

Women 100 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Canadian: \$ 10.98 1987-07-06 Angela Bailey

Championship: % 11.08 1998 Philomena Mensah

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Olupona, Toyin	83	Flying Angel	11.31	11.60Q	-1.8	1
2 Mitchell, Kerri-Ann	83	Elite Edge	11.41	11.63Q	-1.6	2
3 Emmanuel, Crystal	91	Flying Angel	11.40	11.71Q	-1.6	2
4 Laarman, Loudia	91	Unattach AB	11.62	11.73Q	-1.8	1
5 Griffiths, Miana	90	Ontario Unat	11.64	11.80Q	-1.8	1
6 Hanlon, Maggie	87	Pacific Athl	12.01	12.07Q	-1.6	2 12.061
7 Montcalm, Noelle	88	Windsor Legi	11.86	12.02q	-1.8	1
8 Netty, Sabrina		Universal At	12.04	12.05q	-1.8	1
9 Whyte, Angela	80	Unattach AB	11.87	12.07	-1.8	1 12.069
10 Ruller, Amanda		Excel Athlet	12.25	12.26	-1.6	2
11 Davis, Shai-Anne	93	Kajaks Track	11.71	12.36	-1.6	2
12 Khan, Janelle	86	Voleo Athlet	12.01	12.41	-1.8	1
13 Jacques, Farah	90	Perfmax-Raci	11.97	12.46	-1.6	2
14 Whitehead, Liza	87	Coquitlam Ch	12.06	12.47	-1.6	2
15 Blanchard, Genevieve		Sherbrooke	12.44	12.75	-1.8	1
-- *atangana, Delphine		Cameroon	11.77	X11.77	-1.6	2

Women 100 Meter Dash

Canadian: \$ 10.98 1987-07-06 Angela Bailey

Championship: % 11.08 1998 Philomena Mensah

Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Emmanuel, Crystal	91	Flying Angel	11.71	11.45	2.4
2 Olupona, Toyin	83	Flying Angel	11.60	11.49	2.4
3 Mitchell, Kerri-Ann	83	Elite Edge	11.63	11.51	2.4
4 Laarman, Loudia	91	Unattach AB	11.73	11.58	2.4
5 Griffiths, Miana	90	Ontario Unat	11.80	11.61	2.4
6 Montcalm, Noelle	88	Windsor Legi	12.02	11.82	2.4
7 Netty, Sabrina		Universal At	12.05	11.83	2.4
8 Hanlon, Maggie	87	Pacific Athl	12.07	11.87	2.4
Preliminaries					
9 Whyte, Angela	80	Unattach AB	12.07		
10 Ruller, Amanda		Excel Athlet	12.26		
11 Davis, Shai-Anne	93	Kajaks Track	12.36		
12 Khan, Janelle	86	Voleo Athlet	12.41		
13 Jacques, Farah	90	Perfmax-Raci	12.46		
14 Whitehead, Liza	87	Coquitlam Ch	12.47		
15 Blanchard, Genevieve		Sherbrooke	12.75		
-- *atangana, Delphine		Cameroon	11.77	X	

Women 200 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Canadian: \$ 22.62 1983-07-10 Marita Payne

Championship: % 22.64 1989 Jillian Richardson

Name	Year	Team	Seed	Prelims	Wind	H#
1 Hyacinthe, Kimberly	89	Athletisme M	23.24	23.27Q	1.9	2
2 Emmanuel, Crystal	91	Flying Angel	22.90	23.31Q	1.6	1
3 Akinsulie, Esther	84	Ottawa Lions	23.33	23.45Q	1.9	2
4 Brennan, Christian	95	Hamilton Oly	23.56	23.91Q	1.6	1
5 Mitchell, Kerri-Ann	83	Elite Edge	23.66	23.59Q	1.9	2
6 Walkeden, Leah	93	Voleo Athlet	24.12	24.93Q	1.6	1
7 Trusty, Rhonda Kaye	88	Flying Angel	23.72	23.83q	1.9	2
8 Hanlon, Maggie	87	Pacific Athl	24.23	24.11q	1.9	2
9 Rintoul, Jenny		Edmonton Har	25.10	24.35	1.9	2
10 Margetts, Merissa		Excel Athlet	25.09	24.95	1.6	1
11 Ruller, Amanda		Excel Athlet	24.86	25.02	1.9	2
12 Jacques, Farah	90	Perfmax-Raci	25.07	25.06	1.6	1

-- \*atangana, Delphine Cameroon 24.09 X24.35 1.6 1

Women 200 Meter Dash

Canadian: \$ 22.62 1983-07-10 Marita Payne  
Championship: % 22.64 1989 Jillian Richardson

Name	Year	Team	Prelims	Finals	Wind
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Finals

1 Emmanuel, Crystal	91	Flying Angel	23.31	22.99	1.8
2 Hyacinthe, Kimberly	89	Athletisme M	23.27	23.36	1.8
3 Akinsulie, Esther	84	Ottawa Lions	23.45	23.46	1.8
4 Mitchell, Kerri-Ann	83	Elite Edge	23.59	23.65	1.8
5 Brennan, Christian	95	Hamilton Oly	23.91	23.71	1.8
6 Trusty, Rhonda Kaye	88	Flying Angel	23.83	24.04	1.8
7 Walkeden, Leah	93	Voleo Athlet	24.93	24.52	1.8

Preliminaries

8 Hanlon, Maggie	87	Pacific Athl	24.11		
9 Rintoul, Jenny		Edmonton Har	24.35		
10 Margetts, Merissa		Excel Athlet	24.95		
11 Ruller, Amanda		Excel Athlet	25.02		
12 Jacques, Farah	90	Perfmax-Raci	25.06		
-- *atangana, Delphine		Cameroon	24.35	X	

Women 400 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times  
Canadian: \$ 49.91 1988-10-25 Jillian Richardson  
Canadian: \$ 49.91 1984-08-06 Marita Payne  
Championship: % 50.57 1990 Charmaine Crooks

Name	Year	Team	Seed	Prelims	H#
1 Martin, Jenna	88	Athletics Ea	52.04	53.86Q	2
2 Akinsulie, Esther	84	Ottawa Lions	53.14	53.91Q	1
3 Nelson, Amonn	88	U OF C Athle	52.72	54.11Q	2
4 Power, Adrienne	81	Halifast Ath	52.03	54.71Q	1
5 Ruediger, Kate	87	U of Toronto T.C	54.71	55.26Q	2
6 Reid, Katie	93	Kajaks Track	53.47	55.71Q	1
7 Brennan, Christian	95	Hamilton Oly	53.66	55.45q	2
8 Siemens, Sharai	88	Saskatoon TF	56.41	55.81q	2
9 Omene, Eseroghene	85	Unattach SK	54.83	55.96	1
10 Lotwin, Kelsey	89	U OF C Athle	55.84	56.82	2
11 Bauer, Nicole	93	Calgary Olym	55.78	58.50	1
12 Maclise, Kirklin	91	Unattached	59.08	58.66	1

Women 400 Meter Dash

Canadian: \$ 49.91 1988-10-25 Jillian Richardson  
Canadian: \$ 49.91 1984-08-06 Marita Payne  
Championship: % 50.57 1990 Charmaine Crooks

Name	Year	Team	Prelims	Finals
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Finals

1 Martin, Jenna	88	Athletics Ea	53.86	51.95
2 Akinsulie, Esther	84	Ottawa Lions	53.91	52.33
3 Brennan, Christian	95	Hamilton Oly	55.45	52.49
4 Nelson, Amonn	88	U OF C Athle	54.11	52.51
5 Power, Adrienne	81	Halifast Ath	54.71	53.01
6 Reid, Katie	93	Kajaks Track	55.71	54.44
7 Ruediger, Kate	87	U of Toronto T.C	55.26	55.18
8 Siemens, Sharai	88	Saskatoon TF	55.81	56.02

Preliminaries

9 Omene, Eseroghene	85	Unattach SK	55.96	
10 Lotwin, Kelsey	89	U OF C Athle	56.82	
11 Bauer, Nicole	93	Calgary Olym	58.50	
12 Maclise, Kirklin	91	Unattached	58.66	

Women 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: \$ 1:58.39 2001-10-02 Diane Cummins  
 Championship: % 1:59.46 2004 Diane Cummins

Name	Year	Team	Seed	Prelims	H#
1 Crofts, Helen J.	90	Unattach BC	2:02.12	2:06.79Q	2
2 Bishop, Melissa	88	Ottawa Lions	2:03.96	2:07.39Q	3
3 Ogbasilassie, Lemlem Ber	87	Saint Lauren	2:01.75	2:08.57Q	1
4 Smith, Jessica L.	89	Unattach BC	2:04.29	2:07.40Q	2
5 Leblanc, Annie	92	Lanaudiere-O	2:04.47	2:07.51Q	3
6 Belleau-Beliveau, Karine	83	Vainqueurs (	2:04.32	2:08.84Q	1
7 Maclean, Leanna	82	Phoenix Athl	2:03.96	2:07.69q	3
8 Aubry, Rachel	90	Speed River	2:05.04	2:08.03q	2
9 Palmer, Katie	88	U OF C Athle	2:04.47	2:08.44	2
10 Sifuentes, Nicole	86	Unattach MB	2:04.32	2:09.16	1
11 Tousaw, Julia	89	Ottawa Lions	2:09.36	2:10.74	2
12 Francois, Rachel	92	Edmonton Har	2:10.29	2:11.14	3
13 Peters, Celia	87	Halifast Ath	2:05.26	2:12.08	1
14 Kemp, Jennifer	83	Running Room	2:04.51	2:13.33	3
15 Westaway, Jenna	94	Calgary Inte	2:10.42	2:13.37	1
16 Kane, Brianna M.	89	Valley Royal	2:07.64	2:13.56	1
17 Bernard, Maria	93	Calgary Warr	2:10.32	2:13.80	3
18 Dobranowski, Alicia		Halifast Ath	2:21.43	2:15.35	3
19 Bauer, Nicole	93	Calgary Olym	2:21.42	2:16.87	3
20 Soderberg, Nicole	92	Edmonton Thu	2:10.35	2:17.97	2
21 Vogt, Emma L.		Burnaby Striders	2:21.24	2:21.29	1
22 Degaust, Hayley		Edmonton Thu	2:21.26	2:29.80	2
23 St-Aubin, Mia		Ottawa Lions	2:21.75	2:33.37	2

Women 800 Meter Run

Canadian: \$ 1:58.39 2001-10-02 Diane Cummins  
 Championship: % 1:59.46 2004 Diane Cummins

Name	Year	Team	Prelims	Finals
Finals				
1 Crofts, Helen J.	90	Unattach BC	2:06.79	2:05.05
2 Ogbasilassie, Lemlem Ber	87	Saint Lauren	2:08.57	2:05.06
3 Maclean, Leanna	82	Phoenix Athl	2:07.69	2:06.02
4 Leblanc, Annie	92	Lanaudiere-O	2:07.51	2:06.06
5 Belleau-Beliveau, Karine	83	Vainqueurs (	2:08.84	2:06.41
6 Aubry, Rachel	90	Speed River	2:08.03	2:06.65
7 Smith, Jessica L.	89	Unattach BC	2:07.40	2:06.70
8 Bishop, Melissa	88	Ottawa Lions	2:07.39	2:06.91
Preliminaries				
9 Palmer, Katie	88	U OF C Athle	2:08.44	
10 Sifuentes, Nicole	86	Unattach MB	2:09.16	
11 Tousaw, Julia	89	Ottawa Lions	2:10.74	
12 Francois, Rachel	92	Edmonton Har	2:11.14	
13 Peters, Celia	87	Halifast Ath	2:12.08	
14 Kemp, Jennifer	83	Running Room	2:13.33	
15 Westaway, Jenna	94	Calgary Inte	2:13.37	
16 Kane, Brianna M.	89	Valley Royal	2:13.56	
17 Bernard, Maria	93	Calgary Warr	2:13.80	
18 Dobranowski, Alicia		Halifast Ath	2:15.35	
19 Bauer, Nicole	93	Calgary Olym	2:16.87	
20 Soderberg, Nicole	92	Edmonton Thu	2:17.97	
21 Vogt, Emma L.		Burnaby Striders	2:21.29	
22 Degaust, Hayley		Edmonton Thu	2:29.80	
23 St-Aubin, Mia		Ottawa Lions	2:33.37	

Women 1500 Meter Run

Canadian: \$ 4:00.27 1985-08-30 Lynn Williams  
 Championship: % 4:04.51 2004 Malindi Elmore

Name	Year	Team	Seed	Finals
Finals				
1 Reid, Sheila	89	Athletics To	4:11.85	4:16.97
2 Stellingwerff, Hilary	81	Speed River	4:06.99	4:17.44
3 Elmore, Malindi	80	U OF C Athle	4:09.10	4:17.85

4	Van Buskirk, Kate	87	Athletics To	4:15.37	4:24.39
5	Cliff, Rachel L.	88	Speed River	4:18.45	4:31.73
6	Hinther, Ashley	84	PR Athletics	4:18.82	4:35.99
7	Wyman, Jillian	89	Ontario Unat	4:25.50	4:39.55
8	Digby, Erica M.	89	Unattach BC		4:39.97
9	Roy, Joanie	91	LE Coureur N	4:33.28	4:42.02
10	Hughes, Mélanie	90	Corsaire Cha	4:29.55	4:45.65

Women 5000 Meter Run

Canadian: \$ 14:54.98 2003-08-30 Courtney Babcock  
 Championship: % 15:08.90 2003 Emilie Mondor

Name	Year	Team	Seed	Finals
1	Sexton, Leslie	87	London Runne	16:34.51 16:55.01
2	Jewett, Tamara	90	U of Toronto T.C	16:32.95 16:59.16
3	Vaughan, Kate	84	Nautilus Run	17:33.15 17:04.22
4	Hinther, Ashley	84	PR Athletics	16:17.71 17:18.12
5	Wodak, Natasha	81	Prairie Inn	16:12.09 17:27.80
6	Walkow, Samantha	91	Ocean Athlet	17:07.33 17:53.47
--	Woodward, Maggie	91	Unattach BC	DNF

Women 10000 Meter Run

Canadian: \$ 31:44.74 2003-05-02 Courtney Babcock  
 Championship: % 32:14.52 2002 Courtney Babcock

Name	Year	Team	Seed	Finals
1	Kennelly, Bevin S.	84	Excel Athlet	35:54.00 36:40.42
2	Laurie, Courtney	88	Speed River	34:47.37 37:39.37

Women 100 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times  
 Canadian: \$ 12.46 2004-06-19 Perdita Felicien  
 Championship: % 12.60 2004 Perdita Felicien

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Felicien, Perdita	80	Over The Top	12.58	12.87Q	1.3 1
2	George, Phylcia	87	Project Athl	12.91	12.90Q	0.5 2
3	Holder, Nikkita	87	Elite Edge	13.14	12.91Q	1.3 1
4	Whyte, Angela	80	Unattach AB	12.90	13.12Q	0.5 2
5	Gordon, Christie	86	Unattached	13.37	13.20Q	1.3 1
6	Montcalm, Noelle	88	Windsor Legi	13.39	13.78Q	0.5 2
7	Dugas, Marie-Eve	85	Corsaire Cha	13.71	13.58q	1.3 1
8	Maddex, Ashlea	92	Ottawa Lions	13.68	13.96q	0.5 2
9	Beaudet, Laurence	90	Corsaire Cha	13.85	14.17	1.3 1
10	Drouin, Jillian	86	Sarnia Athle	14.02	14.20	0.5 2
11	Wilkes, Courtney	89	Voleo Athlet	14.58	14.53	1.3 1
12	Margetts, Merissa		Excel Athlet	14.57	14.57	0.5 2
13	Cap, Tamara		Saint Lauren	14.57	14.76	1.3 1
14	McCaffrey, Kathryn		U of Alberta	14.98	14.77	1.3 1
15	Delisle, Pascale		Sherbrooke	14.94	14.85	0.5 2
16	Stoffman, Zaria R		Unattach BC	14.59	15.06	0.5 2

Women 100 Meter Hurdles

Canadian: \$ 12.46 2004-06-19 Perdita Felicien  
 Championship: % 12.60 2004 Perdita Felicien

Name	Year	Team	Prelims	Finals	Wind
Finals					
1	Felicien, Perdita	80	Over The Top	12.87	12.80 3.9
2	George, Phylcia	87	Project Athl	12.90	12.89 3.9
3	Holder, Nikkita	87	Elite Edge	12.91	12.98 3.9
4	Gordon, Christie	86	Unattached	13.20	13.29 3.9
5	Dugas, Marie-Eve	85	Corsaire Cha	13.58	13.50 3.9
6	Montcalm, Noelle	88	Windsor Legi	13.78	13.55 3.9
7	Maddex, Ashlea	92	Ottawa Lions	13.96	13.95 3.9

-- Whyte, Angela	80	Unattach AB	13.12	FS	3.9	IAAF Rule 162.6
Preliminaries						
9 Beaudet, Laurence	90	Corsaire Cha	14.17			
10 Drouin, Jillian	86	Sarnia Athle	14.20			
11 Wilkes, Courtney	89	Voleo Athlet	14.53			
12 Margetts, Merissa		Excel Athlet	14.57			
13 Cap, Tamara		Saint Lauren	14.76			
14 McCaffrey, Kathryn		U of Alberta	14.77			
15 Delisle, Pascale		Sherbrooke	14.85			
16 Stoffman, Zaria R		Unattach BC	15.06			

Women 400 Meter Hurdles

=====  
Canadian: \$ 54.39 1996-07-31 Rosey Edeh  
Championship: % 55.29 1993 Rosey Edeh

Name	Year	Team	Seed	Finals
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Finals

1 Watson, Sage	94	Calgary Inte	59.00	59.72
2 Boss, Traci W.	87	Coquitlam Ch	1:01.83	1:00.96
3 Lloyd, Haleigh M.	92	Comox Valley	1:00.96	1:01.81
4 Gray, Tessa	83	Calgary Inte	1:01.51	1:02.51
5 Pearse, Anastasia M.	88	Pacific Athl	1:02.09	1:05.38

Women 3000 Meter Steeplechase

=====  
Canadian: \$ 9:51.10 2002-06-01 Carol Henry  
Championship: % 10:13.04 2010 Dana Buchanan

Name	Year	Team	Seed	Finals
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1 Buchanan, Dana	84	Speed River	10:05.71	10:26.82
2 Groenewoud, Chantelle A.	89	Unattach BC	10:04.00	10:29.87
3 Lalonde, Geneviève	91	Speed River	9:55.01	10:34.19
4 Kennelly, Bevin S.	84	Excel Athlet	10:22.36	10:44.30
5 Macgregor, Meredith S.	85	Speed River	10:05.60	10:53.81
6 Driedger, Emily	92	Speed River	11:06.73	11:20.86
7 Willemse, Lydia	86	Speed River	10:15.86	11:25.36
8 Dressler, Tara	84	Caltaf Athle	10:57.40	11:28.31
-- Boyle, Shari	73	Calgary Inte	10:44.55	DNF

Women High Jump

=====  
Start 1.70 Increase 5 cm to 1.75  
Increase 3cm from 1.75

Canadian: \$ 1.98m 1984-09-02 Debbie Brill  
Championship: % 1.95m 2008 Nicole Forrester

Name	Year	Team	Seed	Finals
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1 Drouin, Jillian	86	Sarnia Athle	1.89m	1.84m
1.70 1.75 1.78 1.81 1.84 1.87				
O O XXO XXO O XXX				
2 Parent, Holly E.	91	Victoria Tra	1.85m	1.81m
1.70 1.75 1.78 1.81 1.84				
O O O XXO XXX				
3 Boyle, Sarah	87	U of Toronto T.C	1.81m	1.81m
1.70 1.75 1.78 1.81 1.84				
XO O XO XXO XXX				
4 Bergevin, Lindsey	89	Edmonton Int	1.78m	1.78m
1.70 1.75 1.78 1.81				
XO O XO XXX				
5 Treasure, Alyxandria M.	92	Prince Georg	1.80m	1.78m
1.70 1.75 1.78 1.81				
XO O XXO XXX				
6 Machin, Rachel	92	U OF C Athle	1.78m	1.75m
1.70 1.75 1.78				
O XO XXX				
7 Kimoto, Emma	91	Unattach BC	1.78m	1.70m
1.70 1.75				
O XXX				
8 Buttinger, Maddie	89	U of Toronto T.C	1.73m	1.70m

1.70 1.75  
 XO XXX  
 -- Dugas, Katerine 88 Corsaire Cha 1.64m NH  
 1.70  
 XXX  
 -- Charlesworth, Nicky 94 Caltaf Athle 1.61m NH  
 1.70  
 XXX

Women Pole Vault

=====  
 Start at 3.80 Increase 10cm to 4.30  
 Increase 5 cm from 4.30  
 Canadian: \$ 4.55m 2008-06-14 Kelsie Hendry  
 Championship: % 4.35m 2002 Stephanie McCann  
 Name Year Team Seed Finals  
 =====  
 1 Dockendorf, Carly B. 83 Unattach BC 4.45m 4.20m  
 3.80 3.90 4.00 4.10 4.20 4.30  
 PPP PPP O O O XXX  
 2 Blouin, Mélanie 90 Rouge ET OR 4.15m 4.20m  
 3.80 3.90 4.00 4.10 4.20 4.30  
 PPP XO O O O XXX  
 3 Duclos-Lasnier, Gabriell 88 Sherbrooke 4.30m 4.10m  
 3.80 3.90 4.00 4.10 4.20  
 PPP PPP O XO XXX  
 3 Robson, Victoria 85 Winnipeg Opt 4.15m 4.10m  
 3.80 3.90 4.00 4.10 4.20  
 PPP PPP PPP XO XXX  
 5 Irvine, Stacey 89 Unattach BC 4.00m 3.90m  
 3.80 3.90 4.00  
 XO O XXX  
 6 Beaumont-Courteau, Arian 90 Montreal Int 4.10m 3.80m  
 3.80 3.90  
 O XXX  
 -- Ridout, Paige U OF C Athle 3.80m NH  
 3.80  
 XXX  
 -- Maaten, Dayna 85 Windsor Legi 4.10m NH  
 3.80 3.90  
 PPP XXX  
 -- Hamilton, Heather 88 York Univers 4.30m NH  
 3.80 3.90 4.00  
 PPP PPP XXX  
 -- Hendry, Kelsie 82 Riversdale A 4.40m NH  
 3.80 3.90 4.00 4.10 4.20  
 PPP PPP PPP PPP XXX  
 -- Stephenson, Kimberly U OF C Athle 3.80m NH  
 3.80  
 XXX  
 -- Vause, Leah 87 Riversdale A 4.15m NH  
 3.80 3.90 4.00  
 PPP XPP PXX

Women Long Jump

=====  
 Canadian: \$ 6.82m 2008-06-07 Tabia Charles  
 Championship: % 6.61m 1985 Donna Smelie  
 Name Year Team Seed Finals Wind  
 =====  
 1 Bayley, Krysha 84 Legacy Athle 6.42m 6.54m 2.4  
 6.54m(2.4) FOUL 6.16m(4.9) 6.27m(3.1) FOUL FOUL  
 2 Abdulai, Ruky 85 Valley Royal 6.74m 6.46m 2.7  
 6.16m(3.8) 6.37m(5.1) 6.35m(1.7) 6.46m(2.7) 6.24m(3.5) 6.23m(1.8)  
 3 Falaiye, Alice 78 Unattached 6.68m 6.35m 5.2  
 6.23m(2.8) 6.21m(3.1) 6.35m(5.2) 6.25m(2.5) FOUL 6.00m(2.4)  
 4 Nettey, Christabel S. 91 Unattach BC 6.28m 6.26m 0.7  
 6.13m(3.3) 6.26m(0.7) FOUL 6.17m(-0.0) 6.06m(2.6) 6.20m(4.4)  
 5 Netty, Sabrina Universal At 5.74m 6.25m +0.0  
 FOUL 6.10m(4.2) FOUL 6.25m(+0.0) PASS FOUL

6	Beaudet, Laurence	90	Corsaire Cha	5.92m	5.89m	4.2	
	FOUL	5.82m(1.3)	FOUL	5.89m(4.2)	FOUL	FOUL	
7	Ehrhardt, Caroline	92	London Weste	5.98m	5.79m	1.7	
		5.63m(1.3)	5.74m(1.6)	5.79m(1.7)	5.74m(3.9)	5.60m(1.6)	5.71m(2.4)
8	Simulik, Mila	90	London Weste	5.46m	5.75m	3.2	
		5.75m(3.2)	FOUL	5.54m(4.2)			
9	Cap, Tamara		Saint Lauren	5.72m	5.61m	3.3	
		5.61m(3.3)	FOUL	5.58m(4.2)			
10	Delisle, Pascale		Sherbrooke	5.61m	5.58m	2.0	
		FOUL	5.58m(2.0)	5.57m(3.1)			
13	Donner, Claire N.	89	Pacific Athl		5.29m	4.6	
		5.28m(3.3)	5.22m(4.7)	5.29m(4.6)			
--	*sylvester, Patricia	83	Project Athl	6.17m	X6.42m	3.9	
		6.30m(3.2)	FOUL	6.42m(3.9)	6.07m(1.6)	5.97m(2.1)	FOUL
--	*kodo Ella, Valerie		Cameroon	5.46m	X5.56m	2.7	
		5.56m(2.7)	FOUL	5.40m(1.7)			

Women Triple Jump

Canadian: \$ 13.99m 2010-07-03 Tabia Charles  
 Championship: % 13.92m 2008 Tabia Charles

Name	Year	Team	Seed	Finals	Wind			
1 Ehrhardt, Caroline	92	London Weste	12.78m	12.64m	1.2			
		FOUL	12.63m(3.9)	12.12m(1.5)	12.63m(4.7)	12.64m(1.2)	FOUL	
2 Zachariah, Neb	87	U OF Windsor	12.49m	12.58m	4.7			
		FOUL	FOUL	12.47m(4.4)	12.38m(2.3)	12.02m(2.2)	12.58m(4.7)	
3 Simulik, Mila	90	London Weste	12.14m	12.41m	1.7			
			11.92m(3.3)	12.15m(1.0)	FOUL	11.91m(0.2)	12.41m(1.7)	12.16m(1.7)
4 Stille, Julia	93	Ottawa Lions	12.22m	12.25m	4.3			
			11.56m(2.4)	11.88m(5.4)	12.13m(3.2)	FOUL	12.25m(4.3)	12.13m(2.1)
5 Wilkes, Courtney	89	Voleo Athlet	11.95m	12.18m	2.8			
			11.57m(1.3)	11.91m(1.6)	12.18m(2.8)	11.61m(2.2)	11.82m(2.0)	11.89m(1.9)
6 Lowe, Jaideen		U OF Windsor	12.26m	12.13m	4.9			
		FOUL	12.13m(4.9)	FOUL	11.65m(4.7)	11.68m(-0.2)	11.92m(3.0)	
7 Sarazin-Cote, Josee-Anne		Sherbrooke	11.43m	11.95m	1.2			
			11.72m(1.5)	11.70m(0.4)	11.95m(1.2)	FOUL	FOUL	11.67m(3.2)
8 Parrish, Danielle	90	U OF C Athle		11.53m	3.0			
		FOUL	11.53m(3.0)	FOUL	FOUL	FOUL	PASS	
-- Zunti, Melanie		U OF C Athle	11.04m	FOUL				
		FOUL	FOUL	FOUL				
-- Smith, Alicia	88	G-Force Athl	12.31m	FOUL				
		FOUL	FOUL	FOUL				
-- Garrett, Sherri		South Simcoe	11.24m	FOUL				
		FOUL	FOUL	FOUL				
-- *sylvester, Patricia	83	Project Athl	12.54m	X13.02m	2.9			
			13.02m(2.9)	12.65m(-1.4)	12.78m(3.0)	12.50m(0.9)	11.26m(3.1)	FOUL
-- *kodo Ella, Valerie		Cameroon	12.14m	X12.38m	1.6			
			12.16m(2.7)	12.38m(1.6)	12.25m(1.3)	FOUL	12.37m(0.8)	FOUL

Women Shot Put 4 kg

Canadian: \$ 17.83m 2007-06-13 Lieja Tunks  
 Championship: % 17.43m 2007 Lieja Tunks

Name	Year	Team	Seed	Finals				
1 Labonté, Julie	90	Fleur DE Lys	18.31m	18.12m\$				
			17.51m	18.12m	17.28m	FOUL	16.81m	17.34m
2 Liske, Allison	89	Ontario Unat	15.66m	15.12m				
			14.00m	14.54m	14.58m	14.76m	14.72m	15.12m
3 Suttie, Taryn	90	Saskatoon TF	15.43m	14.83m				
			FOUL	13.65m	14.56m	14.51m	14.83m	FOUL
4 Jackson, Stephanie	85	London Weste	14.41m	14.58m				
			14.30m	14.23m	FOUL	14.19m	14.32m	14.58m
5 Le Jour, Marie-Josée	79	Saint Lauren	14.28m	13.86m				
			13.86m	13.50m	13.36m	13.11m	13.18m	13.81m
6 Petrov, Elizabeth	89	York Univers	14.38m	13.21m				
			FOUL	FOUL	13.21m	FOUL	FOUL	FOUL
7 Porlier-Langlois, Alex	93	Sherbrooke	13.85m	12.76m				
			FOUL	12.76m	12.47m	12.17m	12.67m	12.15m

8	Appiah, Cynthia	90	York Univers	14.25m	12.66m
	FOUL 12.53m FOUL 12.08m FOUL 12.66m				
9	Groeneveld, Samantha	91	U OF C Athle	12.07m	11.50m
	FOUL 11.50m 11.36m				
10	Rak, Breanna	91	Saskatoon TF	12.29m	11.46m
	11.46m 11.13m 10.98m				
11	Johnston, Madison	93	York Univers	12.15m	11.39m
	10.94m 11.20m 11.39m				
12	Kucharchuk, Chelcie		U of Alberta	12.32m	11.08m
	FOUL 11.08m FOUL				

Women Discus Throw 1 kg

Canadian: \$ 62.72m 1979-08-23 Carmen Lonescu					
Championship: % 59.58m 1978 Carmen Lonescu					
Name	Year	Team	Seed	Finals	
1	Labonté, Julie	90 Fleur DE Lys	52.54m	53.31m	
	53.31m FOUL 50.42m FOUL 48.79m FOUL				
2	Le Jour, Marie-Josée	79 Saint Lauren	55.78m	52.85m	
	48.14m 50.32m 50.48m FOUL 51.83m 52.85m				
3	Kovacs, Alanna	90 South Simcoe	49.40m	49.81m	
	49.16m FOUL 49.81m FOUL FOUL 49.39m				
4	Spies, Chantel	84 Kajaks Track	49.99m	49.14m	
	FOUL 45.49m 49.14m 47.91m 46.00m FOUL				
5	Liske, Allison	89 Ontario Unat	48.92m	48.38m	
	43.97m FOUL FOUL FOUL 48.15m 48.38m				
6	Dumont-Breton, Myriam	88 Les Vaillant	45.45m	48.36m	
	46.02m 48.36m 44.06m 45.69m 46.76m 47.58m				
7	Rak, Breanna	91 Saskatoon TF	45.42m	46.36m	
	44.91m 46.36m 44.74m 40.66m FOUL FOUL				
8	Johnston, Madison	93 York Univers	43.20m	42.17m	
	FOUL 34.31m 42.17m FOUL 41.91m FOUL				
9	Dyck, Emma	91 Excel Athlet	39.74m	36.71m	
	36.42m 36.71m FOUL				
10	Waine, Jamie	90 U OF C Athle	39.27m	36.55m	
	FOUL FOUL 36.55m				
11	Groeneveld, Samantha	91 U OF C Athle	35.15m	35.39m	
	FOUL FOUL 35.39m				

Women Hammer Throw 4 kg

Canadian: \$ 72.24m 2010-05-23 Sultana Frizell					
Championship: % 71.89m 2010 Sultana Frizell					
Name	Year	Team	Seed	Finals	
1	Steady, Heather	88 Chinook Trac	70.98m	70.86m	
	70.86m FOUL 63.93m 64.62m FOUL 70.32m				
2	Frizell, Sultana	84 Ottawa Lions	72.24m	70.17m	
	64.58m 68.76m 70.17m FOUL 68.19m FOUL				
3	Smith, Crystal	81 Kamloops Tra	68.22m	66.65m	
	66.65m 60.20m 62.34m 63.39m FOUL FOUL				
4	Joyce, Jennifer K.	80 Kajaks Track	62.20m	66.34m	
	59.06m 64.23m FOUL 62.54m 64.00m 66.34m				
5	Rodhe, Megann	85 Kamloops Tra	67.30m	65.29m	
	FOUL 65.29m 63.98m 64.04m 63.53m 63.72m				
6	Dubourt, Elisabeth	86 Chinook Trac	59.46m	59.87m	
	56.23m 55.54m FOUL 59.87m 59.17m FOUL				
7	Larose, Annie	89 St-Jean Olym	60.95m	58.20m	
	FOUL 58.20m FOUL FOUL FOUL FOUL				
8	Obrochta, Kristin	89 York Univers	58.47m	54.38m	
	52.72m 53.83m 54.38m FOUL FOUL 52.58m				
9	Fraser, Melissa	89 South Simcoe	56.82m	52.42m	
	52.12m 52.42m FOUL				
10	Appiah, Cynthia	90 York Univers	49.56m	50.99m	
	50.43m FOUL 50.99m				
11	Petrov, Elizabeth	89 York Univers	49.75m	45.05m	
	FOUL 45.05m PASS				
--	Suttie, Taryn	90 Saskatoon TF	56.73m	FOUL	
	FOUL PASS PASS				

Women Javelin Throw 600 g

Canadian: \$ 58.21m 2009-07-09 Elizabeth Gleadle  
 Championship: % 54.89m 2007 Krista Woodward

Name	Year	Team	Seed	Finals
1 Fraser, Melissa	89	South Simcoe	51.95m	50.25m
		38.87m 50.25m FOUL 48.63m 44.98m FOUL		
2 Gleadle, Elizabeth S.	88	Chinook Trac	58.40m	50.18m
		48.28m 50.18m 49.75m FOUL FOUL FOUL		
3 Kovacs, Alanna	90	South Simcoe	54.88m	49.51m
		47.04m 47.36m 46.50m FOUL 46.59m 49.51m		
4 Perkins, Tiffany	91	Unattach BC	50.24m	48.46m
		43.06m FOUL 46.85m FOUL 48.46m 45.13m		
5 Woodward, Krista	84	Kajaks Track	58.64m	48.14m
		41.96m FOUL 44.75m 46.58m 44.75m 48.14m		
6 Webb, Vicki	79	York Univers	51.98m	47.80m
		45.57m 42.92m 46.53m 47.18m 47.80m 42.98m		
7 Zelinka, Deanna	80	Unattach BC	49.93m	45.60m
		41.27m 45.60m 45.35m 45.14m FOUL FOUL		
8 Johnston, Madison	93	York Univers	44.68m	45.53m
		44.20m 45.53m 44.57m 41.50m 41.39m FOUL		
9 Bond, Jessica	88	Petite Natio	46.49m	43.62m
		FOUL 41.88m 43.62m		
10 Merritt, Olivia	91	Pacific Athl	43.35m	39.61m
		39.61m 32.57m 38.83m		
11 Chartrand, Valerie	87	Ontario Unat	37.93m	37.58m
		37.58m 36.26m 35.40m		
12 Springer, Jaimee	92	Split City S	44.71m	37.19m
		FOUL 35.50m 37.19m		

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	Team	Finals	Wind H#	Points
1 Zelinka, Jessica	81	Unattached	23.97	-1.8 2	984
2 Abdulai, Ruky	85	Valley Royal	24.15	-1.8 2	966
3 Cotten, Jennifer	87	London Weste	24.87	-1.8 2	899
4 Miller, Natasha	89	Valley Royal	25.29	-1.8 2	860
5 Buttinger, Maddie	89	U of Toronto T.C	25.57	-1.8 2	835
6 Valois, Chelsea	87	Excel Athlet	25.72	-1.8 2	822
7 McIntosh, Rachael	91	Bluenose Ath	25.97	-1.8 2	800
8 Schneck, Amanda		Voleo Athlet	26.43	-1.8 2	760
9 Krech, Michele	86	Ottawa Lions	26.66	-2.0 1	740
10 Battiston, Alana	88	Saint Lauren	26.72	-2.0 1	735
11 Carriere, Leanna		Halifast Ath	27.59	-2.0 1	664
12 Dobransky, Johanna		Ottawa Lions	27.98	-2.0 1	632
13 Morrison, Hali		U OF C Athle	28.73	-2.0 1	574

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	Team	Finals	Points
1 Zelinka, Jessica	81	Unattached	2:11.72	940
2 Cotten, Jennifer	87	London Weste	2:13.82	909
3 Abdulai, Ruky	85	Valley Royal	2:15.98	879
4 Buttinger, Maddie	89	U of Toronto T.C	2:16.96	865
5 Miller, Natasha	89	Valley Royal	2:17.33	860
6 McIntosh, Rachael	91	Bluenose Ath	2:17.43	859
7 Schneck, Amanda		Voleo Athlet	2:20.11	822
8 Krech, Michele	86	Ottawa Lions	2:21.20	807
9 Battiston, Alana	88	Saint Lauren	2:21.65	801
10 Dobransky, Johanna		Ottawa Lions	2:30.19	690
11 Valois, Chelsea	87	Excel Athlet	2:35.19	629
12 Morrison, Hali		U OF C Athle	2:37.96	596
13 Carriere, Leanna		Halifast Ath	2:40.07	572

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1 Zelinka, Jessica	81 Unattached	13.18	-1.3	2	1097
2 Cotten, Jennifer	87 London Weste	13.82	-1.3	2	1004
3 Abdulai, Ruky	85 Valley Royal	13.85	-1.3	2	1000
4 Miller, Natasha	89 Valley Royal	13.88	-1.3	2	995
5 Buttinger, Maddie	89 U of Toronto T.C	14.72	-1.3	2	879
6 Valois, Chelsea	87 Excel Athlet	14.79	-1.3	2	870
7 McIntosh, Rachael	91 Bluenose Ath	14.81	-1.3	2	867
8 Schneck, Amanda	Voleo Athlet	15.12	-1.4	1	826
9 Krech, Michele	86 Ottawa Lions	15.23	-1.4	1	811
10 Battiston, Alana	88 Saint Lauren	15.47	-1.4	1	781
11 Dobransky, Johanna	Ottawa Lions	15.74	-1.4	1	746
12 Carriere, Leanna	Halifast Ath	16.85	-1.4	1	614
13 Morrison, Hali	U OF C Athle	17.72	-1.4	1	518
14 Beckford-Stewart, Alecia	87 Elite Edge	21.57	-1.3	2	185

Heptathlon: #2 Women High Jump Heptathlon

Name	Year Team	Finals	Points
1 Abdulai, Ruky	85 Valley Royal	1.76m	928
1.61 1.64 1.67 1.70 1.73 1.76 1.79			
P O O O XO XXX			
1 Miller, Natasha	89 Valley Royal	1.76m	928
1.61 1.64 1.67 1.70 1.73 1.76 1.79			
P O O O O O XXX			
3 Zelinka, Jessica	81 Unattached	1.73m	891
1.61 1.64 1.67 1.70 1.73 1.76			
P O O O XO XXX			
4 Buttinger, Maddie	89 U of Toronto T.C	1.70m	855
1.61 1.64 1.67 1.70 1.73			
O O XO O XXX			
5 McIntosh, Rachael	91 Bluenose Ath	1.67m	818
1.58 1.61 1.64 1.67 1.70			
XO O O O XXX			
5 Valois, Chelsea	87 Excel Athlet	1.67m	818
1.55 1.58 1.61 1.64 1.67 1.70			
O O XO XO XXO XXX			
5 Cotten, Jennifer	87 London Weste	1.67m	818
1.55 1.58 1.61 1.64 1.67 1.70			
O O O O XO XXX			
8 Schneck, Amanda	Voleo Athlet	1.61m	747
1.52 1.55 1.58 1.61 1.64			
O O O O XXX			
9 Battiston, Alana	88 Saint Lauren	1.58m	712
1.49 1.52 1.55 1.58 1.61			
O O O O XXX			
9 Dobransky, Johanna	Ottawa Lions	1.58m	712
1.49 1.52 1.55 1.58 1.61			
O O O XO XXX			
11 Krech, Michele	86 Ottawa Lions	1.55m	678
1.49 1.52 1.55 1.58			
O O XO XXX			
12 Carriere, Leanna	Halifast Ath	1.49m	610
1.43 1.46 1.49 1.52			
O O O XXX			
13 Morrison, Hali	U OF C Athle	1.40m	512
1.37 1.40 1.43			
XO O XXX			

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year Team	Finals	Wind	Points
1 Cotten, Jennifer	87 London Weste	6.19m	-0.2	908
5.86m(-1.6) 6.01m(0.6) 6.19m(-0.2)				
2 Abdulai, Ruky	85 Valley Royal	6.12m	-2.7	887
5.94m(-1.0) 5.89m(-1.0) 6.12m(-2.7)				
3 Miller, Natasha	89 Valley Royal	5.93m	-2.1	828

	5.62m(-0.8)	5.92m(+0.0)	5.93m(-2.1)			
4	Zelinka, Jessica		81 Unattached	5.80m	-0.5	789
	FOUL	5.80m(-0.5)	5.73m(-1.4)			
5	Buttinger, Maddie		89 U of Toronto T.C	5.63m	+0.0	738
	5.63m(+0.0)	5.51m(-2.4)	5.48m(-1.8)			
6	McIntosh, Rachael		91 Bluenose Ath	5.49m	-1.0	697
	5.30m(-0.5)	5.23m(-2.0)	5.49m(-1.0)			
7	Valois, Chelsea		87 Excel Athlet	5.45m	+0.0	686
	5.45m(+0.0)	5.39m(-2.4)	FOUL			
8	Carriere, Leanna		Halifast Ath	5.41m	-1.0	674
	5.06m(-1.0)	5.41m(-1.0)	5.28m(0.4)			
9	Krech, Michele		86 Ottawa Lions	5.23m	-1.1	623
	5.23m(-1.1)	FOUL	FOUL			
10	Dobransky, Johanna		Ottawa Lions	5.12m	-0.9	592
	5.12m(-0.9)	FOUL	4.91m(0.1)			
11	Battiston, Alana		88 Saint Lauren	5.10m	0.1	587
	5.10m(0.1)	FOUL	FOUL			
12	Schneck, Amanda		Voleo Athlet	5.01m	-1.6	562
	FOUL	5.01m(-1.6)	5.00m(-0.4)			
13	Morrison, Hali		U OF C Athle	4.77m	-1.6	498
	4.59m(-2.3)	4.68m(+0.0)	4.77m(-1.6)			

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	Team	Finals	Points
1 Zelinka, Jessica	81	Unattached	13.54m	763
			FOUL 13.49m 13.54m	
2 McIntosh, Rachael	91	Bluenose Ath	12.07m	666
			10.70m 11.45m 12.07m	
3 Buttinger, Maddie	89	U of Toronto T.C	11.66m	639
			FOUL 11.43m 11.66m	
4 Abdulai, Ruky	85	Valley Royal	11.58m	633
			11.58m 10.92m 10.34m	
5 Krech, Michele	86	Ottawa Lions	11.13m	604
			10.28m 11.13m 10.74m	
6 Valois, Chelsea	87	Excel Athlet	10.77m	580
			10.77m FOUL 10.77m	
7 Cotten, Jennifer	87	London Weste	10.59m	568
			8.39m 9.78m 10.59m	
8 Battiston, Alana	88	Saint Lauren	10.45m	559
			10.45m 9.41m FOUL	
9 Miller, Natasha	89	Valley Royal	10.44m	558
			10.44m 10.17m FOUL	
10 Schneck, Amanda		Voleo Athlet	10.35m	552
			8.99m 10.35m 9.40m	
11 Dobransky, Johanna		Ottawa Lions	9.69m	509
			9.43m 8.46m 9.69m	
12 Morrison, Hali		U OF C Athle	8.84m	454
			8.30m 8.44m 8.84m	
13 Carriere, Leanna		Halifast Ath	8.76m	449
			8.45m 8.76m 8.35m	

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	Team	Finals	Points
1 Abdulai, Ruky	85	Valley Royal	49.82m	857
			49.82m 43.93m FOUL	
2 Zelinka, Jessica	81	Unattached	40.05m	668
			38.63m 37.55m 40.05m	
3 Valois, Chelsea	87	Excel Athlet	34.52m	562
			FOUL FOUL 34.52m	
4 Miller, Natasha	89	Valley Royal	33.95m	552
			33.77m 33.95m 29.14m	
5 McIntosh, Rachael	91	Bluenose Ath	33.16m	537
			27.26m 27.51m 33.16m	
6 Battiston, Alana	88	Saint Lauren	32.01m	515
			32.01m 27.91m FOUL	
7 Buttinger, Maddie	89	U of Toronto T.C	31.57m	506

29.59m	FOUL	31.57m			
8	Krech, Michele		86	Ottawa Lions	29.72m 471
21.84m	21.56m	29.72m			
9	Carriere, Leanna			Halifast Ath	27.49m 429
27.49m	26.88m	25.59m			
10	Cotten, Jennifer		87	London Weste	23.45m 353
FOUL	FOUL	23.45m			
11	Schneck, Amanda			Voleo Athlet	20.96m 307
18.60m	20.96m	20.42m			
12	Dobransky, Johanna			Ottawa Lions	20.32m 295
18.93m	20.32m	18.24m			
13	Morrison, Hali			U OF C Athle	18.25m 256
FOUL	FOUL	18.25m			

Women Heptathlon

Canadian: \$	6490	2008-08-16	Jessica Zelinka		
Championship: %	6058	1993	Catherine Bond-Mills		
Name		Year	Team	Seed	Finals
1	Abdulai, Ruky	85	Valley Royal	6105	6150%
2	Zelinka, Jessica	81	Unattached	6353	6132%
3	Miller, Natasha	89	Valley Royal	5531	5581
4	Cotten, Jennifer	87	London Weste	5491	5459
5	Buttinger, Maddie	89	U of Toronto T.C	5403	5317
6	McIntosh, Rachael	91	Bluenose Ath	5150	5244
7	Valois, Chelsea	87	Excel Athlet	4889	4967
8	Krech, Michele	86	Ottawa Lions	4773	4734
9	Battiston, Alana	88	Saint Lauren	4804	4690
10	Schneck, Amanda		Voleo Athlet	4606	4576
11	Dobransky, Johanna		Ottawa Lions	4308	4176
12	Carriere, Leanna		Halifast Ath	3804	4012
13	Morrison, Hali		U OF C Athle	3231	3408

Women 10000 Meter Race Walk

Canadian: \$	44:30.10	1993-05-15			
Name		Year	Team	Seed	Finals
1	Wylie, Megan	85	Racewalk Wes	51:09.71	53:53.0h
2	Reum, Melanie	92	Racewalk Wes	55:56.00	58:17.0h
3	Larssen, Beverly	89	Racewalk Wes	58:30.00	58:41.0h
4	Brooke, Susan	65	Adrenaline R		59:10.0h
5	Rodrigue-Poscente, Miche	59	Heartland Ra		1:04:27.0h
6	Bergeson, Jolene	71	Adrenaline R		1:08:12.0h

Women 20000 Meter Race Walk

Canadian: \$	1:34:50.00	2000-08-13	Janice McCaffrey		
Championship: %	1:34:50.00	2000	Janice McCaffrey		
Name		Year	Team	Seed	Finals
1	Seaman, Rachel	86	Ontario Race	41:36.00	1:37:46.0h
2	Evangelista, Nicola	88	Racewalk Wes	50:41.00	1:52:06.0h
3	Schneider, Amanda	89	Racewalk Wes		2:04:03.0h
4	McCormack, Catherine	72	Ontario Mast		2:08:33.0h

Men 100 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times								
Canadian: \$	9.84	1996-07-27	Donovan Bailey					
Canadian: \$	9.84	1999-08-22	Bruny Surin					
Championship: %	9.89	1998	Bruny Surin					
Name		Year	Team	Seed	Prelims	Wind	H#	
Preliminaries								
1	Warner, Justyn	87	Elite Edge	10.15	10.22Q	-1.2	2	
2	Effah, Sam	88	U OF C Athle	10.06	10.29Q	-1.3	1	
3	Connaughton, Jared	85	Islanders Tr	10.21	10.45Q	-1.3	3	
4	Smith, Oluseyi	87	Ottawa Lions	10.31	10.46Q	-1.3	1	

5	Richards-Kwok, Dontae	89	York Univers	10.40	10.50Q	-1.2	2
6	Brown, Aaron	92	Phoenix Athl	10.38	10.54Q	-1.3	3
7	Haynes, Akeem		Calgary Inte	10.70	10.56q	-1.2	2
8	Leblanc, Michael	87	A S E A	10.35	10.57q	-1.2	2
9	Henry, Anson	79	Elite Edge	10.42	10.59	-1.3	1
10	Warner, Ian	90	Elite Edge	10.44	10.59	-1.2	2
11	Sterling, Rhoan	80	Laurel Creek	10.36	10.60	-1.3	3
12	Adu-Bobie, Richard	85	Ottawa Lions	10.34	10.60	-1.3	1
13	Vaughan, Jarid B.	85	Coquitlam Ch	10.42	10.63	-1.3	1
14	Bennett, Wayndale	90	Project Athl	10.85	10.77	-1.3	1
15	Reddy, Julian	88	Edmonton Int	10.87	10.84	-1.3	1
16	Hayle, Phillip		Brampton Tra	11.08	10.90	-1.3	3
17	Nathan, Andrew C.	90	Unattach BC	10.88	10.98	-1.2	2
18	Allard, Dominic		Corsaire Cha	11.01	11.04	-1.3	3
19	Peschier, Curtis		Brampton Tra	11.09	11.10	-1.2	2
20	Blimke, Kevin		Capital City	11.20	11.19	-1.3	1
--	Smellie, Gavin	86	Flying Angel	10.26	FS	-1.3	3 162.7

Men 100 Meter Dash

=====  
 Canadian: \$ 9.84 1996-07-27 Donovan Bailey  
 Canadian: \$ 9.84 1999-08-22 Bruny Surin  
 Championship: % 9.89 1998 Bruny Surin

Name	Year	Team	Prelims	Finals	Wind
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Finals

1	Effah, Sam	88	U OF C Athle	10.29	10.23	1.9
2	Connaughton, Jared	85	Islanders Tr	10.45	10.31	1.9
3	Brown, Aaron	92	Phoenix Athl	10.54	10.39	1.9
4	Richards-Kwok, Dontae	89	York Univers	10.50	10.43	1.9
5	Haynes, Akeem		Calgary Inte	10.56	10.44	1.9
6	Leblanc, Michael	87	A S E A	10.57	10.47	1.9
7	Smith, Oluseyi	87	Ottawa Lions	10.46	10.56	1.9
--	Warner, Justyn	87	Elite Edge	10.22	FS	1.9 162.6

Preliminaries

9	Henry, Anson	79	Elite Edge	10.59
10	Warner, Ian	90	Elite Edge	10.59
11	Sterling, Rhoan	80	Laurel Creek	10.60
12	Adu-Bobie, Richard	85	Ottawa Lions	10.60
13	Vaughan, Jarid B.	85	Coquitlam Ch	10.63
14	Bennett, Wayndale	90	Project Athl	10.77
15	Reddy, Julian	88	Edmonton Int	10.84
16	Hayle, Phillip		Brampton Tra	10.90
17	Nathan, Andrew C.	90	Unattach BC	10.98
18	Allard, Dominic		Corsaire Cha	11.04
19	Peschier, Curtis		Brampton Tra	11.10
20	Blimke, Kevin		Capital City	11.19
--	Smellie, Gavin	86	Flying Angel	FS

Men 200 Meter Dash

=====  
 8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: \$ 20.17 1991-08-26 Atlee Mahorn  
 Championship: % 20.34 2008 Jared Connaughton

Name	Year	Team	Seed	Prelims	Wind	H#
1	Connaughton, Jared	85	Islanders Tr	20.45	20.77Q	-0.6 1
2	Barnett, Bryan	87	Unattach AB	20.58	20.87Q	1.0 2
3	Makinde, Oluwasegun	91	Ottawa Lions	21.06	21.05Q	1.1 3
4	Richards-Kwok, Dontae	89	York Univers	20.95	21.08Q	-0.6 1
5	Smellie, Gavin	86	Flying Angel	20.64	21.17Q	1.1 3
6	Sterling, Rhoan	80	Laurel Creek	21.47	21.49Q	1.0 2
7	Harper, Daniel	89	Brampton Tra	20.91	21.15q	-0.6 1
8	Laidlaw-Allen, Marlon	93	Phoenix Athl	21.21	21.27q	-0.6 1
9	Nichol, Leonae		Mississauga	21.93	21.46	1.1 3
10	Stewart, Rohan	90	Kajaks Track	21.43	21.63	1.1 3
11	Adu-Bobie, Richard	85	Ottawa Lions	21.24	21.65	-0.6 1
12	Smith, Oluseyi	87	Ottawa Lions	20.85	21.74	1.0 2
13	Leblanc, Michael	87	A S E A	21.19	21.81	1.0 2
14	Reddy, Julian	88	Edmonton Int	21.46	21.84	1.1 3

15 Nathan, Andrew C.	90 Unattach BC	21.57	21.96	-0.6	1
16 Boss, Andrew K.	89 Coquitlam Ch	21.85	21.97	1.0	2
17 Charles, Ricardo	U OF C Athle	22.01	21.98	1.1	3
18 Hutchinson, Scott	Harbour Track	22.11	22.34	1.0	2
-- Vaughan, Jarid B.	85 Coquitlam Ch	21.36	DNF	1.0	2
-- Harris, Tremaine	92 Elite Edge	21.04	DNF	1.1	3

Men 200 Meter Dash

Canadian: \$ 20.17 1991-08-26 Atlee Mahorn  
 Championship: % 20.34 2008 Jared Connaughton

Name	Year Team	Prelims	Finals	Wind
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Finals

1 Barnett, Bryan	87 Unattach AB	20.87	20.71	2.5	
2 Connaughton, Jared	85 Islanders Tr	20.77	20.75	2.5	
3 Makinde, Oluwasegun	91 Ottawa Lions	21.05	21.05	2.5	
4 Richards-Kwok, Dontae	89 York Univers	21.08	21.16	2.5	
5 Laidlaw-Allen, Marlon	93 Phoenix Athl	21.27	21.53	2.5	
6 Sterling, Rhoan	80 Laurel Creek	21.49	21.58	2.5	
-- Smellie, Gavin	86 Flying Angel	21.17	DQ	2.5	163.3

Preliminaries

7 Harper, Daniel	89 Brampton Tra	21.15		
9 Nichol, Leonae	Mississauga	21.46		
10 Stewart, Rohan	90 Kajaks Track	21.63		
11 Adu-Bobie, Richard	85 Ottawa Lions	21.65		
12 Smith, Oluseyi	87 Ottawa Lions	21.74		
13 Leblanc, Michael	87 A S E A	21.81		
14 Reddy, Julian	88 Edmonton Int	21.84		
15 Nathan, Andrew C.	90 Unattach BC	21.96		
16 Boss, Andrew K.	89 Coquitlam Ch	21.97		
17 Charles, Ricardo	U OF C Athle	21.98		
18 Hutchinson, Scott	Harbour Track	22.34		
-- Vaughan, Jarid B.	85 Coquitlam Ch	DNF		
-- Harris, Tremaine	92 Elite Edge	DNF		

Men 400 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times  
 Canadian: \$ 44.44 2005-08-12 Tyler Christopher  
 Championship: % 45.03 2008 Tyler Christopher

Name	Year Team	Seed	Prelims	H#
1 Harper, Daniel	89 Brampton Tra	46.24	47.00Q	1
2 Harris, Tremaine	92 Elite Edge	46.55	47.51Q	3
3 Trnkus, Michael	91 Greater Toro	47.86	47.97Q	2
4 Osei, Philip	90 Mississauga	47.16	47.41Q	1
5 Robertson, Michael	89 Ottawa Lions	46.60	47.97Q	3
6 Reid, Jonathan	88 Windsor Legi	46.31	48.09Q	2
7 Frenke, Gordon	Ottawa Lions	48.70	48.10q	1
8 Lim, Kevin P.	88 Unattach BC	47.93	48.27q	1
9 Ayesu-Attah, Benjamin	93 Coquitlam Ch	48.07	48.40	2
10 Biocchi, Devin	92 Ottawa Lions	47.58	48.46	3
11 Sumani, Abdulhafeez	88 U OF C Athle	47.88	48.49	1
12 *harding, Hodson	94 Coquitlam Ch	47.53	48.57	2
13 Hutchinson, Scott	Harbour Track	48.16	48.60	3
14 Home, Mitchell	Capital City	49.07	49.09	2
15 Boss, Andrew K.	89 Coquitlam Ch	48.21	49.15	2
16 Richard, Bianco	88 Perfmmax-Raci	47.52	49.40	1
17 Smith, Spencer	Islanders Tr	49.04	49.49	1
18 Scott, Nathan	Saskatoon TF	50.53	49.91	2
19 Roppelt, Brian	83 Edmonton Thu		49.94	1
20 Greco, Domenic	Brampton Tra	49.43	49.97	3
21 Miletic, Goran	Edmonton Thu	50.43	50.90	3

Men 400 Meter Dash

Canadian: \$ 44.44 2005-08-12 Tyler Christopher  
 Championship: % 45.03 2008 Tyler Christopher

Name	Year Team	Prelims	Finals
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=====  
 Finals

1	Harris, Tremaine	92	Elite Edge	47.51	46.24
2	Harper, Daniel	89	Brampton Tra	47.00	46.32
3	Osei, Philip	90	Mississauga	47.41	46.86
4	Reid, Jonathan	88	Windsor Legi	48.09	46.89
5	Robertson, Michael	89	Ottawa Lions	47.97	46.96
6	Frenke, Gordon		Ottawa Lions	48.10	48.00
7	Trnkus, Michael	91	Greater Toro	47.97	48.19
8	Lim, Kevin P.	88	Unattach BC	48.27	48.50

Preliminaries

9	Ayesu-Attah, Benjamin	93	Coquitlam Ch	48.40	
10	Biocchi, Devin	92	Ottawa Lions	48.46	
11	Sumani, Abdulhafeez	88	U OF C Athle	48.49	
12	*harding, Hodson	94	Coquitlam Ch	48.57	
13	Hutchinson, Scott		Harbour Track	48.60	
14	Home, Mitchell		Capital City	49.09	
15	Boss, Andrew K.	89	Coquitlam Ch	49.15	
16	Richard, Bianco	88	Perfmax-Raci	49.40	
17	Smith, Spencer		Islanders Tr	49.49	
18	Scott, Nathan		Saskatoon TF	49.91	
19	Roppelt, Brian	83	Edmonton Thu	49.94	
20	Greco, Domenic		Brampton Tra	49.97	
21	Miletic, Goran		Edmonton Thu	50.90	

Men 800 Meter Run

=====  
 8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: \$ 1:43.68 2008-07-29 Gary Reed

Championship: % 1:44.93 2007 Gary Reed

Name	Year	Team	Seed	Prelims	H#
1	Ferguson, Quin	88 Unattach MB	1:47.11	1:52.67Q	3
2	Smith, Kyle	85 Phoenix Athl	1:46.85	1:53.18Q	2
3	Ellerton, Andrew	83 Track North	1:46.39	1:56.24Q	1
4	Ostapowich, Jaden	89 Edmonton Thu	1:48.09	1:52.74Q	3
5	Harris, Geoffrey	87 Halifax Ath	1:48.48	1:53.25Q	2
6	Holm, David	86 Calgary Warr	1:49.84	1:56.70Q	1
7	Keane, Sean	93 Unattach BC	1:50.63	1:53.17q	3
8	Blades, Justin	91 Halifax Ath	1:50.09	1:53.36q	2
9	Laporte, Charles-Olivier	86 Rouge ET OR	1:50.70	1:53.82	3
10	Theriault, Madison	88 Caltaf Athle	1:55.10	1:54.15	2
11	Winkler, Matthew	88 Unattach BC	1:50.93	1:54.87	2
12	Raymond, Mathieu	87 Club D'Athlé	1:51.50	1:55.69	2
13	Bickley, Bradley	U OF C Athle	1:54.83	1:56.38	3
14	Russell, Ryan	Calgary Inte	1:55.93	1:56.56	2
15	Saizew, Michael	87 Caltaf Athle	1:49.68	1:56.83	1
16	Wasylyshyn, Adam	U OF C Athle	1:56.57	1:57.62	2
17	Pratt, John	90 U of Victoria	1:51.12	1:57.68	1
18	Parent-ichette, Vincent	Club D'Athlé	1:55.47	1:58.06	1
19	Sportak, Kenton	U OF C Athle	1:56.23	1:58.39	3
20	Doiron, Jean-Marc	O2	1:55.37	1:58.74	1
21	Langridge, Jordan	90 U OF Windsor	1:51.49	1:59.09	1
22	Montgomery, Kevin	87 York Univers		1:59.43	3
23	Kimick, Evan	U OF C Athle	1:57.09	2:01.45	1
24	Coy, Jesaiah	Calgary Olym	1:56.47	2:02.33	3

Men 800 Meter Run

=====  
 Canadian: \$ 1:43.68 2008-07-29 Gary Reed

Championship: % 1:44.93 2007 Gary Reed

Name	Year	Team	Prelims	Finals
1	Ellerton, Andrew	83 Track North	1:56.24	1:52.12
2	Smith, Kyle	85 Phoenix Athl	1:53.18	1:52.68
3	Ferguson, Quin	88 Unattach MB	1:52.67	1:52.73
4	Ostapowich, Jaden	89 Edmonton Thu	1:52.74	1:53.05
5	Blades, Justin	91 Halifax Ath	1:53.36	1:53.32
6	Harris, Geoffrey	87 Halifax Ath	1:53.25	1:54.05

7 Keane, Sean	93 Unattach BC	1:53.17	1:54.61
Preliminaries			
6 Holm, David	86 Calgary Warr	1:56.70	
9 Laporte, Charles-Olivier	86 Rouge ET OR	1:53.82	
10 Theriault, Madison	88 Caltaf Athle	1:54.15	
11 Winkler, Matthew	88 Unattach BC	1:54.87	
12 Raymond, Mathieu	87 Club D'Athlé	1:55.69	
13 Bickley, Bradley	U OF C Athle	1:56.38	
14 Russell, Ryan	Calgary Inte	1:56.56	
15 Saizew, Michael	87 Caltaf Athle	1:56.83	
16 Wasylyshyn, Adam	U OF C Athle	1:57.62	
17 Pratt, John	90 U of Victoria	1:57.68	
18 Parent-(ichette, Vincent	Club D'Athlé	1:58.06	
19 Sportak, Kenton	U OF C Athle	1:58.39	
20 Doiron, Jean-Marc	O2	1:58.74	
21 Langridge, Jordan	90 U OF Windsor	1:59.09	
22 Montgomery, Kevin	87 York Univers	1:59.43	
23 Kimick, Evan	U OF C Athle	2:01.45	
24 Coy, Jesaiah	Calgary Olym	2:02.33	

Men 1500 Meter Run

=====  
 12 Advance: Top 3 Each Heat plus Next 3 Best Times  
 Canadian: \$ 3:31.71 2000-06-30 Kevin Sullivan  
 Championship: % 3:38.03 2008 Taylor Milne

Name	Year Team	Seed	Prelims
1 Milne, Taylor	81 Speed River	3:36.30	3:48.10Q
2 Brannen, Nathan	82 Unattached	3:36.98	3:48.44Q
3 Martinson, Geoffrey B.	86 Prince Georg	3:39.58	3:49.54Q
4 Nicol, Scott	88 U OF C Athle	3:45.25	3:48.32Q
5 Berkis, Anthony	89 Toronto Olym	3:42.54	3:48.88Q
6 Boorsma, Kyle	88 Speed River	3:41.16	3:50.02Q
7 Lincoln, Matthew	82 Phoenix Athl	3:47.42	3:48.95Q
8 Corrigan, Peter	89 Running Room	3:43.76	3:49.13Q
9 Marpole-Bird, Justin	88 Vancouver TH	3:46.91	3:50.44Q
10 Philibert-Thiboutot, Cha	90 Rouge ET OR	3:47.30	3:49.57q
11 Khan, Saheed	84 Toronto Olym	3:45.03	3:49.98q
12 Del Monte, Michael	86 Athletics To	3:48.59	3:50.16q
13 Walters, Mathew	89 North Bay Le	3:44.13	3:50.52
14 Brett, Allan	88 Speed River	3:47.64	3:51.54
15 Kellar, Adam	84 Unattach NS	3:44.87	3:51.60
16 Theriault, Madison	88 Caltaf Athle	3:58.80	3:53.44
17 Proudfoot, Ross	92 Track North	3:46.70	3:54.26
18 Childs, Clifford	89 U of Victoria	3:46.50	3:54.90
19 Lapointe, Jean-Samuel	91 Rouge ET OR	3:48.05	3:55.65
20 Lavoie, Olivier	88 Corsaire Cha	3:47.89	3:55.86
21 Hole, Nigel	89 Point Grey T	3:48.50	3:56.16
22 Rengifo, Christopher	86 Toronto Olym	3:45.75	3:56.61
23 Bernard, Olivier	89 Club D'Athlé	3:48.76	3:57.40
24 Monds, Jevin	89 Unattach AB	3:48.48	3:58.80
25 Bruchet, Lucas	91 Unattach BC	3:49.96	3:59.57
26 Jackson, Robert	90 Speed River	3:47.56	3:59.73
27 Montgomery, Kevin	87 York Univers	3:59.45	4:05.15
28 Denault, Alex	91 Newmarket HU	3:59.10	4:08.31
29 Elford, Adam	88 U OF C Athle	4:00.51	4:09.93
30 Mueller, Eric	91 Saskatoon TF	4:19.91	4:14.09
-- Duncan, Justin	88 Athletics To	3:42.80	DNF

Men 1500 Meter Run

=====  
 Canadian: \$ 3:31.71 2000-06-30 Kevin Sullivan  
 Championship: % 3:38.03 2008 Taylor Milne

Name	Year Team	Prelims	Finals
===== Finals			
1 Brannen, Nathan	82 Unattached	3:48.44	3:50.33
2 Milne, Taylor	81 Speed River	3:48.10	3:50.40
3 Martinson, Geoffrey B.	86 Prince Georg	3:49.54	3:50.74
4 Marpole-Bird, Justin	88 Vancouver TH	3:50.44	3:51.97

5	Berkis, Anthony	89	Toronto Olym	3:48.88	3:53.37
6	Del Monte, Michael	86	Athletics To	3:50.16	3:54.54
7	Nicol, Scott	88	U OF C Athle	3:48.32	3:54.90
8	Lincoln, Matthew	82	Phoenix Athl	3:48.95	3:55.07
9	Khan, Saheed	84	Toronto Olym	3:49.98	3:55.30
10	Boorsma, Kyle	88	Speed River	3:50.02	3:55.81
11	Corrigan, Peter	89	Running Room	3:49.13	3:56.07
12	Philibert-Thiboutot, Cha	90	Rouge ET OR	3:49.57	3:56.23
Preliminaries					
13	Walters, Mathew	89	North Bay Le	3:50.52	
14	Brett, Allan	88	Speed River	3:51.54	
15	Kellar, Adam	84	Unattach NS	3:51.60	
16	Theriault, Madison	88	Caltaf Athle	3:53.44	
17	Proudfoot, Ross	92	Track North	3:54.26	
18	Childs, Clifford	89	U of Victoria	3:54.90	
19	Lapointe, Jean-Samuel	91	Rouge ET OR	3:55.65	
20	Lavoie, Olivier	88	Corsaire Cha	3:55.86	
21	Hole, Nigel	89	Point Grey T	3:56.16	
22	Rengifo, Christopher	86	Toronto Olym	3:56.61	
23	Bernard, Olivier	89	Club D'Athlé	3:57.40	
24	Monds, Jevin	89	Unattach AB	3:58.80	
25	Bruchet, Lucas	91	Unattach BC	3:59.57	
26	Jackson, Robert	90	Speed River	3:59.73	
27	Montgomery, Kevin	87	York Univers	4:05.15	
28	Denault, Alex	91	Newmarket HU	4:08.31	
29	Elford, Adam	88	U OF C Athle	4:09.93	
30	Mueller, Eric	91	Saskatoon TF	4:14.09	
--	Duncan, Justin	88	Athletics To	DNF	

#### Men 5000 Meter Run

Canadian: \$ 13:13.96 1998-09-01 Jeff Schiebler  
 Championship: % 13:25.16 2000 Sean Kaley

Name	Year	Team	Seed	Finals
=====				
Finals				
1	Coolsaet, Reid	79	Speed River	13:51.23 14:09.83
2	Hubers, Ben	88	Ontario Unat	14:08.00 14:11.07
3	Wiebe, Kelly	89	Excel Athlet	13:56.68 14:12.16
4	Britt, Barry	90	Saint John T	14:08.90 14:50.41
5	Kazuta, Kerry	85	Point Grey T	14:34.76 15:02.10
6	Colle, Stephane	88	Fleur DE Lys	14:15.32 15:08.20
7	Nixon, Andrew	91	Speed River	14:12.97 15:15.71
8	Hunt, Theo	88	Point Grey T	15:04.36 15:30.39
9	De Silva, Matthew	87	Unattached	14:22.35 15:36.43
10	Galea, Matthew	93	Caltaf Athle	16:01.90 15:56.03
--	*ndungu, John	77	Unattach AB	XDNF
--	Majock, Nyial	90	Calgary Spar	DNF
--	Desormeaux, Kyle	80	Speed River	15:10.94 DNF
--	Thistlewood, Ben	87	Point Grey T	14:43.47 DNF
--	*tsaru Tume, Merhau	92	Caltaf Athle	X15:50.14

#### Men 10000 Meter Run

Canadian: \$ 27:23.63 2010-05-01 Simon Bairu  
 Championship: % 28:14.30 2000 Jeff Schiebler

Name	Year	Team	Seed	Finals
=====				
2	Coolsaet, Reid	79	Speed River	29:14.63 31:36.38
3	Leboeuf, Maxime	87	Running Room	30:00.00 32:57.59
4	Diehl, Graham	82	U OF C Athle	33:00.00 34:29.57
5	Cummings, Travis	85	Unattach AB	32:42.00 34:55.52
6	Bryden, Jordan	86	Unattach AB	32:16.44 35:38.32
1	*kangogo, Kip	79	Running Room	29:01.60 X31:28.78

#### Men 110 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times  
 Canadian: \$ 13.08 1993-07-01 Mark McKoy  
 Championship: % 13.27 1985 Mark McKoy

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Moseley, Ingvar	91 Elite Edge	14.28	14.01Q	1.9	2
2 Brisson, Matthew	88 St. Thomas L	14.34	14.26Q	2.5	1
3 Theriau, Christopher	87 Unattach NS	14.33	14.28Q	2.5	1
4 Baker, Justin	89 Excel Athlet	14.51	14.62Q	1.9	2
5 Léveillé, Simon	90 Corsaire Cha	14.72	14.34Q	2.5	1
6 Janssen, Matt	90 Edmonton Int	15.51	15.41Q	1.9	2
7 Thomas, Craig	90 U OF C Athle	16.03	15.60q	2.5	1
8 Nel, Wynand	88 Capital City	15.70	15.63q	2.5	1
9 Clark, Steven	91 Caltaf Athle	16.08	17.89	1.9	2
-- Macleod, Jared	80 Winnipeg Opt	13.89	DNF	2.5	1
-- Grant, Tremaine	91 Ontario Unat	13.94	DQ	1.9	2 168.7

Men 110 Meter Hurdles

Name	Year Team	Seed	Prelims	Finals	Wind
Canadian: \$ 13.08 1993-07-01 Mark McKoy					
Championship: % 13.27 1985 Mark McKoy					
Preliminaries					
9 Clark, Steven	91 Caltaf Athle	17.89			
-- Macleod, Jared	80 Winnipeg Opt	DNF			
-- Grant, Tremaine	91 Ontario Unat	DQ			
Finals					
1 Moseley, Ingvar	91 Elite Edge	14.01	14.26	0.2	
2 Theriau, Christopher	87 Unattach NS	14.28	14.36	0.2	
3 Brisson, Matthew	88 St. Thomas L	14.26	14.40	0.2	
4 Léveillé, Simon	90 Corsaire Cha	14.34	14.51	0.2	
5 Baker, Justin	89 Excel Athlet	14.62	14.85	0.2	
6 Thomas, Craig	90 U OF C Athle	15.60	15.70	0.2	
7 Nel, Wynand	88 Capital City	15.63	15.74	0.2	
-- Janssen, Matt	90 Edmonton Int	15.41	DNF	0.2	

Men 400 Meter Hurdles

Name	Year Team	Seed	Prelims	H#
8 Advance: Top 3 Each Heat plus Next 2 Best Times				
Canadian: \$ 48.24 2007-07-27 Adam Kunkel				
Championship: % 49.68 2007 Adam Kunkel				
1 El Hanbli, Gabriel	90 Lanaudiere-O	50.77	51.89Q	2
2 Kunkel, Adam	81 Elite Edge	50.35	52.11Q	1
3 Joseph, Nigel	86 Calgary Inte	51.52	52.57Q	2
4 Nystuen, Tait	91 Excel Athlet	51.79	52.62Q	1
5 Pearson, Stuart	89 U of Toronto T.C	51.86	54.04Q	1
6 Smithers, Cameron	91 Ottawa Lions	53.49	54.55Q	2
7 Moseley, Ingvar	91 Elite Edge	53.98	54.77q	2
8 McLellan, Ian	92 Excel Athlet	55.12	55.06q	2
9 King, Garrett	93 Edmonton Oly	55.23	55.79	2
10 Ohlsen, Jack	88 Ottawa Lions	55.42	56.80	1
11 Minkley, John R.	90 Pacific Athl	56.06	58.19	2
-- Hayes, Clayton	88 Capital City	55.28	DNF	1
-- Chevrette-Belisle, Huber	90 Lanaudiere-O	54.46	DNF	1

Men 400 Meter Hurdles

Name	Year Team	Seed	Prelims	Finals
Canadian: \$ 48.24 2007-07-27 Adam Kunkel				
Championship: % 49.68 2007 Adam Kunkel				
Preliminaries				
Finals				
1 Kunkel, Adam	81 Elite Edge	52.11	50.80	
2 El Hanbli, Gabriel	90 Lanaudiere-O	51.89	50.82	
3 Pearson, Stuart	89 U of Toronto T.C	54.04	51.46	
4 Nystuen, Tait	91 Excel Athlet	52.62	51.85	
5 Joseph, Nigel	86 Calgary Inte	52.57	52.18	
6 McLellan, Ian	92 Excel Athlet	55.06	55.51	
7 Smithers, Cameron	91 Ottawa Lions	54.55	56.08	

-- Moseley, Ingvar	91 Elite Edge	54.77	DNF
Preliminaries			
9 King, Garrett	93 Edmonton Oly	55.79	
10 Ohlsen, Jack	88 Ottawa Lions	56.80	
11 Minkley, John R.	90 Pacific Athl	58.19	
-- Hayes, Clayton	88 Capital City	DNF	
-- Chevrette-Belisle, Huber	90 Lanaudiere-O	DNF	

Men 3000 Meter Steeplechase

Canadian: \$ 8:12.58	1985-08-28	Graeme Fell	
Championship: % 8:25.82	1986	Graeme Fell	
Name	Year Team	Seed	Finals

Finals

1 Genest, Alex	86 Speed River	8:33.85	8:44.10	
2 Hughes, Matthew	89 Toronto Olym	8:24.87	8:58.05	
3 Winter, Chris	86 Speed River	8:39.91	9:05.83	
4 Brockerville, Ryan	89 Mariners Ath	8:49.39	9:09.75	
5 Bourgeois, Joël	71 O2	9:02.10	9:12.01	
6 McKay, Travis	85 Edmonton Thu	8:45.12	9:14.95	
7 Hadfield, Gareth	92 Caltaf Athle	9:13.26	9:18.59	.583
8 Black, Alden	88 Ontario Unat		9:18.59	.585
9 Brunsting, Matthew	87 Speed River	8:44.68	9:26.74	
10 O'Neill, Kyle	89 London Runne	9:01.38	9:29.78	
11 Dulhanty, Christopher	92 Speed River	9:06.60	9:38.40	
12 Law, Graeme	90 Edmonton Thu	9:47.85	9:49.03	
13 Degroot, Andrew	91 Newmarket HU	9:11.99	9:49.20	
14 Maynard, Jordan	88 Vancouver TH	9:43.60	9:51.24	
15 Deshaies, Nicolas	92 Capital City	9:12.11	9:55.42	
16 Dib, Abdelkader	89 Caltaf Athle	9:13.28	9:58.57	
-- Kent, Justin	92 Coastal Trac	9:17.14	DNF	

Men 4x100 Meter Relay

Canadian: \$ 37.69	1996-08-03	R. Esmie, G. Gilbert, B. Surin, D. Bailey	
Team		Seed	Finals
1 Ottawa Lions T.F.C. 'A'		37.40	40.84
2 Capital City Track Club 'A'		43.37	42.65
3 Ucac 'A'			43.27
4 Ucac 'B'			43.32
5 ParaCanada 'A'			46.75
-- Bobsled Men 'A'			DQ 170.14

Men High Jump

Start 1.98	Increase 5cm to 2.13		
Increase 3 cm from 2.13 to 2.28			
Increase 2cm from 2.28			
Canadian: \$ 2.35m	2002-07-12	Mark Boswell	
Championship: % 2.33m	1986	Milton Ottey	
Name	Year Team	Seed	Finals
1 Dillon, Mark	84 U of Toronto T.C	2.16m	2.19m
1.98 2.03 2.08 2.13 2.16 2.19 2.22			
PPP PPP PPP O O O XXX			
2 Witmer, Alex	89 U of Toronto T.C	2.13m	2.19m
1.98 2.03 2.08 2.13 2.16 2.19 2.22			
PPP O XO O XXO O XXX			
3 Mason, Michael	86 Valley Royal	2.28m	2.19m
1.98 2.03 2.08 2.13 2.16 2.19 2.22			
PPP O O O XO XO XXX			
4 Watkins, Derek	81 Windsor Legi	2.20m	2.19m
1.98 2.03 2.08 2.13 2.16 2.19 2.22			
PPP PPP O XO XXO XXO XXX			
5 Little, Paul J.	88 Vancouver TH	2.10m	2.03m
1.98 2.03 2.08			
PPP O XXX			

5 Lovett, Django	92 Valley Royal	2.18m	2.03m
1.98 2.03 2.08			
PPP O XXX			
7 Jean-Charles, Cédric	91 Athletisme M	2.00m	1.98m
1.98 2.03			
O XXX			
7 Eckert, Jeremy	90 Excel Athlet	2.70m	1.98m
1.98 2.03			
O XXX			
9 Swartz, Shawn F.	89 Unattach BC	2.00m	1.98m
1.98 2.03			
XO XXX			

#### Men Pole Vault

Starting 4.70 increase 15cm to 5.15  
 Increase 10cm from 5.15 to 5.25  
 Increase 5 cm from 5.25  
 Canadian: \$ 5.61m 1991-07-14 Douglas Wood  
 Championship: % 5.50m 1989 Douglas Wood

Name	Year Team	Seed	Finals
1 Wurster, Jason	84 York Univers	5.50m	5.25m
4.70 4.85 5.00 5.15 5.25 5.30 5.35			
PPP PPP XO O O PPP XXX			
2 Petrucha, Taylor	87 Riversdale A	5.35m	5.15m
4.70 4.85 5.00 5.15 5.25 5.30			
PPP XO O O PPP XXX			
3 Vu, Ryan	88 Unattach BC	5.30m	5.15m
4.70 4.85 5.00 5.15 5.25 5.30			
O XO XXO XO PPP XXX			
4 Theodore, Deryk	89 Edmonton Int	5.20m	5.00m
4.70 4.85 5.00 5.15			
PPP O O XXX			
5 Foley, David	84 Sherbrooke	5.15m	5.00m
4.70 4.85 5.00 5.15			
PPP XO O XXX			
5 Creighton, Doug	85 U of Toronto T.C	5.15m	5.00m
4.70 4.85 5.00 5.15			
XO O O XXX			
7 Beaumont-Courteau, Maxim	Montreal Int	4.80m	4.70m
4.70 4.85			
XXO XXX			
-- Popp, Marcus	Ontario Mast	4.10m	NH
4.70			
XXX			
-- Dorion, Josh	South Simcoe	4.40m	NH
4.70			
XXX			
-- Janessen, Matt	Edmonton Int	4.70m	NH
4.70			
XXX			
-- Gauthier, Renè	81 Sherbrooke	5.50m	NH
4.70			
XXX			

#### Men Long Jump

Canadian: \$ 8.20m 1991-07-20 Edrick Floreal  
 Championship: % 8.02m 1989 Edrick Floreal

Name	Year Team	Seed	Finals	Wind
1 Warnock, Benjamin	85 Windsor Legi	7.61m	7.61m	3.5
7.61m(3.5) 7.48m(1.5) FOUL 6.80m(-0.5) FOUL 6.86m(-1.5)				
2 Greenaway, Christopher	87 Saint Lauren	7.64m	7.52m	2.1
6.71m(3.0) FOUL 7.52m(2.1) 7.22m(-0.8) 7.34m(-0.7) 7.38m(-2.1)				
3 Gallagher, Robert	Langley Must	7.36m	7.46m	-1.0
FOUL 7.26m(0.3) 7.33m(0.7) FOUL 7.46m(-1.0) 7.21m(-2.6)				
4 McPhee, Stephen	Capital City	7.36m	7.42m	2.5
7.42m(2.5) 4.39m(0.1) 6.92m(-1.1) 7.02m(-2.1) FOUL 6.54m(-2.6)				

5	Douglas, Kadeem	90 Phoenix Athl	7.61m	7.36m	-2.8
	7.09m(2.0) 7.10m(1.5) 7.26m(2.6) 7.26m(2.0) 7.32m(-0.0) 7.36m(-2.8)				
6	Bowry, Jharyl	90 Phoenix Athl	7.43m	7.28m	1.3
	7.28m(1.3) 7.17m(1.5) 7.11m(-0.1) FOUL FOUL 6.90m(-3.9)				
7	Massok, Patrick	80 Saint Lauren	7.71m	7.18m	3.0
	FOUL 7.18m(3.0) FOUL FOUL 7.17m(0.1) 6.94m(-3.4)				
8	Collette, Sean	Supreme Athl	7.15m	7.13m	4.2
	7.03m(1.8) 7.13m(4.2) 6.73m(2.6) FOUL 7.06m(0.3) FOUL				
9	Nriagu, Osi Tadinma	Windsor Legi	7.17m	7.12m	-0.4
	6.88m(2.0) FOUL 7.12m(-0.4)				
10	Scherle, Mark	84 London Weste	7.42m	7.09m	3.0
	7.09m(3.0) FOUL 7.00m(1.5)				
11	Latham, Clayton	80 Brampton Eli	7.44m	6.71m	0.3
	FOUL 6.59m(1.2) 6.71m(0.3)				
12	Blackburn, Justin	Perfmax-Raci		6.22m	2.0
	FOUL 6.22m(2.0) FOUL				
--	*mbimbe, Emmanuel	92 Tarus	7.45m	X7.43m	-1.6
	7.13m(2.1) 7.26m(1.2) 7.29m(-0.8) 7.40m(-0.7) 7.33m(-0.8) 7.43m(-1.6)				

#### Men Triple Jump

Canadian: \$ 17.29m 1989-06-03 Edrick Floreal					
Championship: % 16.56m 1989 Edrick Floreal					
Name	Year	Team	Seed	Finals	Wind
1 Zorzella, Jacob	90	York Univers	15.53m	16.11m	2.4
	16.11m(2.4) 15.80m(-0.2) PASS 15.79m(1.5) FOUL FOUL				
2 Shadd, Kenen	83	Supreme Athl	15.44m	15.68m	1.0
	FOUL 15.32m(1.8) 13.73m(0.6) 15.14m(1.1) 15.49m(1.6) 15.68m(1.0)				
3 Goetz, Jason	85	Supreme Athl	15.20m	15.31m	1.4
	15.01m(2.8) FOUL 14.69m(1.5) 15.31m(1.4) FOUL 15.09m(0.4)				
4 Muschette, Marvin	92	Supreme Athl	15.10m	15.22m	-0.4
	14.84m(0.9) FOUL 14.74m(1.2) PASS 15.06m(0.5) 15.22m(-0.4)				
5 Sao, Mamadu	89	Tarus	15.11m	15.17m	0.7
	FOUL 15.17m(0.7) 14.73m(1.5) FOUL 14.65m(0.9) 14.22m(0.7)				
6 Levy, Asaph	88	Bulldogs Tra	15.43m	14.95m	1.7
	14.95m(1.7) 14.84m(1.5) 14.85m(2.0) FOUL PASS 14.84m(-0.0)				
7 Douglas, Kadeem	90	Phoenix Athl	14.10m	13.92m	2.1
	FOUL FOUL 13.92m(2.1) FOUL FOUL PASS				
8 Nachilobe, Cossy	91	Saskatoon TF	13.61m	13.78m	0.3
	13.78m(0.3) FOUL FOUL PASS PASS				
9 Booth, Riley	91	U OF C Athle	13.34m	13.70m	1.6
	13.70m(1.6) 13.55m(1.0) 13.52m(1.1)				
--	Akomolafe, Charles	91 Phoenix Athl	14.24m	FOUL	
	FOUL FOUL FOUL				

#### Men Shot Put 7.26 kg

Canadian: \$ 21.58m 2010-06-02 Dylan Armstrong					
Championship: % 20.57m 2001 Brad Snyder					
Name	Year	Team	Seed	Finals	
1 Armstrong, Dylan	81	Kamloops Tra	21.72m	22.21m\$	
	21.75m 21.89m FOUL FOUL 21.78m 22.21m				
2 Nedow, Timothy	90	Ontario Unat	18.84m	18.69m	
	16.43m 18.35m FOUL FOUL 18.69m FOUL				
4 Smith, Andrew	88	Saskatoon TF	17.84m	18.24m	
	17.38m FOUL FOUL 18.24m FOUL FOUL				
5 Hendry, Timothy	90	Speed River	18.45m	18.01m	
	16.78m 17.71m 17.91m 17.62m 14.48m 18.01m				
6 Welch, Drew	91	London Weste	17.27m	17.29m	
	FOUL 16.11m 17.29m 17.06m 16.94m FOUL				
7 Machiskinic, Nolan	91	Saskatoon TF	15.94m	15.66m	
	15.66m 14.96m FOUL FOUL FOUL 15.06m				
8 Khan, Umar	89	York Univers	16.61m	14.35m	
	14.21m 13.78m 14.05m 14.35m FOUL FOUL				
9 Link, Steven	91	U OF C Athle	14.50m	14.12m	
	FOUL 13.84m FOUL 13.36m 14.12m FOUL				
10 Dugas, Marc-Antoine	91	Sherbrooke	14.16m	13.79m	
	12.98m 13.44m 13.79m				

-- Ysebaert, Andy 86 Sarnia Athle 16.36m FOUL  
 FOUL FOUL ND  
 -- \*rodhe, Justin 84 Kamloops Tra 20.40m X18.69m  
 18.69m FOUL FOUL FOUL FOUL FOUL

Men Discus Throw 2 kg

=====  
 Canadian: \$ 67.88m 1998-05-14 Jason Tunks  
 Championship: % 64.84m 2001 Jason Tunks  
 Name Year Team Seed Finals  
 =====  
 1 Roubos, Brent 90 Speed River 52.64m 53.35m  
 50.23m 49.69m 53.35m 49.83m FOUL 48.67m  
 2 Dugas, Marc-Antoine 91 Sherbrooke 48.60m 51.16m  
 46.69m FOUL 51.16m FOUL FOUL FOUL  
 3 Ysebaert, Andy 86 Sarnia Athle 51.00m 47.38m  
 47.38m 46.96m 45.12m FOUL 45.77m FOUL  
 4 Anisko, Damian 83 York Univers 47.85m 47.26m  
 45.81m 46.71m 45.45m 43.25m 45.42m 47.26m  
 5 Nedow, Timothy 90 Ontario Unat 55.46m 46.01m  
 FOUL FOUL 46.01m FOUL FOUL FOUL  
 6 Russell-Ford, Zachary 90 London Weste 46.79m 45.58m  
 43.98m 45.58m 41.68m FOUL FOUL 45.34m  
 7 Gagne, Alexandre 91 Sherbrooke 47.89m 44.62m  
 44.49m 43.53m 43.42m FOUL 44.62m 44.34m  
 8 Link, Steven 91 U OF C Athle 40.79m 42.04m  
 41.10m FOUL 42.04m FOUL 41.46m 41.52m  
 9 Saari, John 73 Kamloops Tra 35.10m 41.26m  
 41.26m FOUL FOUL  
 10 Pakula, Codey 90 Excel Athlet 39.97m 39.12m  
 FOUL 39.12m FOUL  
 11 Khan, Umar 89 York Univers 43.41m 36.60m  
 36.60m FOUL FOUL

Men Hammer Throw 7.26 kg

=====  
 Canadian: \$ 79.13m 2008-05-16 James Steacy  
 Championship: % 78.52m 2008 James Steacy  
 Name Year Team Seed Finals  
 =====  
 1 Stacey, James Chinook Trac 73.52m 76.27m  
 76.27m 74.03m 73.35m 75.69m 71.22m 74.17m  
 2 Henderson, Nolan (trey) 89 Kajaks Track 69.45m 64.99m  
 62.60m 64.85m 64.99m 63.64m FOUL 62.71m  
 3 Doherty, Mathew 85 Unattach NS 67.60m 64.31m  
 62.48m 64.22m 64.08m 62.82m 64.31m 60.65m  
 4 Novia, Daniel 89 York Univers 61.12m 63.93m  
 FOUL 61.23m 63.51m 61.65m 63.93m FOUL  
 6 Lennie, Nathan 79 U OF Windsor 61.66m 60.78m  
 58.90m 60.78m 59.30m FOUL FOUL 59.13m  
 7 Steacy, Sean 86 Chinook Trac 61.28m 59.19m  
 FOUL 55.89m FOUL 58.50m 57.34m 59.19m  
 8 Taylor, Angus J. 90 Kajaks Track 61.41m 59.15m  
 FOUL FOUL 56.81m 57.00m 59.15m 57.94m  
 9 Suppes, Garth Flying M Ath 57.52m 58.92m  
 51.01m 58.92m 53.12m FOUL FOUL 57.67m  
 10 Baines, Jason Ontario Mast 55.25m 55.72m  
 55.71m 55.72m FOUL  
 11 Dugas, Marc-Antoine 91 Sherbrooke 54.93m 55.33m  
 52.46m 55.33m 52.37m  
 12 Anisko, Damian 83 York Univers 53.15m 54.13m  
 54.13m 53.94m 52.92m  
 -- \*jensen, Ryan 85 BC Athletics 60.16m X60.78m  
 57.13m 59.51m 60.78m 59.34m FOUL FOUL  
 -- \*diaz, Damian U OF C Athle 52.74m X52.45m  
 49.81m 52.45m 50.13m

Men Javelin Throw 800 g

=====  
 Canadian: \$ 84.41m 2005-07-20 Scott Russell

## Championship: % 80.17m 2001 Scott Russell

Name	Year	Team	Seed	Finals
1 Russell, Scott	79	Windsor Legi	81.96m	77.46m
68.36m 77.46m FOUL	FOUL	FOUL	67.45m	
2 Nielsen, Kyle J.	89	Unattach BC	77.24m	76.67m
69.13m 76.67m 68.94m	71.87m	71.94m	72.54m	
3 Moss, Curtis	87	Kajaks Track	74.76m	75.34m
75.34m FOUL	71.44m	68.97m	FOUL	70.25m
4 Jones, Caleb	91	Saint John T	73.25m	69.06m
69.06m 68.07m FOUL	66.66m	FOUL	66.31m	
5 Parker, Cody	92	Comox Valley	66.58m	68.25m
64.07m FOUL	68.25m	65.89m	66.90m	58.66m
6 Wolkins, Adam	86	Unattached	71.70m	68.01m
62.47m 67.64m 67.23m	67.68m	63.93m	68.01m	
7 Collins, Wiley	90	York Unifers	67.98m	67.81m
60.24m 63.46m 67.81m	FOUL	65.54m	61.79m	
8 White, Andy	89	Kajaks Track	67.57m	65.56m
FOUL 65.55m 65.29m	65.56m	65.50m	63.81m	
9 Watson, Marcus	92	Kajaks Track	65.64m	62.18m
62.18m 54.73m 56.06m				
10 Mainville, Charles	91	St-Jean Olym	60.78m	58.38m
57.50m FOUL	58.38m			
11 Skermer, David M		Kajaks Track	56.27m	56.85m
56.85m 52.84m 55.02m				

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	Team	Finals	Wind	Points
1 Warner, Damian	89	Ontario Unat	10.41	0.4	996
2 Chenery, Mark A.	88	Ottawa Lions	11.11	0.4	836
3 Crossley, Chris	87	Saskatoon TF	11.13	0.4	832
4 Gustavson, Reid E.	88	Ottawa Lions	11.31	0.4	793
5 Digel, James		Saskatoon TF	11.47	0.4	759
6 Arbour, Patrick	88	Ottawa Lions	11.82	0.4	687
7 Barber, Michael		Excel Athlet	11.92	0.4	667

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	Team	Finals	Points
1 Warner, Damian	89	Ontario Unat	48.94	864
2 Gustavson, Reid E.	88	Ottawa Lions	49.20	852
3 Crossley, Chris	87	Saskatoon TF	49.74	827
4 Chenery, Mark A.	88	Ottawa Lions	50.01	814
5 Barber, Michael		Excel Athlet	52.20	716
6 Digel, James		Saskatoon TF	53.64	655
7 Arbour, Patrick	88	Ottawa Lions	54.17	633

## Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	Team	Finals	Points
1 Gustavson, Reid E.	88	Ottawa Lions	4:43.95	656
2 Warner, Damian	89	Ontario Unat	4:44.64	651
3 Chenery, Mark A.	88	Ottawa Lions	4:46.90	637
4 Crossley, Chris	87	Saskatoon TF	4:47.46	634
5 Barber, Michael		Excel Athlet	5:06.48	523
6 Digel, James		Saskatoon TF	5:15.28	475
7 Arbour, Patrick	88	Ottawa Lions	5:22.30	438

## Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	Team	Finals	Wind	Points
1 Warner, Damian	89	Ontario Unat	13.87	-1.0	991
2 Chenery, Mark A.	88	Ottawa Lions	15.06	-1.0	842
3 Arbour, Patrick	88	Ottawa Lions	15.58	-1.0	781
4 Crossley, Chris	87	Saskatoon TF	15.58	-1.0	781

5 Digel, James	Saskatoon TF	16.22	-1.0	708
6 Gustavson, Reid E.	88 Ottawa Lions	16.46	-1.0	682
7 Barber, Michael	Excel Athlet	17.31	-1.0	592

Decathlon: #4 Men High Jump Decathlon

Name	Year Team	Finals	Points
1 Warner, Damian	89 Ontario Unat	2.03m	831
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06			
PPP PPP PPP PPP O O O O O O XO XO XXX			
2 Chenery, Mark A.	88 Ottawa Lions	2.00m	803
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03			
PPP PPP PPP PPP O PPP O O O O O XXO XXX			
3 Crossley, Chris	87 Saskatoon TF	1.94m	749
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97			
PPP PPP PPP PPP O O O XO O XXX			
3 Gustavson, Reid E.	88 Ottawa Lions	1.94m	749
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97			
PPP PPP PPP PPP O PPP O XO O XXX			
5 Arbour, Patrick	88 Ottawa Lions	1.79m	619
1.70 1.73 1.76 1.79 1.82			
PPP PPP O O XXX			
6 Digel, James	Saskatoon TF	1.76m	593
1.70 1.73 1.76 1.79			
XXO O XXO XXX			
7 Barber, Michael	Excel Athlet	1.73m	569
1.70 1.73 1.76			
O XO XXX			

Decathlon: #8 Men Pole Vault Decathlon

Name	Year Team	Finals	Points
1 Warner, Damian	89 Ontario Unat	4.30m	702
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP XXX			
2 Gustavson, Reid E.	88 Ottawa Lions	4.20m	673
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXO XXX			
3 Crossley, Chris	87 Saskatoon TF	4.10m	645
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O O XXX			
4 Arbour, Patrick	88 Ottawa Lions	3.80m	562
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP PPP PPP PPP PPP PPP O O O XXX			
5 Chenery, Mark A.	88 Ottawa Lions	3.60m	509
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			
PPP PPP PPP XO PPP XO XO XXX			
6 Barber, Michael	Excel Athlet	3.50m	482
3.00 3.10 3.20 3.30 3.40 3.50 3.60			
O PPP XXO PPP O XXO XXX			
7 Digel, James	Saskatoon TF	3.00m	357
3.00 3.10 3.20			
O PPP XXX			

Decathlon: #2 Men Long Jump Decathlon

Name	Year Team	Finals	Wind	Points
1 Warner, Damian	89 Ontario Unat	7.36m	2.3	900
7.19m(1.7) FOUL 7.36m(2.3)				
2 Crossley, Chris	87 Saskatoon TF	7.21m	1.7	864
7.05m(-1.3) 7.07m(-0.8) 7.21m(1.7)				
3 Chenery, Mark A.	88 Ottawa Lions	6.95m	-0.6	802
6.95m(-0.6) 6.80m(-2.3) 6.88m(1.0)				
4 Gustavson, Reid E.	88 Ottawa Lions	6.68m	2.6	739
6.68m(2.6) FOUL 6.65m(2.2)				
5 Arbour, Patrick	88 Ottawa Lions	6.48m	-0.3	693
FOUL 6.48m(-0.3) 6.37m(1.7)				

6 Digel, James	Saskatoon TF	6.38m	1.0	670
6.38m(1.0) 5.97m(-1.2) 6.35m(1.6)				
7 Barber, Michael	Excel Athlet	6.08m	1.9	604
6.08m(1.9) 5.97m(1.6) 5.97m(1.2)				

Decathlon: #3 Men Shot Put Decathlon

Name	Year Team	Finals	Points
1 Arbour, Patrick	88 Ottawa Lions	13.85m	719
13.80m 13.85m 13.80m			
2 Warner, Damian	89 Ontario Unat	13.60m	704
13.03m 13.43m 13.60m			
3 Barber, Michael	Excel Athlet	13.39m	691
13.01m 12.85m 13.39m			
3 Crossley, Chris	87 Saskatoon TF	13.39m	691
13.11m FOUL 13.39m			
5 Gustavson, Reid E.	88 Ottawa Lions	12.42m	632
12.42m FOUL FOUL			
6 Chenery, Mark A.	88 Ottawa Lions	11.93m	602
11.93m 11.77m FOUL			
7 Digel, James	Saskatoon TF	10.35m	507
FOUL 10.35m FOUL			

Decathlon: #7 Men Discus Throw Decathlon

Name	Year Team	Finals	Points
1 Arbour, Patrick	88 Ottawa Lions	47.10m	810
40.71m 47.10m 45.56m			
2 Warner, Damian	89 Ontario Unat	45.67m	781
42.23m 45.67m 45.57m			
3 Chenery, Mark A.	88 Ottawa Lions	42.36m	713
41.93m 42.36m FOUL			
4 Barber, Michael	Excel Athlet	40.75m	680
39.52m 38.89m 40.75m			
5 Crossley, Chris	87 Saskatoon TF	36.21m	588
FOUL 36.21m FOUL			
6 Gustavson, Reid E.	88 Ottawa Lions	35.82m	580
32.13m 35.28m 35.82m			
7 Digel, James	Saskatoon TF	28.42m	433
28.22m FOUL 28.42m			

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year Team	Finals	Points
1 Arbour, Patrick	88 Ottawa Lions	63.25m	787
63.01m 63.25m 62.62m			
2 Warner, Damian	89 Ontario Unat	56.30m	682
54.78m 52.76m 56.30m			
3 Crossley, Chris	87 Saskatoon TF	54.31m	653
54.31m FOUL 51.30m			
4 Digel, James	Saskatoon TF	51.76m	615
51.76m FOUL 50.13m			
5 Chenery, Mark A.	88 Ottawa Lions	50.42m	595
FOUL 50.42m FOUL			
6 Gustavson, Reid E.	88 Ottawa Lions	49.34m	579
49.34m 47.11m 44.56m			
7 Barber, Michael	Excel Athlet	43.00m	486
43.00m 42.83m 41.15m			

Men Decathlon

Canadian: \$	8626	1996-05-26	Michael Smith		
Championship: %	8498	1995	Michael Smith		
Name	Year Team	Seed	Finals		
1 Warner, Damian	89 Ontario Unat	7760	8102		
2 Crossley, Chris	87 Saskatoon TF	6840	7264		

3	Chenery, Mark A.	88	Ottawa Lions	6863	7153
4	Gustavson, Reid E.	88	Ottawa Lions	7026	6935
5	Arbour, Patrick	88	Ottawa Lions	7058	6729
6	Barber, Michael		Excel Athlet	6022	6010
7	Digel, James		Saskatoon TF		5772

Men 10000 Meter Race Walk

Name	Year	Team	Seed	Finals
1	Thorne, Benjamin	93	Racewalk Wes	47:00.00 41:34.0h
2	Carrière, Bruno	92	Unattached	50:47.93 51:53.0h
3	Kenney, James	56	Adrenaline R	52:27.09 55:41.0h
4	Gaiesky, Kevin A.	93	Prince Georg	57:19.0h
5	Keenan, Dave	57	Heartland Ra	01:39.00 59:28.0h

Men 20000 Meter Race Walk

Canadian: \$ 1:21:03.00 2000-07-07 Arturo Huerta				
Championship: % 1:21:24.00 2000 Arturo Huerta				
Name	Year	Team	Seed	Finals
1	Dunfee, Evan F.	90	Kajaks Track	27:41.00 1:25:15.0h
2	Gomez, Inaki	88	Racewalk Wes	24:48.00 1:26:27.1h
3	Connolly, Creighton	88	Racewalk Wes	35:22.00 1:37:44.1h
4	Charrois, Henry	51	Edmonton Rac	2:01:35.1h
--	*lamplough, Ian	61	Edmonton Rac	2:14:47.1h

Mixed 4x100 Meter Relay

Team	Seed	Finals	H#
1	Timex 'A'	45.57	2
2	Calgary Police 'A'	47.76	2
3	Calgary Fire 'A'	51.47	2
4	Kilowatts 'A'	51.82	3
5	Canadian Sport Centre Calgary 'A'	53.46	2
6	Calgary Track Council 'A'	55.15	2
7	Ricoh 'A'	55.43	3
8	Cbc 'A'	56.66	1
9	ConocoPhillips 'A'	57.19	3
10	Enbridge 'A'	58.02	3
11	Sherritt 'A'	58.15	3
12	Global TV 'A'	59.27	1
13	WorleyParsons 'A'	59.47	2
14	Pattison 'A'	1:01.52	1
15	Calgary Multisport Fieldhouse 'A'	1:02.10	1
16	Calgary Sun 'A'	1:03.75	1
17	CE Franklin 'A'	1:03.81	3
18	Calgary Recreation 'A'	1:05.85	3
19	Calgary 55+ 'A'	1:22.22	1

QUAL MEET

Women 100 Meter Dash

Advancement Top2/Heat						
Canadian: # 10.98 1987-07-06 Angela Bailey						
Name	Year	Team	Seed	Finals	Wind	H#
Finals						
1	*atangana, Delphine	81	Cameroon	12.11	11.77	-1.2 1 Q
2	Nettey, Sabrina S.	90	Universal At	12.14	12.04	-1.3 2 Q
3	Ruller, Amanda	88	Excel Athlet	12.14	12.25	-1.3 2 Q
4	Blanchard, Genevieve	89	Sherbrooke	12.52	12.44	-1.2 1 Q
5	Rintoul, Jenny	90	Edmonton Har	12.27	12.49	-1.3 2
6	Jean-Baptiste, Audrey	91	Perfmax-Raci	12.23	12.49	-1.2 1
7	Saint-Jean, Marie-Isaac	90	Perfmax-Raci	12.23	12.60	-1.2 1
8	Haynes, Cheryl	80	Tarus	12.62	12.80	-1.3 2
9	Bushie, Christine	89	Unattach AB	12.41	12.82	-1.3 2
10	Smith, Courtney	89	Voleo Athlet	12.64	12.88	-1.3 2

11 Foggo, Richina	90 U of Calgary	13.22	12.89	-1.2	1
12 Lotholz, Melissa	92 Capital City	12.61	12.90	-1.2	1
13 McCart, Ali	91 Brampton Tra	13.10	13.36	-1.2	1

Women 200 Meter Dash

=====  
 Advancement 2 + 1

Canadian: # 22.62 1983-07-10 Marita Payne (Wiggins)

Name	Year Team	Seed	Finals	Wind	H#	
1 *atangana, Delphine	81 Cameroon	24.51	24.09	-2.9	1	Q
2 Ruller, Amanda	88 Excel Athlet	24.77	24.86	-2.9	1	Q
3 Jacques, Farah	90 Perfmax-Raci	24.58	25.07	-2.3	2	Q
4 Margetts, Merissa	91 Excel Athlet	24.82	25.09	-2.3	2	Q
5 Rintoul, Jenny	90 Edmonton Har	25.13	25.10	-2.9	1	q
6 Khan, Janelle	86 Voleo Athlet	24.57	25.15	-2.3	2	
7 Zimmer, Jenn	89 U of Calgary	24.66	25.48	-2.9	1	
8 Blanchard, Genevieve	89 Sherbrooke	25.68	25.75	-2.3	2	
9 Jean-Baptiste, Audrey	91 Perfmax-Raci	24.94	25.96	-2.3	2	
10 Foggo, Richina	90 U of Calgary	26.38	26.34	-2.3	2	
11 Maclise, Kirklin	91 Unattached	26.43	26.52	-2.9	1	
12 Bushie, Christine	89 Unattach AB	25.60	26.98	-2.9	1	
13 McCart, Ali	91 Brampton Tra	27.20	27.49	-2.9	1	

Women 800 Meter Run

=====  
 Advancement Top 5

Canadian: # 1:58.39 2001-09-02 Diane Cummins

Name	Year Team	Seed	Finals	
1 Vogt, Emma L.	90 Burnaby Stri	2:14.94	2:21.24	Q
2 Degaust, Hayley	90 Edmonton Thu	2:11.02	2:21.26	Q
3 Bauer, Nicole	93 Calgary Olym	2:12.39	2:21.42	Q
4 Dobranowski, Alicia	84 Halifax Ath	2:12.53	2:21.43	Q
5 St-Aubin, Mia	85 Ottawa Lions	2:22.53	2:21.75	Q

Women 100 Meter Hurdles

=====  
 Advancement 2 + 2

Canadian: # 12.46 2004-06-19 Perdita Felicien

Name	Year Team	Seed	Finals	Wind	H#	
1 Cap, Tamara	89 Saint Lauren	14.62	14.57	-0.2	1	Q 14.561
2 Margetts, Merissa	91 Excel Athlet	14.95	14.57	-0.2	1	Q 14.567
3 Wilkes, Courtney	89 Voleo Athlet	14.58	14.58	-1.1	2	Q
4 Stoffman, Zaria R.	88 Unattach BC	14.59	14.59	-0.2	1	q
5 Delisle, Pascale	88 Sherbrooke	14.54	14.94	-1.1	2	Q
6 McCaffrey, Kathryn	90 U OF A Athle	14.43	14.98	-0.2	1	q
7 Charlesworth, Nicky	94 Caltaf Athle	14.82	14.99	-1.1	2	
8 Abrams, Andrea	90 Unattach SK	14.92	15.24	-0.2	1	
9 Breland, Melissa	89 U of Calgary	14.78	15.30	-1.1	2	

Women High Jump

Name	Year Team	Seed	Finals	
1 Dugas, Katherine	Corsaire Cha	1.66m	1.64m	Q
		1.55 1.58 1.61 1.64 1.67		
		XO XO O XXO XXX		
2 Charlesworth, Nicky	94 Caltaf Athle	1.67m	1.61m	Q
		1.55 1.58 1.61 1.64		
		O XO O XXX		

Women Pole Vault

=====  
 Advancement Top 2

3.20 by 10cm to 3.80

Then 5 cm

Canadian: # 4.55m 2008-06-14 Kelsie Hendry

Name	Year Team	Seed	Finals
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1	Ridout, Paige	92 U of Calgary	3.70m	3.80m	Q
	3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.85				
	PPP PPP PPP PPP XO XXO XO XXX				
2	Stephenson, Kimberly	91 U of Calgary	3.70m	J3.80m	Q
	3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.85				
	PPP PPP PPP PPP XXO XXO XXO XXX				
3	Bergevin, Lindsey	89 Edmonton Int	3.85m	3.70m	
	3.20 3.30 3.40 3.50 3.60 3.70 3.80				
	PPP O PPP XO PPP O XXX				
4	Hill, Teresa	87 Riversdale A		3.60m	
	3.20 3.30 3.40 3.50 3.60 3.70				
	PPP PPP O PPP O XXX				
5	Gerwing, Michelle	87 Edmonton Int	3.80m	3.50m	
	3.20 3.30 3.40 3.50 3.60 3.70				
	PPP PPP PPP O PPP XXX				
6	Schneider, Lindy	83 U of Calgary	3.40m	J3.50m	
	3.20 3.30 3.40 3.50 3.60				
	PPP PPP XO O XXX				
7	Mintz, Rachel	79 Edmonton Int	3.40m	3.40m	
	3.20 3.30 3.40 3.50				
	PPP O O XXX				
--	Fiedler, Erika	91 Kitchener-Wa	3.60m	NH	
	3.20 3.30 3.40 3.50 3.60				
	PPP PPP PPP PPP XXX				
--	Webster, Robyn	88 U of Calgary	3.90m	NH	
	3.20 3.30 3.40 3.50 3.60				
	PPP PPP PPP PPP XXX				

#### Women Long Jump

Advancement Top 5						
Canadian: # 6.82m 2008-06-07 Tabia Charles						
Name	Year	Team	Seed	Finals	Wind	
1	Nettey, Sabrina S.	90 Universal At	5.86m	5.74m	0.9	Q
	FOUL	5.74m(0.9) 5.62m(-0.8)				
2	Cap, Tamara	89 Saint Lauren	5.71m	5.72m	-1.5	Q
	FOUL	5.23m(-2.0) 5.72m(-1.5)				
3	Delisle, Pascale	88 Sherbrooke	5.60m	5.61m	-1.4	Q
	5.44m(0.7) 3.98m(1.9) 5.61m(-1.4)					
4	*kodo Ella, Valerie	81 Cameroon	5.65m	5.57m	-1.2	Q
	5.30m(2.5) 5.57m(-1.2) FOUL					
5	Simulik, Mila	90 London Weste	5.51m	5.46m	2.8	Q
	5.31m(-1.7) 5.46m(2.8) 5.34m(-0.5)					
6	Donner, Claire N.	89 Pacific Athl	5.38m	5.41m	1.9	Q
	5.36m(2.0) 5.41m(1.9) 5.27m(-0.5)					
7	Renaud, Esther	88 Jeunesse Ath	5.51m	5.34m	+0.0	
	5.34m(+0.0) 3.87m(0.2) 5.23m(-2.5)					
8	Reimer, Christine	85 Capital City		5.03m	2.4	
	5.03m(2.4) 4.89m(-0.8) 4.99m(-1.0)					
9	Hildenbrandt, Leanne	87 Capital City	5.28m	4.94m	-1.6	
	4.94m(-1.6) FOUL 4.90m(-0.5)					

#### Women Triple Jump

Advancement Top 4						
Canadian: # 13.99m 2010-07-03 Tabia Charles						
Name	Year	Team	Seed	Finals	Wind	
1	*kodo Ella, Valerie	81 Cameroon	11.69m	12.14m	-0.9	Q
	12.14m(-0.9) PASS	PASS				
2	Sarazin-Cote, Josee-Anne	88 Sherbrooke	11.68m	11.43m	-1.3	Q
	10.87m(-1.3) 11.21m(-1.4) 11.43m(-1.3)					
3	Garrett, Sherri	83 South Simcoe	11.51m	11.24m	-1.0	Q
	11.06m(-1.3) 11.24m(-1.0) 11.09m(-1.3)					
4	Parrish, Danielle	90 U of Calgary	10.80m	11.22m	-1.5	Q
	10.92m(-2.5) 11.22m(-1.5) 11.08m(-2.4)					
5	Zunti, Melanie	85 U of Calgary	11.14m	11.04m	-2.1	Q
	FOUL FOUL 11.04m(-2.1)					

6	Hildenbrandt, Leanne	87	Capital City	10.46m	10.67m	-2.6
	FOUL	10.41m(-0.8)	10.67m(-2.6)			
7	Baerg, Karen	83	Calgary Spar	11.10m	10.62m	-1.2
		10.61m(-2.9)	10.50m(-1.0)	10.62m(-1.2)		
8	Reimer, Christine	85	Capital City		10.37m	-1.1
		10.10m(-0.5)	10.37m(-1.1)	10.28m(-1.2)		

Women Shot Put 4kg

=====  
 Advancement Top 4  
 Canadian: # 17.83m 2007-06-13 Lieja Tunks

Name	Year	Team	Seed	Finals
1 Kucharchuk, Chelcie	87	U OF A Athle	11.46m	12.32m Q
		12.32m 11.42m FOUL		
2 Rak, Breanna	91	Saskatoon TF	12.95m	12.29m Q
		FOUL 12.29m FOUL		
3 Johnston, Madison	93	York Univers	12.80m	12.15m Q
		11.28m 11.73m 12.15m		
4 Groeneveld, Samantha	91	U of Calgary	12.11m	12.07m Q
		11.43m FOUL 12.07m		
5 Gabbruch, Karla	78	Saskatoon TF	12.83m	11.87m
		FOUL 11.77m 11.87m		
-- Waine, Jamie	90	U of Calgary	11.76m	FOUL
		FOUL FOUL FOUL		

Women Hammer Throw 4kg

=====  
 Advancement Top 2  
 Canadian: # 72.24m 2010-05-23 Sultana Frizell

Name	Year	Team	Seed	Finals
1 Petrov, Elizabeth	89	York Univers	49.66m	49.75m Q
		49.75m 47.96m 44.91m		
2 Appiah, Cynthia	90	York Univers	50.84m	49.56m Q
		FOUL 49.56m 49.22m		
3 Schimanski, Ami	90	London Weste	48.31m	48.84m
		48.84m 46.67m FOUL		
4 Gabbruch, Karla	78	Saskatoon TF	50.61m	48.66m
		46.23m 46.59m 48.66m		
5 McCutcheon, Jenine	89	London Weste	48.63m	45.90m
		45.90m FOUL FOUL		
6 Heshka-Wolf, Ciera	91	Unattached	43.52m	45.11m
		45.11m 41.06m FOUL		
7 Harris, Stephanie	88	Unattached	37.87m	43.32m
		39.49m 43.32m FOUL		
8 Ecklund, Kirsten	90	Excel Athlet	42.89m	42.63m
		42.63m FOUL 40.34m		
9 Kucharchuk, Chelcie	87	U OF A Athle	43.25m	40.11m
		37.87m 40.11m FOUL		
10 Waine, Jamie	90	U of Calgary	39.00m	39.75m
		39.11m 39.75m 37.49m		
11 Fedorus, Jaclyn	88	Capital City	34.51m	37.46m
		37.46m 33.09m 33.12m		

Men 100 Meter Dash

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 Advancement 2 + 2  
 Canadian: # 9.84 1996-07-24 Donovan Bailey  
 Canadian: # 9.84 1999-08-22 Bruny Surin

Name	Year	Team	Seed	Finals	Wind	H#
1 Haynes, Akeem	92	Calgary Inte	10.69	10.70	-0.8	2 Q
2 Bennett, Wayndale	90	Project Athl	10.64	10.85	-1.0	3 Q
3 Reddy, Julian	88	Edmonton Int	10.64	10.87	-0.8	2 Q
4 Nathan, Andrew C.	90	Unattach BC	10.80	10.88	-0.8	2 q
5 Allard, Dominic	90	Coubertin	10.96	11.01	-1.0	3 Q
6 Hayle, Phillip	91	Brampton Tra	10.68	11.08	-1.0	3 q
7 Peschier, Curtis	89	Brampton Tra	10.70	11.09	-0.8	1 Q
8 Clark, Adam	90	U of Calgary	11.22	11.20	-1.0	3

9	Blimke, Kevin	90	Capital City	11.04	11.20	-0.8	1	Q
10	Ferniuk, Taylor	90	Capital City	10.96	11.23	-1.0	3	
11	Choo, Felix	83	Calgary Spar	11.27	11.30	-1.0	3	
12	Bullen, Brayden	93	Calgary Inte	10.99	11.31	-0.8	2	11.304
13	Greeley, Craig	82	Unattached	11.35	11.31	-0.8	2	11.307
14	Breski, Josh	91	U of Calgary	11.37	11.40	-0.8	1	
15	Bury-Jones, Arthur Stewa	89	U of Calgary	11.20	11.56	-0.8	1	
16	Alexandre, Eynack	83	Perfmax-Raci	11.42	11.60	-0.8	1	
17	Cocks, Mark	84	Edmonton Int	11.57	11.75	-0.8	2	

Men 200 Meter Dash

=====  
 Advancement 1 + 1

Canadian: # 20.17 1991-08-26 Atlee Mahorn

Name	Year	Team	Seed	Finals	Wind	H#		
1	Boss, Andrew K.	89	Coquitlam Ch	21.61	21.85	-1.3	1	Q
2	Nichol, Leonae	90	Mississauga	21.64	21.93	-2.7	2	Q
3	Charles, Ricardo	88	U of Calgary	21.76	22.01	-2.7	2	q
4	Allard, Dominic	90	Coubertin	22.04	22.08	-1.3	1	
5	Hutchinson, Scott	90	Harbour Trac	22.25	22.11	-3.3	3	Q
6	Peschier, Curtis	89	Brampton Tra	22.17	22.12	-3.3	3	
7	Hayle, Phillip	91	Brampton Tra	21.73	22.21	-3.3	3	
8	Trnkus, Michael	91	Greater Toro	22.09	22.32	-1.3	1	
9	Schaeffer, Matthew	93	U of Calgary	22.88	22.49	-3.3	3	
10	Bullen, Brayden	93	Calgary Inte	22.42	22.65	-1.3	1	
11	Greco, Domenic	91	Brampton Tra	22.96	22.74	-2.7	2	
12	Breski, Josh	91	U of Calgary	22.34	22.78	-2.7	2	
13	Bury-Jones, Arthur Stewa	89	U of Calgary	22.40	22.94	-1.3	1	
14	Ferniuk, Taylor	90	Capital City	21.68	22.99	-3.3	3	
15	Miletic, Goran	89	Edmonton Thu	22.62	23.32	-3.3	3	
16	Alexandre, Eynack	83	Perfmax-Raci	23.28	23.53	-1.3	1	
17	Choo, Felix	83	Calgary Spar	23.02	1:26.19	-1.3	1	

Men 400 Meter Dash

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 Advancement 3+ 2

Canadian: # 44.44 2005-08-12 Tyler Christopher

Name	Year	Team	Seed	Finals	H#		
1	Hutchinson, Scott	90	Harbour Trac	48.97	48.16	2	Q
2	Frenke, Gordon	89	Ottawa Lions	48.64	48.70	1	Q
3	Smith, Spencer	92	Islanders Tr	50.02	49.04	2	Q
4	Home, Mitchell	92	Capital City	48.96	49.07	2	Q
5	Roppelt, Brian		Edmonton Thu		49.24	1	Q
6	Greco, Domenic	91	Brampton Tra	48.98	49.43	1	Q
7	Miletic, Goran	89	Edmonton Thu	50.69	50.43	1	q
8	Scott, Nathan	87	Saskatoon TF	51.82	50.53	2	q
9	Krolikowski, Maciek	91	U of Calgary	50.68	51.28	2	
10	Coy, Jesaiah	93	Calgary Olym	50.89	51.59	1	
--	Kimick, Evan	89	U of Calgary	49.63	DNF	1	

Men 800 Meter Run

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 Advancement 3 + 3

Canadian: # 1:43.68 2008-07-29 Gary Reed

Name	Year	Team	Seed	Finals	H#		
1	Bickley, Bradley	91	U of Calgary	1:55.00	1:54.83	1	Q
2	Theriault, Madison		Caltaf Athle		1:55.10	1	Q
3	Doiron, Jean-Marc	88	O2	1:51.79	1:55.37	1	Q
4	Parent-Pichette, Vincent	91	Club D'Athlé	1:52.14	1:55.47	2	Q
5	Russell, Ryan	88	Calgary Inte	1:51.86	1:55.93	2	Q
6	Sportak, Kenton	91	U of Calgary	1:56.79	1:56.23	1	q
7	Coy, Jesaiah	93	Calgary Olym	1:56.24	1:56.47	2	Q
8	Wasylyshyn, Adam	89	U of Calgary	1:55.63	1:56.57	2	q
9	Kimick, Evan	89	U of Calgary	1:56.70	1:57.09	1	q
10	Montgomery, Kevin	87	York Univers	1:57.03	1:57.28	2	
11	Elford, Adam	88	U of Calgary	1:55.28	1:59.11	1	
12	Mueller, Eric	91	Saskatoon TF	2:00.71	2:01.26	2	

-- Merry, Curtis 89 U of Calgary 2:00.72 DQ 1 163.3

Men Pole Vault

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Advancement Top 5  
4.10 by 15cm to 4.40  
Then by 10cm

Canadian: # 5.61m 1991-07-14 Douglas Wood

Name	Year	Team	Seed	Finals
1	Beaumont-Courteau, Maxim	87 Montreal Int	4.55m	4.80m
	4.10 4.25 4.40 4.50 4.60 4.70 4.80 4.90			
	PO PPP O PPP O O O XXX			
2	Janssen, Matt	90 Edmonton Int	4.45m	4.70m
	4.10 4.25 4.40 4.50 4.60 4.70 4.80 4.90			
	O PPP XXO PPP PPP XXO PPP XXX			
3	Dorion, Josh	84 South Simcoe	4.46m	4.40m
	4.10 4.25 4.40 4.50 4.60			
	O PPP O PPP XXX			
4	Popp, Marcus	73 Ontario Mast	4.61m	4.10m
	4.10 4.25			
	O XXX			

Men Long Jump

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Advancement Top 5

Canadian: # 8.20m 1991-07-20 Edrick Floreal

Name	Year	Team	Seed	Finals	Wind
1	McPhee, Stephen	91 Capital City	6.98m	7.36m	2.1 Q
	7.10m(2.1) 5.56m(2.1) 7.36m(2.1)				
2	Gallaughier, Robert	91 Langley Must	7.32m	7.36m	2.1 Q
	7.36m(2.1) PASS PASS				
3	Nriagu, Osi Tadinma	81 Windsor Legi	7.20m	7.17m	0.5 Q
	6.99m(0.9) 7.17m(0.5) 6.80m(1.5)				
4	Collette, Sean	89 Supreme Athl	7.15m	7.15m	2.1 Q
	6.47m(2.4) 7.15m(2.1) 6.84m(0.2)				
5	McCormack, Kurt	88 Panther Trac	7.24m	7.11m	2.8 Q
	7.01m(-0.5) PASS 7.11m(2.8)				
6	Blackburn, Justin	90 Perfmax-Raci	6.99m	7.02m	1.5
	6.67m(0.8) 6.98m(1.8) 7.02m(1.5)				
7	Landry, Pierre	88 Athlétisme S	6.76m	7.00m	2.2
	6.71m(2.9) 7.00m(2.2) 5.00m(2.4)				
8	Cocks, Mark	84 Edmonton Int	6.12m	6.76m	2.3
	6.21m(1.3) FOUL 6.76m(2.3)				
9	Gauthier-Kwan, Olivier	89 Ottawa Lions	6.75m	6.71m	2.2
	6.40m(0.9) 6.71m(2.2) 6.55m(1.6)				
10	Choo, Felix	83 Calgary Spar	6.39m	6.57m	2.3
	6.50m(1.7) 6.57m(2.3) 6.46m(2.3)				
11	Johnston, Trent	90 U of Calgary	6.48m	6.46m	2.5
	6.03m(-0.8) 6.33m(2.5) 6.46m(2.5)				
12	Thomas, Craig	90 U of Calgary	6.31m	6.24m	1.6
	FOUL 6.24m(1.6) FOUL				

Men Hammer Throw 7.26kg

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Advancement Top 6

Canadian: # 79.13m 2009-05-16 James Steacy

Name	Year	Team	Seed	Finals
1	Steacy, James	84 Chinook Trac		73.52m Q
	FOUL 73.52m 73.26m			
2	Suppes, Garth	87 Flying M Ath	58.97m	57.52m Q
	57.52m FOUL FOUL			
3	Baines, Jason	78 Ontario Mast	56.88m	55.25m Q
	52.18m 54.92m 55.25m			
4	Dugas, Marc-Antoine	91 Sherbrooke	56.91m	54.93m Q
	FOUL 53.28m 54.93m			
5	Anisko, Damian	83 York Univers	54.84m	53.15m Q
	FOUL 52.70m 53.15m			

6	*diaz, Pedro	93 U of Calgary	51.02m	52.74m	Q
	52.74m FOUL 52.58m				
7	Lapierre, Jarom	77 U of Calgary	52.90m	52.69m	
	FOUL 52.69m 52.68m				
8	Pakula, Codey	90 Excel Athlet	37.40m	39.35m	
	FOUL 39.35m FOUL				
--	Wilson, Kier	71 Unattached	41.15m	FOUL	
	FOUL FOUL FOUL				

Men Javelin Throw 800g

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 Advancement Top 2

Canadian: # 84.41m 1996-05-25 Scott Rusell

Name	Year Team	Seed	Finals	
1 Skermer, David M.	87 Kajaks Track	57.00m	56.27m	Q
	52.16m 56.27m 50.78m			
2 Gagne, Alexandre	91 Sherbrooke	57.28m	55.52m	Q
	48.66m 48.93m 55.52m			
3 Wilson, Kier	71 Unattached	46.32m	42.73m	
	42.73m FOUL 37.92m			

PARA MEET

Women 800 Meter Run T53

Name	Year Team	Finals
1 White, Sarah T53	95 Saint Lauren	2:34.79

Women 1500 Meter Run T54

Name	Year Team	Finals
1 Frie, Keira-Lyn T54	87 Cyclones Roa	4:03.00
2 Roy, Diane T54	71 Sherbrooke	4:03.75

Women 100 Meter Dash T12+36-38 T12

Name	Year Team	Finals	Wind
1 Rennebohm, Jacqueline T1	89 Ottawa Lions	14.22	2.3

Women 200 Meter Dash T36-38 T12

Name	Year Team	Finals	Wind
1 Rennebohm, Jacqueline T1	89 Ottawa Lions	29.85	-1.7

Women 400 Meter Dash T36-37 + 12 T12

Name	Year Team	Finals
1 Klawitter, Noella T12	77 Ottawa Lions	1:06.62

Women 800 Meter Run T11-13 T12

Name	Year Team	Finals
1 Klawitter, Noella T12	77 Ottawa Lions	2:34.41

Women 100 Meter Dash T34+51-54 T34

Name	Year Team	Finals	Wind
1 Campbell, Christine T34	83 Kitchener-Wa	23.19	1.4
2 Burrows, Rachael T34	82 Unattached	23.74	1.4

Women 200 Meter Dash T34+51-54 T34

Name	Year	Team	Finals	Wind
1 Campbell, Christine T34	83	Kitchener-Wa	45.61	-1.7
2 Burrows, Rachael T34	82	Unattached	47.60	-1.7

Women 100 Meter Dash T12+36-38 T36

Name	Year	Team	Finals	Wind
1 O'Brien, Meghan T36	92	Kitchener-Wa	19.45	2.3

Women 200 Meter Dash T36-38 T36

Name	Year	Team	Finals	Wind
1 O'Brien, Meghan T36	92	Kitchener-Wa	42.30	-1.7

Women 400 Meter Dash T36-37 + 12 T36

Name	Year	Team	Finals
1 O'Brien, Meghan T36	92	Kitchener-Wa	1:34.63

Women 100 Meter Dash T12+36-38 T37

Name	Year	Team	Finals	Wind
1 Muscat, Megan T37	85	Windsor Legi	15.76	2.3
2 McLachlan, Virginia T37	92	Windsor Legi	16.70	2.3

Women 200 Meter Dash T36-38 T37

Name	Year	Team	Finals	Wind
1 Robinson, Leah T37	93	Laurel Creek	32.32	-1.7
2 *hawkes, Sabra T37	81	USA	33.50	-1.7
3 Muscat, Megan T37	85	Windsor Legi	33.97	-1.7
4 McLachlan, Virginia T37	92	Windsor Legi	35.74	-1.7

Women 400 Meter Dash T36-37 + 12 T37

Name	Year	Team	Finals
1 Robinson, Leah T37	93	Laurel Creek	1:13.91

Women 100 Meter Dash T12+36-38 T38

Name	Year	Team	Finals	Wind
1 Burt, Cindy T38	60	Durham Drago	15.99	2.3

Women 200 Meter Dash T36-38 T38

Name	Year	Team	Finals	Wind
1 Burt, Cindy T38	60	Durham Drago	34.57	-1.7

Women 100 Meter Dash T34+51-54 T52

Name	Year	Team	Finals	Wind
1 Stilwell, Michelle T52	74	WC Race Seri	20.59	1.4

Women 200 Meter Dash T34+51-54 T52

Name	Year	Team	Finals	Wind
1 Stilwell, Michelle T52	74	WC Race Seri	39.09	-1.7

Women 100 Meter Dash T34+51-54 T53

Name	Year Team	Finals	Wind
1 White, Sarah T53	95 Saint Lauren	19.94	1.4

Women 200 Meter Dash T34+51-54 T53

Name	Year Team	Finals	Wind
1 White, Sarah T53	95 Saint Lauren	36.37	-1.7

Women 400 Meter Dash T52-54 T53

Name	Year Team	Finals
1 White, Sarah T53	95 Saint Lauren	1:14.34

Women 100 Meter Dash T34+51-54 T54

Name	Year Team	Finals	Wind
1 Frie, Keira-Lyn T54	87 Cyclones Roa	17.59	1.4
2 *maiboll, Marianne T54	81 Denmark	18.40	1.4
3 Hawtin, Melanie T54	88 Unattached	19.10	1.4

Women 200 Meter Dash T34+51-54 T54

Name	Year Team	Finals	Wind
1 Frie, Keira-Lyn T54	87 Cyclones Roa	31.24	-1.7
2 *maiboll, Marianne T54	81 Denmark	32.71	-1.7
3 Hawtin, Melanie T54	88 Unattached	35.68	-1.7

Women 400 Meter Dash T52-54 T54

Name	Year Team	Finals
1 Frie, Keira-Lyn T54	87 Cyclones Roa	1:01.62
2 Roy, Diane T54	71 Sherbrooke	1:02.67
3 *maiboll, Marianne T54	81 Denmark	1:03.71
4 Hawtin, Melanie T54	88 Unattached	1:21.18

Women 800 Meter Run T54 T54

Name	Year Team	Finals
1 Frie, Keira-Lyn T54	87 Cyclones Roa	2:04.27
2 *maiboll, Marianne T54	81 Denmark	2:07.79

Women 400 Meter Dash T36-37 + 12 F12

Name	Year Team	Finals
1 Rennebohm, Jacqueline T1	89 Ottawa Lions	1:09.56

Women Discus Throw F33-34 Tie Down F34

Name	Year Team	Finals
1 Campbell, Christine T34	83 Kitchener-Wa	10.47m
FOUL 9.63m 9.93m 9.28m 10.47m 9.75m		

Women Long Jump F37 F37

Name	Year Team	Finals	Wind
1 McLachlan, Virginia T37	92 Windsor Legi	3.35m	-0.4
FOUL(-0.6) FOUL(2.2) 3.35m(-0.4) FOUL(0.7) 3.22m(-1.3) FOUL(-0.4)			
2 Muscat, Megan T37	85 Windsor Legi	3.30m	-1.0

3.30m(-1.0) 3.21m(2.0) 2.92m(-0.5) 3.17m(0.5) 3.08m(-1.7) 2.94m(-1.7)

Women Shot Put F37 F37

Name	Year Team	Finals
1 Foessel, Renee F37	95 Cruisers Spo	9.45m
	9.16m 8.86m 8.93m 9.36m 9.45m 9.20m	

Women Discus Throw F37 F37

Name	Year Team	Finals
1 Foessel, Renee F37	95 Cruisers Spo	26.43m
	26.28m 25.88m 26.43m 26.01m 26.36m 25.91m	

Women Javelin Throw F37 F37

Name	Year Team	Finals
1 Foessel, Renee F37	95 Cruisers Spo	20.41m
	20.28m 20.33m 20.41m FOUL 19.82m FOUL	

Women Other Club Throw Tie Down F51

Name	Year Team	Finals
1 Ciccone, Madison F32	93 Cruisers Spo	7.85m
	5.61m 5.84m 6.55m 6.64m 6.77m 7.85m	

Women Shot Put F52 Tie Down F52

Name	Year Team	Finals
1 Sandoval Gustafson, Mart	50 Cruisers Spo	3.82m
	3.79m 3.73m 3.76m 3.82m 3.30m 3.63m	

Women Discus Throw F52 Tie Down F52

Name	Year Team	Finals
1 Sandoval Gustafson, Mart	50 Cruisers Spo	9.35m
	9.33m 9.35m 8.25m 8.97m 8.88m 8.49m	

Women 100 Meter Dash T34+51-54 T51

Name	Year Team	Finals	Wind
1 Richter, Becky T51	82 Cyclones Roa	41.61	1.4

Women 200 Meter Dash T34+51-54 T51

Name	Year Team	Finals	Wind
1 Richter, Becky T51	82 Cyclones Roa	1:08.85	-1.7

Men 1500 Meter Run T53-54

Name	Year Team	Finals
1 Cassidy, Josh T54	84 Ontario Unat	3:21.85
2 Compaore, Jean-Paul T54	72 Sherbrooke	3:22.31
3 Lakatos, Brent T53	80 Ass. Fauteui	3:30.45
4 Filteau, Michel T54	66 Sherbrooke	3:31.73
5 Shaw, Kyle T54	87 Cyclones Roa	3:32.97

Men 5000 Meter Run T54

Name	Year Team	Finals
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1 Cassidy, Josh T54	84 Ontario Unat	12:19.93
2 Compaore, Jean-Paul T54	72 Sherbrooke	12:36.28
3 Shaw, Kyle T54	87 Cyclones Roa	12:37.52
4 Filteau, Michel T54	66 Sherbrooke	13:07.84

Men 100 Meter Dash T11-12 T11

Name	Year Team	Finals	Wind
1 Carr, Richard T11	72 Saugeen Trac	12.44	2.4

Men 400 Meter Dash T11-13+44 T11

Name	Year Team	Finals
1 Walsh, Dustin T11	83 Unattached B	55.43

Men 800 Meter Run T11-13+37 T11

Name	Year Team	Finals
1 Dunkerley, Jon T11	80 Ottawa Lions	2:12.36

Men Long Jump F11 T11

Name	Year Team	Finals	Wind
1 Carr, Richard T11	72 Saugeen Trac	5.29m	1.3
	5.22m(1.3) FOUL(3.4) 5.16m(1.6) 5.29m(1.3) PASS	PASS	

Men 100 Meter Dash T11-12 T12

Name	Year Team	Finals	Wind
1 Johnson, Courtney T12	92 Ottawa Lions	12.47	2.4

Men 200 Meter Dash T44+T12 T12

Name	Year Team	Finals	Wind
1 King, Brandon T12	91 Ottawa Lions	24.29	-1.3
2 Johnson, Courtney T12	92 Ottawa Lions	25.79	-1.3

Men 400 Meter Dash T11-13+44 T12

Name	Year Team	Finals
1 King, Brandon T12	91 Ottawa Lions	56.33

Men 400 Meter Dash T11-13+44 T13

Name	Year Team	Finals
1 McGregor, Stuart T13	79 Ottawa Lions	54.48

Men 800 Meter Run T11-13+37 T13

Name	Year Team	Finals
1 McGregor, Stuart T13	79 Ottawa Lions	2:01.88

Men 100 Meter Dash T34+53 T34

Name	Year Team	Finals	Wind
1 Solla, Eddy T34	95 WC Race Seri	19.42	0.8

Men 100 Meter Dash T37-38+44 T37

Name	Year Team	Finals	Wind
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1 Furey, Jonathan T37	93 Kitchener-Wa	15.34	1.3
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Men 800 Meter Run T11-13+37 T37

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Name	Year Team	Finals
1 Dobson, Shayne T37	91 A S E A	2:25.83

Men 1500 Meter Run T37 T37

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Name	Year Team	Finals
1 Dobson, Shayne T37	91 A S E A	5:04.77

Men 100 Meter Dash T37-38+44 T38

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Name	Year Team	Finals	Wind
1 Johnstone, Michael T38	88 Ontario Unat	14.73	1.3

Men 100 Meter Dash T37-38+44 T44

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Name	Year Team	Finals	Wind
1 McQueen, Alister T44	91 Unattached A	12.20	1.3
2 Marciano, Jackie T44	89 Halifax Ath	12.84	1.3
3 Salomons, Cody T44	94 London Weste	14.19	1.3

Men 200 Meter Dash T44+T12 T44

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Name	Year Team	Finals	Wind
1 McQueen, Alister T44	91 Unattached A	24.74	-1.3
2 Marciano, Jackie T44	89 Halifax Ath	26.45	-1.3
3 Ball, Richard T44	65 Orillia Legi	27.06	-1.3

Men 400 Meter Dash T11-13+44 T44

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Name	Year Team	Finals
1 Ball, Richard T44	65 Orillia Legi	59.28

Men High Jump F44 T44

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Name	Year Team	Finals
1 Salomons, Cody T44	94 London Weste	1.63m

1.55 1.60 1.63 1.66  
XO O XXO XXX

Men 100 Meter Dash T34+53 T53

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Name	Year Team	Finals	Wind
1 Lakatos, Brent T53	80 Ass. Fauteui	15.17	0.8
2 Gauthier, Éric T53	71 Sherbrooke	16.34	0.8
3 *soulama, Basile Niamba	73 Sherbrooke	16.68	0.8

Men 200 Meter Dash T53-54 T53

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Name	Year Team	Finals	Wind
1 Gauthier, Éric T53	71 Sherbrooke	28.88	-1.5
2 *soulama, Basile Niamba	73 Sherbrooke	29.06	-1.5

Men 400 Meter Dash T53- 54 T53

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Name	Year Team	Finals
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1	Lakatos, Brent T53	80	Ass. Fauteui	54.58
2	Gauthier, Éric T53	71	Sherbrooke	56.16
3	*soulama, Basile Niamba	73	Sherbrooke	56.64

Men 800 Meter Run T53 T53

Name	Year Team	Finals	
1 Gauthier, Éric T53	71 Sherbrooke	1:53.25	
-- *soulama, Basile Niamba	73 Sherbrooke	DQ	163.3

Men 100 Meter Dash T54 T54

Name	Year Team	Finals	Wind
1 Mathieson, Colin T54	79 Sherbrooke	15.14	2.2
2 Thom, Curtis T54	86 Cruisers Spo	15.51	2.2
3 Christophe, Isaiah T54	94 Cruisers Spo	15.72	2.2
4 Van Heteren, Ian T54	92 London Weste	17.46	2.2
5 Nahachewsky, Julian T54	90 Cyclones Roa	18.36	2.2

Men 200 Meter Dash T53-54 T54

Name	Year Team	Finals	Wind
1 Mathieson, Colin T54	79 Sherbrooke	26.84	-1.5
2 Thom, Curtis T54	86 Cruisers Spo	28.15	-1.5
3 Christophe, Isaiah T54	94 Cruisers Spo	28.67	-1.5
4 Kahn, Michael T54	90 Cruisers Spo	30.07	-1.5
5 Van Heteren, Ian T54	92 London Weste	31.99	-1.5
6 Nahachewsky, Julian T54	90 Cyclones Roa	32.60	-1.5

Men 400 Meter Dash T53- 54 T54

Name	Year Team	Finals	
1 Mathieson, Colin T54	79 Sherbrooke	53.21	
2 Compaore, Jean-Paul T54	72 Sherbrooke	54.15	
3 Christophe, Isaiah T54	94 Cruisers Spo	57.11	
4 Kahn, Michael T54	90 Cruisers Spo	57.27	
-- Thom, Curtis T54	86 Cruisers Spo	DQ	163.3

Men 800 Meter Run T54 T54

Name	Year Team	Finals
1 Cassidy, Josh T54	84 Ontario Unat	1:45.56
2 Compaore, Jean-Paul T54	72 Sherbrooke	1:45.74
3 Thom, Curtis T54	86 Cruisers Spo	1:46.76
4 Christophe, Isaiah T54	94 Cruisers Spo	1:54.87
5 Kahn, Michael T54	90 Cruisers Spo	1:55.35
6 Shaw, Kyle T54	87 Cyclones Roa	1:56.65

Men Shot Put F33-34 Tie Down F33

Name	Year Team	Finals
3 Hughes, Robert F33	83 Sarnia Athle	J8.99m
	8.62m 8.99m FOUL 8.32m 8.75m 8.91m	

Men Discus Throw F33-34 Tie Down F33

Name	Year Team	Finals
2 Hughes, Robert F33	83 Sarnia Athle	J21.56m
	18.78m 19.53m 19.68m FOUL 20.64m 21.56m	

Men Javelin Throw F32-34 Tie Down F33

Name	Year Team	Finals
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1	Hughes, Robert F33	83 Sarnia Athle	16.04m
	16.04m FOUL 14.63m 15.36m FOUL 15.26m		

Men Shot Put F33-34 Tie Down F34

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Name	Year Team	Finals
1 Pettey, Kyle F34	83 Cruisers Spo	11.18m
	10.65m 10.78m 10.38m 11.04m 10.61m 11.18m	
-- *craven, Samuel F34	81 USA	X10.82m
	10.74m 10.79m 10.82m 10.45m FOUL 9.65m	

Men Discus Throw F33-34 Tie Down F34

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Name	Year Team	Finals
1 *craven, Samuel F34	81 USA	31.43m
	29.33m 31.05m 30.80m 31.43m 30.36m FOUL	

Men Shot Put F37 F37

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Name	Year Team	Finals
1 Strybosch, Kevin F37	92 London Weste	10.89m
	FOUL 10.63m 10.54m 10.06m 10.67m 10.89m	
2 Bambrick, David F37	84 Launchers AT	10.16m
	9.45m 10.02m 10.16m 9.90m 9.70m 9.99m	
3 Brown, Jonathan F37	86 Ottawa Lions	7.60m
	7.58m 7.60m 7.59m FOUL 7.09m 7.54m	

Men Discus Throw F37 F37

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Name	Year Team	Finals
1 Strybosch, Kevin F37	92 London Weste	38.80m
	36.10m 31.42m 36.67m 35.30m 38.80m 37.96m	

Men Javelin Throw F44 F44

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Name	Year Team	Finals
1 McQueen, Alister T44	91 Unattached A	42.99m
	42.14m 42.99m 40.17m 42.10m 41.91m 42.18m	
2 Islam, Naveed F44	77 York Univers	36.75m
	34.77m 36.75m FOUL 31.13m FOUL FOUL	

Men Shot Put F46 F46

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Name	Year Team	Finals
1 Trudgeon, Kenneth F46	88 London Weste	12.35m
	FOUL 12.20m FOUL FOUL 12.35m FOUL	

Men Discus Throw F46 F46

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Name	Year Team	Finals
1 Trudgeon, Kenneth F46	88 London Weste	36.51m
	FOUL 36.51m 35.26m 35.62m 36.35m FOUL	

Men Discus Throw F53 Tie Down F53

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Name	Year Team	Finals
1 *leon, Carlos F53	81 USA	21.70m
	FOUL 19.34m FOUL 19.19m 21.70m FOUL	

Men Shot Put F58 Tie Down F58

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Name	Year	Team	Finals
1 Ouedraogo, Issa	F58	74 Sherbrooke	9.36m
	9.22m	9.20m 9.30m	FOUL 8.93m 9.36m

Men Discus Throw F58 Tie Down F58

Name	Year	Team	Finals
1 Ouedraogo, Issa	F58	74 Sherbrooke	27.12m
	24.92m	FOUL 24.58m	27.12m FOUL 25.36m

Men Javelin Throw F58 Tie Down F58

Name	Year	Team	Finals
1 Ouedraogo, Issa	F58	74 Sherbrooke	31.87m
	29.31m	31.87m 30.59m	30.65m FOUL 30.97m