

Women 100 Meter Dash Grade 7

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1 Wright, Larah	Mountain Park SC	14.08	14.24Q	2
2 Fahlman, Jessica	Valley Creek		14.26Q	1
3 Lorenzana, Dana	Ffca High School		14.98Q	3
4 Wandycz, Julia	Saint Anthony		14.31q	1
5 MacKenzie, Julianna	Saint Timothy's		15.00q	3
6 Jabs, Kira	Ffca High School		15.20q	1
7 Thirkell, Sarah	Valley Creek		15.40q	3
8 Shah, Monica	Fairview School		15.48q	2
9 Chan, Olivia	Sir John Frankli		15.70	1
10 Mguni, Michelle	HD Cartwright		16.05	3
11 Desjardins, Karina	Calgary Arts Aca		16.60	2
12 Webb, Abigale	Sir John Frankli		18.30	3
13 Mahowala, Maria	HD Cartwright		18.66	1
14 Ouellette, Layla	Sir John Frankli		19.21	3
15 Thiessen, Amara	Sir John Frankli		1:06.09	1

Women 100 Meter Dash Grade 7

Name	Year Team	Prelims	Finals
Finals			
1 Fahlman, Jessica	Valley Creek	14.26	14.16
2 Wright, Larah	Mountain Park SC	14.24	14.19
3 Wandycz, Julia	Saint Anthony	14.31	14.49
4 MacKenzie, Julianna	Saint Timothy's	15.00	15.02
5 Shah, Monica	Fairview School	15.48	15.18
6 Lorenzana, Dana	Ffca High School	14.98	15.22
7 Thirkell, Sarah	Valley Creek	15.40	15.24
8 Jabs, Kira	Ffca High School	15.20	15.46

Women 800 Meter Run Grade 7

Name	Year Team	Seed	Finals
1 Wright, Larah	Mountain Park SC	2:41.06	2:49.23
2 Cooper, Bell	Saint Timothy's	3:05.00	2:59.76
3 Mguni, Michelle	HD Cartwright		3:04.01
4 Cote, Abigail	Sir John Frankli		3:07.00
5 Thirkell, Sarah	Valley Creek		3:10.90
6 Naveed, Aleena	Ffca High School		3:12.06
7 Ouellette, Layla	Sir John Frankli		3:39.47
8 Thiessen, Amara	Sir John Frankli		3:50.67

Women 4x100 Meter Relay Grade 7

Team	Seed	Finals
1 Valley Creek 'A'		1:00.27
1) Fahlman, Jessica	2) Thirkell, Sarah	
3) Wishart, Colleen	4) Stewart, Madeline	
2 Sir John Franklin 'A'		1:03.48
1) Chan, Olivia	2) Jabs, Kira	

3) Cote, Abigail	4) Webb, Abigale	
3 Saint Timothy's 'A'		1:10.61
1) Thiessen, Amara	2) Ouellette, Layla	
3) Cooper, Bell	4) Desjardins, Karina	

Women Long Jump Grade 7

Name	Year Team	Seed	Finals
1 Wright, Larah	Mountain Park SC	4.20m	4.41m
2 Briceno, Gretta	Monsignor JJ O'B	4.00m	4.08m
3 Wiebe, Anika	Valley Creek		3.33m
4 Cooper, Bell	Saint Timothy's		3.19m
5 Desjardins, Karina	Calgary Arts Aca		2.69m

Women Shot Put 3 kg Grade 7

Name	Year Team	Seed	Finals
1 Wright, Larah	Mountain Park SC	7.85m	8.03m
2 MacKenzie, Julianna	Saint Timothy's		7.42m
3 Cote, Abigail	Sir John Frankli		6.72m
4 Morris, Tana	David Thompson M		6.29m
5 Wandycz, Julia	Saint Anthony		6.02m
6 Desjardins, Karina	Calgary Arts Aca		5.94m

Women 100 Meter Dash Grade 8

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1 Spence, Salema	Valley Creek		14.01Q	2
2 Ezekeke, Ugochi	Saint Joan OF AR	13.76	14.44Q	1
3 Wenham, Madison	Sir John Frankli		14.51Q	2
4 Chau, Vicky	Ffca High School		14.60Q	1
5 Corbiell, Lauren	Ffca High School		14.87q	1
6 Ibi, Mena	HD Cartwright		14.92q	1
7 Zielke, Adelle	Ffca High School		15.11q	2
8 Goett, Kasey	Colonel MACLEOD		15.26q	1
9 Vrablik, Veronika	Saint Timothy's		15.44	2
10 Green, Jenna	Westmount Charte		15.50	2
11 Bharadia, Shyla	Ffca High School		15.71	1
12 Calina, Lorraine	Saint Monica Sch		15.94	2

Women 100 Meter Dash Grade 8

Name	Year Team	Prelims	Finals
Finals			
1 Ezekeke, Ugochi	Saint Joan OF AR	14.44	14.16
2 Spence, Salema	Valley Creek	14.01	14.18
3 Ibi, Mena	HD Cartwright	14.92	14.48
4 Wenham, Madison	Sir John Frankli	14.51	14.58
5 Chau, Vicky	Ffca High School	14.60	14.71
6 Corbiell, Lauren	Ffca High School	14.87	14.97
7 Goett, Kasey	Colonel MACLEOD	15.26	15.09
8 Zielke, Adelle	Ffca High School	15.11	15.39

Women 800 Meter Run Grade 8

Name	Year Team	Seed	Finals
1 Dumais, Sarah	Saint Timothy's	2:50.92	2:40.41
2 Brolsma, Maggie	Saint Timothy's	2:52.00	2:52.29

3 Goett, Kasey	Colonel MACLEOD	3:19.01
4 Puttick, Sydney	Sir John Frankli	3:44.27

Women 4x100 Meter Relay Grade 8

Team	Seed	Finals
1 Mixed Schools 'A'		59.55
1) Zielke, Adelle	2) Bharadia, Shyla	
3) Lorenzana, Dana	4) Vrablik, Veronika	
2 Mixed Schools 'B'		1:00.59
1) Puttick, Sydney	2) Wenham, Madison	
3) Spence, Salema	4) Goett, Kasey	

Women Long Jump Grade 8

Name	Year Team	Seed	Finals
1 Wenham, Madison	Sir John Frankli		4.29m
2 Corbiell, Lauren	Ffca High School		3.99m
3 Spence, Salema	Valley Creek		3.91m
4 Chau, Vicky	Ffca High School		3.82m
5 Vrablik, Veronika	Saint Timothy's		3.64m
6 Goett, Kasey	Colonel MACLEOD		3.58m
7 Pinlac, Mara	HD Cartwright		3.57m

Women Shot Put 3 kg Grade 8

Name	Year Team	Seed	Finals
1 Goett, Kasey	Colonel MACLEOD		7.99m
2 Vrablik, Veronika	Saint Timothy's		7.37m
3 Edwards, Kira	HD Cartwright	7.79m	7.33m

Women 100 Meter Dash Grade 9

8 Advance: Top 2 Each Heat plus Next 4 Best Times					
Name	Year Team	Seed	Prelims	H#	
Preliminaries					
1 Petrus, Tessa	Nickle Middle SC	12.59	13.00Q	2	
2 Carruthers, Alexandra	Saint James	12.56	13.28Q	1	
3 Carruthers, Catherine	Saint James	12.77	13.13Q	2	
4 Bratton, Lexie	Bishop Pinkham	13.40	13.76Q	1	
5 Lepine, Sarah	Sir John Frankli		13.95q	1	
6 Bertschmann, Jenna	Branton Junior H		14.47q	1	
7 Olukunmi, Angie	Saint Helena		14.90q	1	
8 Eseonu, Jennifer	Saint Helena		15.37q	2	
9 Gilleard, Louise	Tom Baines	13.00	15.43	1	
10 Kleiner, Makenna	Calgary Arts Aca	14.50	15.80	2	
11 Wasylyniuk, Abby	Saint Timothy's		15.85	2	
12 Hiebert, Peyton	Saint Timothy's		16.11	1	

Women 100 Meter Dash Grade 9

Name	Year Team	Prelims	Finals
Finals			
1 Carruthers, Alexandra	Saint James	13.28	12.84
2 Petrus, Tessa	Nickle Middle SC	13.00	12.85
3 Carruthers, Catherine	Saint James	13.13	13.13
4 Bratton, Lexie	Bishop Pinkham	13.76	13.72
5 Lepine, Sarah	Sir John Frankli	13.95	13.81
6 Bertschmann, Jenna	Branton Junior H	14.47	14.56
7 Eseonu, Jennifer	Saint Helena	15.37	16.08

Women 800 Meter Run Grade 9

Name	Year Team	Seed	Finals
1 McIsaac, India	Queen Elizabeth		2:36.14
2 Bentley, Peri	Woodman Junior H	2:37.00	2:37.59
3 Bertschmann, Jenna	Branton Junior H		2:41.29
4 Venter, Catharina	Calgary Arts Aca		2:52.68
5 Page, Rebecca	Sir John Frankli		2:53.90

Women 4x100 Meter Relay Grade 9

Team	Seed	Finals
1 Mixed Schools 'A'		50.39
1) Petrus, Tessa	2) Carruthers, Alexandra	
3) Carruthers, Catherine	4) Binder, Erika	
2 Mixed Schools 'E'		58.59
1) Wright, Larah	2) Eseonu, Jennifer	
3) Page, Rebecca	4) Olukunmi, Angie	
3 Calgary Arts Academy 'A'		59.73
1) Hart, Jessica	2) Kleiner, Makenna	
3) Venter, Catharina	4) Hood, Sierra	
4 HD Cartwright 'A'		1:00.95
1) Melton, Quinlyn	2) Meindersma, Zoe	
3) De Silva, Carman	4) Klassen, Aspen	

Women Long Jump Grade 9

Name	Year Team	Seed	Finals
1 Bertschmann, Jenna	Branton Junior H		4.34m
2 Olukunmi, Angie	Saint Helena		4.18m
3 Melton, Quinlyn	HD Cartwright	4.23m	4.17m
4 Hiebert, Peyton	Saint Timothy's		3.71m
5 Eseonu, Jennifer	Saint Helena		3.50m
6 Wasylyniuk, Abby	Saint Timothy's		3.46m

Women Shot Put 3 kg Grade 9

Name	Year Team	Seed	Finals
1 Myers, Janae	HD Cartwright	9.60m	9.80m
2 Olukunmi, Angie	Saint Helena		9.25m
3 Eseonu, Jennifer	Saint Helena		8.87m
4 Hart, Jessica	Calgary Arts Aca		8.59m
5 Reid, Kassy	HD Cartwright		8.42m

Men 100 Meter Dash Grade 7

8 Advance: Top 2 Each Heat plus Next 4 Best Times					
Name	Year Team	Seed	Prelims	H#	
Preliminaries					
1 Poirier, Zackary	Father James Whe		13.77Q	2	
2 Gorodetsky, Jakob	Ffca High School		13.83Q	1	
3 Tecson, Jed	Ffca High School		13.99Q	2	
4 Wafa, Farzan	HD Cartwright		13.99Q	1	
5 Sawatzky, Jake	Ffca High School		14.12q	1	
6 Baustad, Brayden	David Thompson M	14.88	14.37q	2	
7 Thai, Shawn	Ffca High School		14.67q	1	
8 Drysdall, Tom	Calgary French &		15.28q	2	
9 Brodersen, Matti	FE Osbourne	13.36	16.02	2	
10 Conn, Dylan	Third Academy		20.30	2	

11 Anderson, Jacob Third Academy 22.93 1

Men 100 Meter Dash Grade 7

Name	Year Team	Prelims	Finals
Finals			
1 Poirier, Zackary	Father James Whe	13.77	13.64
2 Tecson, Jed	Ffca High School	13.99	13.73
3 Gorodetsky, Jakob	Ffca High School	13.83	13.74
4 Wafa, Farzan	HD Cartwright	13.99	13.88
5 Sawatzky, Jake	Ffca High School	14.12	14.18
6 Thai, Shawn	Ffca High School	14.67	14.51
7 Baustad, Brayden	David Thompson M	14.37	14.79
8 Drysdall, Tom	Calgary French &	15.28	15.55

Men 800 Meter Run Grade 7

Name	Year Team	Seed	Finals
1 Fowlow, Matthew	Tom Baines	2:28.27	2:28.65
2 Curdov, Daniel	Ffca High School		2:30.20
3 Krayacich, Lucas	Masters Academy	2:36.00	2:35.51
4 Kouznetsov, Kayden	HD Cartwright		2:35.94
5 Grewal, Harshveer	Clarence Sansom		2:37.93
6 Phuntsok, Tsering	HD Cartwright		2:42.36
7 Drysdall, Tom	Calgary French &		2:47.77
8 Betts, Tom	Branton Junior H		2:50.20
9 Moore, Dax	David Thompson M		2:52.52
-- Anderson, Jacob	Third Academy		DNF
-- Conn, Dylan	Third Academy		DNF

Men 4x100 Meter Relay Grade 7

Team	Seed	Finals
1 Ffca High School 'A'		55.02
1) Tecson, Jed	2) Thai, Shawn	
3) Sawatzky, Jake	4) Gorodetsky, Jakob	
2 HD Cartwright 'A'		58.91
1) Rangdol, Pema	2) Yahaya, Jacob	
3) Phuntsok, Tsering	4) Wafa, Farzan	

Men Long Jump Grade 7

Name	Year Team	Seed	Finals
1 Poirier, Zackary	Father James Whe	4.76m	5.06m
2 Baustad, Brayden	David Thompson M	4.20m	4.26m
3 Sawatzky, Jake	Ffca High School		4.14m
4 Brodersen, Matti	FE Osbourne		3.78m
5 Mullen, Ryan	Sir John Frankli		3.02m
6 Conn, Dylan	Third Academy		2.55m
7 Anderson, Jacob	Third Academy		1.80m

Men Shot Put 3 kg Grade 7

Name	Year Team	Seed	Finals
1 Lee, Jason	Rosedale Public	10.80m	10.74m
2 Yahaya, Jacob	HD Cartwright		7.80m
3 Betts, Tom	Branton Junior H		7.20m
4 Conn, Dylan	Third Academy		5.76m
5 Kyle, James	Sir John Frankli	2.00m	5.63m
6 Mullen, Ryan	Sir John Frankli		4.76m

7 Anderson, Jacob

Third Academy

3.72m

Men 100 Meter Dash Grade 8

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1 Poon, Steven	Queen Elizabeth	12.03	12.66Q	1
2 Adeleke-Kelani, Oba	Ffca High School		13.11Q	2
3 Patterson, Spencer	Ffca High School		13.00Q	1
4 Shah, Nikhil	Fairview School	12.50	14.42Q	2
5 Beer, Jaden	Ffca High School		13.22q	1
6 Rowe, Dawson	Ecole Airdrie MI		13.45q	1
7 Delsing, Scott	Saint Timothy's		14.90q	1
8 Younger, Reece	Saint Timothy's		15.17q	2

Men 100 Meter Dash Grade 8

Name	Year Team	Prelims	Finals
Finals			
1 Poon, Steven	Queen Elizabeth	12.66	12.72
2 Patterson, Spencer	Ffca High School	13.00	12.94
3 Beer, Jaden	Ffca High School	13.22	13.17
4 Adeleke-Kelani, Oba	Ffca High School	13.11	13.45
5 Rowe, Dawson	Ecole Airdrie MI	13.45	13.48
6 Shah, Nikhil	Fairview School	14.42	14.51
7 Delsing, Scott	Saint Timothy's	14.90	14.82
8 Younger, Reece	Saint Timothy's	15.17	15.22

Men 800 Meter Run Grade 8

Name	Year Team	Seed	Finals
1 Armstrong, Thomas	Bishop Pinkham	2:17.00	2:16.10
2 Rowe, Dawson	Ecole Airdrie MI		2:30.22
3 Milner, Patrick	A E Cross		2:33.85
4 Delsing, Scott	Saint Timothy's	2:40.00	2:35.91
5 Miller, Tyson	HD Cartwright		2:35.99
6 Martino, Tyson	Calgary Arts Aca		2:47.14

Men 4x100 Meter Relay Grade 8

Team	Seed	Finals
1 Ffca High School 'A'		51.97
1) Curdov, Daniel	2) Adeleke-Kelani, Oba	
3) Beer, Jaden	4) Patterson, Spencer	
2 HD Cartwright 'A'		57.20
1) Angus, Evan	2) Grandberg, Lynden	
3) Miller, Tyson	4) Danes, Jamieson	
3 Mixed Schools 'A'		1:03.02
1) Brodersen, Matti	2) Younger, Reece	
3) Mullen, Ryan	4) Delsing, Scott	

Men Long Jump Grade 8

Name	Year Team	Seed	Finals
1 Angus, Evan	HD Cartwright		4.55m
2 Rowe, Dawson	Ecole Airdrie MI		4.39m
3 Milner, Patrick	A E Cross		4.21m
4 Shah, Nikhil	Fairview School	3.85m	4.08m
5 Adeleke-Kelani, Oba	Ffca High School		3.78m

Men Shot Put 4 kg Grade 8

Name	Year Team	Seed	Finals
1 Rowe, Dawson	Ecole Airdrie MI		8.35m
2 Shah, Nikhil	Fairview School	8.10m	7.42m
3 Delsing, Scott	Saint Timothy's		6.98m
4 Younger, Reece	Saint Timothy's		6.12m

Men 100 Meter Dash Grade 9

Name	Year Team	Seed	Finals
1 Shmyrko, Sawyer	FE Osbourne	11.80	12.36
2 Wuraola, Toluwani	Ted Harrison Sch	11.87	12.79
3 Lymer, Austin	Madeleine D'Houe	13.53	12.95
4 Calina, Byron	Saint Monica Sch		13.32
5 Novak, Josh	Saint Timothy's		14.65

Men 800 Meter Run Grade 9

Name	Year Team	Seed	Finals
1 Keddie, Tyson	Nose Creek Schoo	2:11.00	2:08.54
2 Forman, Matthew	Calgary Jewish A	2:13.29	2:14.90
3 Novak, Josh	Saint Timothy's	2:35.00	2:20.66
4 Khan, Muhammad Azam	HD Cartwright		2:23.69
5 Wickramarachchi, Pasindu	HD Cartwright		2:29.26
6 Kundu, Turja	HD Cartwright		2:30.52

Men 4x100 Meter Relay Grade 9

Team	Seed	Finals
1 HD Cartwright 'A' 1) Erome, Jefferson 3) Ens, Nicholas	2) Kundu, Turja 4) Khan, Muhammad Azam	52.53

Men Long Jump Grade 9

Name	Year Team	Seed	Finals
1 Ens, Nicholas	HD Cartwright		4.93m
2 Novak, Josh	Saint Timothy's		4.13m

Men Shot Put 4 kg Grade 9

Name	Year Team	Seed	Finals
1 Bell, Eric	Langevin Science	10.40m	9.95m
2 Nelson, Calvin	Sir John Frankli	9.86m	8.68m