



30TH EDITION
MAY 3, 24 AND JUNE 7

Gord's Running Store Athletics Series 2026

An Alberta Fixture Since 1996



Meet Director - Paula McKenzie - paula@caltaf.com
Meet Manager - Jason Lindsay - jwlinda@me.com
Field & Equipment Manager - Dale Schoenthaler
Results Managers - Doug Ratzlaff, Scott Ratzlaff
Announcing - Stuart York
Sanctioned by Athletics Alberta

Meet 1: Sunday, May 3 - 12:00 - 16:00

Open Events

Sprint Hurdles, 100m, 800m, Sprint Hurdle Finals, 3000m, 200m
Long Jump, Shot Put, Discus, Pole Vault

U16 Events

Sprint Hurdles, 100m, 800m
High Jump (includes masters), Shot Put

Meet 2: Sunday, May 24 - 12:00 - 16:00

Open Events

100m Heats, 400mH, 100m Finals, MILE, 400m, 2000mSC, 200 Exhibition (No Grand Prix Points)
High Jump (opening height women: 1.25; men: 1:50), Triple Jump, Discus, Hammer

U16 Events

200mH, 100m, 1200m, 300m
Long Jump, Javelin

Meet 3: Sunday, June 7 - 12:00 - 16:00

Open Events

100mH/110mH, 3000m, 100m, Gord's Memorial 1500mSC, 400m, 800m, 200m
Long Jump, Shot Put, Javelin, Pole Vault

U16 Events

Sprint hurdles, 2000m, 100m, Gord's Memorial 1500mSC (with water), 300m, 800m, 200m
Discus, High Jump



Entry Fee per Event: \$25.



Late Entries If granted will be charged double.

Registration through trackie.ca deadlines: Noon on April 30, May 18, June 3

Accepted Entries will be confirmed and posted on the track council website by 9:00 pm - two evenings before the meet. **Edit deadline** is set for the Friday before each meet at 10:00am. Scratches done on Trackie before Scratch deadline will be refunded.

Bad Weather Policy In the case of bad weather, we will make a decision to go head, postpone or cancel by 9:00 am on competition day.

NB

WHERE

Foothills Athletic Park
Versaturf Track and
Concrete Circles

CTC

TIMING & RESULTS

Finishlynx and Hytek
Meet Manager

Gord's

30TH EDITION

Special Draws and
Prizes will be featured
this year!

U16 Grand Prix:

- The U16 Grand Prix is back! Every U16 event competed in is scored and tallied for the season.
 - Points are awarded for top 8 places in each open event as follows:
1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt

Gord's Running Store Athletics Series Grand Prix:

Male and Female:

1st \$1000, 2nd \$500, 3rd \$250

Athletes will be awarded points for overall event placing (not performance). Scoring is as follows:

- Only your top 4 placings (open events only - relays do not count) count towards the point standings. You don't need to compete in all of the meets to be eligible for the prize money.
- Points are awarded for top 8 places in each open event as follows:
1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt
- Ties will be broken based on the highest score (World Athletics points tables) during the **Gord's Finale**.
- You must be present at the **Gord's Finale** to win grand prix prize money!
- Top male or female performances based on World Athletics tables will receive a \$250 direct deposit in each of the following event areas for each meet. Altitude conversions are in place for all endurance events.
 - Track
 - Field
- Overall performance of the meet will receive an additional \$250 bonus.
- Para performer of the Gord's Running Store Series. \$250 for the male and female para performers of the Series. All para results from the Series will be scored and tallied with the highest points getter receiving the cash prize.
- All cash prizes will be delivered electronically through direct deposit.



Gord's Running Store Athletics Series 2026 General Notes

General Notes

The BBQ is back at the Gord's Finale! All athletes, coaches, officials and volunteers are encouraged to come to the Gord's Finale BBQ for some community fun, draw prizes, prize money, awards and delicious food!

As most people may not have competed by the commencement of the Series, we encourage people to use their best estimates for meet 1. Meet 2 and 3 will require accurate seed performances that are confirmed in the rankings.

U16's are not permitted to enter open events.

We will be using the NCAA altitude conversions for the distance times conversion.

We will make every effort to to switch directions to get a positive wind for the sprints. Decision will be made 1 hour before the event by the meet management.

Top 6 male and female performances in the horizontal jumps and throws will be guaranteed three additional attempts.

\$100 cash prizes will be awarded for breaking existing open records under legal conditions (new events will not be considered). Additional \$250 for breaking a senior provincial record!
\$100 for breaking a senior national para record.

All prize money will be e-transferred to the individual athletes.

Check-in Procedure: All track athletes must check-in at the starting line. There will be no additions made at the start line. No exceptions!

Gord's Running Store Athletics Series Meet Records

as of May 2024

Records are Open Events Only (under legal conditions)

| <u>Men's Records</u> | | | | <u>Women's Records</u> | | | |
|----------------------|-----------|-------------------|------|------------------------|-----------|-------------------|------|
| 100m. | 10.20 | Jerome Blake | 2019 | 100m. | 11.52 | Diana Proctor | 2025 |
| 150m. | 15.34 | Jerome Blake | 2019 | 150m. | 17.68 | Loudia Laarman | 2017 |
| 200m. | 20.82 | Brian Barnett | 2009 | 200m. | 23.38 | Kaltouma Nadjina | 2005 |
| 400m. | 46.02 | Austin Cole | 2019 | 400m. | 51.65 | Kaltouma Nadjina | 2001 |
| 110mH. | 14.30 | Kayden Johnson | 2018 | 100mH. | 13.18 | Sienna McDonald | 2026 |
| 400mH. | 51.64 | Justin Rose | 2023 | 400mH. | 59.96 | Sage Watson | 2011 |
| 800m. | 1:49.09 | Marco Arop | 2017 | 800m. | 2:07.52 | Malindi Elmore | 2004 |
| 1000m. | 2:31.59 | Alex James | 2014 | 1000m. | 3:02.60 | Claire Sumner | 2014 |
| 1500m. | 3:47.33 | Eric Lutz | 2021 | 1500m. | 4:26.44 | Jenica Swartz | 2025 |
| Mile | 4:09.37 | Scott Nicol | 2012 | Mile | 4:58.16 | Sarah MacArthur | 2015 |
| 2000m. | 5:42.01 | Gareth Hadfield | 2014 | 3000m. | 9:29.59 | Jessica O'Connell | 2016 |
| 3000m. | 8:26.43 | Russell Pennock | 2017 | 1500 SC | 4:49.03 | Maria Bernard | 2017 |
| 1500 SC | 4:17.34 | Gareth Hadfield | 2017 | 2000 SC | 6:36.91 | M. Bernard-Galea | 2019 |
| 2000 SC | 5:52.19 | Gareth Hadfield | 2017 | LJ | 6.33m. | Sienna McDonald | 2025 |
| 3000 SC | 9:30.93 | Paul Chafe | 2006 | HJ | 1.83m. | Rachel Machin | 2012 |
| LJ | 7.22m. | Mitchell Lawrence | 2025 | TJ | 12.11m. | Mowa Adeleye | 2018 |
| HJ | 2.18m. | Noel Vanderzee | 2023 | PV | 4.35m. | Kelsie Hendry | 2009 |
| TJ | 16.06m. | Oral O'Gilvie | 1999 | | | Anicka Newell | 2022 |
| PV | 5.46m. | Spencer Allen | 2018 | SP | 16.92m. | Taryn Suttie | 2015 |
| SP | 18.93m. | Mohamed Asiff | 2025 | DT | 56.63m. | Rachel Andres | 2021 |
| DT | 51.82m. | Kris Watson | 1997 | JT | 59.12m. | Liz Gleadle | 2012 |
| JT | 74.51m. | Kyle Nielson | 2014 | HT | 67.02m. | Heather Steacy | 2015 |
| HT | 71.03m. | James Steacy | 2014 | 4x100m | 47.07 | CITC | 2005 |
| 4x100m | 41.65 | CITC | 2024 | 4x400m | 4:01.35 | CW | 2023 |
| 4x400m | 3:23.40 | CITC | 2005 | 4x800m | 9:20.32 | UCAC | 2005 |
| 4x 800m | 8:04.51 | CALTAF | 2005 | Sprint Medley | No record | | |
| Sprint Medley | No Record | | | | | | |