



Alberta Championships

U16, U18, U20, Senior, Masters and Para

Friday July 24 – Sunday July 26, 2026

Start times: Friday 6:00pm Saturday 10:00am Sunday 9:00am

Website: [2026 Alberta Provincial Championships » Calgary Track Council](#)

General Information:

Host: Calgary Track Council
Sanctioned By: Athletics Alberta
Facility: Foothills Athletic Park
2424 Crowchild Trail NW
Calgary, Alberta
Maximum Spike length: 7mm max. cones

As per Athletics Alberta Policy:

U14 athletes and younger are not allowed to compete in this meet.

U16 to U20 are only allowed to move up a maximum of one age category.

Categories: Open (2006 & earlier) / U20 (2007-08) / U18 (2009-10) / U16 (2011-12)

Masters (35yrs + on day of meet)
Masters Age Categories: Use age as of date of meet. Medals for 4
age categories, but run as one combined masters section
35-49
50-64
65-79
80+

Para Athletes

Coach's Registration: Any coach who would like lunch provided.

\$5 lunch/per day

please register at the following link: [Alberta T&F Championships - Coach Lunch Registration](#)

Lunch includes a Fit Kitchen meal, cookie and drink

Package Pickup: Competition bibs will be issued for all registered athletes. Bibs can be picked up on site starting at 4:00pm on Friday. Package pickup will be available on Saturday 9am-6pm and Sunday 8am-4pm.

Check-in Procedure

NOTE: Any athlete/relay team that does not check in as below can be disqualified.

Track Events

All Track athletes must indicate their final declaration at the Clerks Table located at the southwest corner of the track.

Clerk's Table	Start line
30 minutes	10 minutes

Field Events

All athletes are asked to report directly to the event site by the following times:

Events High Jump Check in at event location: 40 minutes before start of event

Pole Vault 60 minutes before start of event

Other Field Events 30 minutes before start of event

If scratching the event, fill out the scratch form at the clerks table

Heats and Finals

There will be Heats and Finals for all running/hurdle events 200m and shorter. Even if there are less than 9 athletes entered

Events with more than 24 entries and/or less than 6 Alberta Athletes qualifying for Final: there will be a 2-section final.

WA TECHNICAL RULE 4.4 – HONEST EFFORT RULE This event will enforce the “honest effort rule” under World Athletics Technical Rule 4.4 An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where: WA TR 4.4.2 WA TR 4.4.3

EXCEPTION – B FINALS An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further. An athlete failed to compete honestly with bona fide effort. (Note: the situation foreseen in Technical Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events). Athletes who qualify for a B final in laned events may officially scratch from the B Final without violation of the above WA Technical Rule (4.4). Athletes must scratch at the timing shed with the meet registrar within 30 minutes of posting of heat results.

IMPLEMENTS

All implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal implements must meet all WA Standards and must be submitted for weighing in no later than 2 hours prior to the scheduled start time of the day. Implement weigh-ins will be located at the southeast corner of the stadium in the Fieldhouse. Once the implement has been weighed in it will be kept by the organizers until the conclusion of the event. Personal implements can be picked up at the weigh-in location.

Competition Venue

Competition area

The competition area is bounded by the black chain link fence and the west side stands. Only athletes warming up/competing and their coaches are allowed in the competition area.

Tents and Banners

Competition areas including fence and railings around Competition Area are reserved for Athletics Alberta, Calgary Track Council and Sponsors.

All club tents and banners may be erected outside the competition area. All tents must be nailed or weighted down due to Calgary's wind gusts
Banners may not be within 40m of the finish line for media line of sight

In an effort to be more environmentally friendly we encourage you to bring a re-useable water bottle as there will be two water filling stations on site.

ATHLETE WARM UP

Athletes will be permitted to warm up on the backstretch and areas outside the track. Please stay away from the finish line area and the infield. Field event athletes will be provided with a warm-up opportunity at the event venue. Pole Vault – minimum 60 minutes High Jump – minimum 40 minutes Long Jump/Triple Jump – minimum 20 minutes Throwing Events – minimum 20 minutes

Results: We will be posting Live Results on the Calgary Track Council website. No paper posting will be done. Website link for results will be posted on site and social media.

Awards:

Alberta Championship Medals are for the top 3 Athletes registered with Athletics Alberta, in each event. Non-Championship medals will be presented to Non Alberta athletes who place in the top 3. Please note results can be **expected within 45 minutes of your event's finish**. Athletes should check in at the Awards table for their award ceremony. Medal ceremony location: South End of Track

Medical:

There will be an athletic therapist on-site for the duration of the meet, Melissa Petryna. For any concerns, please visit her at the medical tent.

SOUVENIR MERCHANDISE: Souvenir merchandise will be available for purchase on site during the championship. Details to TBD.

Severe Weather Updates:

If it appears severe weather may hamper the conduct of the meet, updates will be posted on Calgary Track Council website, [2026 Alberta Provincial Championships » Calgary Track Council](#) and Trackie registration page, [Alberta Championships](#)