

# 2013 new balance athletics series

may 4, 18, june 2 @ foothills athletic park

**meet director:** Doug Lamont **meet manager:** Jason Lindsay

**sanctioned by:** Athletics Alberta **offered by:** Calgary Track Council

**partnerships:** New Balance Canada and Gord's Running Store



## new balance athletics series information

**Featuring the Voice of Alberta Track and Field:** Gord Lindsay

**Entry Cost:** \$10 per event (This does not cover the \$5 Day of the Meet Insurance for Non-Athletics Alberta members). If accepted late entries charged \$20/event.

**Registration Deadlines:** before noon on the following dates: May 1, 15, 29  
By Email to Doug Lamont at lamont@ucalgary.ca phone: 403-220-2479.

Checks are made payable to the CALGARY TRACK COUNCIL Payments are required to compete. We will not be billing to out of town clubs!

**Day of the Meet Entries:** are accepted at the meet directors discretion and or if there is space in the event. If accepted late entries will be charged an additional \$5.

**Where:** @ Foothills Athletic Park

**Facility:** Versaturf surface for the oval and run-ups; 6mm maximum spike length; Concrete throwing circles.

**Timing by:** Finishlynx

**Results by:** Hytek Meet Manager - Live results at [www.calgarytrackcouncil.com](http://www.calgarytrackcouncil.com)

**Seeding:** Computerized seeding the day of competition.

## schedules

**Schedule guidelines:** Events run approximately 1/2 hour per event. The listed order of events is the order of competition.

**Final Schedule:** will be posted on the day before the meet at [www.calgarytrackcouncil.com](http://www.calgarytrackcouncil.com).

Bolded events are the only events offered for the Midget competitors.

Open athletes will compete first then midgets (master's competitors to compete with midgets (unless otherwise specified).

We are unable to accommodate requests for additional events into our schedules.

## new balance athletics series notes

- Three jump minimum for horizontal jumps, unless there is time permitting. If time permits, the top 4 male and female jumpers and throwers will be awarded an additional 3 attempts.
- \$50 cash prizes will be awarded for breaking existing open records under legal conditions (new events will not be considered). Additional \$50 for breaking a senior provincial record!
- Check-in Procedure: All track athletes must check-in at the clerking area 20 minutes prior to the scheduled start time. After this time heats will be seeded and drawn. There will be no additions made at the start line. No exceptions!
- Field events competitors must check in at the event.
- Youth / junior / masters athletes may be accommodated for hurdle heights and for throwing implements. These events will not be scored.



**Meet 1: Saturday, May 4  
from 12:00 to 3:00**

TRACK

- **Sprint Hurdles, 100, 3000, 200, 800**

FIELD

- **LJ, JT, SP, PV**

**Meet 2: Saturday, May 18  
from 12:00 to 3:00**

TRACK

- **Intermediate Hurdles, 100, 3000 SC, Mile, Master's Mile, 300/400**

FIELD

- **HJ, PV, DT, HT, TJ**

**Meet 3: Sunday, June 2  
from 12:00 to 3:00**

TRACK

- **Sprint Hurdles, 100, 800, 3000, 400, 1500 SC**

FIELD

- **LJ, PV, SP, HT**





## new balance athletics grand prix and finale

Male and Female: 1st \$500, 2nd \$250, 3rd \$100

Athletes will be awarded points for overall event placing (not performance)

Scoring is as follows:

- Only your top 4 placings (open events only) count towards the point standings. You don't need to compete in all of the meets to be eligible for the prize money.
- Points are awarded for top 8 places in each open event as follows:  
1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt
- You must be born in 1997 or earlier to be eligible.
- Ties will be broken based on the highest score (IAAF points tables) during the **new balance finale**.
- You must be present at the **new balance finale** to win your prize money!
- Top male or female performances (IAAF scoring tables) will receive a \$100 in each of the following event areas:
  - sprints/hurdles
  - jumps
  - throws
  - distance
- Overall performance of the meet will receive an additional \$100 bonus.

## midget grand prix notes

- For athletes aged 15 and under as of December 31, 2013. (Born in 1998 or later)
- Points are scored in each event an athlete competes in. Totals are tallied throughout the series.

**BBQ's and door prizes upon the conclusion of the final event of meets.  
Coaches, volunteers, officials and athletes are all welcome!**




# new balance

## athletics series meet records



as of May 4, 2013

Records are Open Events Only (under legal conditions)

**Men's Records**

100m.	10.27	Brad McQuaig	1999
200m.	20.82	Brian Barnett	2009
400m.	46.43	Andrew Dargie	2008
110mH.	14.51	Jonathan Hylton	2001
400mH.	51.71	Trent Ratzlaff	2007
800m.	1:49.98	David Holm	2012
1500m.	3:53.65	Scott Arnold	2006
Mile	4:09.37	Scott Nicol	2012
3000m.	8:31.21	Kip Kangogo	2002
1500 SC	4:22.78	Ian Watts	1998
2000 SC	6:09.89	Gareth Hadfield	2009
3000 SC	9:30.93	Paul Chafe	2006
LJ	7.20m.	Scott Kimmins	1997
HJ	2.10m.	Jesse Lipscombe	2008
TJ	16.06m.	Oral O'Gilvie	1999
PV	5.00m	Derek Theodore	2011
SP	16.20m.	Matt Doherty	2008
DT	51.82m.	Kris Watson	1997
JT	55.83m.	Greg Turner	1999
HT	63.42m.	Ian Maplethorpe	1997
4x 100m.	43.55	CITC	2007
4x 400m.	3:23.40	CITC	2005
4x 800m.	8:04.51	CALTAF	2005

**Women's Records**

100m.	11.54	Kaltouma Nadjina	2009
200m.	23.38	Kaltouma Nadjina	2005
400m.	51.65	Kaltouma Nadjina	2001
100mH.	13.71	Jessica Zelinka	2004
400mH.	59.96	Sage Watson	2011
800m.	2:07.52	Malindi Elmore	2004
1500m.	4:29.67	Shannon Slater	2004
Mile	5:05.60	Jen Kemp	2010
3000m.	9:39.10	Lisa Harvey	2000
1500 SC	4:57.93	Tara Dressler	2007
2000 SC	7:07.01	Tara Dressler	2008
LJ	5.91m.	Tomi Idowu	2001
HJ	1.83m.	Rachel Machin	2012
TJ	11.68m.	Christina Livingston	1997
PV	4.35m.	Kelsie Hendry	2009
SP	15.34m.	Georgette Reed	2001
DT	50.22m.	Nicole Chimko	1998
JT	59.12m.	Liz Gleadle	2012
HT	60.10m.	Annie Larose	2012
4x 100m.	47.07	CITC	2005
4x 400m.	4:03.00	CALTAF	2010
4x 800m.	9:20.32	UCAC	2005