W Shot Put			2:00pm
2:15pm	2:15pm		U16 W Pentathlon Long Jump						2:15pm
2:30pm 200m Hurdles	2:30pm								2:30pm
2:45pm 400m Hurdles	2:45pm		U16 W Long Jump						2:45pm
3:00pm Heptathlon 800m	3:00pm				Decathlon Javelin				3:00pm
3:15pm 600m Timed Finals U10	3:15pm								3:15pm
1000m Timed Finals U12									
3:30pm Pentathlon 1000m U16 M	3:30pm	OM/U18/U16 M Triple Jump		U14 W High Jump		U14M Shot Put			3:30pm
3:45pm Pentathlon 800m U16 W	3:45pm								
4:00pm Decathlon 1500m	4:00pm				OM Javelin				
4:15pm 4x200m Mixed	4:15pm								
4:30pm 800m U14									
4:45pm	4:45pm								

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