

Girls 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Ellenwood, Georgia	95 Langley Must	12.29	3.1
2 Lehner, Katelyn	95 St Marys	12.50	3.1
3 Hughes, Sarah	94 Caltaf Athle	12.62	3.1
4 Owens, Katie	95 U OF C Athle	12.82	3.1
5 Wilson Bodnar, Emily	96 Caltaf Athle	12.95	3.1
6 Morris, Krista	95 U OF C Athle	13.45	3.1

Girls 400 Meter Dash

Name	Year Team	Finals
1 Hirst, Ellie	94 Caltaf Athle	57.68
2 Campbell, Katie	95 Caltaf Athle	59.91
3 Krill, Sydney	95 Calgary Warr	1:00.16
4 Galey, Jasmine	95 Caltaf Athle	1:02.11

Girls 1500 Meter Run

Name	Year Team	Finals
1 Devolin, Alanna	94 U OF C Athle	5:02.15
2 Ceyhan, Gillian	96 Caltaf Athle	5:03.69
3 Zarnke, Sasha	95 U OF C Athle	5:04.28
4 Banister, Sydney	95 Calgary Warr	5:06.21
5 Fischer, Sinclair	96 Calgary Warr	5:09.49
6 Dirk, Ariana	94 U OF C Athle	5:09.54
7 Girgulis, Katie	95 U OF C Athle	5:18.73
8 Morris, Krista	95 U OF C Athle	5:29.22

Girls 4x100 Meter Relay

Team	Finals
1 Wesmount Charter 'A'	55.06
1) Lenko, Karina	2) Pornsinsiruk, Vannavee
3) Mazurkewich, Perri	4) Stirling, Marissa
2 Foundations for the Future 'A'	55.13
1) Anilus, Shanae	2) Wells, Taylor
3) Sawatzky, Jaslin	4) Zielke, April
3 Colonel Irvine 'A'	55.71
1) Apesin-Ola, Deborah	2) Bartel, Lexi
3) Excell, Reina	4) Omidele, Lexi
4 Glenmore Christian Academy 'A'	56.31
1) Ade-Jusuf, Jade	2) Brown, Megan
3) Dandenault, Allisa	4) Drake, Cassie
5 St. Jean Brebeuf 'A'	57.20
1) Kollor, Sydney	2) Makuk, Kira
3) Lukacs, Kendra	4) Mattern, Ava
6 St. Alphonsus Fine Arts School 'A'	1:07.22
1) Badiou, Ella	2) Holland, Kallista
3) Mailhot, Kiki	4) Veraroli, Sabrina
-- West Island College 'A'	DNF
1) Fawcett, Sarah	2) Flemming, Maren
3) McNiell, Teagean	4) Prokopchuk, Kaya

Girls High Jump

Name	Year Team	Finals
1 Kolodinsky, Jamie	95 U OF C Athle	1.65m
1.45 1.50 1.55 1.60 1.65 1.65		
O O O O O O		
2 Ellenwood, Georgia	95 Langley Must	1.60m
1.45 1.50 1.55 1.60 1.65 1.65		

	P	P	O	O	X	X	
3	Lehner, Katelyn				95	St Marys	1.50m
	1.45	1.50	1.55				
	O	O	XXX				

Girls Shot Put 4 kg

Name	Year	Team	Finals
1 Langley, Jodi	94	U OF C Athle	11.26m
	9.99m	10.31m 10.10m 11.16m	FOUL 11.26m
2 Ellenwood, Georgia	95	Langley Must	9.82m
	9.41m 9.55m 9.48m 9.79m	9.82m 9.41m	
3 Svensson, Siri	96	Caltaf Athle	9.73m
	9.05m 9.41m 9.41m 9.65m	9.73m 9.35m	
4 Jampen, Alexandra	94	Chestermere	7.97m
	7.21m 7.97m 6.48m 7.18m	7.05m 6.91m	

Women 100 Meter Dash

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 George, Phylcia	87	Project Athl	11.36Q	0.7	1
2 Emmanuel, Crystal	91	Project Athl	11.42Q	2.2	3 11.419
3 Olupona, Toyin	83	Mississauga	11.64Q	0.1	2
4 Griffiths, Miana	90	Phoenix Athl	11.42Q	0.7	1 11.415
5 Mitchell, Kerri-Ann	83	Project Athl	11.48Q	2.2	3
6 Morgan, Cheria	89	Project Athl	11.71Q	0.1	2
7 Fofanah, Isatu	93	Voleo Athlet	11.75q	2.2	3
8 Walkeden, Leah	93	Voleo Athlet	11.86q	0.7	1
9 Hanlon, Maggie	87	BC Athletics	11.94	0.1	2
10 Rintoul, Jenny	90	Edmonton Col	12.00	2.2	3
11 Nettey, Sabrina S.	90	BC Athletics	12.01	2.2	3 12.002
12 Llewellyn, Shantel	89	Greater Toro	12.01	0.7	1 12.005
13 Zimmer, Jenn	89	U OF C Athle	12.02	2.2	3
14 Thomson, Brenna	91	U OF C Athle	12.03	0.7	1
15 Whitehead, Liza	87	BC Athletics	12.06	0.7	1
16 Paiement, Clémence	95	Vainqueurs P	12.08	0.1	2
17 Huard, Ashley	93	Track North	12.11	0.1	2
18 Ruller, Amanda	88	Excel Athlet	12.26	2.2	3
19 Miller, Lacey	92	U OF C Athle	12.39	0.1	2
20 Van Der Marel, Lacey	87	Unattached	12.48	0.7	1
21 Ntiamoah, Amanda	92	Edmonton Col	12.58	0.1	2
-- Martin, Simone	92	Brampton Tra	DNF	2.2	3

Women 100 Meter Dash T12+35-38+44

Name	Year	Team	Finals	Wind
Finals				
1 Rennebohm (T/F12), Jacqu	89	St. Thomas L	14.35	1.0
2 *nakanishi (T/F44), Maya	93	Japan	14.53	1.0
3 Burt (T38), Cindy	60	Durham Drago	15.56	1.0
4 Muscat (T/F37), Megan	85	Windsor Legi	15.57	1.0
5 McLachlan (T35), Virgini	92	Windsor Legi	16.59	1.0
6 Beauchesne (T42), Chanta	84	Ottawa Lions	20.48	1.0

Women 100 Meter Dash

Name	Year	Team	Finals	Wind
1 George, Phylcia	87	Project Athl	11.30	2.5 11.295
2 Emmanuel, Crystal	91	Project Athl	11.30	2.5 11.297
3 Mitchell, Kerri-Ann	83	Project Athl	11.34	2.5
4 Olupona, Toyin	83	Mississauga	11.39	2.5
5 Griffiths, Miana	90	Phoenix Athl	11.40	2.5
6 Morgan, Cheria	89	Project Athl	11.54	2.5
7 Walkeden, Leah	93	Voleo Athlet	11.75	2.5
8 Fofanah, Isatu	93	Voleo Athlet	11.83	2.5

Women 100 Meter Dash

Top 7 times advance						
Name	Year	Team	Finals	Wind	H#	
1 Thomson, Brenna	91	U OF C Athle	11.82	1.7	2	Q
2 Zimmer, Jenn	89	U OF C Athle	11.92	1.7	2	Q
3 Rintoul, Jenny	90	Edmonton Col	11.94	1.7	2	Q
4 Miller, Lacey	92	U OF C Athle	12.19	1.7	2	Q
5 Ntiamoah, Amanda	92	Edmonton Col	12.36	1.7	2	Q 12.355
6 Ruller, Amanda	88	Excel Athlet	12.36	1.7	2	Q 12.360
7 Van Der Marel, Lacey	87	Unattached	12.59	1.4	1	Q
8 Tran, Sophie	90	Unattached B	12.73	1.4	1	
9 Rheault, Éloïse	90	Sherbrooke	12.74	1.7	2	
10 Douglas, Danielle	90	Unattached B	13.06	1.4	1	
11 Lotholz, Melissa	92	Capital City	13.38	1.7	2	

Women 100 Meter Dash T34+51-54

Name	Year	Team	Finals	Wind
1 Frie (T54), Keira-Lyn	87	Cyclones Roa	17.08	0.7
1 *lewis (T53), Jessica	93	Bermuda	18.51	0.7
1 Stilwell (T52), Michelle	74	WC Race Seri	19.32	0.7
1 Burrows (T34), Rachael	82	Ottawa Lions	21.62	0.7
1 Richter (T51), Becky	82	Cyclones Roa	31.53	0.7
2 White (T53), Sarah	95	Saint Lauren	19.76	0.7
2 Diallo (T34), Djami	85	WC Race Seri	26.73	0.7

Women 200 Meter Dash

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Emmanuel, Crystal	91	Project Athl	23.52Q	-3.5	1
2 Nelson, Amonn	88	U OF C Athle	23.65Q	-0.6	3
3 Hyacinthe, Kimberly	89	Vainqueurs P	23.78Q	-1.9	2
4 Power, Adrienne	81	Halifast Ath	23.82Q	-0.6	3
5 Griffiths, Miana	90	Phoenix Athl	23.98Q	-3.5	1
6 Mitchell, Kerri-Ann	83	Project Athl	24.05Q	-1.9	2
7 Akinsulie, Esther	84	Ottawa Lions	24.13q	-1.9	2
8 Morgan, Cheria	89	Project Athl	24.20q	-0.6	3
9 Davis, Shai-Anne	93	Project Athl	24.24	-0.6	3
10 Walkeden, Leah	93	Voleo Athlet	24.51	-0.6	3
11 Hanlon, Maggie	87	BC Athletics	24.53	-1.9	2
12 Sassine, Nicole	89	U OF Windsor	24.64	-1.9	2
13 Thomson, Brenna	91	U OF C Athle	24.70	-1.9	2
14 Rintoul, Jenny	90	Edmonton Col	24.79	-3.5	1
15 Delage, Danielle Y.	93	Pacific Athl	24.92	-0.6	3
16 Llewellyn, Shantel	89	Greater Toro	25.00	-3.5	1
17 Zimmer, Jenn	89	U OF C Athle	25.03	-3.5	1
18 Fofanah, Isatu	93	Voleo Athlet	25.68	-3.5	1
19 Brennan, Christian	95	Flying Angel	25.79	-3.5	1

Women 200 Meter Dash T34+51-54

Name	Year	Team	Finals	Wind
Finals				
1 Frie (T54), Keira-Lyn	87	Cyclones Roa	31.84	+0.0
1 *lewis (T53), Jessica	93	Bermuda	35.29	+0.0
1 Stilwell (T52), Michelle	74	WC Race Seri	35.42	+0.0
1 Burrows (T34), Rachael	82	Ottawa Lions	40.88	+0.0
1 Richter (T51), Becky	82	Cyclones Roa	1:03.86	+0.0
2 White (T53), Sarah	95	Saint Lauren	36.96	+0.0
2 Diallo (T34), Djami	85	WC Race Seri	48.78	+0.0

Women 200 Meter Dash

Top 3 times advance

Name	Year Team	Finals	Wind	H#
1 Thomson, Brenna	91 U OF C Athle	25.17	-2.8	2 Q
2 Zimmer, Jenn	89 U OF C Athle	25.30	-2.8	2 Q
3 Delage, Danielle Y.	93 Pacific Athl	25.58	-2.8	2 Q
4 Miller, Lacey	92 U OF C Athle	25.85	-2.8	2
5 Ntiamoah, Amanda	92 Edmonton Col	26.25	-2.8	2
6 Tran, Sophie	90 Unattached B	26.41	-2.5	1
7 Ruller, Amanda	88 Excel Athlet	26.44	-2.8	2
8 Adjei, Zelda	91 Perfmex-Raci	26.63	-2.5	1
9 Douglas, Danielle	90 Unattached B	26.83	-2.5	1

Women 200 Meter Dash T12+35-38+42

Name	Year Team	Finals	Wind
1 Rennebohm (T/F12), Jacqu	89 St. Thomas L	30.60	-1.8
2 Robinson (T37), Leah	93 Ottawa Lions	32.25	-1.8
3 Muscat (T/F37), Megan	85 Windsor Legi	33.33	-1.8
4 Burt (T38), Cindy	60 Durham Drago	33.97	-1.8
5 McLachlan (T35), Virgini	92 Windsor Legi	35.70	-1.8
6 Beauchesne (T42), Chanta	84 Ottawa Lions	45.48	-1.8

Women 200 Meter Dash

Name	Year Team	Finals	Wind
1 Emmanuel, Crystal	91 Project Athl	23.27	-1.7
2 Hyacinthe, Kimberly	89 Vainqueurs P	23.74	-1.7
3 Nelson, Amonn	88 U OF C Athle	23.90	-1.7
4 Griffiths, Miana	90 Phoenix Athl	24.00	-1.7
5 Mitchell, Kerri-Ann	83 Project Athl	24.09	-1.7
6 Power, Adrienne	81 Halifast Ath	24.12	-1.7
7 Morgan, Cheria	89 Project Athl	24.29	-1.7
8 Akinsulie, Esther	84 Ottawa Lions	24.45	-1.7

Women 400 Meter Dash

Name	Year Team	Prelims	H#
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Preliminaries

1 Martin, Jenna	88 Athletics Ea	52.25Q	1
2 Muir, Carline	87 Legacy Athle	53.68Q	2
3 Nelson, Amonn	88 U OF C Athle	54.89Q	3
4 Watson, Sage	94 Calgary Inte	54.02Q	1
5 Brennan, Christian	95 Flying Angel	54.27Q	2
6 Akinsulie, Esther	84 Ottawa Lions	55.32Q	3
7 Brown, Alicia	90 Ottawa Lions	54.45q	1
8 Omene, Eseroghene	85 Unattach SK	54.58q	1
9 Callender, Fiona	92 Ottawa Lions	55.30	2
10 Reid, Katie	93 BC Athletics	55.76	3
11 Lowe, Christine	90 BC Athletics	55.93	1
12 Sassine, Nicole	89 U OF Windsor	56.20	3
13 Katz, Sarah	78 Greater Toro	56.22	3
14 Maxfield, Heather	92 Lakehead Run	56.45	2
15 Courtnall, Alexandra	93 Unattached	56.55	2 56.543
16 McCaig, Cassandra	89 London Weste	56.55	3 56.544
17 Kendall, Danielle	90 U OF C Athle	56.68	1
18 Jean-Baptiste, Audrey	91 Perfmex-Raci	56.74	3
19 St-Pierre, Marie-Colombe	94 Club Athleti	56.75	3
20 Delage, Danielle Y.	93 BC Athletics	56.78	2
21 Gariba, Sarah	91 C.A.N.I.	56.94	1
22 Atkin, Casey	93 Pacific Athl	57.28	2
23 Tunti, Cheyanne A.	94 BC Athletics	59.10	2
24 Adjei, Zelda	91 Perfmex-Raci	1:00.42	1

Women 400 Meter Dash T52-54

Name	Year Team	Finals
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 Finals

1	Roy (T54), Diane	71 Sherbrooke	58.08
2	Frie (T54), Keira-Lyn	87 Cyclones Roa	59.47
3	*Lewis (T53), Jessica	93 Bermuda	1:06.12
4	White (T53), Sarah	95 Saint Lauren	1:10.69

Women 400 Meter Dash T12 + 37
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Name	Year Team	Finals
1 Klawitter (T12), Noella	77 Ottawa Lions	1:05.36
1 Robinson (T37), Leah	93 Ottawa Lions	1:13.39

Women 400 Meter Dash
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Name	Year Team	Finals	
1 Martin, Jenna	88 Athletics Ea	51.53	
2 Brennan, Christian	95 Flying Angel	52.99	52.985
3 Muir, Carline	87 Legacy Athle	52.99	52.987
4 Nelson, Amonn	88 U OF C Athle	53.05	
5 Akinsulie, Esther	84 Ottawa Lions	53.50	
6 Watson, Sage	94 Calgary Inte	53.51	
7 Brown, Alicia	90 Ottawa Lions	54.16	
8 Omene, Eseroghene	85 Unattach SK	55.49	

Women 400 Meter Dash
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Top 2 times advance

Name	Year Team	Finals	
1 Maxfield, Heather	92 Lakehead Run	57.49	Q
2 Adjei, Zelda	91 Perfmex-Raci	1:00.34	Q
3 Barlow, Nikki	90 Caltaf Athle	1:03.24	

Women 800 Meter Run
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Name	Year Team	Prelims	H#
Preliminaries			
1 Cummins, Diane E.	74 Unattached B	2:05.61Q	3
2 Bishop, Melissa	88 Ottawa Lions	2:06.80Q	1
3 Smith, Jessica L.	89 BC Athletics	2:07.30Q	2
4 Ogbasilassie, Lemlem Ber	87 Saint Lauren	2:05.95Q	3
5 Belleau-Béliveau, Karine	83 Vainqueurs (2:07.69Q	1
6 Maclean, Leanna	82 Phoenix Athl	2:08.28Q	2
7 Francois, Rachel	92 Edmonton Col	2:06.42q	3
8 Kawamoto, Julia	83 Mercury Athl	2:07.75q	3
9 Leblanc, Annie	92 Lanaudiere-O	2:08.28	1
10 Peters, Celia	87 Halifast Ath	2:09.85	2
11 Simon, Ashlynn	92 Queen City S	2:10.28	2
12 Pomfret, Kendra	91 BC Athletics	2:10.28	3
13 Perrault, Jennifer	88 Ottawa Lions	2:10.80	2
14 Côté, Laurence	91 Club Athleti	2:10.96	2
15 Wiebe, Devan	93 BC Athletics	2:11.02	1
16 Westaway, Jenna	94 Calgary Inte	2:11.18	1
17 Katz, Sarah	78 Greater Toro	2:11.88	3
18 McLeod, Vanessa	94 Phoenix Athl	2:12.51	1
19 McInnis, Shauna K.	92 U of Victoria	2:13.15	2
20 Kurpe, Heather	90 Runners Edge	2:13.16	3
21 Soderberg, Nicole	92 Edmonton Thu	2:13.81	1
22 Kane, Brianna M.	89 BC Athletics	2:14.42	3
23 Charles, Elecktra	92 Riversdale A	2:15.63	1

Women 800 Meter Run
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Top 4 times advance

Name	Year Team	Finals
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Finals

1	Katz, Sarah	78	Greater Toro	2:12.68	Q
2	Kurpe, Heather	90	Runners Edge	2:14.08	Q
3	Charles, Elecktra	92	Riversdale A	2:14.26	Q
4	McInnis, Shauna K.	92	U of Victoria	2:14.47	Q
5	Malleck, Julia	87	U of Toronto T.C	2:15.12	
6	Naroski, Tess	89	Lakehead Run	2:17.59	
7	Kanuka, Gloria	91	Caltaf Athle	2:18.21	
8	Sim, Heather	85	Caltaf Athle	2:19.23	
9	Balbosa, Chelsea	92	Unattached B	2:21.31	
10	Degaust, Hayley	90	Edmonton Thu	2:24.65	

Women 800 Meter Run T53-54

Name	Year	Team	Finals
1 Roy (T54), Diane	71	Sherbrooke	2:04.79
1 White (T53), Sarah	95	Saint Lauren	2:23.11
2 Frie (T54), Keira-Lyn	87	Cyclones Roa	2:05.02

Women 800 Meter Run

Name	Year	Team	Finals
1 Ogbasilassie, Lemlem Ber	87	Saint Lauren	2:07.37
2 Bishop, Melissa	88	Ottawa Lions	2:07.56
3 Smith, Jessica L.	89	BC Athletics	2:07.70
4 Cummins, Diane E.	74	Unattached B	2:07.79
5 Belleau-Béliveau, Karine	83	Vainqueurs (2:08.44
6 Francois, Rachel	92	Edmonton Col	2:09.15
7 Maclean, Leanna	82	Phoenix Athl	2:09.58
8 Kawamoto, Julia	83	Mercury Athl	2:10.23

Women 1500 Meter Run

Name	Year	Team	Prelims
Preliminaries			
1 Douma-Hussar, Carmen	77	Guelph Track	4:20.86Q
2 Sifuentes, Nicole	86	Unattach MB	4:22.21Q
3 Stellingwerff, Hilary	81	Speed River	4:22.10Q
4 Kawamoto, Julia	83	Mercury Athl	4:22.51Q
5 Van Buskirk, Kate	87	Athletics To	4:22.40Q
6 Elmore, Malindi	80	Speed River	4:23.69Q
7 Jewett, Tamara	90	U of Toronto T.C	4:22.93Q
8 O'Connell, Jessica	89	U OF C Athle	4:28.27Q
9 Benson, Fiona	92	BC Athletics	4:28.38q
10 Roy, Joanie	91	LE Coureur N	4:28.54q
11 Kasper, Kirsten	91	Unattached	4:28.96q
12 Cliff, Rachel	88	Speed River	4:29.01q
13 Anderson, Katie	90	Harbour Track	4:29.89
14 Macpherson, Sarah	91	Fast Tracks	4:30.79
15 Hughes, Mélanie	90	Saint Lauren	4:31.59
16 Raby, Arianne	88	Unattached Q	4:32.05
17 Therrien, Brittany R.	90	U of Victoria	4:38.23
18 Hennessy, Colleen	92	U of Toronto T.C	4:39.91
19 MacDonald, Madeline	90	U OF C Athle	4:40.45
20 Glenn, Caileigh	92	Newmarket HU	4:46.78
21 Butterworth, Lindsey	92	BC Athletics	4:52.32
-- Carlyle, Laura	89	Unattached B	DNF
-- Van Vliet, Jenna	92	U OF C Athle	DNF

Women 1500 Meter Run T54

Name	Year	Team	Finals
Finals			
1 Roy (T54), Diane	71	Sherbrooke	3:58.73
2 Frie (T54), Keira-Lyn	87	Cyclones Roa	3:58.93

Women 1500 Meter Run

Name	Year Team	Finals
1 Elmore, Malindi	80 Speed River	4:13.58
2 Stellingwerff, Hilary	81 Speed River	4:13.94
3 Sifuentes, Nicole	86 Unattach MB	4:14.06
4 Van Buskirk, Kate	87 Athletics To	4:14.61
5 Kawamoto, Julia	83 Mercury Athl	4:15.97
6 Douma-Hussar, Carmen	77 Guelph Track	4:19.76
7 O'Connell, Jessica	89 U OF C Athle	4:26.88
8 Jewett, Tamara	90 U of Toronto T.C	4:27.19
9 Cliff, Rachel	88 Speed River	4:31.59
10 Roy, Joanie	91 LE Coureur N	4:35.74
11 Benson, Fiona	92 BC Athletics	4:35.75
12 Kasper, Kirsten	91 Unattached	4:42.59

Women 1500 Meter Run T12

Name	Year Team	Finals
1 Klawitter (T12), Noella	77 Ottawa Lions	5:53.10

Women 1500 Meter Run

Top 5 times advance		
Name	Year Team	Finals
1 Roy, Joanie	91 LE Coureur N	4:41.58 Q
2 Hughes, Mélanie	90 Saint Lauren	4:41.98 Q
3 Therrien, Brittany R.	90 U of Victoria	4:42.01 Q
4 Hennessy, Colleen	92 U of Toronto T.C	4:42.21 Q
5 MacDonald, Madeline	90 U OF C Athle	4:42.61 Q
6 Van Vliet, Jenna	92 U OF C Athle	4:43.08 Q
7 Souter, Jennifer	84 Queen City S	4:44.94
8 Brochu, Sarah-Michelle	92 Club Athleti	4:48.59
9 Soderberg, Alana	90 Edmonton Thu	4:52.70
10 Naroski, Tess	89 Lakehead Run	4:55.84
-- Boyle, Shari	73 Calgary Inte	DNF

Women 5000 Meter Run

Name	Year Team	Finals
1 Reid, Sheila	89 Athletics To	16:15.23
2 Brown, Megan	85 Athletics To	16:16.44
3 Korir, Tarah	87 Athletics To	16:41.94
4 Fraser, Natasha	81 BC Athletics	16:59.19
5 Thompson, Carise	92 Speed River	17:34.26
6 Hinthner, Ashley	84 PR Athletics	17:37.44
7 Kennelly, Bevin	84 Excel Athlet	17:48.06
8 Pfister, Caroline	92 Sherbrooke	18:32.37
-- Souter, Jodi	88 Queen City S	DNF

Women 5000 Meter Run T54

Name	Year Team	Finals
1 Roy (T54), Diane	71 Sherbrooke	13:45.05 13:45.041
2 Frie (T54), Keira-Lyn	87 Cyclones Roa	13:45.05 13:45.045

Women 10000 Meter Run

Name	Year Team	Finals
1 Sexton, Leslie	87 London Runne	35:18.97
2 Kennelly, Bevin	84 Excel Athlet	36:43.10
3 Kary, Grace	91 U OF C Athle	37:08.56
-- Quirion, Hilary	90 Lakehead Run	DNF

Women 100 Meter Hurdles

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Lopes-Schliep, Priscilla	82 Project Athl	12.81Q	-0.5	1
2 George, Phylisia	87 Project Athl	12.88Q	-1.5	2
3 Zelinka, Jessica	81 NIKE	12.87Q	-0.5	1
4 Felicien, Perdita	80 Over The Top	12.93Q	-1.5	2
5 Holder, Nikkita	87 Project Athl	13.05Q	-1.5	2
6 Whyte, Angela	80 Unattached A	13.27Q	-0.5	1
7 Maddex, Ashlea	92 Ottawa Lions	13.51q	-0.5	1
8 Edwards, Karelle	90 C.A.N.I.	13.61q	-1.5	2
9 Gordon, Christie	86 Unattached	13.65	-1.5	2
10 Morrison, Deshaunda	95 Calgary Inte	14.00	-0.5	1
11 Beaudet, Laurence	90 Corsaire Cha	14.10	-0.5	1 14.094
12 Smith, Marissa	91 Phoenix Athl	14.10	-0.5	1 14.097
13 Dugas, Marie-Eve	85 Corsaire Cha	14.13	-1.5	2
14 Young, Michelle	92 Saskatoon TF	14.27	-1.5	2
15 Delisle, Pascale	87 Sherbrooke	14.29	-0.5	1
16 Warren, Hayley	91 U of Toronto T.C	14.66	-1.5	2

Women 100 Meter Hurdles

Name	Year Team	Finals	Wind
Finals			
1 Zelinka, Jessica	81 NIKE	12.68	0.7
2 George, Phylisia	87 Project Athl	12.72	0.7
3 Holder, Nikkita	87 Project Athl	12.80	0.7
4 Whyte, Angela	80 Unattached A	12.90	0.7
5 Lopes-Schliep, Priscilla	82 Project Athl	13.17	0.7
6 Maddex, Ashlea	92 Ottawa Lions	13.43	0.7
7 Edwards, Karelle	90 C.A.N.I.	13.74	0.7
-- Felicien, Perdita	80 Over The Top	FS	0.7 Rule 162.7

Women 100 Meter Hurdles

Top 2 times advance				
Name	Year Team	Finals	Wind	
1 Warren, Hayley	91 U of Toronto T.C	14.13	1.4 Q	
2 Delisle, Pascale	87 Sherbrooke	14.21	1.4 Q	
3 Kowalchuk, Shaylyn	91 Excel Athlet	14.62	1.4	
4 Wilkes, Courtney	89 Voleo Athlet	14.64	1.4	
5 Breland, Melissa	89 U OF C Athle	14.68	1.4	
6 Hrycun, Alexa	94 Edmonton Har	14.83	1.4	
7 Hazen, Melissa	94 Caltaf Athle	15.13	1.4	

Women 400 Meter Hurdles

Name	Year Team	Prelims	H#
Preliminaries			
1 Wells, Sarah	89 U of Toronto T.C	57.32Q	1
2 Montcalm, Noelle	88 U OF Windsor	58.17Q	2
3 Dorr, Fawn	87 Brooks	58.30Q	2
4 Lowe, Christine	90 BC Athletics	59.03Q	1
5 Bickle, Kate	84 Waterloo Tra	1:00.73Q	1
6 Taylor, Ashley	95 Burlington T	1:01.63Q	2
7 Momoh, Nana-Aishetu	85 Perfmax-Raci	1:01.10q	1
8 Gray-Burnett, Tessa	83 Calgary Inte	1:01.55q	1
9 Hrycun, Alexa	94 Edmonton Har	1:02.67	2
10 Kendall, Danielle	90 U OF C Athle	1:02.84	1
11 Schneck, Amanda	88 Voleo Athlet	1:03.21	1
12 Boss, Traci W.	87 Coquitlam Ch	1:04.56	2
13 Hayes, Bridget	95 Ottawa Lions	1:05.77	2

Women 400 Meter Hurdles

Name	Year Team	Finals
=====		
Finals		
1 Wells, Sarah	89 U of Toronto T.C	55.71
2 Dorr, Fawn	87 Brooks	56.50
3 Montcalm, Noelle	88 U OF Windsor	56.87
4 Lowe, Christine	90 BC Athletics	58.69
5 Bickle, Kate	84 Waterloo Tra	1:01.18
6 Gray-Burnett, Tessa	83 Calgary Inte	1:01.35
7 Taylor, Ashley	95 Burlington T	1:01.76
-- Momoh, Nana-Aishetu	85 Perfmax-Raci	DNF

Women 3000 Meter Steeplechase

Name	Year Team	Finals
=====		
1 Buchanan, Dana	84 Speed River	10:19.52
2 Furlan, Jessica	90 Excel Athlet	10:24.48
3 Groenewoud, Chantelle A.	89 BC Athletics	10:27.29
4 Lalonde, Geneviève	91 Speed River	10:43.09
5 De La Bruyere, Emily	93 Unattached	10:59.04
6 Gutmanis, Micha	92 Newmarket HU	11:40.77
7 McCormack, Jennifer	92 Point Grey T	12:34.01
-- Boyle, Shari	73 Calgary Inte	DNF
-- Willemse, Lydia	86 Speed River	DQ

Rule 163.3

Women High Jump

Start - 1.49 by 3's

Top 4 advance

Name	Year Team	Finals
=====		
1 Lefebvre-Oatis, Mikella	98 Vainqueurs P	1.67m Q
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
OPP PPO O XO XO O XO XXX		
1 Dugas, Katerine	88 Corsaire Cha	1.67m Q
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
O PPP PO O O XXO XO XXX		
3 Sigurdson, Haley	86 Winnipeg Opt	1.58m Q
1.49 1.52 1.55 1.58 1.61		
OPP PO O XXO XXX		

Women High Jump

Name	Year Team	Finals
=====		
1 Forrester, Nicole	76 Mississauga	1.86m
1.70 1.75 1.80 1.83 1.86 1.86		
PPP PPP XO O O		
2 Theophile, Michelle	91 Unattached	1.83m
1.70 1.75 1.80 1.83 1.86 1.86		
O XO O O X X		
3 Drouin, Jillian	86 Sarnia Athle	1.80m
1.70 1.75 1.80 1.83		
O O O XXX		
4 Machin, Rachel	92 U OF C Athle	1.75m
1.70 1.75 1.80		
O O XXX		
4 Kimoto, Emma	91 Unattached B	1.75m
1.70 1.75 1.80		
O O XXX		
4 Treasure, Alyxandria M.	92 Prince Georg	1.75m
1.70 1.75 1.80		
O O XXX		
-- Dugas, Katerine	88 Corsaire Cha	NH
1.70		
XXX		
-- Sigurdson, Haley	86 Winnipeg Opt	NH
1.70		
XXX		

-- Maessen, Laura 89 Unattach NS NH
 1.70
 XXX
 -- Lefebvre-Oatis, Mikella 98 Vainqueurs P NH
 1.70
 XXX

Women Pole Vault

=====
 Start 3.20 by 10's to 3.80 then by 5's
 Top 5 advance

Name	Year Team	Finals
1 Bergevin, Lindsey	89 Edmonton Int	3.60m Q
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP PPP O		
1 Stephenson, Kimberly	91 U OF C Athle	3.60m Q
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP PPP O		
1 Kupper, Sue	84 Edmonton Int	3.60m Q
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP PPP O		
4 Webster, Robyn	88 Unattached A	J3.60m Q
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP XXO O		
5 Hill, Teresa	87 Riversdale A	J3.60m Q
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP O XO		
6 Mintz, Rachel	79 Edmonton Int	3.50m Q
3.20 3.30 3.40 3.50 3.60		
PPP O PPP O XXX		
7 Erickson, Courtney	93 Riversdale A	J3.50m
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP XO XXX		
8 Ridout, Paige	92 U OF C Athle	J3.50m
3.20 3.30 3.40 3.50 3.60		
PPP PPP PPP XXO XXX		
9 Schneider, Lindy	83 U OF C Athle	3.40m
3.20 3.30 3.40 3.50		
PPP PPP O XXX		
10 Le Roux, Mignon	93 Riversdale A	J3.40m
3.20 3.30 3.40 3.50		
O O XO XXX		
-- Allegro, Samantha	94 Winnipeg Opt	NH
3.20 3.30		
PPP XXX		

Women Pole Vault

Name	Year Team	Finals
1 Blouin, Mélanie	90 Club Athleti	4.35m
3.80 3.90 4.00 4.10 4.20 4.30 4.35 4.40 4.45 4.50		
PPP PPP PPP PPP XO PPP O PPP PPP XXX		
2 Dressler, Victoria	85 Winnipeg Opt	4.30m
3.80 3.90 4.00 4.10 4.20 4.30 4.35		
PPP PPP PPP XO O XO XXX		
3 Dockendorf, Carly B.	83 Unattached B	4.20m
3.80 3.90 4.00 4.10 4.20 4.30		
PPP PPP PPP O XO XXX		
4 Duclos-Lasnier, Gabriell	88 Sherbrooke	4.10m
3.80 3.90 4.00 4.10 4.20		
PPP PPP XO XXO XXX		

Men 400 Meter Hurdles

Name	Year Team	Prelims	H#
===== Preliminaries			
1 Nystuen, Tait	91 Excel Athlet	51.52Q	2

2	Alhaddad, Saj	92	C.A.N.I.	53.14Q	1
3	El Hanbli, Gabriel	90	Lanaudiere-O	51.84Q	2
4	Bates, Brent	92	St. Thomas L	53.34Q	1
5	Chan, Daniel	91	U of Toronto T.C	53.24Q	2
6	Chevrette-Belisle, Huber	90	Lanaudiere-O	53.54Q	1
7	Frenke, Gordon	89	Ottawa Lions	54.56q	1
8	Smithers, Cameron	91	Unattached	54.60q	2
9	Steinbrenner, Alexander	90	Saint Lauren	54.90	2
10	Primeau, Codie	92	Ottawa Lions	55.65	2
11	Grant, Oliver	91	Waterloo Tra	56.14	1
12	King, Garrett	93	U OF C Athle	56.39	2
13	Hayes, Clayton	88	Capital City	57.58	1
14	Clark, Steven	91	Caltaf Athle	58.28	1
15	Clements, Bryce	94	Caltaf Athle	59.34	2
--	Kunkel, Adam	81	Legacy Athle	DNF	1

Men 400 Meter Hurdles

Name	Year Team	Finals
Finals		
1	Nystuen, Tait 91 Excel Athlet	51.23
2	El Hanbli, Gabriel 90 Lanaudiere-O	51.26
3	Alhaddad, Saj 92 C.A.N.I.	52.22
4	Chevrette-Belisle, Huber 90 Lanaudiere-O	53.06
5	Chan, Daniel 91 U of Toronto T.C	53.14
6	Bates, Brent 92 St. Thomas L	54.03
7	Smithers, Cameron 91 Unattached	54.24
8	Frenke, Gordon 89 Ottawa Lions	54.67

Men 3000 Meter Steeplechase

Name	Year Team	Finals
1	Genest, Alex 86 Unattached Q	8:45.03
2	Hughes, Matthew 89 Toronto Olym	8:47.65
3	Winter, Chris 86 Speed River	8:48.66
4	Hadfield, Gareth 92 Caltaf Athle	9:09.52
5	Brunsting, Matthew 87 Speed River	9:12.25
6	Brockerville, Ryan 89 Mariners Ath	9:15.85
7	Smith, Jacob 90 Brockville L	9:22.90
8	Dulhanty, Christopher 92 Speed River	9:38.41
9	Aucoin, Curtis 93 Edmonton Thu	10:39.28

Men 4x100 Meter Relay

Team	Finals
1	Ucac 'A' 42.60
	1) Clark, Adam 90 2) Kimick, Evan 89
	3) Breski, Josh 91 4) Minton, Corey 91
2	Ucac 'B' 43.33
	1) Schaeffer, Matthew 93 2) Mayer, Bastian 90

Men High Jump F44

Progressions 1.55 1.60 than by 3's

Name	Year Team	Finals
1	Salomons (T/F44), Cody 94 London Weste	1.66m
	1.55 1.60 1.63 1.66 1.68	
	XO XO XO XXO XXX	

Men High Jump

Name	Year Team	Finals
1	Drouin, Derek 90 Sarnia Athle	2.31m
	1.98 2.03 2.08 2.13 2.16 2.19 2.22 2.25 2.28 2.31 2.33 2.35	
	PPP PPP O O O O PPP XO O O PPP XXP	

2	Mason, Michael	86 BC Athletics	2.28m
	1.98 2.03 2.08 2.13 2.16 2.19 2.22 2.25 2.28 2.31		
	PPP PPP O O PPP O PPP O XXO XXX		
3	Lovett, Django	92 BC Athletics	2.16m
	1.98 2.03 2.08 2.13 2.16 2.19		
	PPP O O O XO XXX		
4	Wilhelm, Branden	92 Unattached	J2.16m
	1.98 2.03 2.08 2.13 2.16 2.19		
	PPP O O XO XXO XXX		
5	Eckert, Jeremy	90 Excel Athlet	2.13m
	1.98 2.03 2.08 2.13 2.16		
	O O O XO XXX		
6	St-Hilaire, Philippe	95 Vainqueurs P	2.08m
	1.98 2.03 2.08 2.13		
	O XO XO XXX		
7	Collins, Pat	91 U OF C Athle	2.03m
	1.98 2.03 2.08		
	O XO XXX		
--	Anderson-Richards, Tacum	95 The Speed AC	NH
	1.98 2.03 2.08		
	PPP PPP XXX		

Men Pole Vault

Name	Year Team	Finals
1 Wurster, Jason	84 York Univers	5.25m
	4.70 4.85 5.00 5.15 5.25 5.30 5.35 5.40	
	PPP PPP PPP PPP XO PPP PPP XXX	
2 Foley, David	84 Sherbrooke	J5.25m
	4.70 4.85 5.00 5.15 5.25 5.30 5.35	
	PPP PPP PPP XO XXO PPP XXX	
3 Theodore, Deryk	89 Edmonton Int	5.15m
	4.70 4.85 5.00 5.15 5.25	
	PPP PPP XXO O XXX	
4 Barber, Shawnacy	94 Project Athl	4.85m
	4.70 4.85 5.00	
	O O XXX	
5 Vu, Ryan	88 Unattached B	J4.85m
	4.70 4.85 5.00	
	PPP XO XXX	
6 Creighton, Doug	85 U of Toronto T.C	J4.85m
	4.70 4.85 5.00	
	PPP XXO XXX	
7 Allen, Spencer	93 Kamloops Tra	4.70m
	4.70 4.85	
	XO XXX	
-- Filipek, Nathan	91 Edmonton Int	NH
	4.70	
	XXX	
-- Furletti, Eric	89 Winnipeg Opt	NH
	4.70	
	XXX	
-- McKay, David	92 BC Athletics	NH
	4.70	
	XXX	
-- Popp, Marcus	73 Ontario Mast	NH
	4.70	
	XXX	

Men Pole Vault

Name	Year Team	Finals
Progression 3.80 by 15 to 4.40 then by 10's		
Top 5 advance		
1 McKay, David	92 BC Athletics	4.40m Q
	3.80 3.95 4.10 4.25 4.40	
	PPP PPP PPP PPP XO	
1 Popp, Marcus	73 Ontario Mast	4.40m Q

	3.80	3.95	4.10	4.25	4.40				
	PPP	PPP	PPP	PPP	XO				
3	Allen, Spencer					93	Kamloops Tra	J4.40m	Q
	3.80	3.95	4.10	4.25	4.40				
	PPP	PPP	PPP	PPP	XXO				
4	Filipek, Nathan					91	Edmonton Int	J4.40m	Q
	3.80	3.95	4.10	4.25	4.40				
	PPP	PPP	PPP	XXO	XXO				
5	Furletti, Eric					89	Winnipeg Opt	4.25m	Q
	3.80	3.95	4.10	4.25	4.40				
	PPP	PPP	XO	XXO	XXX				
6	Kowalko, Lukas					91	Calgary Spar	4.10m	
	3.80	3.95	4.10	4.25					
	PPP	PPP	O	XXX					
7	Choi, Andrew					92	Edmonton Int	3.95m	
	3.80	3.95	4.10						
	XXO	XO	XXX						
--	Goodwin, Lyndon					92	U OF C Athle		NH
	3.80	3.95	4.10	4.25					
	PPP	PPP	PPP	XXX					
--	Gauthier, RenÉ					81	Sherbrooke		NH
	3.80	3.95	4.10	4.25	4.40				
	PPP	PPP	PPP	PPP	XXX				

Men Long Jump F11+37-38

Name	Year	Team	Finals	Wind
1 Carr (T/F11), Richard	72	Saugeen Trac	5.26m	4.3
			3.03m(0.8)	4.98m(0.1)
			4.94m(5.5)	3.41m(0.3)
			5.26m(4.3)	5.15m(2.8)
2 Johnstone (T/F38), Micha	88	Unattached	3.95m	5.5
			3.81m(4.0)	3.85m(2.9)
			3.95m(5.5)	3.76m(4.2)
			3.54m(4.3)	3.63m(4.2)
3 Mattiussi (T/F37), Harry	90	Saugeen Trac	J3.95m	5.1
			3.27m(5.8)	3.36m(5.8)
			3.36m(5.2)	3.61m(3.9)
			FOUL	3.95m(5.1)

Men Long Jump

Top 3 advance

Name	Year	Team	Finals	Wind
1 Blackburn, Justin	90	Perfmax-Raci	7.22m	3.9 Q
			7.10m(1.8)	7.22m(3.9)
			6.94m(3.4)	
2 Johnston, Trent	90	U OF C Athle	7.08m	2.0 Q
			6.56m(3.4)	6.89m(1.1)
			7.08m(2.0)	
3 Goetz, Jason	85	Supreme Athl	7.07m	6.8 Q
			6.56m(3.4)	7.07m(6.8)
			6.78m(2.7)	
4 McPhee, Stephen	91	Capital City	7.03m	1.5
			FOUL	7.03m(1.5)
			FOUL	
5 Dorcelus, Stevens	95	Vainqueurs P	6.96m	4.0
			FOUL	6.33m(4.4)
			6.96m(4.0)	
6 Landry, Pierre	88	A S E A	6.75m	6.0
			FOUL	6.75m(6.0)
			5.78m(5.6)	
7 Nicolas, Dennis	89	Unattached B	6.65m	5.1
			6.57m(3.6)	6.47m(3.7)
			6.65m(5.1)	
8 Robinson, Jason	70	Ontario Mast	6.45m	5.5
			FOUL	5.88m(2.3)
			6.45m(5.5)	
9 Dore, Alexandre	77	Perfmax-Raci	5.95m	4.7
			5.80m(3.4)	5.95m(4.7)
			5.79m(5.6)	

Men Long Jump

Name	Year	Team	Finals	Wind
1 Stewart, Taylor	91	London Weste	7.78m	3.9
			7.60m(1.4)	7.37m(0.6)
			7.31m(1.9)	PASS
			7.78m(3.9)	7.57m(-0.4)
2 Bowry, Jharyl	90	Phoenix Athl	7.62m	2.6
			7.62m(2.6)	7.49m(2.5)
			7.62m(2.4)	PASS
			FOUL	7.28m(1.4)
3 Gallagher, Robert	91	BC Athletics	7.38m	0.2
			7.00m(1.0)	FOUL
			FOUL	FOUL
			FOUL	7.34m(1.7)
			7.38m(0.2)	
4 Scherle, Mark	84	London Weste	7.32m	4.4

	7.04m(4.1)	6.33m(0.5)	7.18m(1.3)	FOUL	7.32m(4.4)	6.97m(+0.0)
5 Warnock, Benjamin			85 U OF Windsor		7.31m	+0.0
	6.99m(1.6)	6.77m(1.7)	7.04m(1.4)	FOUL	7.31m(+0.0)	7.06m(0.2)
6 Richards, Brian			89 Flying Angel		7.07m	3.4
	6.76m(2.1)	7.07m(3.4)	7.01m(2.4)	6.73m(4.9)	7.03m(0.9)	6.91m(3.8)
7 Blackburn, Justin			90 Perfmax-Raci		7.04m	2.0
	7.01m(3.3)	FOUL	6.92m(3.6)	7.04m(2.0)	7.02m(-1.1)	FOUL
8 Johnston, Trent			90 U OF C Athle		6.96m	1.7
	6.96m(1.7)	6.96m(2.4)	6.69m(-0.9)	6.73m(1.3)	6.48m(-1.2)	6.86m(4.8)
9 Greenaway, Christopher			87 Saint Lauren		6.94m	2.2
	4.52m(1.4)	6.91m(4.8)	6.94m(2.2)			
10 Massok, Patrick			80 Saint Lauren		6.84m	2.7
	6.84m(2.7)	1.66m(0.4)	6.80m(-0.4)			
11 Goetz, Jason			85 Supreme Athl		6.61m	2.0
	FOUL	6.61m(2.0)	FOUL			

Men Triple Jump

Name	Year	Team	Finals	Wind
1 Anderson-Richards, Tacum	95	The Speed AC	15.19m	0.9
			14.49m(1.7)	15.18m(3.0)
			14.51m(0.5)	15.19m(0.9)
			FOUL	14.28m(2.9)
2 Muschette, Marvin	92	Supreme Athl	15.04m	2.2
			FOUL	15.04m(2.2)
			15.01m(1.5)	FOUL
			14.81m(1.3)	FOUL
3 Goetz, Jason	85	Supreme Athl	14.84m	1.2
			FOUL	FOUL
			14.75m(3.5)	14.84m(1.2)
			14.76m(2.0)	FOUL
4 Fyffe, Nicholas	94	BC Athletics	14.52m	0.3
			FOUL(1.7)	14.07m(1.7)
			FOUL	14.52m(0.3)
			14.51m(1.1)	FOUL(2.9)
5 Harriott, Dwayne	86	Supreme Athl	14.37m	1.4
			14.21m(1.8)	13.29m(2.6)
			13.36m(0.7)	14.37m(1.4)
			14.34m(2.5)	14.29m(1.9)
6 Nachilobe, Cossy	91	Saskatoon TF	14.14m	2.1
			14.00m(-0.0)	FOUL
			13.20m(-0.0)	13.92m(-0.0)
			FOUL	14.14m(2.1)
7 Yetman, Daniel	92	Halifast Ath	14.13m	2.2
			13.97m(0.1)	13.92m(1.4)
			14.13m(2.2)	13.81m(0.5)
			12.54m(1.8)	13.72m(0.1)
8 Booth, Riley	91	U OF C Athle	13.81m	4.8
			FOUL	13.80m(2.4)
			13.81m(4.8)	13.72m(-0.0)
			13.70m(-0.1)	FOUL
9 Minton, Corey	91	U OF C Athle	13.15m	4.0
			FOUL	13.15m(4.0)
			FOUL	
10 Castillo, Diego	92	Capital City	12.22m	2.7
			FOUL	12.22m(2.7)
-- Karidio, Ismael	92	Capital City	FOUL	
			FOUL	FOUL

Men Shot Put

Name	Year	Team	Finals
1 Armstrong, Dylan	81	Kamloops Tra	21.29m
			20.75m
			21.29m
			FOUL
			FOUL
			21.09m
			FOUL

Women Pole Vault

Name	Year	Team	Finals
5 Maaten, Dayna	85	U OF Windsor	4.00m
			3.80
			3.90
			4.00
			4.10
			O
			O
			XO
			XXX
6 Bergevin, Lindsey	89	Edmonton Int	3.90m
			3.80
			3.90
			4.00
			O
			XO
			XXX
7 Stephenson, Kimberly	91	U OF C Athle	J3.90m
			3.80
			3.90
			4.00
			XO
			XO
			XXX
8 Kupper, Sue	84	Edmonton Int	3.80m
			3.80
			3.90
			XO
			XXX
-- Hill, Teresa	87	Riversdale A	NH
			3.80
			XXX
-- Mintz, Rachel	79	Edmonton Int	NH

3.80
 XXX
 -- Hendry, Kelsie 82 Riversdale A NH
 3.80 3.90 4.00 4.10 4.20
 PPP PPP PPP PPP XXX
 -- Webster, Robyn 88 Unattached A NH
 3.80
 XXX

Women Long Jump

=====
 Top 4 advance

Name	Year Team	Finals	Wind
1 Van Der Marel, Lacey	87 Unattached	5.78m	0.9 Q
5.65m(-0.0) 5.78m(0.9) 5.75m(2.6)			
2 Roche, Magali	97 Tarus	5.70m	4.0 Q
5.66m(-0.0) 5.70m(4.0) 5.36m(3.1)			
3 Renaud, Esther	88 Jeunesse Ath	5.63m	6.9 Q
4.26m(3.0) 5.12m(2.7) 5.63m(6.9)			
4 Hazen, Melissa	94 Caltaf Athle	5.29m	3.0 Q
5.29m(3.0) FOUL 5.29m(4.1)			
5 Gerwing, Michelle	87 Edmonton Int	J5.29m	1.9
FOUL FOUL 5.29m(1.9)			
6 Rheault, Éloïse	90 Sherbrooke	5.12m	2.7
5.00m(3.0) 5.12m(2.7) FOUL			
7 Donner, Claire N.	89 Pacific Athl	5.00m	2.0
4.84m(-0.0) 5.00m(2.0) 4.82m(1.1)			
8 Hildenbrandt, Leanne	87 Capital City	4.79m	2.0
FOUL 4.79m(2.0) FOUL			
9 Morrison, Hali	89 U OF C Athle	4.77m	6.8
FOUL FOUL 4.77m(6.8)			

Women Long Jump F37 + 44

Name	Year Team	Finals	Wind
1 *nakanishi (T/F44), Maya	93 Japan	4.61m	0.7
FOUL 4.28m(5.7) 4.30m(3.5) 4.61m(0.7) FOUL		4.56m(2.2)	
2 Muscat (T/F37), Megan	85 Windsor Legi	2.96m	1.0
2.19m(6.5) FOUL 2.67m(5.0) 2.32m(7.2) 2.96m(1.0) FOUL			

Women Long Jump

Name	Year Team	Finals	Wind
1 Bayley, Krysha	84 Legacy Athle	6.47m	3.4
6.02m(1.9) 6.36m(1.4) FOUL 6.23m(0.6) 6.11m(5.5) 6.47m(3.4)			
2 Nettey, Christabel S.	91 BC Athletics	6.44m	2.7
6.21m(3.2) 6.23m(1.4) 6.44m(2.7) 6.26m(3.0) FOUL 6.29m(2.6)			
3 Falaiye, Alice	78 Unattached	6.20m	3.4
5.97m(1.4) 6.12m(1.4) FOUL 6.20m(3.4) FOUL 6.12m(2.3)			
4 Beaudet, Laurence	90 Corsaire Cha	6.16m	1.5
FOUL 6.15m(1.9) FOUL FOUL FOUL 6.16m(1.5)			
5 Nettey, Sabrina S.	90 BC Athletics	6.10m	1.9
5.98m(2.0) FOUL FOUL FOUL 5.88m(2.0) 6.10m(1.9)			
6 Smith, Alicia	88 London Weste	5.97m	1.5
5.81m(1.1) 5.96m(3.0) 5.97m(1.5) FOUL 3.51m(2.6) 5.55m(0.7)			
7 Ehrhardt, Caroline	92 London Weste	5.83m	-0.2
5.83m(3.1) FOUL 5.52m(2.0) FOUL FOUL 5.83m(-0.2)			
8 Roche, Magali	97 Tarus	5.79m	1.5
5.75m(3.9) 2.80m(0.6) 5.65m(2.6) 5.79m(1.5) FOUL 5.59m(3.6)			
9 Van Der Marel, Lacey	87 Unattached	5.74m	1.7
5.52m(-0.0) 5.48m(1.4) 5.74m(1.7)			
10 Renaud, Esther	88 Jeunesse Ath	5.52m	1.5
3.85m(1.8) 5.52m(1.5) 5.51m(0.9)			
11 Hazen, Melissa	94 Caltaf Athle	5.47m	2.0
FOUL 5.31m(0.1) 5.47m(2.0)			
-- *sylvester, Patricia	83 Project Athl	FOUL	
FOUL FOUL FOUL			

Women Triple Jump

Name	Year	Team	Finals	Wind
1 *sylvester, Patricia	83	Project Athl	13.41m	1.8
13.41m(1.8) FOUL	12.71m(3.0)	12.92m(0.6)	12.86m(1.5)	12.80m(NWI)
2 Ehrhardt, Caroline	92	London Weste	12.94m	2.7
12.46m(2.5) FOUL	12.71m(1.0)	12.94m(2.7)	11.50m(1.4)	12.84m(1.8)
3 Smith, Alicia	88	London Weste	12.75m	3.9
FOUL 12.23m(1.8)	12.36m(0.1)	12.66m(2.7)	12.75m(3.9)	12.59m(2.2)
4 Wallace, Julia	91	Guelph Track	12.60m	3.9
12.32m(2.8)	12.60m(3.9)	12.23m(1.7)	12.26m(0.9)	12.35m(1.7)
5 Simulik, Mila	90	London Weste	12.21m	1.1
12.03m(1.4) FOUL	12.21m(1.1)	FOUL	FOUL	11.68m(1.9)
6 Wilkes, Courtney	89	Voleo Athlet	11.99m	3.3
11.74m(0.2)	11.99m(3.3)	11.93m(+0.0)	11.97m(3.4)	11.94m(3.4)
7 Goad, Emily	91	London Weste	11.91m	1.6
11.39m(1.6) FOUL	11.65m(5.0)	11.91m(1.6)	FOUL	11.75m(2.6)
8 Sarazin-Côté, Josée-Anne	88	Sherbrooke	11.67m	2.1
11.67m(2.1) FOUL	FOUL	11.30m(1.1)	FOUL	FOUL
9 Anderson, Jacquelyn	88	U OF Windsor	11.58m	4.4
11.22m(3.7)	11.55m(3.2)	11.09m(3.5)	11.24m(-0.0)	11.58m(4.4)
10 Kendall, Allison	93	U OF C Athle	11.41m	2.5
11.33m(3.1)	11.41m(2.5)	FOUL		
11 Zunti, Melanie	85	U OF C Athle	11.37m	0.7
FOUL 11.37m(0.7)	FOUL			
12 Hildenbrandt, Leanne	87	Capital City	11.14m	3.6
FOUL FOUL	11.14m(3.6)			
13 Gunsch, Danielle	94	Supreme Athl	10.97m	2.7
FOUL FOUL	10.97m(2.7)			

Women Shot Put

Name	Year	Team	Finals
1 Labonté, Julie	90	Fleur DE Lys	17.51m
17.51m FOUL	17.46m	17.09m FOUL	17.43m
2 Suttie, Taryn	90	Saskatoon TF	16.05m
FOUL FOUL	16.05m	FOUL FOUL	
3 Jackson, Stephanie	85	London Weste	14.66m
14.66m	14.21m FOUL	13.56m FOUL FOUL	
4 Whalen, Chelsea	92	Launchers AT	14.62m
14.62m FOUL	FOUL FOUL	FOUL FOUL	13.98m
5 Liske, Allison	89	Unattached	14.23m
14.23m FOUL	FOUL FOUL	FOUL FOUL	FOUL
6 Freeman-Gibb, Celine	91	U OF Windsor	13.64m
12.89m	12.90m	13.14m	13.64m FOUL
7 Porlier-Langlois, Alex	93	Sherbrooke	13.61m
13.23m	13.51m FOUL	FOUL FOUL	13.61m
8 Oudenaarden, Niki	94	Capital City	12.31m
11.53m	12.05m	12.31m	11.42m FOUL FOUL
9 Appiah, Cynthia	90	York Univers	11.65m
FOUL	11.65m	FOUL	
10 Tétreault, Lucie-Maude	92	Corsaire Cha	10.47m
FOUL	10.47m	FOUL	
-- Groeneveld, Samantha	91	U OF C Athle	FOUL
FOUL	FOUL	FOUL	

Women Shot Put F52+57

Name	Year	Team	Finals
1 Yan (F57), Amanda	88	WC Race Seri	5.34m
5.02m	4.64m	5.05m	4.99m
2 Sandoval Gustafson (, Ma	50	Cruisers Spo	4.06m
3.79m	4.06m	3.76m	3.87m
			3.97m
			3.75m

Women Shot Put F12 + 38

Name	Year	Team	Finals
1 Foessel (F38), Renee	95	Cruisers Spo	9.46m
		9.06m 9.08m 8.88m FOUL 9.46m 8.82m	
2 Rennebohm (T/F12), Jacqu	89	St. Thomas L	J6.79m
		5.66m 6.48m 6.58m 5.97m 6.79m 6.42m	

Women Discus Throw

Name	Year	Team	Finals
1 Labonté, Julie	90	Fleur DE Lys	54.02m
		FOUL 53.59m FOUL FOUL 51.33m 54.02m	
2 Kovacs, Alanna	90	South Simcoe	51.50m
		FOUL 47.89m 49.37m 51.24m 49.03m 51.50m	
3 Le Jour, Marie-Josée	79	Saint Lauren	50.83m
		47.70m 49.11m 49.57m 50.35m 50.83m FOUL	
4 Liske, Allison	89	Unattached	49.96m
		43.21m FOUL 45.67m 47.35m 49.96m 48.57m	
5 Spies, Chantel	84	BC Athletics	48.33m
		45.49m 48.33m 44.83m 47.51m FOUL 45.28m	
6 Porlier-Langlois, Alex	93	Sherbrooke	40.55m
		34.63m 38.22m FOUL 35.19m 40.55m FOUL	
7 Ferris, Karen	91	Flying M Ath	40.08m
		40.08m 35.62m 37.38m 39.34m 39.29m 37.79m	
8 Groeneveld, Samantha	91	U OF C Athle	39.44m
		FOUL FOUL 39.44m 38.14m 38.07m 37.22m	
9 Langley, Jodi	94	U OF C Athle	37.53m
		37.53m FOUL FOUL	

Women Discus Throw F52

Name	Year	Team	Finals
1 Sandoval Gustafson (, Ma	50	Cruisers Spo	10.45m
		9.25m 10.03m 10.45m FOUL 9.44m FOUL	

Women Discus Throw F38

Name	Year	Team	Finals
1 Foessel (F38), Renee	95	Cruisers Spo	28.27m
		27.67m 27.57m FOUL 26.87m 28.27m 27.70m	

Women Hammer Throw

Name	Year	Team	Finals
1 Steacy, Heather	88	Chinook Trac	70.48m
		68.08m 70.48m FOUL 65.44m FOUL FOUL	
2 Frizell, Sultana	84	Ottawa Lions	69.21m
		62.63m 64.03m 67.38m 68.52m FOUL 69.21m	
3 Rodhe, Megann	85	BC Athletics	63.09m
		61.58m 63.09m FOUL 62.13m FOUL FOUL	
4 Joyce, Jennifer K.	80	BC Athletics	62.81m
		57.54m 62.81m FOUL FOUL 61.04m 62.17m	
5 Dubourt, Elisabeth	86	Chinook Trac	61.29m
		59.60m 55.70m 61.29m FOUL FOUL 60.62m	
6 *mityaeva, Galina	91	Saint Lauren	60.91m
		56.71m 57.02m 60.91m FOUL 59.66m 57.82m	
7 Obrochta, Kristin	89	York Univers	58.86m
		56.38m 55.04m 55.07m FOUL 56.29m 58.86m	
8 Larose, Annie	89	St-Jean Olym	58.05m
		52.24m 56.37m 58.05m 54.09m FOUL FOUL	
9 Mullen, Maggie	89	Sarnia Athle	57.13m
		54.37m FOUL 53.50m 54.82m 57.13m 55.02m	
10 Schimanski, Ami	90	London Weste	53.34m
		50.61m 51.75m 53.34m	
11 Kennedy, Samantha	93	Kajaks Track	51.20m
		51.20m FOUL 48.95m	

12 Appiah, Cynthia	90 York Univers	50.30m
44.65m FOUL 50.30m		
-- Stuart, Lauren	91 BC Athletics	FOUL
FOUL FOUL FOUL		

Women Hammer Throw

Top 1 advances			
Name	Year	Team	Finals
1 Schimanski, Ami	90	London Weste	53.56m Q
FOUL 53.56m FOUL			
2 Heshka-Wolf, Ciera	91	Capital City	50.70m
FOUL FOUL 50.70m			
3 Harris, Stephanie	88	McGill Olymp	47.27m
47.27m 46.94m 45.38m			
4 Stewart, Madison	92	Flying M Ath	46.74m
44.98m 44.70m 46.74m			
5 Fedorus, Jaclyn	88	Capital City	42.05m
34.14m 41.07m 42.05m			

Women Javelin Throw F13 + 38

Name	Year	Team	Finals
1 Foessel (F38), Renee	95	Cruisers Spo	23.48m
23.48m 21.42m 21.66m 22.40m 23.44m 20.98m			
2 Knight (F13), Courtney	76	Kajaks Track	22.96m
21.41m 20.39m 21.92m 22.96m FOUL FOUL			

Women Javelin Throw

Name	Year	Team	Finals
1 Gleadle, Elizabeth S.	88	Chinook Trac	60.13m
60.13m 58.68m FOUL FOUL FOUL 52.80m			
2 Woodward, Krista	84	BC Athletics	55.36m
50.22m FOUL 53.69m 52.30m 55.36m 54.91m			
3 Perkins, Tiffany	91	BC Athletics	52.59m
52.59m 49.83m 50.43m 44.82m 49.25m 51.07m			
4 Fraser, Melissa	89	South Simcoe	51.71m
FOUL FOUL 46.44m 50.24m 51.12m 51.71m			
5 Oudenaarden, Niki	94	Capital City	48.90m
40.78m 44.18m FOUL 38.16m 37.61m 48.90m			
6 Webb, Vicki	79	York Univers	46.62m
44.71m 46.59m 45.40m 43.50m 46.62m FOUL			
7 Pighin, Brooke A.	89	BC Athletics	46.21m
44.52m 46.02m FOUL FOUL 44.53m 46.21m			
8 Kovacs, Alanna	90	South Simcoe	45.91m
44.98m 45.91m FOUL 44.08m 45.51m FOUL			
9 Bond, Jessica	88	Petite Natio	43.75m
FOUL 38.07m 43.75m			
10 Whalen, Chelsea	92	Launchers AT	43.13m
FOUL FOUL 43.13m			
11 Merritt, Olivia	91	Pacific Athl	42.94m
38.29m 42.94m 40.55m			
12 Bilodeau, Dominique	79	Cirrus	40.94m
39.22m 40.94m 40.16m			
13 Cardella Rinfret, Genevi	92	Corsaire Cha	39.24m
39.24m 36.85m 36.75m			
14 Chartrand, Sonia	92	Petite Natio	38.88m
32.63m 38.88m FOUL			
15 Thomas, Kashani	90	Ottawa Lions	36.88m
34.87m 34.73m 36.88m			

Women Javelin Throw

Top 1 advances			
Name	Year	Team	Finals

1	Thomas, Kashani	90	Ottawa Lions	40.50m	Q
	40.50m FOUL 38.03m				
2	Tétreault, Lucie-Maude	92	Corsaire Cha	39.66m	
	35.56m 36.77m 39.66m				
3	Chartrand, Valerie	87	Ottawa Lions	38.78m	
	38.23m 38.78m 38.41m				

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1 Zelinka, Jessica	81 NIKE	23.42	2.1	2	1037
2 Theisen, Brianne	88 Unattach SK	24.11	2.1	2	970
3 Cotten, Jennifer	87 London Weste	24.72	2.1	2	913
4 Delisle, Pascale	87 Sherbrooke	25.11	2.1	2	877
5 McIntosh, Rachael	91 Bluenose Ath	25.60	2.1	2	833
6 Bohachewski, Kelsey	92 Excel Athlet	26.04	2.1	2	794
7 Carriere, Leanna	85 Unattached A	26.35	2.3	1	767
8 Cap, Tamara	89 Saint Lauren	26.43	2.3	1	760
9 Krech, Michele	86 Ottawa Lions	26.52	2.3	1	752
10 Irwin, Paige	88 Edmonton Int	26.75	2.3	1	733
11 Coltman, Susan	81 Unattached	26.78	2.1	2	730
12 Baert, Mackenzie	88 Edmonton Int	27.80	2.3	1	647
13 Dobransky, Johanna	91 Ottawa Lions	28.59	2.3	1	585

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year Team	Finals	Points
1 Zelinka, Jessica	81 NIKE	2:08.95	980
2 Cotten, Jennifer	87 London Weste	2:10.22	961
3 McIntosh, Rachael	91 Bluenose Ath	2:13.81	910
4 Theisen, Brianne	88 Unattach SK	2:16.07	878
5 Krech, Michele	86 Ottawa Lions	2:20.56	816
6 Delisle, Pascale	87 Sherbrooke	2:25.36	752
7 Dobransky, Johanna	91 Ottawa Lions	2:30.15	691
8 Carriere, Leanna	85 Unattached A	2:32.92	657
9 Baert, Mackenzie	88 Edmonton Int	2:33.72	647
10 Coltman, Susan	81 Unattached	2:33.94	644
11 Cap, Tamara	89 Saint Lauren	2:35.57	625
12 Irwin, Paige	88 Edmonton Int	2:35.71	623

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1 Zelinka, Jessica	81 NIKE	12.76	-0.6	2	1161
2 Theisen, Brianne	88 Unattach SK	13.09	-0.6	2	1111
3 Cotten, Jennifer	87 London Weste	13.69	-0.6	2	1023
4 Coltman, Susan	81 Unattached	14.20	-0.6	2	950
5 McIntosh, Rachael	91 Bluenose Ath	14.22	-0.6	2	947
6 Delisle, Pascale	87 Sherbrooke	14.35	-0.6	2	929
7 Cap, Tamara	89 Saint Lauren	14.74	-0.6	2	876
8 Bohachewski, Kelsey	92 Excel Athlet	15.13	0.7	1	825
9 Baert, Mackenzie	88 Edmonton Int	15.17	0.7	1	819
10 Valois, Chelsea	87 Excel Athlet	15.21	-0.6	2	814
11 Krech, Michele	86 Ottawa Lions	15.38	0.7	1	792
12 Carriere, Leanna	85 Unattached A	15.81	0.7	1	738
13 Dobransky, Johanna	91 Ottawa Lions	15.95	0.7	1	720
14 Irwin, Paige	88 Edmonton Int	15.97	0.7	1	718

Heptathlon: #2 Women High Jump Heptathlon

Name	Year Team	Finals	Points
1 Theisen, Brianne	88 Unattach SK	1.83m	1016
		1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83	
		PPP PPP PPP PPP PPP PPP PPP PPP O O O O O	
2 Zelinka, Jessica	81 NIKE	1.77m	941
		1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80	

3	Cap, Tamara	89	Saint Lauren	1.65m	795
	1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
	PPP PPP PPP PPP O O XO XO XXX				
3	Cotten, Jennifer	87	London Weste	1.65m	795
	1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
	PPP PPP PPP PPP O O XXO O XXX				
5	Irwin, Paige	88	Edmonton Int	1.62m	759
	1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	O PPP XO PPP O PPP XO XXX				
5	Baert, Mackenzie	88	Edmonton Int	1.62m	759
	1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	XO P O O XO XXO O XXX				
5	Coltman, Susan	81	Unattached	1.62m	759
	1.56 1.59 1.62 1.65				
	O XO XO XXX				
5	McIntosh, Rachael	91	Bluenose Ath	1.62m	759
	1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	PPP PPP PPP PPP PPP O O XXX				
9	Carriere, Leanna	85	Unattached A	1.59m	724
	1.47 1.50 1.53 1.56 1.59 1.62				
	O O O XO O XXX				
10	Valois, Chelsea	87	Excel Athlet	1.56m	689
	1.44 1.47 1.50 1.53 1.56 1.59 1.62				
	PPP PPP PPP PPP XO PPP XXX				
10	Delisle, Pascale	87	Sherbrooke	1.56m	689
	1.50 1.53 1.56 1.59				
	O O O XXX				
10	Krech, Michele	86	Ottawa Lions	1.56m	689
	1.47 1.50 1.53 1.56 1.59				
	O XO O O XXX				
13	Dobransky, Johanna	91	Ottawa Lions	1.53m	655
	1.50 1.53 1.56				
	O O XXX				
14	Bohachewski, Kelsey	92	Excel Athlet	1.44m	555
	1.32 1.35 1.38 1.41 1.44 1.47				
	O O O O O XXX				

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year Team	Finals	Wind	Points
1 Cotten, Jennifer	87 London Weste	6.34m	3.5	956
	6.18m(2.6) 6.10m(2.1) 6.34m(3.5)			
2 Theisen, Brianne	88 Unattach SK	6.32m	1.7	949
	6.32m(1.7) PASS PASS			
3 Zelinka, Jessica	81 NIKE	5.98m	2.9	843
	5.69m(2.6) 5.98m(2.9) 5.74m(1.5)			
4 Delisle, Pascale	87 Sherbrooke	5.85m	2.9	804
	5.21m(2.8) 5.85m(2.9) 5.68m(1.9)			
5 Coltman, Susan	81 Unattached	5.84m	1.8	801
	FOUL FOUL 5.84m(1.8)			
6 McIntosh, Rachael	91 Bluenose Ath	5.65m	3.0	744
	FOUL FOUL 5.65m(3.0)			
7 Cap, Tamara	89 Saint Lauren	5.56m	3.0	717
	5.30m(1.2) 5.24m(2.0) 5.56m(3.0)			
8 Irwin, Paige	88 Edmonton Int	5.51m	1.8	703
	FOUL 5.51m(1.8) 5.31m(2.3)			
9 Carriere, Leanna	85 Unattached A	5.50m	1.9	700
	5.33m(1.3) 5.50m(1.9) 5.11m(1.6)			
10 Baert, Mackenzie	88 Edmonton Int	5.17m	1.0	606
	FOUL FOUL 5.17m(1.0)			
11 Krech, Michele	86 Ottawa Lions	5.10m	1.7	587
	5.10m(1.7) 4.78m(2.3) 4.70m(2.5)			
12 Dobransky, Johanna	91 Ottawa Lions	4.88m	2.4	527
	4.88m(2.4) 4.76m(2.1) 4.85m(1.2)			
13 Bohachewski, Kelsey	92 Excel Athlet	4.80m	1.7	506
	4.80m(1.7) 4.42m(1.8) FOUL			

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	Team	Finals	Points
1 Zelinka, Jessica	81	NIKE	14.74m	843
14.74m 14.28m 14.17m				
2 Theisen, Brianne	88	Unattach SK	13.21m	741
13.21m PASS PASS				
3 Coltman, Susan	81	Unattached	12.54m	697
12.54m FOUL 12.01m				
4 McIntosh, Rachael	91	Bluenose Ath	11.99m	660
11.92m FOUL 11.99m				
5 Cotten, Jennifer	87	London Weste	11.53m	630
11.29m 10.70m 11.53m				
6 Bohachewski, Kelsey	92	Excel Athlet	10.75m	579
10.75m 10.62m 10.51m				
7 Delisle, Pascale	87	Sherbrooke	10.72m	577
10.29m 9.83m 10.72m				
8 Cap, Tamara	89	Saint Lauren	10.53m	564
10.41m 9.72m 10.53m				
9 Krech, Michele	86	Ottawa Lions	10.47m	560
FOUL 10.47m 9.53m				
10 Carriere, Leanna	85	Unattached A	10.30m	549
9.46m 9.65m 10.30m				
11 Baert, Mackenzie	88	Edmonton Int	10.05m	533
10.05m 9.94m 9.68m				
12 Dobransky, Johanna	91	Ottawa Lions	9.04m	467
8.71m 9.04m 8.79m				
13 Irwin, Paige	88	Edmonton Int	8.72m	446
8.72m 8.31m 8.31m				

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	Team	Finals	Points
1 Zelinka, Jessica	81	NIKE	46.60m	794
41.64m 40.30m 46.60m				
2 Theisen, Brianne	88	Unattach SK	43.14m	728
43.14m FOUL PASS				
3 Coltman, Susan	81	Unattached	38.59m	640
35.76m 35.29m 38.59m				
4 McIntosh, Rachael	91	Bluenose Ath	37.74m	624
33.86m 37.74m 35.01m				
5 Carriere, Leanna	85	Unattached A	32.82m	530
32.82m 31.82m 29.91m				
6 Cotten, Jennifer	87	London Weste	32.00m	515
32.00m FOUL 30.05m				
7 Cap, Tamara	89	Saint Lauren	30.66m	489
30.66m 29.48m 28.64m				
8 Baert, Mackenzie	88	Edmonton Int	28.65m	451
FOUL 25.12m 28.65m				
9 Krech, Michele	86	Ottawa Lions	27.78m	435
26.39m 27.44m 27.78m				
10 Bohachewski, Kelsey	92	Excel Athlet	26.40m	409
25.63m 26.40m PASS				
11 Delisle, Pascale	87	Sherbrooke	24.80m	379
FOUL FOUL 24.80m				
12 Dobransky, Johanna	91	Ottawa Lions	20.97m	307
20.97m 20.20m 17.91m				
13 Irwin, Paige	88	Edmonton Int	17.27m	238
16.91m FOUL 17.27m				

Women Heptathlon

Name	Year	Team	Finals
1 Zelinka, Jessica	81	NIKE	6599
2 Theisen, Brianne	88	Unattach SK	6393
3 Cotten, Jennifer	87	London Weste	5793
4 McIntosh, Rachael	91	Bluenose Ath	5477
5 Coltman, Susan	81	Unattached	5221

6	Delisle, Pascale	87	Sherbrooke	5007
7	Cap, Tamara	89	Saint Lauren	4826
8	Carriere, Leanna	85	Unattached A	4665
9	Krech, Michele	86	Ottawa Lions	4631
10	Baert, Mackenzie	88	Edmonton Int	4462
11	Irwin, Paige	88	Edmonton Int	4220
12	Dobransky, Johanna	91	Ottawa Lions	3952

Women 10000 Meter Race Walk Junior

Name	Year Team	Finals
1	Ramage, Katelynn	93 BC Athletics 56:48.5h
2	Voyer, Anne	93 Mille Pays D 1:01:47.3h

Women 10000 Meter Race Walk

Name	Year Team	Finals
1	Seaman, Rachel	86 Ontario Race 48:19.4h
2	Evangelista, Nicola	88 BC Athletics 50:57.6h
3	Brooke, Susan	65 Unattached 57:06.7h
4	Larssen, Beverley	89 Racewalk Wes 58:31.6h
5	Flipsen, Johanna	55 Heartland Ra 59:09.9h
6	McCormack, Catherine	72 Ontario Race 1:00:23.9h
7	Rodriguez Ruah, Paola	74 Unattached B 1:14:52.9h
--	Schneider, Amanda	89 Racewalk Wes DNF

Boys 100 Meter Dash

Name	Year Team	Finals	Wind
1	Roett, Landon	95 Citc 10.87	1.2
2	Bondy, Logan	94 Notre Dame 11.37	1.2
3	Buettner, Nicholas	95 Caltaf Athle 11.74	1.2
4	Marion, Riley	95 U OF C Athle 11.78	1.2
5	Sugianto, Mike	95 U OF C Athle 12.33	1.2

Boys 400 Meter Dash

Name	Year Team	Finals	H#
1	Hudson, Jeff	95 Calgary Warr 50.67	2
2	Kellner, Thomas	94 Caltaf Athle 51.46	2
3	Dragicevic, Nick	94 U OF C Athle 52.16	2
4	Nordmark, Daelin	95 Calgary Warr 53.05	2
5	Cahoon, Patrick	94 U OF C Athle 53.42	2
6	Dragicevic, Dan	94 U OF C Athle 54.19	2
7	Klassen, Kevin	94 U OF C Athle 55.63	1
8	Shaw, Matt	94 Caltaf Athle 56.43	2
9	Ruissen, Jacob	96 Rundle College 56.82	1
--	Sugianto, Mike	95 U OF C Athle DQ	1 Rule 163.3

Boys 1500 Meter Run

Name	Year Team	Finals
1	Payne, Stephen	Ernest Manning 4:12.40
2	Fitzgibbon, Chris	94 Caltaf Athle 4:14.21
3	Faul, James	95 Caltaf Athle 4:14.68
4	Pennock, Russell	95 Henry Wise Wood 4:15.15
5	Pexman, John	94 U OF C Athle 4:20.32
6	Olguin, Cuauhti	95 Caltaf Athle 4:23.59
7	Undseth, Brennan	96 Caltaf Athle 4:26.42
8	McConnell, Graeme	94 U OF C Athle 4:32.95

Boys 4x100 Meter Relay

Team	Finals
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1	F.E.Osborne 'A'	50.26
	1) Sitnson, Jeff	2) Amarajeewa, Lithera
	3) Tegart, Coleman	4) Vageed, Raiyaan
2	Glenmore Christian Academy 'A'	50.54
	1) Allan, Shane	2) Egege, Steven
	3) Schroeder, Colton	4) Uzoh, Derek
3	Colonel Irvine 'A'	50.93
	1) Alexander, Diondre	2) Bhusumane, Samani
	3) Vuong, Jacky	4) Wiens, Josh
4	St. Jean Brebeuf 'A'	52.28
	1) Kelly, Noah	2) O'Brien, Connor
	3) Paramchuck, Nathan	4) Taylor, Desmond
5	West Island College 'A'	53.43
	1) Kasper, Jon	2) Lauren, Linus
	3) Messer, Chris	4) Vernon, Matt
6	St. Alphonsus Fine Arts School 'A'	57.47
	1) Joseph, Milton	2) Mabu, David
	3) Mueller, Caue	4) Trotta, Joshua
7	Wesmount Charter 'A'	57.77
	1) Jayasuriya, Ravin	2) Lee, Samuel
	3) Phonenix, Bradley	4) White, Dylan

Boys Long Jump

Name	Year Team	Finals	Wind
1 Roett, Landon	95 Citc	6.45m	3.3
		6.12m(2.3) 6.45m(3.3) 5.52m(3.7) 6.16m(0.9) 6.35m(1.2) 5.90m(1.4)	
2 Fabian, Stephen	94 St. Joseph's	6.44m	2.7
		6.32m(3.4) 6.43m(2.1) 6.06m(2.5) 6.44m(2.7) 6.03m(1.3) 6.11m(1.0)	
3 Ost, Austin	95 Caltaf Athle	6.33m	2.7
		FOUL 6.33m(2.7) FOUL 5.94m(2.3) 6.12m(2.8) 6.18m(1.7)	
4 Lidbury, Trey	94 Bert Church	5.96m	3.2
		5.96m(3.2) 5.56m(2.2) FOUL FOUL FOUL FOUL	
5 Proligalidad, Bryan	95 Father Lacom	5.95m	1.0
		5.79m(2.1) FOUL 5.61m(3.3) 5.48m(2.0) 5.95m(1.0) 5.63m(2.4)	
6 Wagner, Karl	95 Caltaf Athle	5.84m	1.9
		5.78m(1.3) 5.84m(1.9) FOUL FOUL 5.76m(2.1) 5.57m(2.9)	
7 Johnston, Jamie	95 U OF C Athle	5.73m	3.2
		5.73m(3.2) 5.57m(2.1) 5.67m(3.6) 5.63m(1.7) 5.72m(3.0) 5.60m(2.3)	
8 Holme, Morgan	94 Rundle College	5.52m	1.5
		5.42m(2.6) 5.46m(2.3) 5.49m(2.8) 5.20m(1.4) 5.52m(1.5) 5.49m(1.2)	

Boys Shot Put 5.44 kg

Name	Year Team	Finals
1 Kotlewski, Jason	94 Crescent Heights	12.94m
		12.67m 12.09m 12.94m 12.86m FOUL 12.57m
2 Armin, Rouhi	94 Crescent Heights	12.14m
		11.23m 11.71m 11.84m 11.83m 12.14m 12.05m
3 Ost, Austin	95 Caltaf Athle	12.09m
		10.82m 12.05m 11.04m FOUL 12.09m 11.65m
4 Sheppard, Steven	94 U OF C Athle	12.08m
		12.08m 11.95m 11.28m 11.48m 11.93m 11.67m
5 Stack, Tynan	95 Strathcona Tweed	11.48m
		11.31m 11.41m 10.83m 11.48m 11.12m 11.35m

Men 100 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Warner, Justyn	87 Project Athl	10.16Q	3.0	1
2 Smith, Oluseyi	87 Ottawa Lions	10.21Q	2.1	2
3 Henry, Anson	79 Project Athl	10.33Q	0.4	3
4 Warner, Ian	90 Unattached	10.26Q	2.1	2
5 Farrier, Dushane	90 Phoenix Athl	10.34Q	0.4	3
6 Haynes, Akeem	92 Calgary Inte	10.40Q	3.0	1
7 Brown, Aaron	92 Phoenix Athl	10.29q	2.1	2

8 Effah, Sam	88 U OF C Athle	10.37q	0.4	3	10.362
9 Richards-Kwok, Dontae	89 Project Athl	10.37	2.1	2	10.369
10 Adu-Bobie, Richard	85 Ottawa Lions	10.41	0.4	3	10.402
11 Palmer, Hank	85 Vainqueurs P	10.41	3.0	1	10.403
12 Leblanc, Michael	87 A S E A	10.46	3.0	1	
13 Lawrence, Tj	91 G-Force Athl	10.49	2.1	2	
14 Ford-Azonwanna, Andre	95 G-Force Athl	10.50	0.4	3	
15 Bowman, Aaron	91 Unattached	10.54	0.4	3	
16 Vaughan, Jarid B.	85 BC Athletics	10.56	2.1	2	
17 *williams, Benjamin	92 Voleo Athlet	10.57	3.0	1	
18 Sterling, Rhoan	80 Unattached	10.78	3.0	1	
19 Stewart, Rohan	90 Kajaks Track	10.84	3.0	1	10.838
20 Best, Wesley	94 The Speed AC	10.84	0.4	3	10.840
21 Graf, Ryan	93 Saskatoon TF	10.85	3.0	1	
22 Molango, Francis	92 Saint Lauren	10.92	2.1	2	
-- Nichol, Leonae	90 Mississauga	FS	2.1	2	Rule 162.7

Men 100 Meter Dash T36-37+42

Name	Year Team	Finals	Wind
Finals			
1 Connor (T42), Earle	76 Unattached	12.63	2.1
1 Johnson (T36), Cory	74 Caltaf Athle	14.88	2.1
1 Mattiussi (T/F37), Harry	90 Saugeen Trac	15.10	2.1
2 Furey (T37), Jonathan	93 Kitchener-Wa	15.52	2.1

Men 100 Meter Dash T12 +13

Name	Year Team	Finals	Wind
1 Dolfo (T13), Braedon S.	93 Langley Must	11.37	1.2
2 King (T12), Brandon	91 Ottawa Lions	12.06	1.2
3 Johnson (T12), Courtney	92 Ottawa Lions	12.12	1.2

Men 100 Meter Dash T34+53

Name	Year Team	Finals	Wind
1 Lakatos (T53), Brent	80 Ass. Fauteui	15.19	2.4
2 Gauthier (T53), Éric	71 Sherbrooke	15.93	2.4
3 Dewitt (T34), Nathan	90 BC Wheelchai	17.11	2.4
4 Smeenck (T34), Austin	97 Cruisers Spo	17.45	2.4
5 Solla (T34), Eddy	95 BC Wheelchai	17.71	2.4
6 Brown (T53), Ben	87 Valley Athle	18.47	2.4

Men 100 Meter Dash

Top 4 times advance					
Name	Year Team	Finals	Wind	H#	
1 Leblanc, Michael	87 A S E A	10.41	0.2	1	Q
2 Best, Wesley	94 The Speed AC	10.80	0.6	3	Q
3 Molango, Francis	92 Saint Lauren	10.84	0.6	3	Q
4 Graf, Ryan	93 Saskatoon TF	10.86	0.6	3	Q
5 Macleod, Tyler	91 Windsor Legi	10.87	0.6	3	
6 Kwarko-Fosu, Kofi	87 Waterloo Tra	10.89	0.6	3	
7 Codling, Chris	87 Brampton Tra	10.97	0.6	3	
8 Clark, Adam	90 U OF C Athle	11.01	-0.2	2	11.009
9 Samking, Wilfred Jr.	92 Winnipeg Opt	11.01	0.6	3	11.010
10 Foote, Mason	89 Unattach SK	11.08	0.6	3	
11 Schaeffer, Matthew	93 U OF C Athle	11.31	-0.2	2	
12 *alkhaiberi, Abdulhafidh	86 Unattached A	11.39	0.2	1	
13 Dore, Alexandre	77 Perfmax-Raci	11.46	-0.2	2	
14 Stewart, Deven	87 Riversdale A	11.49	-0.2	2	
15 Bury-Jones, Arthur Stewa	89 U OF C Athle	11.65	-0.2	2	
16 Sandau, Jared	90 U OF C Athle	11.83	-0.2	2	
-- Boucher, Mike	93 Burlington T	FS	0.2	1	

Men 100 Meter Dash

Name	Year Team	Finals	Wind
1 Warner, Justyn	87 Project Athl	10.15	1.0
2 Warner, Ian	90 Unattached	10.20	1.0
3 Smith, Oluseyi	87 Ottawa Lions	10.22	1.0
4 Haynes, Akeem	92 Calgary Inte	10.25	1.0
5 Brown, Aaron	92 Phoenix Athl	10.26	1.0
6 Henry, Anson	79 Project Athl	10.31	1.0
7 Farrier, Dushane	90 Phoenix Athl	10.33	1.0
8 Effah, Sam	88 U OF C Athle	10.39	1.0

Men 100 Meter Dash T38+44

Name	Year Team	Finals	Wind
1 McQueen (T/F44), Alister	91 Unattached A	11.72	1.7
2 Whitehouse (T38), Kyle	90 Niagara Regi	11.75	1.7
3 Marciano (T44), Jackie	89 Halifax Ath	12.16	1.7
4 Poulin (T44), Phillipe	86 Halifax Ath	12.31	1.7
5 Salomons (T/F44), Cody	94 London Weste	13.40	1.7
6 Johnstone (T/F38), Micha	88 Unattached	15.02	1.7

Men 100 Meter Dash T11

Name	Year Team	Finals	Wind
1 Dunkerley (T11), Jon	80 Ottawa Lions	12.12	1.6
2 Carr (T/F11), Richard	72 Saugeen Trac	12.32	1.6
3 Walsh (T11), Dustin R.	83 Langley Must	12.43	1.6

Men 100 Meter Dash T54

Name	Year Team	Finals	Wind
1 Thom (T54), Curtis	86 Ottawa Lions	14.35	0.6
2 Mathieson (T54), Colin	79 Sherbrooke	15.06	0.6
3 Christophe (T54), Isaiah	94 Cruisers Spo	15.48	0.6
4 Dupont (T54), Alexandre	85 Ass. Fauteui	15.52	0.6
5 Maranda (T54), Jean-Phil	86 Sherbrooke	16.78	0.6
6 Smyth (T54), Tristan	86 WC Race Seri	17.44	0.6
7 Hébert (T54), Francis	90 Saint Lauren	17.49	0.6
8 Brace (T54), James	85 A S E A	18.62	0.6

Men 200 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Harris, Tremaine	92 Project Athl	20.61Q	-0.9	4
2 Makinde, Oluwasegun	91 Ottawa Lions	20.71Q	-1.0	3
3 Barnett, Bryan	87 Unattached A	20.94Q	-0.2	2
4 Connaughton, Jared	85 Islanders Tr	21.00Q	-1.7	1
5 Smellie, Gavin	86 Flying Angel	20.79q	-0.9	4
6 Richards-Kwok, Dontae	89 Project Athl	21.14q	-0.2	2
7 Effah, Sam	88 U OF C Athle	21.20q	-1.0	3
8 Ford-Azonwanna, Andre	95 G-Force Athl	21.30q	-0.2	2
9 Laidlaw-Allen, Marlon	93 Phoenix Athl	21.33	-0.2	2
10 Robertson, Michael	89 Ottawa Lions	21.34	-0.9	4
11 Vaughan, Jarid B.	85 BC Athletics	21.46	-1.0	3
12 Farrier, Dushane	90 Phoenix Athl	21.53	-1.7	1
13 Leblanc, Michael	87 A S E A	21.64	-0.9	4
14 Macleod, Tyler	91 Windsor Legi	21.67	-0.9	4
15 Palmer, Hank	85 Vainqueurs P	21.73	-1.0	3
16 George, Nathan K.	94 BC Athletics	21.80	-1.7	1
17 *williams, Benjamin	92 Voleo Athlet	21.83	-1.7	1
18 Nichol, Leonae	90 Mississauga	21.86	-1.0	3
19 Granilo, Elias	90 St. Thomas L	21.91	-0.9	4
20 Reid, Christopher	88 Brampton Tra	21.91	-0.2	2
21 Charles, Ricardo	88 U OF C Athle	21.99	-0.2	2

21.905

21.907

22 Codling, Chris	87 Brampton Tra	22.00	-1.7	1
23 Reddy, Julian	88 Legacy Athle	22.02	-1.0	3
24 Bowman, Aaron	91 Unattached	22.06	-0.9	4
25 Clark, Adam	90 U OF C Athle	22.16	-0.9	4

Men 200 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Harris, Tremaine	92 Project Athl	20.68	-1.6
2 Makinde, Oluwasegun	91 Ottawa Lions	20.75	-1.6
3 Connaughton, Jared	85 Islanders Tr	20.96	-1.6
4 Smellie, Gavin	86 Flying Angel	20.98	-1.6
5 Barnett, Bryan	87 Unattached A	21.09	-1.6
6 Effah, Sam	88 U OF C Athle	21.24	-1.6
7 Richards-Kwok, Dontae	89 Project Athl	21.36	-1.6
8 Ford-Azonwanna, Andre	95 G-Force Athl	21.40	-1.6

Men 200 Meter Dash T34+53

Name	Year Team	Finals	Wind
1 Lakatos (T53), Brent	80 Ass. Fauteui	26.54	1.7
1 Smeenck (T34), Austin	97 Cruisers Spo	31.43	1.7
2 Gauthier (T53), Éric	71 Sherbrooke	28.21	1.7
2 Dewitt (T34), Nathan	90 BC Wheelchai	31.54	1.7
3 Solla (T34), Eddy	95 BC Wheelchai	32.37	1.7

Men 200 Meter Dash T12 +13

Name	Year Team	Finals	Wind
1 Dolfo (T13), Braedon S.	93 Langley Must	23.29	-1.5
1 King (T12), Brandon	91 Ottawa Lions	24.62	-1.5
2 Johnson (T12), Courtney	92 Ottawa Lions	25.79	-1.5

Men 200 Meter Dash T36+38 +44

Name	Year Team	Finals	Wind
1 McQueen (T/F44), Alister	91 Unattached A	24.19	-1.5
1 Whitehouse (T38), Kyle	90 Niagara Regi	24.33	-1.5
1 Johnson (T36), Cory	74 Caltaf Athle	31.99	-1.5
2 Marciano (T44), Jackie	89 Halifax Ath	24.79	-1.5

Men 200 Meter Dash

Top 7 times advance					
Name	Year Team	Finals	Wind	H#	
1 Vaughan, Jarid B.	85 BC Athletics	21.66	-1.3	3	Q
2 George, Nathan K.	94 BC Athletics	21.91	-1.3	3	Q
3 Charles, Ricardo	88 U OF C Athle	21.93	-1.3	3	Q
4 Graf, Ryan	93 Saskatoon TF	21.94	-1.3	3	Q
5 Bowman, Aaron	91 Unattached	22.16	-1.3	3	Q 22.154
6 Clark, Adam	90 U OF C Athle	22.16	-1.9	2	Q 22.157
7 Codling, Chris	87 Brampton Tra	22.43	-1.3	3	Q
8 Fedyk, Alex	94 Saskatoon TF	22.45	-1.9	2	
9 Sévigny, Sébastien	91 Corsaire Cha	22.58	-1.3	3	
10 Molango, Francis	92 Saint Lauren	22.64	-1.3	3	
11 Mayer, Bastian	90 U OF C Athle	22.70	-1.9	2	
12 Breski, Josh	91 U OF C Athle	22.74	-1.9	2	
13 Schaeffer, Matthew	93 U OF C Athle	22.97	-1.9	2	
14 Lariviere, Taylor	94 Caltaf Athle	23.00	-1.9	2	
15 Foote, Mason	89 Unattach SK	23.08	-1.8	1	
16 Bury-Jones, Arthur Stewa	89 U OF C Athle	23.22	-1.9	2	
17 Donsberger, Kyle	89 Riversdale A	23.31	-1.8	1	

Men 200 Meter Dash T54

Name	Year Team	Finals	Wind
1 Thom (T54), Curtis	86 Ottawa Lions	25.78	2.7
2 Mathieson (T54), Colin	79 Sherbrooke	26.36	2.7
3 Christophe (T54), Isaiah	94 Cruisers Spo	27.77	2.7
4 Soulama (T54), Basile Ni	73 Sherbrooke	28.05	2.7
5 Maranda (T54), Jean-Phil	86 Sherbrooke	30.38	2.7
6 Smyth (T54), Tristan	86 WC Race Seri	30.44	2.7
7 Brace (T54), James	85 A S E A	33.62	2.7
-- Hébert (T54), Francis	90 Saint Lauren	DQ	2.7 Rule 163.3

Men 400 Meter Dash T54

Advancement 3 + 2			
Name	Year Team	Prelims	H#
Preliminaries			
1 Thom (T54), Curtis	86 Ottawa Lions	49.28q	1
2 Compaore (T54), Jean-Pau	72 Sherbrooke	50.94q	1
3 Dupont (T54), Alexandre	85 Ass. Fauteui	51.16q	2
4 Mathieson (T54), Colin	79 Sherbrooke	51.76q	2
5 Christophe (T54), Isaiah	94 Cruisers Spo	52.86q	2
6 Soulama (T54), Basile Ni	73 Sherbrooke	54.11q	1
7 Maranda (T54), Jean-Phil	86 Sherbrooke	57.51q	2
8 Smyth (T54), Tristan	86 WC Race Seri	58.00q	1
9 Hébert (T54), Francis	90 Saint Lauren	1:01.94	2
-- Kahn (T54), Michael	90 Cruisers Spo	FS	1

Men 400 Meter Dash

Name	Year Team	Prelims	H#
1 Harper, Daniel	89 Brampton Tra	46.28Q	1
2 Barnaby, Daundre	90 Brampton Tra	46.60Q	2
3 Dargie, Andrew	87 Caltaf Athle	46.95Q	1
4 Frenke, Gordon	89 Ottawa Lions	47.17Q	2
5 Osei, Philip	90 Mississauga	46.99Q	1
6 Barbara, Ameer	89 Unattached	47.51Q	2
7 Robertson, Michael	89 Ottawa Lions	47.43q	1
8 Home, Mitchell	92 Capital City	47.54q	2
9 Ayesu-Attah, Benjamin	93 BC Athletics	47.58	2
10 Lim, Kevin	88 U OF C Athle	47.90	1
11 Kimick, Evan	89 U OF C Athle	48.68	2 48.674
12 Fedyk, Alex	94 Saskatoon TF	48.68	1 48.676
13 George, Nathan K.	94 BC Athletics	48.85	1
-- Granilo, Elias	90 St. Thomas L	DNF	1

Men 400 Meter Dash T37

Name	Year Team	Finals
Finals		
1 Dobson (T37), Shayne	91 A S E A	1:02.72
2 Furey (T37), Jonathan	93 Kitchener-Wa	1:10.95

Men 400 Meter Dash T11-13+44

Name	Year Team	Finals
1 McGregor (T13), Stuart	79 Ottawa Lions	52.77
1 Marciano (T44), Jackie	89 Halifax Ath	53.61
1 Walsh (T11), Dustin R.	83 Langley Must	53.77
2 Dunkerley (T11), Jon	80 Ottawa Lions	54.93

Men 400 Meter Dash T54

Advancement 3 + 2		
Name	Year Team	Finals

1	Thom (T54), Curtis	86	Ottawa Lions	48.85
2	Dupont (T54), Alexandre	85	Ass. Fauteui	49.62
3	Mathieson (T54), Colin	79	Sherbrooke	50.13
4	Compaore (T54), Jean-Pau	72	Sherbrooke	50.90
5	Christophe (T54), Isaiah	94	Cruisers Spo	52.22
6	Soulama (T54), Basile Ni	73	Sherbrooke	52.51
7	Maranda (T54), Jean-Phil	86	Sherbrooke	57.38
8	Smyth (T54), Tristan	86	WC Race Seri	57.98

Men 400 Meter Dash T34+53

Name	Year	Team	Finals
1	Lakatos (T53), Brent	80	Ass. Fauteui 51.22
1	Smeenk (T34), Austin	97	Cruisers Spo 1:02.02
2	Gauthier (T53), Éric	71	Sherbrooke 53.63

Men 400 Meter Dash

Top 1 time advances					
Name	Year	Team	Finals	H#	
1	Granilo, Elias	90	St. Thomas L	49.39	3 Q
2	Bobak, David	92	C.A.N.I.	49.45	3
3	Tourigny-Plante, Alex	95	Zénith DE TR	49.53	3
4	Fitkowsky, Matthew	93	Bison Track	50.10	3
5	Boudreau, Mathieu	91	Club Athleti	50.15	3
6	Miletic, Goran	89	Edmonton Thu	50.27	3
7	Séigny, Sébastien	91	Corsaire Cha	50.56	2
8	Breski, Josh	91	U OF C Athle	50.88	3
9	Mages, Cody	92	Bison Track	51.02	2
10	Rynn, Isaac	89	Caltaf Athle	51.06	2
11	Smith, Spencer	92	Islanders Tr	51.13	3
12	Ference, Lucas	92	Coastal Trac	51.53	1
13	Donsberger, Kyle	89	Riversdale A	51.60	2
14	Rosenke, Daniel	84	Edmonton Int	51.90	1
15	Krolikowski, Maciej	91	U OF C Athle	52.03	1
16	Greenidge, Jameel	91	Saint Lauren	52.05	2
17	Coy, Jesaiah	93	Calgary Olym	52.84	2

Men 400 Meter Dash

Name	Year	Team	Finals
1	Barnaby, Daundre	90	Brampton Tra 46.00
2	Osei, Philip	90	Mississauga 46.29
3	Harper, Daniel	89	Brampton Tra 46.36
4	Dargie, Andrew	87	Caltaf Athle 46.86
5	Robertson, Michael	89	Ottawa Lions 46.95
6	Frenke, Gordon	89	Ottawa Lions 47.39
7	Home, Mitchell	92	Capital City 48.91
--	Barbara, Ameer	89	Unattached DNF

Men 800 Meter Run

Name	Year	Team	Prelims	H#
Preliminaries				
1	Ellerton, Andrew	83	Track North	1:49.28Q 1
2	Harris, Geoffrey	87	Halifast Ath	1:50.09Q 2
3	Smith, Kyle	85	Phoenix Athl	1:50.18Q 3
4	Brannen, Nathan	82	Phoenix Athl	1:51.02Q 4
5	Romaniw, Anthony	91	Speed River	1:49.62q 1
6	Lincoln, Matthew	82	Phoenix Athl	1:50.21q 3
7	Riva, Thomas A.	92	BC Athletics	1:50.97q 2
8	Holm, David	86	Calgary Inte	1:51.38q 3
9	Swanson, Matthew	94	BC Athletics	1:51.45 3
10	Gaudes, Adam	92	Fast Tracks	1:51.52 2
11	Pratt, John	90	U of Victoria	1:51.53 2
12	Theriault, Madison	88	Caltaf Athle	1:51.56 4

13 Leitch, Scott	90 London Weste	1:51.83	1
14 Ostapowich, Jaden	89 Edmonton Thu	1:51.93	4
15 Bussi�eres, Alex	94 Club Athleti	1:52.00	4
16 Boulay, Benoit	91 Speed River	1:52.14	2
17 Russell, Ryan	88 Calgary Inte	1:52.18	2
18 Blades, Justin	91 Halifax Ath	1:52.22	2
19 Bickley, Brad	91 U OF C Athle	1:52.39	3
20 Parent-Pichette, Vincent	91 Club D'Athl�e	1:52.49	1
21 Doiron, Jean-Marc	88 O2	1:52.92	1
22 Robertson, Karl	91 U of Victoria	1:53.14	1
23 Khan, Saheed	84 Toronto Olym	1:53.45	1
24 Raymond, Mathieu	87 Club Athleti	1:53.49	3
25 Buttinger, Scott	94 Laurel Creek	1:53.54	3
26 Philibert-Thiboutot, Cha	90 Club Athleti	1:54.21	4
27 Paul-Morris, Adam	92 BC Athletics	1:54.46	1
28 Mitchell, Cameron K.	90 BC Athletics	1:55.09	1
29 Lapointe, Jean-Samuel	91 Club Athleti	1:56.41	4
30 Nishiyama, Michael	89 Unattached A	1:56.52	4
31 Corrigan, Peter	89 Running Room	1:56.89	3
32 Keane, Sean	Unattached B	1:57.18	3
33 Winkler, Matthew	88 Unattached B	1:57.19	2

Men 800 Meter Run T53+54

Name	Year Team	Finals
Finals		
1 Cassidy (T54), Joshua	84 Ottawa Lions	1:43.70
2 Dupont (T54), Alexandre	85 Ass. Fauteui	1:45.32
3 Lakatos (T53), Brent	80 Ass. Fauteui	1:45.72
4 Compaore (T54), Jean-Pau	72 Sherbrooke	1:46.87
5 Christophe (T54), Isaiah	94 Cruisers Spo	1:53.15
6 Kahn (T54), Michael	90 Cruisers Spo	1:58.15
7 Smyth (T54), Tristan	86 WC Race Seri	2:05.18

Men 800 Meter Run

Name	Year Team	Finals
1 Harris, Geoffrey	87 Halifax Ath	1:46.49
2 Brannen, Nathan	82 Phoenix Athl	1:46.74
3 Ellerton, Andrew	83 Track North	1:46.86
4 Lincoln, Matthew	82 Phoenix Athl	1:48.37
5 Romaniw, Anthony	91 Speed River	1:49.26
6 Smith, Kyle	85 Phoenix Athl	1:50.81
7 Holm, David	86 Calgary Inte	1:51.66
8 Riva, Thomas A.	92 BC Athletics	1:52.39

Men 800 Meter Run T13+37

Name	Year Team	Finals
1 McGregor (T13), Stuart	79 Ottawa Lions	1:59.20
1 Dobson (T37), Shayne	91 A S E A	2:20.43

Men 800 Meter Run

Top 2 times advance				
Name	Year Team	Finals	H#	
1 Nishiyama, Michael	89 Unattached A	1:52.63	3	Q
2 Buttinger, Scott	94 Laurel Creek	1:53.01	3	Q
3 Boudreau, Mathieu	91 Club Athleti	1:53.45	3	
4 Block, Daniel	91 Riversdale A	1:54.11	3	
5 La Marra, Paul	92 U OF Windsor	1:54.30	3	
6 Kilpatrick, Alexander	92 Vancouver TH	1:54.94	2	
7 Sportak, Kenton	91 U OF C Athle	1:55.47	2	
8 Mages, Cody	92 Bison Track	1:56.00	2	
9 Hacking, Donovan	92 Edmonton Thu	1:56.18	2	
10 Liu, Yubai	89 Unattached B	1:56.29	3	

11 Thacher, Eric	92 Stride Ahead	1:56.29	2
12 Raiche, Marc-André	90 Kalenjins	1:56.76	3
13 Roske, Travis	91 Excel Athlet	1:57.96	1
14 Roberts, Andrew	86 Club D'Athlé	1:58.20	2
15 Veillette, Félix	94 Club Athleti	1:58.66	3
16 Coy, Jesaiah	93 Calgary Olym	1:59.26	1
17 Falk, David	88 Edmonton Thu	2:01.85	1
18 Lee, Mark	93 U OF C Athle	2:07.49	1
-- Ménard, Guillaume	91 Sherbrooke	DNF	2

Men 1500 Meter Run

Name	Year Team	Prelims
Preliminaries		
1 Milne, Taylor	81 Speed River	3:46.71Q
2 Walters, Mathew	89 North Bay Le	3:49.79Q
3 Martinson, Geoffrey B.	86 Prince Georg	3:47.04Q
4 Lincoln, Matthew	82 Phoenix Athl	3:50.19Q
5 Marpole-Bird, Justin	88 BC Athletics	3:47.12Q
6 Brannen, Nathan	82 Phoenix Athl	3:50.37Q
7 Corrigan, Peter	89 Running Room	3:47.55Q
8 Proudfoot, Ross	92 Speed River	3:50.60Q
9 Philibert-Thiboutot, Cha	90 Club Athleti	3:47.83q
10 Gorman, Dan	87 Halifax Ath	3:48.15q
11 Brown, Alastair	90 Lakehead Run	3:48.92q
12 Colle, Stephane	88 Fleur DE Lys	3:49.84q
13 Brett, Allan	88 Speed River	3:50.06
14 Khan, Saheed	84 Toronto Olym	3:51.28
15 Boorsma, Kyle	88 Speed River	3:51.60
16 Vincent, Samuel	92 Bison Track	3:51.99
17 Janikowski, Paul	92 Windsor Legi	3:52.39
18 Bruchet, Lucas	91 Point Grey T	3:53.02
19 Nicol, Scott	88 U OF C Athle	3:54.11
20 Lecours, Tommy	88 Club Athleti	3:54.63
21 Hole, Nigel	89 Point Grey T	3:56.87
22 Jackson, Robert	90 Speed River	3:56.93
23 Lapointe, Jean-Samuel	91 Club Athleti	3:59.14
24 Bernard, Olivier	89 Club D'Athlé	3:59.74

Men 1500 Meter Run T53-54

Name	Year Team	Finals
Finals		
1 Cassidy (T54), Joshua	84 Ottawa Lions	3:20.10
2 Compaore (T54), Jean-Pau	72 Sherbrooke	3:20.30
3 Dupont (T54), Alexandre	85 Ass. Fauteui	3:22.62
4 Shaw (T54), Kyle	87 Cyclones Roa	3:23.73
5 Kahn (T54), Michael	90 Cruisers Spo	3:38.13
6 Smyth (T54), Tristan	86 WC Race Seri	3:44.51

Men 1500 Meter Run

Name	Year Team	Finals
1 Brannen, Nathan	82 Phoenix Athl	3:49.22
2 Milne, Taylor	81 Speed River	3:50.07
3 Martinson, Geoffrey B.	86 Prince Georg	3:50.75
4 Marpole-Bird, Justin	88 BC Athletics	3:50.94
5 Lincoln, Matthew	82 Phoenix Athl	3:50.95
6 Walters, Mathew	89 North Bay Le	3:51.74
7 Philibert-Thiboutot, Cha	90 Club Athleti	3:51.97
8 Corrigan, Peter	89 Running Room	3:52.31
9 Gorman, Dan	87 Halifax Ath	3:54.48
10 Proudfoot, Ross	92 Speed River	3:54.50
11 Brown, Alastair	90 Lakehead Run	3:56.43
12 Colle, Stephane	88 Fleur DE Lys	3:56.44

Men 1500 Meter Run

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 Top 1 time advances

Name	Year Team	Finals
1 Lecours, Tommy	88 Club Athleti	4:08.20 Q
2 Theriault, Madison	88 Caltaf Athle	4:08.40
3 Irvine, Kyle	90 U of Victoria	4:10.07
4 Kent, Justin	92 Coastal Trac	4:10.28
5 Raymond, Benjamin	92 Club D'Athlé	4:11.31
6 White, Declan	92 Coastal Trac	4:12.15
7 Bocksnick, Jackson	92 Unattached A	4:13.33
8 Monds, Jevin	89 Running Room	4:14.39
9 Smith, Jordan	90 Point Grey T	4:16.49
10 Labranche, Jean-Daniel	91 Club Athleti	4:16.87
11 *pernel, Thomas	88 U OF C Athle	4:24.17

Men 1500 Meter Run T11+13+37

Name	Year Team	Finals
1 McGregor (T13), Stuart	79 Ottawa Lions	4:23.72
1 Dunkerley (T11), Jason	77 Ottawa Lions	4:28.80
1 Dobson (T37), Shayne	91 A S E A	4:59.87
2 Ouellet (T13), Guillaume	86 Montreal End	4:24.58

Men 5000 Meter Run T54

Name	Year Team	Finals
1 Cassidy (T54), Joshua	84 Ottawa Lions	11:36.99
2 Compaore (T54), Jean-Pau	72 Sherbrooke	12:01.57
3 Dupont (T54), Alexandre	85 Ass. Fauteui	12:02.28
4 Shaw (T54), Kyle	87 Cyclones Roa	12:03.75

Men 5000 Meter Run T11

Name	Year Team	Finals
1 Dunkerley (T11), Jason	77 Ottawa Lions	16:42.50

Men 5000 Meter Run

Name	Year Team	Finals
1 Levins, Cameron	89 Comox Valley	14:34.82
2 Hubers, Ben	88 Unattached	14:39.94
3 Hashi, Hussein	89 Toronto Olym	14:43.13
4 Hendrikx, Aaron	93 London Runne	14:52.54
5 O'Neill, Kyle	89 London Runne	14:55.45
6 Nixon, Andrew	91 Speed River	15:02.25
7 Childs, Clifford	89 U of Victoria	15:04.23
8 Nakluski, Derek	82 Toronto Olym	15:12.81
9 Galea, Matthew	93 Caltaf Athle	15:54.56
10 Foster, Sean	94 Caltaf Athle	17:31.73
-- Noel-Hodge, Ryan	89 Montreal End	DNF
-- Pawluk, Samuel	85 Point Grey T	DNF

Men 10000 Meter Run

Name	Year Team	Finals
1 Ahmed, Mohammed	91 Niagara Olym	30:49.13
2 Hortian, Adam	84 Toronto Olym	32:07.42
3 *tsaru Tume, Merhau	92 Caltaf Athle	32:53.72
4 Noel-Hodge, Ryan	89 Montreal End	33:39.54
5 Wallace, Colin	78 Unattached	34:19.70
6 Diehl, Graham	82 U OF C Athle	34:52.18
7 Cook, Jack	67 Unattached	35:41.60

Men 110 Meter Hurdles

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Brisson, Matthew	88 St. Thomas L	13.82Q	1.6	2
2	Kaba, Sekou	90 Ottawa Lions	13.93Q	0.7	1
3	Moseley, Ingvar	91 Project Athl	14.07Q	0.7	1
4	Theriau, Christopher	87 Unattach NS	J14.26Q	0.7	1 14.258
5	Macleod, Jared	80 Winnipeg Opt	J14.26Q	1.6	2 14.259
6	Léveillé, Simon	90 Corsaire Cha	14.64Q	1.6	2
7	Vandendool, Andrew	81 St. Thomas L	14.70q	0.7	1
8	Tasker, Ryan	91 U OF C Athle	14.79q	1.6	2
9	Goodwin, Lyndon	92 U OF C Athle	15.19	0.7	1
10	Castillo, Diego	92 Capital City	15.37	1.6	2
11	Samking, Wilfred Jr.	92 Winnipeg Opt	15.51	0.7	1

Men 110 Meter Hurdles

Name	Year	Team	Finals	Wind
Finals				
1	Brisson, Matthew	88 St. Thomas L	13.73	1.5
2	Kaba, Sekou	90 Ottawa Lions	13.79	1.5
3	Moseley, Ingvar	91 Project Athl	13.85	1.5
4	Macleod, Jared	80 Winnipeg Opt	14.19	1.5
5	Theriau, Christopher	87 Unattach NS	14.24	1.5
6	Léveillé, Simon	90 Corsaire Cha	14.74	1.5
7	Tasker, Ryan	91 U OF C Athle	14.87	1.5
8	Vandendool, Andrew	81 St. Thomas L	14.91	1.5

Men Shot Put

Name	Year	Team	Finals
2	Rodhe, Justin	84 BC Athletics	20.30m
			20.30m 19.86m 20.16m FOUL FOUL 19.50m
3	Nedow, Timothy	90 Unattached	20.21m
			17.85m FOUL FOUL 18.64m 19.23m 20.21m
4	Smith, Andrew	88 Saskatoon TF	18.61m
			17.58m 18.51m FOUL FOUL 16.56m 18.61m
5	Hendry-Gallagher, Tim	90 London Weste	18.59m
			18.36m 18.37m 18.59m 18.55m FOUL FOUL
6	Pickering, Chris	89 Excel Athlet	17.78m
			15.62m FOUL 17.06m 16.30m 17.50m 17.78m
7	Khan, Umar	89 York Univers	17.17m
			16.40m FOUL 16.64m FOUL 17.17m 16.70m
8	Roubos, Brent	90 London Weste	15.86m
			15.18m FOUL FOUL 15.10m 15.16m 15.86m
9	Brathwaite, Eric	91 York Univers	15.16m
			14.96m 15.16m FOUL
--	Ysebaert, Andy	86 Sarnia Athle	FOUL
			FOUL FOUL FOUL
--	Willcox, Tom	91 BC Athletics	FOUL
			FOUL FOUL FOUL

Men Shot Put F37+44+46

Name	Year	Team	Finals
1	Trudgeon (F46), Kenneth	88 London Weste	12.25m
			12.03m 12.14m FOUL FOUL FOUL 12.25m
1	Strybosch (F37), Kevin	92 London Weste	11.75m
			11.22m 11.74m 11.33m 11.11m 11.75m 11.55m
1	Saini (F44), Rajvir	85 Cruisers Spo	10.49m
			FOUL 9.73m 9.55m FOUL 10.29m 10.49m
2	Bambrick (F37), David	84 Launchers AT	11.23m
			10.18m 11.23m FOUL 10.33m 10.49m 10.49m
3	Brown (F37), Jonathan	86 Ontario Cere	7.99m
			7.13m 7.69m 7.54m 7.39m 7.99m 7.56m

Men Shot Put F33-34+57-58

Name	Year	Team	Finals
1 Pettey (F34), Kyle	83	Cruisers Spo	11.31m
			11.09m 11.31m 10.71m 11.11m 10.87m FOUL
2 Keobke (F57), Darryl	69	WC Race Seri	J9.54m
			8.40m 8.42m 8.25m 9.32m 8.66m 9.54m
3 Hughes (F33), Robert	83	Sarnia Athle	J8.80m
			8.55m 8.80m 8.64m 8.56m 8.51m 8.57m
4 Ouedraogo (F58), Issa	74	Sherbrooke	J8.08m
			7.59m 7.80m 7.75m 8.08m 6.82m 7.82m
5 Bennett (F34), Ryan	88	Cruisers Spo	J6.60m
			6.26m 6.49m 6.49m 6.60m 6.16m 6.41m
6 Vanveen (F33), Jon	88	Cruisers Spo	J5.53m
			5.53m 5.43m FOUL 5.21m 5.29m 5.47m

Men Discus Throw

Top 3 advance			
Name	Year	Team	Finals
1 Karakolis, Adam	92	Phoenix Athl	45.28m Q
			45.28m FOUL FOUL
2 Sommer, Ryan	93	Chinook Trac	44.35m Q
			42.28m 44.35m 40.33m
3 Link, Steven	91	U OF C Athle	44.17m Q
			FOUL 39.54m 44.17m
4 Russell-Ford, Zachary	90	London Weste	43.15m
			41.59m FOUL 43.15m
5 Angus, Mark	75	Flying M Ath	37.41m
			FOUL 37.41m FOUL

Men Discus Throw F33+58

Name	Year	Team	Finals
1 Ouedraogo (F58), Issa	74	Sherbrooke	25.88m
			24.53m 22.53m 24.64m 23.13m 25.88m 24.93m
2 Hughes (F33), Robert	83	Sarnia Athle	J19.17m
			FOUL 17.94m 18.92m FOUL 17.91m 19.17m

Men Discus Throw F37+46

Name	Year	Team	Finals
1 Strybosch (F37), Kevin	92	London Weste	41.59m
			FOUL FOUL FOUL FOUL 41.59m FOUL
2 Trudgeon (F46), Kenneth	88	London Weste	J32.92m
			FOUL 32.92m FOUL FOUL 31.58m FOUL

Men Discus Throw

Name	Year	Team	Finals
1 Nedow, Timothy	90	Unattached	58.77m
			55.78m 56.88m 57.32m 58.77m FOUL 57.83m
2 Dugas, Marc-Antoine	91	Sherbrooke	52.54m
			46.91m 51.00m FOUL 52.54m FOUL FOUL
3 Ransky, Mike	70	Ontario Mast	51.40m
			FOUL 48.67m 46.65m 50.74m 48.48m 51.40m
4 Wells, Andrew	91	Unattached	50.82m
			FOUL 48.63m 50.82m FOUL FOUL FOUL
5 Roubos, Brent	90	London Weste	50.29m
			46.97m 45.63m 50.29m FOUL 48.22m FOUL
6 Anisko, Damian	83	York Univers	49.24m
			48.31m 48.27m 46.25m 45.48m FOUL 49.24m
7 Gagne, Alexandre	91	Sherbrooke	48.62m
			46.06m 45.30m 48.51m 48.62m 48.38m 48.28m
8 Ysebaert, Andy	86	Sarnia Athle	47.60m

	46.09m	47.60m	46.45m	46.26m	47.58m	46.05m	
9	Arbour, Patrick			88 Ottawa Lions			47.19m
	46.41m	FOUL	47.19m				
10	Karakolis, Adam			92 Phoenix Athl			43.83m
	FOUL	43.28m	43.83m				
11	Link, Steven			91 U OF C Athle			43.50m
	42.06m	43.50m	41.54m				
12	Sommer, Ryan			93 Chinook Trac			41.25m
	37.96m	41.25m	41.16m				

Men Hammer Throw

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Top 3 advances

Name	Year	Team	Finals
1 Anisko, Damian	83	York Univers	54.88m Q
	52.58m	54.51m	54.88m
2 Prince, Spencer R.	92	Valley Royal	53.41m Q
	53.41m	52.73m	52.90m
3 Gagne, Alexandre	91	Sherbrooke	51.52m Q
	46.72m	49.81m	51.52m
4 Wells, Andrew	91	Unattached	50.99m
	47.49m	FOUL	50.99m
5 Lapierre, Jarom	77	Unattached	50.92m
	50.92m	FOUL	49.98m
6 Diaz, Pedro	93	U OF C Athle	49.12m
	48.68m	47.74m	49.12m
7 Wilson, Kier	71	Unattached A	40.03m
	40.03m	FOUL	39.58m
-- Jean, Philippe	91	Club Athleti	FOUL
	FOUL	FOUL	FOUL

Men Hammer Throw

Name	Year	Team	Finals
1 Steacy, James	84	Chinook Trac	72.22m
	71.89m	FOUL	71.85m
2 Henderson, Nolan (trey)	89	BC Athletics	67.75m
	66.51m	67.75m	FOUL
3 Keenan, Adam	93	Kamloops Tra	60.99m
	57.46m	59.17m	60.05m
4 Lennie, Nathan	79	U OF Windsor	60.49m
	57.11m	FOUL	58.66m
5 Fahie, Jamie	69	Ontario Mast	60.14m
	57.89m	FOUL	60.14m
6 Novia, Daniel	89	York Univers	59.51m
	57.05m	59.38m	57.56m
7 Dugas, Marc-Antoine	91	Sherbrooke	58.41m
	55.76m	FOUL	56.36m
8 Suppes, Garth	87	Chinook Trac	57.76m
	FOUL	FOUL	57.76m
9 Jensen, Ryan	85	BC Athletics	55.50m
	55.50m	54.50m	54.77m
10 Anisko, Damian	83	York Univers	54.57m
	53.86m	53.74m	54.57m
11 Prince, Spencer R.	92	Valley Royal	54.36m
	FOUL	52.37m	54.36m

Men Javelin Throw

Name	Year	Team	Finals
1 Moss, Curtis	87	BC Athletics	77.83m
	77.14m	73.57m	74.70m
2 Nielsen, Kyle J.	89	Langley Must	73.64m
	70.76m	FOUL	FOUL
3 Russell, Scott	79	Unattached	71.73m
	71.73m	FOUL	FOUL
4 Dykstra, Raymond	92	Niagara Regi	71.13m
	FOUL	70.73m	62.63m

	67.51m	65.02m	71.13m	67.83m	70.77m	FOUL	
5 Baird, Jared				89 Truro Lions			68.87m
	68.83m	63.70m	FOUL	62.11m	PASS	68.87m	
6 Heroux, Brandon				90 Ottawa Lions			67.62m
	67.62m	65.27m	66.13m	66.96m	61.05m	FOUL	
7 Karakolis, Evan				94 Phoenix Athl			64.56m
	64.56m	63.21m	64.28m	62.63m	FOUL	FOUL	
8 Parker, Cody				92 Comox Valley			62.13m
	60.16m	62.13m	FOUL	FOUL	FOUL	FOUL	
9 Mainville, Charles				91 St-Jean Olym			59.35m
	58.37m	FOUL	59.35m				
10 Hustler, John				75 York Univers			59.06m
	59.06m	56.54m	56.91m				
11 Skermer, David M.				87 Kajaks Track			55.05m
	FOUL	46.78m	55.05m				
12 Charest, Marc-Andre				92 Energie			53.18m
	51.68m	53.18m	52.17m				
13 Ferreira, Henry				88 Northeast Al			51.63m
	FOUL	FOUL	51.63m				

Men Javelin Throw F33+58

Name	Year	Team	Finals
1 Ouedraogo (F58), Issa	74	Sherbrooke	30.99m
	30.44m	FOUL	28.92m
	FOUL	30.99m	29.33m
2 Hughes (F33), Robert	83	Sarnia Athle	J17.29m
	16.25m	FOUL	16.44m
	17.29m	FOUL	FOUL

Men Javelin Throw F44

Name	Year	Team	Finals
1 McQueen (T/F44), Alister	91	Unattached A	44.97m
	42.79m	44.97m	39.44m
	FOUL	38.88m	FOUL

Men Javelin Throw

Top 1 advances			
Name	Year	Team	Finals
1 Wilson, Kier	71	Unattached A	45.27m Q
	45.27m	44.09m	44.63m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	Team	Finals	Wind	H#	Points
1 Warner, Damian	89	London Weste	10.43	2.5	2	992
2 Adjetey-Nelson, Jamie	84	U OF Windsor	10.79	2.5	2	908
3 Chenery, Mark A.	88	Ottawa Lions	11.14	2.5	2	830
4 Foote, Tyler	83	Calgary Spar	11.23	2.1	1	810
5 Rydberg, Paul	91	Winnipeg Opt	11.24	2.5	2	808
6 Crossley, Chris	87	Saskatoon TF	11.30	2.5	2	795
7 Gustavson, Reid E.	88	Ottawa Lions	11.46	2.5	2	761
8 Thomas, Craig	90	U OF C Athle	11.52	2.1	1	748
9 Arbour, Patrick	88	Ottawa Lions	11.55	2.1	1	742
10 Robertson, Chris	92	A S E A	11.67	2.1	1	717
11 *barber, Michael	86	Excel Athlet	11.77	2.1	1	697

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	Team	Finals	H#	Points
1 Warner, Damian	89	London Weste	48.39	2	890
2 Chenery, Mark A.	88	Ottawa Lions	50.30	2	801
3 Adjetey-Nelson, Jamie	84	U OF Windsor	51.16	2	762
4 *barber, Michael	86	Excel Athlet	51.72	2	737
5 Gustavson, Reid E.	88	Ottawa Lions	51.81	2	733
6 Crossley, Chris	87	Saskatoon TF	52.05	2	723

7 Robertson, Chris	92 A S E A	52.52	1	702
8 Arbour, Patrick	88 Ottawa Lions	52.54	1	701
9 Foote, Tyler	83 Calgary Spar	54.79	1	607
10 Thomas, Craig	90 U OF C Athle	54.89	1	603
-- Rydberg, Paul	91 Winnipeg Opt	DQ	1	Rule 163.3

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year Team	Finals	Points
1 *barber, Michael	86 Excel Athlet	4:30.83	739
2 Warner, Damian	89 London Weste	4:31.77	733
3 Chenery, Mark A.	88 Ottawa Lions	4:48.06	630
4 Robertson, Chris	92 A S E A	4:49.30	623
5 Gustavson, Reid E.	88 Ottawa Lions	4:56.41	581
6 Arbour, Patrick	88 Ottawa Lions	5:09.87	504
7 Crossley, Chris	87 Saskatoon TF	5:13.10	487
8 Rydberg, Paul	91 Winnipeg Opt	5:24.99	424
9 Foote, Tyler	83 Calgary Spar	5:42.89	338
-- Adjetey-Nelson, Jamie	84 U OF Windsor	DNF	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year Team	Finals	Wind H#	Points
1 Warner, Damian	89 London Weste	14.16	-2.4 2	954
2 Adjetey-Nelson, Jamie	84 U OF Windsor	15.00	-2.4 2	850
3 Chenery, Mark A.	88 Ottawa Lions	15.17	-2.4 2	829
4 Arbour, Patrick	88 Ottawa Lions	15.38	-2.4 2	804
5 Rydberg, Paul	91 Winnipeg Opt	15.41	-0.2 1	801
6 Thomas, Craig	90 U OF C Athle	15.71	-2.4 2	766
7 Crossley, Chris	87 Saskatoon TF	16.33	-2.4 2	696
8 Robertson, Chris	92 A S E A	16.75	-2.4 2	651
9 Foote, Tyler	83 Calgary Spar	16.78	-0.2 1	647
10 *barber, Michael	86 Excel Athlet	16.81	-0.2 1	644
11 Gustavson, Reid E.	88 Ottawa Lions	17.04	-0.2 1	620

Decathlon: #4 Men High Jump Decathlon

Name	Year Team	Finals	Points
1 Adjetey-Nelson, Jamie	84 U OF Windsor	2.06m	859
1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06 2.09			
PPP PPP O O O O O XXO XO XXX			
2 Robertson, Chris	92 A S E A	1.94m	749
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97			
PPP PPP O XO O O XXO XO XXO XXX			
3 Gustavson, Reid E.	88 Ottawa Lions	1.91m	723
1.82 1.85 1.88 1.91 1.94			
O O O XXO XXX			
3 Thomas, Craig	90 U OF C Athle	1.91m	723
1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94			
PPP PPP XO PPP O XO O O XXX			
3 Crossley, Chris	87 Saskatoon TF	1.91m	723
1.82 1.85 1.88 1.91 1.94			
XO O O O XXX			
3 Warner, Damian	89 London Weste	1.91m	723
1.82 1.85 1.88 1.91 1.94			
PPP O P O XXX			
3 Chenery, Mark A.	88 Ottawa Lions	1.91m	723
1.82 1.85 1.88 1.91 1.94			
PPP O O XO XXX			
8 Arbour, Patrick	88 Ottawa Lions	1.79m	619
1.70 1.73 1.76 1.79 1.82			
PPP PPP O XO XXX			
9 *barber, Michael	86 Excel Athlet	1.76m	593
1.70 1.73 1.76 1.79			
XO O XXO XXX			
10 Rydberg, Paul	91 Winnipeg Opt	1.73m	569
1.70 1.73 1.76			

XO XXO XXX
 -- Foote, Tyler 83 Calgary Spar NH
 1.70 1.73 1.76 1.79
 PPP PPP PPP XXX

Decathlon: #8 Men Pole Vault Decathlon

Name	Year Team	Finals	Points
1 Warner, Damian	89 London Weste	4.80m	849
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O O O XXX	
2 Adjetey-Nelson, Jamie	84 U OF Windsor	4.70m	819
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXO XXX	
3 Arbour, Patrick	88 Ottawa Lions	4.30m	702
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40	
		PPP PPP PPP PPP PPP PPP PPP O XXO O XO O XXX	
3 Rydberg, Paul	91 Winnipeg Opt	4.30m	702
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O XXX	
3 Crossley, Chris	87 Saskatoon TF	4.30m	702
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40	
		PPP PPP PPP PPP PPP PPP XO O XXO XXO XXO XXX	
3 Thomas, Craig	90 U OF C Athle	4.30m	702
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP XXX	
7 Gustavson, Reid E.	88 Ottawa Lions	4.10m	645
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20	
		PPP PPP PPP PPP PPP PPP PPP O O O XXX	
8 Robertson, Chris	92 A S E A	4.00m	617
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10	
		PPP PPP O XO XO XO XXO O O XXX	
9 Foote, Tyler	83 Calgary Spar	3.80m	562
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90	
		O PPP O PPP O XO O XXX	
9 Chenery, Mark A.	88 Ottawa Lions	3.80m	562
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90	
		PPP PPP PPP O O O XXO XXX	
11 *barber, Michael	86 Excel Athlet	3.30m	431
		3.20 3.30 3.40 3.50	
		PPP O PPP XXX	

Decathlon: #2 Men Long Jump Decathlon

Name	Year Team	Finals	Wind	Points
1 Warner, Damian	89 London Weste	7.43m	5.2	918
		7.34m(5.1) 7.36m(4.3) 7.43m(5.2)		
2 Adjetey-Nelson, Jamie	84 U OF Windsor	7.41m	7.7	913
		FOUL 7.41m(7.7) 7.27m(0.9)		
3 Thomas, Craig	90 U OF C Athle	6.90m	5.2	790
		6.80m(2.9) FOUL 6.90m(5.2)		
4 Gustavson, Reid E.	88 Ottawa Lions	6.87m	1.6	783
		6.78m(4.9) FOUL 6.87m(1.6)		
5 Chenery, Mark A.	88 Ottawa Lions	6.85m	1.9	778
		6.85m(1.9) FOUL 6.83m(4.7)		
6 Crossley, Chris	87 Saskatoon TF	6.69m	1.6	741
		6.69m(1.6) FOUL FOUL		
7 Arbour, Patrick	88 Ottawa Lions	6.54m	2.1	707
		6.54m(2.1) FOUL 6.44m(2.8)		
8 Rydberg, Paul	91 Winnipeg Opt	6.48m	2.6	693
		6.17m(1.9) 6.06m(-0.4) 6.48m(2.6)		
9 Robertson, Chris	92 A S E A	6.39m	1.6	673
		6.36m(2.8) 6.32m(0.2) 6.39m(1.6)		
10 *barber, Michael	86 Excel Athlet	6.22m	3.5	635
		5.99m(1.1) 6.02m(3.2) 6.22m(3.5)		
11 Foote, Tyler	83 Calgary Spar	6.20m	3.4	630
		5.71m(2.9) FOUL 6.20m(3.4)		

Decathlon: #3 Men Shot Put Decathlon

Name	Year Team	Finals	Points
1 Arbour, Patrick 13.98m 14.26m 14.04m	88 Ottawa Lions	14.26m	744
2 Adjetey-Nelson, Jamie 14.06m 13.65m 14.19m	84 U OF Windsor	14.19m	740
3 *barber, Michael 12.91m 13.46m FOUL	86 Excel Athlet	13.46m	695
4 Foote, Tyler 11.72m 12.50m 13.44m	83 Calgary Spar	13.44m	694
5 Gustavson, Reid E. FOUL 12.77m 12.81m	88 Ottawa Lions	12.81m	656
6 Warner, Damian 11.49m 12.76m FOUL	89 London Weste	12.76m	653
7 Thomas, Craig 12.05m 12.73m 12.54m	90 U OF C Athle	12.73m	651
8 Crossley, Chris 12.16m 11.89m 12.08m	87 Saskatoon TF	12.16m	616
9 Chenery, Mark A. 11.06m 11.48m 11.21m	88 Ottawa Lions	11.48m	575
10 Rydberg, Paul FOUL 11.09m 11.31m	91 Winnipeg Opt	11.31m	565
11 Robertson, Chris FOUL 10.89m FOUL	92 A S E A	10.89m	539

Decathlon: #7 Men Discus Throw Decathlon

Name	Year Team	Finals	Points
1 Adjetey-Nelson, Jamie 45.04m 47.67m FOUL	84 U OF Windsor	47.67m	822
2 Arbour, Patrick 44.82m 45.93m 47.26m	88 Ottawa Lions	47.26m	813
3 *barber, Michael FOUL 43.39m FOUL	86 Excel Athlet	43.39m	734
4 Chenery, Mark A. 35.04m 41.06m 35.40m	88 Ottawa Lions	41.06m	686
5 Foote, Tyler 32.10m 38.10m 39.00m	83 Calgary Spar	39.00m	644
6 Crossley, Chris FOUL 38.69m 38.50m	87 Saskatoon TF	38.69m	638
7 Robertson, Chris FOUL 37.60m 38.63m	92 A S E A	38.63m	637
8 Warner, Damian FOUL 38.42m 34.69m	89 London Weste	38.42m	633
9 Gustavson, Reid E. FOUL FOUL 34.74m	88 Ottawa Lions	34.74m	558
10 Rydberg, Paul 30.87m 29.58m FOUL	91 Winnipeg Opt	30.87m	482
-- Thomas, Craig FOUL FOUL FOUL	90 U OF C Athle	FOUL	

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year Team	Finals	Points
1 Adjetey-Nelson, Jamie FOUL 64.06m 58.96m	84 U OF Windsor	64.06m	799
2 Warner, Damian 59.10m FOUL 61.58m	89 London Weste	61.58m	762
3 Arbour, Patrick 60.97m 59.72m FOUL	88 Ottawa Lions	60.97m	752
4 Foote, Tyler 51.94m 48.52m 45.93m	83 Calgary Spar	51.94m	617
5 Chenery, Mark A. 47.04m 49.88m FOUL	88 Ottawa Lions	49.88m	587
6 Crossley, Chris 49.16m FOUL 48.17m	87 Saskatoon TF	49.16m	576

7	Robertson, Chris	92 A S E A	47.32m	549
	43.73m FOUL 47.32m			
8	Gustavson, Reid E.	88 Ottawa Lions	46.62m	539
	45.85m 46.62m 45.90m			
9	Rydberg, Paul	91 Winnipeg Opt	44.28m	504
	37.47m 44.28m 42.32m			
10	*barber, Michael	86 Excel Athlet	43.08m	487
	40.32m 43.08m 42.61m			

Men Decathlon

Name	Year Team	Finals
1 Warner, Damian	89 London Weste	8107
2 Adjetey-Nelson, Jamie	84 U OF Windsor	7472
3 Arbour, Patrick	88 Ottawa Lions	7088
4 Chenery, Mark A.	88 Ottawa Lions	7001
5 Crossley, Chris	87 Saskatoon TF	6697
6 Gustavson, Reid E.	88 Ottawa Lions	6599
7 Robertson, Chris	92 A S E A	6457
8 *barber, Michael	86 Excel Athlet	6392
9 Foote, Tyler	83 Calgary Spar	5549
10 Rydberg, Paul	91 Winnipeg Opt	5548

Men 10000 Meter Race Walk Junior

Name	Year Team	Finals
1 Thorne, Benjamin	93 BC Athletics	40:26.0h

Men 10000 Meter Race Walk

Name	Year Team	Finals
1 Dunfee, Evan F.	90 BC Athletics	40:15.5h
2 Gomez, Inaki	88 BC Athletics	41:02.3h
3 Connolly, Creighton	88 BC Athletics	43:51.1h
4 Carrière, Bruno	92 Unattached	47:28.9h
5 *babenko, Dmitry	73 Racewalk Wes	49:58.1h
6 Kenney, James	56 Adrenaline R	52:29.1h
7 Charrois, Henry	51 Edmonton Rac	56:12.0h
8 Keenan, David	57 Heartland Ra	1:00:15.0h
-- Landry, Malcolm	49 Heartland Ra	DQ Rule 230.1

Mixed 4x100 Meter Relay

Team	Finals	H#
1 Dude, Wheres my sled 'A'	46.09	3
2 Turn and Burn (Cal. Fdp) 'A'	52.30	3
3 Para Power by Timex 'A'	54.02	3
4 Global Domination (Global Tv) 'A'	56.27	1
5 Rec 100 Reckies(City Rec) 'A'	56.55	2
6 CE Franklin 'A'	56.89	2
7 The Mothership(CBC) 'A'	57.25	1
8 Enbridge Long Haulers 'A'	58.83	2
9 Pattison Pacers 'A'	1:00.12	1
10 Lights and Sirens(Calgary Pol) 'A'	1:00.51	3
11 Laricina Energy Tamaracks 'A'	1:02.58	3
12 Ricoh Ramblers 'A'	1:02.59	3
13 Cgg Veritas 'A'	1:03.99	2
14 Cmfs All-Sports 'A'	1:04.16	1
15 Running on Empty Ctv 'A'	1:06.23	1
16 Coca-Cola Runners 'A'	1:06.24	2
17 Action Plenty(Calgary 55 Plus) 'A'	1:36.07	2