

Alberta Track Field Championships
Friday July 24 - Sunday July 26, 2026
Foothills Athletic Park
Calgary, Alberta

Tentative Outline for schedule As of July 6, 2026)

Friday July 24, 2026

6:00pm start

Track	Horizontal Jump	Vertical Jump	Throws
800m	U16 W Long Jump	SrM High Jump	All Mens Hammer
Race Walk	U18 W Long Jump	SrW High Jump	

Saturday July 25, 2026

10:00am Start

Track	Horizontal Jump	Vertical Jump	Throws
	Long Jump (SrW,MastW,U20W)	High Jump (MastW,U20W,U18W,U16W)	
100m			
400m	All Mens Long jump	All Pole Vault	Para Seated Throws
1200m			All Women Shot Put
1500m			All Women Javelin
Sprint Hurdles			All Women Hammer
4x100m			All Men Discus

Sunday July 26, 2026

9:00am Start

Track	Horizontal Jump	Vertical Jump	Throws
	All Triple Jump	High Jump (MastM,U20M,U18M,U16M)	
200m			
2000m			All Women Discus
3000m			All Men Javelin
5000m			All Men Shot Put
Long Hurdles			
Steeplechase			
4x400m			