

Youth Athletics League 2012

Dates: May 9, 16, 23, 30, June 6, 13
@ Glenmore Athletic Park (5300 19 Street SW)

Cost: \$5/person/meet, \$25 for the series
Please contact Nikki to discuss club or school rates.

Sanctioned by: Athletics Alberta

Check in and Warm- Up: 6:00 pm for all meets.

Meet duration: 6:30 pm – 8:00 pm

Age groups (as of Dec 31, 2012): 11 and under, 12-13, 14

Meet 1: May 9th

4x100, 600, 60
Standing Long Jump, Ball Throw

Meet 2: May 16th

1000, 60H,
High Jump, Shot Put

Meet 3: May 23rd

200, 800
High Jump, Discus Throw

Meet 4: May 30th

1200, 100
Long Jump, Javelin Throw

Meet 5: June 6th

200H, 600
Long Jump, Shot Put

Meet 6: June 13th

800, 60H, 4x100
Standing Long Jump, Ball Throw

Youth Athletic League Rule Modifications:

- No starting blocks,
- 20" hurdles,
- All long jumps will be measured from the point of takeoff to the nearest point in the pit,
- We may have to limit the number of attempts in the high jump,
- Boys and girls may compete together.
- Only the longest throw is actually measured.

Insurance: All athletes must be registered members of Athletics Alberta. If an athlete is not a member, they may purchase a Day of the Meet Athletics Alberta membership (\$5 / day) at the meet. More information can be found at:

www.athleticsalberta.com/main/?memberships.

Cancellation Policy: Will not be held if the temperature does not get above 10 degrees during the day please check the Calgary Track Council Website for day off announcements.

Information or group and school rates please contact Nikki Barlow at nikkibarlow_2@hotmail.com or Jason Lindsay at jwlindsa@hotmail.com.