



## *Relay Challenge*

### 2025

Hosted by Calgary Spartans Track Club  
Sanctioned by Athletics Alberta

**Date:** Wednesday, July 23rd

**Location:** Foothills Track

**Meet Enquiries:** [christine.diane.laverty@gmail.com](mailto:christine.diane.laverty@gmail.com)

**Registration Enquiries:** [momfirst\\_2000@yahoo.com](mailto:momfirst_2000@yahoo.com)

**Website:** [calgarytrackcouncil.com](http://calgarytrackcouncil.com), "Spartans Relay Challenge"

**Entry Fees:**

\$30 per Relay team

**Entry deadline:** **Midnight Friday July 18<sup>th</sup>, 2025**

**Scratches:** up to late entry deadlines

**Late Entries:**

Late entries can be made on Trackie for a charge of \$35/event until **Sunday, July 20<sup>th</sup>** at midnight. No entries will be allowed after the late entry deadline.

**\*Day of Meet Entries will not be accepted.**

**Entries:** Athletics Registration: <https://www.trackie.com/event/calgary-spartans-relay-challenge/1029958/>

**Athletics Alberta Membership:** All participants must be a member of Athletics Alberta.

**Photo Timing:** Fully automatic photo timing (FinishLynx)

**Spike Length:** Must be cones (no pyramids), a maximum length 6mm

**Age Categories:** *Ages as of December 31, the year of competition*

- U10
- U12
- U14
- U16
- U18
- U20

- Open
- Masters: 35+ years old as the day of meet

## Events

	Male	Female	Mixed
<b>4 X 100</b>	<b>U10/U12/U14/U16 / U18 / U20 / Open/Masters</b>	<b>U10/U12/U14/U16 / U18 / U20 / Open/ Masters</b>	
<b>4 X 200</b>	<b>U10 /U12</b>	<b>U10 / U12</b>	
<b>4 x 400</b>	<b>U10/U12/U14/U16 / U18 / U20 / Open</b>	<b>U10/U12/U14/U16 / U18 / U20 / Open</b>	<b>U16 / U18 /U20 / Open</b>
<b>4 X 800</b>	<b>U14/U16 / U18 / U20 / Open/ Masters</b>	<b>U14/U16 / U18 / U20 / Open/Masters</b>	<b>U16 / U18 / U20 / Open</b>
<b>Medley 400-200- 200-800</b>	<b>U14/U16 / U18 / U20 / Open</b>	<b>U14/U16 / U18 / U20 / Open</b>	

**\*All events will be timed finals**

**Schedule:** [calgarytrackcouncil.com](http://calgarytrackcouncil.com) (to be posted soon!)

- **Final Schedule** posted the day before the competition once entries are finalized.
- **Heat Sheets** posted on the wall of the timing tower prior to the meet.
- **Results** posted at the main entrance to Foothills track and online at [calgarytrackcouncil.com](http://calgarytrackcouncil.com) under "Live Results."

## Awards:

- Top 3 Teams in each event will receive a medal.

## Marshalling:

**Relays-** Teams must submit Team Declaration forms with correct years of birth to the Result's Table by 5:00 PM the day of the meet.

- The age category of the team will be determined by the oldest member of the team.

## Start Procedures:

### Starting Blocks

Athletes U14 year and older must use starting blocks.

Athletes U12 year and younger will not have starting blocks.

Tentative Schedule (Women followed by Men for each age group)

5:45	4 X 800	Open, U20, U18, U16, U14, Masters
6:15	4 X 100	Open, U20, U18, U16, Masters, U14, U12, U 10
7:00	4 X 400	Open, U20, U18, U16, U14, U12, U10
	4 x 400 Mixed	Open, U20, U18, U16
7:30	4 x 200	U12, U10 (Non Sanctioned Event)
7:45	Medley	Open, U20, U18, U16, U14

## Provincial Records

### 4 X 100m

#### Men

U23	41.3	Calgary Spartans	Regina, Sask	Aug. 28, 1976
U19	42.40	Calgary Spartans	Walnut, CA	April, 21, 1990
U18	43.67	Edmonton Royals	Sherwood Pk, AB	July 21, 2013
U17	43.67	Edmonton Royals	Sherwood Pk, AB	July 21, 2013
U16	44.84	Calgary Warriors	Edmonton, AB	June 23, 2007
U15	45.25	CALTAF	Calgary, AB	June 15, 2008
U14	54.04	Lethbridge Track Club	Red Deer, AB	June 13, 1986

#### Women

U23	47.03	Calgary Spartans	Winnipeg, Man	July 3, 1982
U19	47.03	Calgary Spartans	Winnipeg, Man	July 3, 1982
U18	48.09	Calgary Spartans	Walnut, Ca	Apr. 18, 1992
U17	48.09	Calgary Spartans	Walnut, Ca	Apr. 18, 1992
U16	48.95	Edmonton Columbians	Ste. Therese, QC	Aug. 8, 2015
U15	48.95	Edmonton Columbians	Ste. Therese, QC	Aug. 8, 2015
U14	50.70	Edmonton Columbians	Airdrie, AB	July 26, 2014

### 4 X 400m

#### Men

U23	3:15.61	Running Room	Montreal, QC	June 30, 2024
U19	3:15.61	Running Room	Montreal, QC	June 30, 2024
U18	3:19.86	CALTAF	Saskatoon, Sask.	July 23, 2004
U17	3:28.56	Calgary Track West	Edmonton, AB	July 12, 1987
U16	3:37.34	Calgary Thunderbolts	Calgary, AB	July 20, 1986
U15	3:38.86	Calgary Track West	Calgary, AB	July 13, 1996
U14	No Record			

#### Women

U23	3:46.6	Calgary Spartans	Edmonton, AB	Aug. 8, 1976
U19	3:46.7	Calgary Thunderbolts	Vancouver, BC	July 21, 1997
U18	3:46.7	Calgary Thunderbolts	Vancouver, BC	July 21, 1997
U17	3:50.1	Calgary Spartans	Saskatoon, Sask	May 24, 1980
U16	4:05.72	Leduc Track Club	Saskatoon, Sask	July 6, 1995
U15	4:05.72	Leduc Track Club	Saskatoon, Sask	July 6, 1995
U14	4:05.72	Leduc Track Club	Saskatoon, Sask	July 6, 1995

### 4 X 800

#### Men

U23	8:28.30	Calgary Spartans	Sherwood Park, AB	July 14, 2024
U19	8:34.59	Calgary Spartans	Sherwood Park, AB	July 14, 2024
U18	8:34.59	Calgary Spartans	Sherwood Park, AB	July 14, 2024
U17	8:34.59	Calgary Spartans	Sherwood Park, AB	July 14, 2024

U16 Vacant  
U15 Vacant  
U14 Vacant

#### Women

U23	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U19	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U18	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U17	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U16	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U15	10:15.59	Edmonton Harriers	Sherwood Park, AB	June 13, 2015
U14		Vacant		

#### Medley (400-200-200-800)

##### Men

U23	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U19	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U18	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U17	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U16	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U15	4:04.04	Caltaf	Sherwood Park, AB	July 29, 2018
U14		Vacant		

##### Women

U23 Vacant  
U19 Vacant  
U18 Vacant  
U17 Vacant  
U16 Vacant  
U15 Vacant  
U14 Vacant

#### 4 X 400m Mixed

##### Men

U23 Vacant  
U19 Vacant  
U18 Vacant  
U17 Vacant  
U16 Vacant

##### Women

U23 Vacant  
U19 Vacant  
U18 Vacant  
U17 Vacant  
U16 Vacant